



*Green 'n'
Growing*

May
1959

A Mother's Day Meditation

"Her children arise up, and call her blessed; . . ." (Proverbs 31:28).

It has often been said that great men are the sons of great mothers. In October 1897 the President of the United States, William McKinley, visited his eighty-seven year old mother in Canton, Ohio just to walk to church with her on Sunday morning as he had done many times as a boy. Most of us were taught in school that McKinley was the twenty-fifth President of the United States. But did you know that he was a devout Christian, that he taught a Bible class and served as a Sunday school superintendent? Also, did you know that throughout his great career as a lawyer, congressman, Governor of Ohio, and as President of the United States that he always found time to write or telegraph his mother each day if he could not see her in person?

When "Mother McKinley" became very ill in December 1897, the President had her home in Canton connected with the White House by special wire, and he kept a special train standing by so that he could hurry to her bedside if she should call for him. One night the message came, "Mr. President, we think you had better come." Immediately came the answer, "Tell Mother I'll be there."

On Sunday afternoon, December 12, 1897, Nancy McKinley breathed her last in the arms of her fifty-four year-old son. For fully an hour after she died he didn't move from her bedside.

Upon reading the newspaper account of McKinley's telegram to those at his mother's bedside, hymn-writer Charles M. Fillmore was inspired to write what has become one of the greatest of the Mother's Day hymns, "Tell Mother I'll be there."

Thus the devotion of a truly great man still arises to call blessed a great mother.

Rev. C. L. Patrick, Pastor of Union Free Will Baptist Church, Walstonburg, North Carolina
Greene County

Green 'n' Growing

Home Demonstration News Magazine



CHARACTER

CITIZENSHIP

COURAGE

CULTURE

Vol. 5

May, 1959

No. 5

Green 'n' Growing

In This Issue

A magazine for women who believe that "Today's Home Builds Tomorrow's World."

To inform, inspire, develop, strengthen and correlate the work of home demonstration clubs and the Agricultural Extension Service in their efforts to assist women in promoting higher standards of living, in understanding themselves, their families and their neighbors and in promoting creative leadership.

SUBSCRIPTION RATES: \$1.00 a year in the U. S. A. Mail all correspondence to Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C. Telephone 7-3141. This publication carries authoritative notices and articles on Home Demonstration. No responsibility is assumed for statements of contributors. Manuscripts and photographs will be returned only if accompanied by return postage. We can not assume responsibility for their safety. Advertising rates on request. Advertising copy must be received by the 10th of the preceding month.

GREEN 'n' GROWING, published monthly by Home Demonstration Clubs of N. C. Second class mailing privileges authorized at Durham, North Carolina.

Our cover this month is by Mr. Myers Walker, Durham Camera Club. The boys in the picture are enjoying Duke Gardens and so will you when you visit them.

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CHANGE OF ADDRESS: Please give old and new address and notify us four weeks in advance.

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Farm Home Week

June 9 - 12

Highlights

Each morning *Devotions* in the Danforth Chapel, College Y.M.C.A., led by:

