



*Green n
Growing*

Volume 5

Number 3

MARCH

1959

HE IS RISEN

HE IS NOT HERE

I Cor. 15:14-17

Not at the grave. Not in the grave. Jesus had told his followers that he was the resurrection and the life. He was life before and after the human body ceased to be his house of clay.

He promised to all who believed in Him that they should share in the resurrected life.

Easter and the empty tomb dramatically emphasized His power over life and His supremacy over death.

If He arose, then His promise of resurrected life to His followers is true.

As members of the body of Christ, we possess the resurrected life over which death has no control. Following Him in life, we shall follow Him in His glory and share in His triumph by passing from this earthly body to the body not made with hands, eternal in the heavens.

In death there is no loss of the self or of the personality. Individuality remains.

What the future life will be like no one can say. The Christian believes that the whole personality will be with Him who conquered death and rose to set the Christian Church into vital action as a witness to a living Lord.

By His resurrection He has made death, or separation from our present body, but an incident in a never ending life. "For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, a house not made with hands, eternal in the heavens."

Dr. A. J. Walton
Duke Divinity School

March for Membership

Some of the things Home Demonstration work offers to old and new members are:

M MUSIC for the heart and soul as well as the voice.

A ACHIEVEMENTS especially all worthwhile educational programs affecting the lives of rural people.

R RESPONSIBILITY, RECREATION—necessary for a well balanced life.

C CHARACTER, COURAGE, CULTURE, CITIZENSHIP the four great "C's" of Home Demonstration work.

H HEALTH and HAPPINESS
The result of a good life. The life of a H. D. member.

March for Membership! Has your club really tried the "*Positive Approach*"? Have you visited ALL of the women in your neighborhood and found out their problems and how you and your club can help them? Have you offered to take them to your club meeting? Not many of us have *really* tried. For the positive approach try these.

1. Visit ALL the ladies in your neighborhood.
2. Find out *their* interests and *their* problems.
3. Tell them about H. D. objectives, etc.
4. Go back to your club and plan a program to interest the majority.
5. Arrange for one of your club members to look after the small children (or get a responsible high-school girl) at the meeting.
6. Now that the groundwork has been laid, go to the prospective members and tell them:
 - a. a program has been planned with them in mind.
 - b. the children will be cared for.
 - c. time and place. Meet at night if necessary
 - d. YOU will be by to pick them up.
This is very important because most people hesitate to go to a meeting by themselves for the first time even though they know they are welcome.
7. Introduce them to all there. If possible add a word about each (hobby, work, etc.) This makes it easier to start a conversation later.
8. After the meeting *take time to tell* them how happy you were to have them. INVITE them for the next meeting.
9. Make arrangements to get them there next month. Don't just tell them to come—say, "I'll be by for you at 2:30"—etc.

Practice the "*Positive Approach*". It will work for H. D. and for church and other things as well. Remember, however, that there is a difference between being positive and domineering.

It REALLY Works!

“Each one reach one” really works, as proved by WILSON County H. D. members.

Three years ago 500 members of 25 H. D. Clubs began their campaign to “Each one reach one” as a special project, thus giving the statewide motto more direct meaning, and making use of H. D. club methods and demonstrations in a practical way.

Last year almost 1,300 homemakers were taught by club members that it is possible to:

1. Have 3 delicious, attractive, well-balanced meals for her family each day.
2. Have furniture that is selected and arranged for happy, comfortable living in each home.
3. Have clothing that is constructed by professional methods to the pride and satisfaction of each seamstress.
4. Have a garden, properly cared for, and an abundance of good food conserved for the winter.

Many members helped five or more women throughout the year with home-making information. “School”, they found, could be at home