The Rev. Gaylord Noyce (June 10th)
Congregational-Christian-Friends Church

The Rev. LeRoy Richardson (June 11)
Baptist Student Union

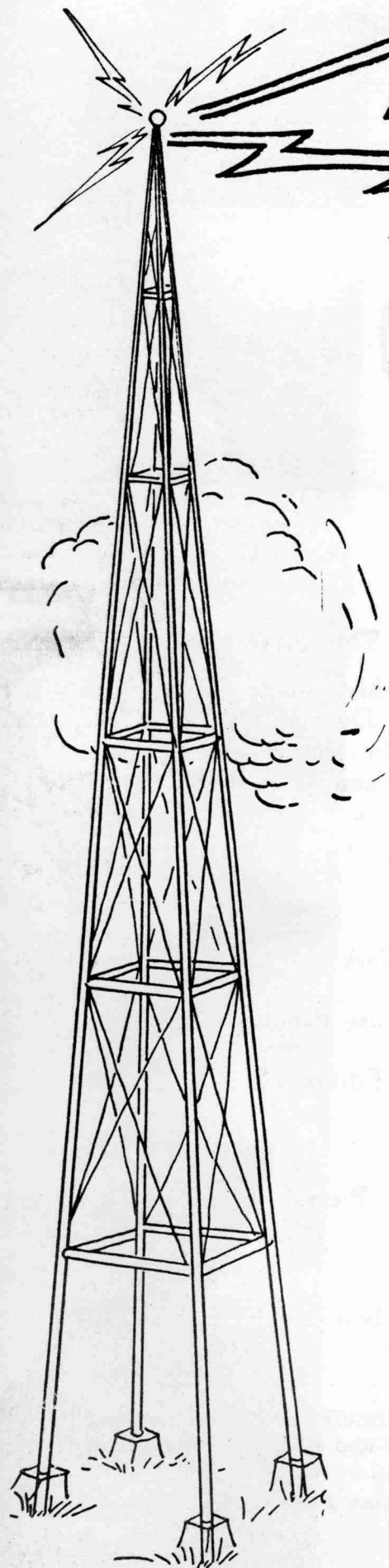
The Rev. Charles McAdams (June 12)
Associate Pastor, Edenton Street Methodist
Church

Dr. Arnold E. Hoffmann will direct music and Mrs. Arnold E. Hoffmann will be at the organ.

Tuesday Night, June 9, *Formal opening program* (we open on Tuesday instead of Monday this year) followed by a *Reception* honoring Dr. and Mrs. Carey H. Bostian.

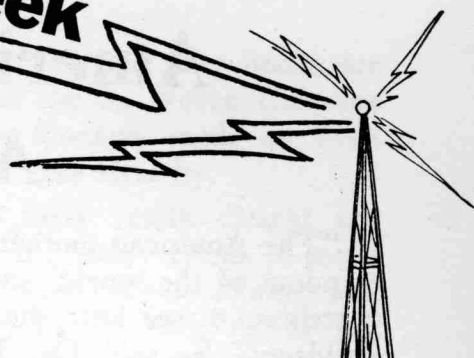
Tea—at the home of President and Mrs. William Friday in Chapel Hill, Thursday afternoon.

A highlight, history making day for home demonstration club women will be on Friday, June 12, at the *33rd Annual Meeting of the State Federation of Home Demonstration Clubs*. There will be a report of the wonderful things you have accomplished this past year. Mrs. Gwen Terasaki, author of "Bridge to the Sun", will be guest speaker. Her book, "Bridge to the Sun", was condensed in the Reader's Digest, won the Washington Post Book Award, was nominated for the National Award and won the Secondary School Award of New York City.



Farm Home Week

June 9 - 12



Many guests will be present including President and Mrs. William Friday, Chancellor and Mrs. Carey H. Bostian, Dr. and Mrs. D. W. Colvard, Commissioner and Mrs. L. Y. Ballentine, Director and Mrs. David Weaver, and others.

Another very special treat will be hearing the Boys Choir from Gaston County and the Hillandale Girls Chorus from Durham County.

Leadership Awards and "Woman of the Year" (by the Progressive Farmer) will be presented.

Mrs. U. S. Savings Bonds will be a program feature.

CLASSES (Wednesday a.m. and p.m. and Thursday a.m.)

"The New American Look in Living"—Betty Peterson, Home Economist, E. I. Dupont Company, Wilmington, Delaware.

"New Furniture from Old"—Pauline E. Gordon, Mrs. Lillie B. Little, and Mrs. Edith McGlamery, Extension Specialists, Housing and House Furnishings, N. C. State College.

"Women Don't Talk Enough"—Maxeda von Hesse, The Von Hesse Studios of Effective Speech and Human Relations", New York City.

"Leader and Officer Training"—Mary Harris, Western District Home Economics Agent, N. C. State College.

"The Space Age Affects the Freezer"—H. N. Hearl, American Can Company, New York City.

"Garden Tour"—John H. Harris, Extension Horticulturist, N. C. State College.

"Retire to Life"—Mrs. Corinne G. English, Extension Specialist in Family Relations, N. C. State College.

"Inheritance—Your Farm and Your Family"—James C. Little, Jr., Raleigh Attorney.

"Hymn Festival"—Dr. Arnold E. Hoffmann, State Supervisor of Music, Department of Public Instruction, Raleigh.

"Your Total Health"—Dr. Rachel Davis, Mrs. Donald Stone, and Mrs. C. F. McIntyre.

"Money Makers from the Kitchen"—S. Virginia Wilson, Extension Nutritionist, N. C. State College.

"Hats We Made, On Parade"—Julia McIver, in charge, Extension Clothing Specialist, N. C. State College.

Crafts—"Are Your Alive to Beauty?"—Esther Boston, The Spinning Wheel, Asheville. N. C.

Don't miss these. They're wonderful!

Mrs. Gwen Terasaki, author of *Bridge to the Sun*, will be our guest speaker Friday, June 12, at 10:00 a.m.



American Mother---

A Picture Window

"The American mother is the 'picture window of the world' and the world is watching to see how she brings up her children." So said Dr. D. E. Wassen at the 8th District Federation meeting in Statesville. His topic, "The American Home and the Outcome of the Cold War", made 400 women think! (Iredell, Rowan, Davie, Cabarrus.)

The cold war is a real war and is being fought on economic, political, social and religious fronts and it must be faced as a real war. We must not try to avoid our responsibility for leadership in the world.

He pointed out that the United States and the American home must accept the challenge and fight to win the cold war or turn the leadership over to the communists. Whether we survive or perish depends to a great extent on the family which he described as, "the cradle of good and bad and the Kingdom of God on earth."

Dr. Wassen has traveled three continents and feels that our American society is unique and distinct from any other on earth mainly because it was created and nursed in American homes.

The true nature of communism has been exposed in Hungary and many parts

of the world. Various revolutions have happened all over the world but the American Revolution is the only one that has held true to its historic concept of liberty and justice for all. Most revolutions that are supposedly fought to free men merely turn into other forms of imperialism. We can study our history and see many examples of this.

Dr. Wassen stated that the communists teach that all men are servants to the state and that there is a tendency in America to look to Washington for everything instead of trying to secure it by individual initiative. Every mother should teach her children to stand on their own two feet. Too many people are looking for something for nothing.

Communism will never be able to suppress the demands of human nature for freedom, security and the fruits of one's labor. We cannot win unless we are faithful to our traditions and these should be taught at home. Dr. Wassen concluded with this statement, "We must lead and we must act or we shall perish."

As we look in our own windows, what do we see?

Farm Home Week

June 9-12, 1959

N. C. State College Campus

Room: \$1.00 for one night

\$2.00 for two nights

\$3.00 for three nights

Meals: Cost what you want to eat and pay for. Cafeteria service available on campus.

Send room reservation requests to
Miss Eleanor H. Mason
In charge, Room Reservations
P. O. Box 5097
Raleigh, N. C.

Attach check—\$1.00 per night—to cover number of nights you expect to stay. If you find you cannot come, your money will be refunded.



Chat with the Editor

Hello! Guess what I've been doing. Trying out new recipes! Having the most fun! Cooking is my second hobby. (If only I didn't have to do the dishes.) People are first, and when people and cooking go together it's even better.

Anyone who likes to cook is fascinated by cook books and I am no exception. Our own H.D. book from *North Carolina Kitchens* is just full of good recipes, good reading and good friends.

When I was at the Sixth District Meeting Mrs. Rufus Hager gave me a copy of the Gaston County H.D. Cook Book, *More Than 1,000 Recipes*. It, too, has good recipes, reading and friends.

I got so interested in reading about cakes (I purposely didn't count calories.) that it was nearly lunch time before I knew it. I was still wondering what to have when the mail came. In it were two books.

Yes, you're right! They were about food! And by a charming lady I met only a few weeks ago, Mrs. Elizabeth Sparks. She is a nationally known food writer and home economics editor of the

Winston-Salem Journal. Her books are as delightful as she is. *North Carolina and Old Salem Cookery* made me even hungrier as the time flew by.

The second book really caught my eye and saved my neck. (And it could save yours.) Titled *Menu Maker and Party Planner*, IT DOES, AND IS! It's the answer to many a homemaker's prayer.

"The purpose of this book," says Mrs. Sparks, "is to give ideas and concrete suggestions for food to serve for every occasion. It gives dozens of suggestions for putting a halo on the 'three squares' a day and there are ideas for every holiday."

Any and all of these books make excellent gifts or additions to your own shelf.

Enough about food—did you notice? We have advertising! All of our advertisers believe in our H.D. Program and would appreciate it very much if you would mention that you saw their ad in *Green 'n' Growing*.

I am looking forward to seeing each of you at Farm and Home Week.

Sincerely,
Dot Vanderbilt



"Max"

MEET MAX
Max is short for Maximum
(Meaning Most)
in
MEADOW GOLD
Maximum Food Value & Taste
Durham Dairy Products, Inc.

Quilts for brides are made and given by the Hollow Springs HDC of CALDWELL County. It was decided to make the quilts for any of the members children who get married in the hopes that these young homemakers will become active in the club. So far they have presented three quilts. (Lucky brides.)

The fifth annual Bulb Show sponsored by the Dunn's Rock HDC (TRANSYLVANIA) was held in April and was the "best ever." Over 200 named varieties grown in the community were exhibited. Courtesy arrangements by seven of the H.D. Clubs, Garden Clubs and individuals were arranged attractively down the center of the room. Each of the 12 club members had an arrangement grown by them in a separate area. Mrs. Ben Robertson, Taylors, S. C., regional vice-president of the American Daffodil Society and Mr. and Mrs. Leroy Fagan of Asheville were special guests. (Mr. Fagan is President of the Asheville Development Council.) Everyone was inspired by the lovely exhibit. A silver offering netted the club \$70 for their efforts.

Leadership Training Workshop

The annual Leadership Training Workshop is being planned for July 19-23, at Chapel Hill. Mrs. Corinne Grimsley, Family Life Specialist, Extension Service, State College, is the Director.

Each affiliated organization of the North Carolina Council of Women's Organizations is entitled to 5 delegates, with 5 alternates, and the registration is \$6 per participant. This fee can come from the delegate or the organization. Just be sure it COMES as soon as possible to the NCCWO Treasurer, Mrs. Sam Freedman, 1409 Gregson Street, Durham. Enrollment is limited.



Bits 'n' Pieces

Please note that this year 50 places are available to junior officers and local club presidents. These individual members of affiliated organizations may make reservations by sending \$6 each to the Treasurer until the 50 places are assigned.

Classes range from Effective Speaking to Nuclear Warfare. An intensive effort is being made to offer the best opportunities ever in this Workshop, so let's take advantage of it.

HAYWOOD County initiated a new series of radio programs which are heard each Sunday afternoon at 5:00 o'clock over station WHCC, Waynesville. This 30 minute Home Demonstration program is designed to bring good music and HD talents to the listening audience.

During the month of March, 38 people appeared on the programs with the following topics: "Purposes and Objectives of HD Club work"—This was discussed by the Executive Board. "Ole Timers Speak"—Charter members of the Beaverdam Club told of 25 years of HDC Work. "Coordinating Color Throughout the Home"—Problems were discussed by the Dellwood Club. The International Relations Committee interviewed the Reverend Karl Krutzer, a retired German Methodist Minister who is visiting the United States. "Easter Program"—The New Comers HDC featured a special musical program directed by Mrs. G. Schoonover and 8 voices.

Special music was a part of each program.

(Sorry, space doesn't permit us to mention all the names and more details of this wonderful project.)

Is your freezer ready for the demands you will be making of it? A freezer is wonderful, but it will not do everything. For more information about freezers ask your agent for Pamphlet No. 183, prepared by Nita Orr, Extension Economist on Food conservation and Marketing.

Pickles and Relishes, a pamphlet (No. 182) prepared by Iola Pritchard and Marjorie Shearin has excellent directions. Ask your agent.

Your cotton bag sewing may win a prize. Better make plans to enter the Dixie Classic Fair, Oct. 6-10, in Winston-Salem, or the N. C. State Fair in Raleigh Oct. 13-17. There are many lovely prizes.

June is Dairy Month!

Dr. Naomi Albanese, in one of her talks said, "If you are too busy for daily devotions, you ARE too busy."

Shiloh HDC of IREDELL County has 100% subscription to *Green 'n' Growing*.

Ennice HDC (ALLEGHANY) is well pleased with the "new look" in their community. They have new road signs and mailboxes. Mrs. Larrie Cooper, president, says it looks "ever-so-much better."

Piney Grove HDC (SAMPSON), Sandy Plain HDC (COLUMBUS)

and Beaverdam HDC (HAYWOOD) have 100% club members taking OUR magazine.

May is "See North Carolina Month".

With the opening of a new link of the Blue Ridge Parkway we now have over 180 miles of Parkway skimming along the Blue Ridge Divide. The Great Smokies are well worth seeing. Have you seen them?

Spring Came Today

The red-bird said, "Spring is here",
The daffodils declared 'twas so,
But as I looked across my hill
I saw the flakes of falling snow.
Now I wondered just how true,
The wind was coldly blowing,
Then the mail-man brought to me,
My copy of "Green 'n' Growing".
Here, too, I saw in green and white,
The dogwood blossom showing,
I guess down east it must be spring,
But here it's cold and snowing!
After reading all the news,
Found in "Green 'n' Growing,"
I looked out across my hill—
Yes, it had ceased the snowing.
Sunshine had come into my heart,
And a song, I wished to sing,
Friendly bits of news from friends
Can usher in the Spring!
P.S. Now I must say a fond adieu
I'm in a powerful hurry,
I'm convinced that spring is here
That was winter's good-by flurry.

by Theta R. Barnard
Hayesville, N. C.
Clay County

Editor's note: Theta just missed last month's magazine but I thought you would enjoy the poem even tho' it has been spring for some time.

Just Found!

Searching for Haywood County's "Grandma Moses"—that's what Mrs. A. L. Bramlett, County Craft Leader, has been doing. And she found 26 in her 2 day workshop in pastels.

This workshop was recently held for leaders and they all proved their abilities and declared that "pastels are fascinating". Club workshops are being planned by these leaders.

Mrs. Bramlett has taught pastels for two years in the Western District Handicraft Camp in June at Camp Schaub. She was a guest instructor in pastels at the Manteo Camp last year for Eastern District H. D. Craft Leaders. Before retiring to their farm in the White Oak Community she served as art instructor at Brevard College.

She has served as club president for two years and also as craft leader each year.

Compliments of

a

FRIEND

In Durham
IT'S GOOD EATING
at
HARVEY'S CAFETERIA
Bring the Family

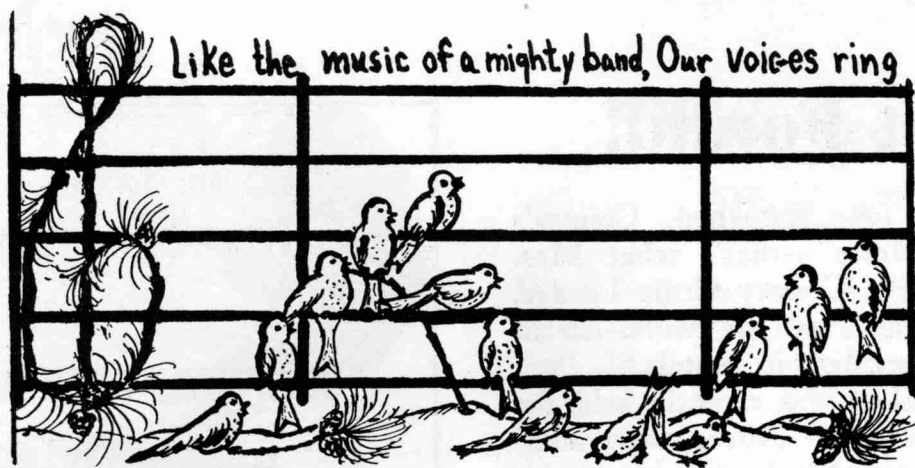
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Exterminating Service, Inc.



MISS DELIA COPLEY, PRESIDENT
2908 SHANNON RD. DURHAM, N. C.

Left to right: Mrs. Hoyt Barton, Mrs. Jimmie Williams, Mrs. T. E. Shark, Jr., and Mrs. A. L. Bramlett, instructor.





Music on the Move

It was just an idea at first—music education for rural people. But the more Ruth Current thought about it, the deeper grew her conviction that the time was at hand, the people ready to explore a subject hitherto unavailable to most. To thousands of rural adults music education and appreciation were total strangers.

It was apparent that some organization and definite plans must be made. During Farm and Home Week, 1951, the first State Music Committee was formed. Definite goals were established and still prevail today. They are: to compile and distribute an inexpensive song book (This has been done.); to improve the music of our rural churches; to encourage the formation of choirs and choruses; to secure for our children a general music education and to develop a training program for potential leaders.

An outstanding activity of the Home Demonstration music program is the annual Workshop. Held five days each summer on a college campus, more than six hundred (600) leaders have gained training and inspiration. No phase of music has been neglected over the five year period. Practical and beginning work is part of each Workshop, therefore new leaders attend and benefit. Advanced training has been given at the last several sessions.

In the fall those who attend the Workshop apply the lessons learned to the local needs. A favorite program is the teaching of the yearbook songs for the coming year. Lessons in conducting, score reading and dynamics are combined.

Music appreciation and recreational games are also a part.

Due to the efforts of Home Demonstration women, there are four supervisors of music in North Carolina public schools instead of one.

A music library has been started for the use of music leaders and others in appreciation classes. These records may be kept 3 days. There is no charge except postage. Address correspondence to: Mrs. W. Alton Smith, Stoney Knob Rd., Weaversville, N. C.

In 1953 Dr. W. K. Cuyler of Durham gave the initial fund which established the music scholarships. The number of scholarships has grown until now there are 32 available for adults and 4-H boys and girls.

How does such a program work? The success of any endeavor depends on those who have a vision and work toward its fulfillment. Each club and each county has a music leader, and these in turn are inspired and lead by their district and state leaders.

The State Music Committee for 1959-1960 is as follows: Mrs. W. Alton Smith, chairman, Weaversville; Mrs. Fred Matthews, vice-chairman, Hertford; Mrs. T. W. Ferguson, secretary, Ferguson; Mrs. R. L. Timmons, treasurer, Forest City; Mrs. John Allred, co-chairman, Mooresville; Mrs. Adrian Davis, scholarship chairman, Calypso; Mrs. John F. Griffin Jr., Rocky Mount; Mrs. J. C. Dodson, workshop chairman and advisor, Durham; Miss

Continued on page 11

Red Letter Days for Music leaders

June 28—July 3, 1959

MUSIC WORKSHOP

Woman's College, Greensboro, N. C.

Faculty:

Dr. Arnold E. Hoffmann, Miss Ruth Hewell, Miss Doris Kimel,
Miss Bobbie Pritchard and Miss Adele Justice

Registration:

2-9 p.m. Sunday, June 28, Weil Dormitory.

Welcoming tea by Guilford County Leaders

Classes:

1. Church Music (emphasis on organist, pianist, and instruments)
2. Fundamentals of Music
3. Choral Work (90 minutes daily)
4. Music Appreciation
 - a. Jazz, Rock 'n' Roll, Popular
 - b. Folk Music of different cultures
 - c. Church Music
 - d. Art—Music (all classical)
5. Music Leadership in Local Areas

Other features: Recreation, talent show, Vespers, buzz sessions, conferences, Citizenship ceremonies, help on special problems, tours, swimming free of charge—life guard on duty. (*Minors must bring written permission from parents relieving College and Workshop of responsibility.*)

Special features:

Address by Miss Ruth Current, followed by reception, Wednesday night
Concert Thursday night, July 2

(Negotiations underway for WUNC-TV)

COST: \$15.00 includes all linens, room for 5 nights, 13 meals.

\$1.00 registration fee pays for all music.

Where but in Home Demonstration could you get such a bargain! Fun and fellowship is thrown in and packed down for good measure!

Music on the Move

Continued from page 10

Ruth Current, advisor, State College, Raleigh.

Our hat's off to these and all of the others who have so graciously given of their time and talents so that "Like the music of a mighty band, Our voices ring."

APPLICATION FOR ROOM RESERVATION

Mail by June 14

Name

Address

County

H. D. 4-H Club Boy Girl

If 4-H, Age.....

I enclose \$1.00 Registration Fee. Yes; No.

Mail to: Mrs. J. C. Dodson, Rt. 1, Box 234,
Durham, N. C.

Nature's Hired Hand

Diggin' in the earth, Helpin' things to
grow,
Foolin' with a rake, Flirtin' with a
hoe;
Waterin' the plants, Pullin' up the
weeds,
Gatherin' the stones, Puttin' in the
seeds;
On your face and hands, Pilin' up the
tan—
That's the job for me, Nature's Hired
Hand!

Never any chance of your gettin' fired.
And when night comes on—Knowin'
why you're tired.
Nature's Hired Hand; That's the job
for me,
With the birds and flowers for society.
Let the other feller, For the dollar
scratch;
I am quite contented with my garden
patch.

by Lillie Belle Duncan
Flat Rock, N. C.

ROBERT C. FERGUSON

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TELEPHONE 6-6571

415 E. CHAPEL HILL STREET

Durham, North Carolina

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Golden Guernsey is the special milk produced only by registered Guernsey herds. That's why it contains more of everything good.

Compared to regular market milk, Golden Guernsey contains 15% more Protein, 20% more Vitamin A, 7% more Solids Not Fat, 4% more Minerals, 19% more Butterfat, 14% more Nutritive Energy.

Serve it to your children and see for yourself. There's more Go in Long Meadow Golden Guernsey.



Long Meadow Farms

CALL FOR HOME DELIVERY



Stuffed Dates

May 28, *Seventh District Meeting*, Union School

June is Dairy Month

June 2-4, *Western District Handicraft Workshop*.

June 9-12, FARM HOME WEEK, Raleigh

June 28-July 3, *State Music Workshop*, Woman's College, Greensboro

PLEASE SEND IN YOUR DATES AS SOON AS YOU KNOW THEM

Wanted

News, ideas, recipes, program plans, short-short stories, dates of important meetings, etc., comments, suggestions and questions are always welcome as well as any other items of interest to women. We can't print them 'till you send them.

Contributions should be typewritten. They cannot be acknowledged or returned.

Humorous Doin's

\$1.00 will be paid for true, unpublished stories of "*Humorous Doin's*" in North Carolina printed in this magazine. Maximum length: 250 words. Address: *Green 'n' Growing*, Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C.

GREEN 'n' GROWING

Home Demonstration News

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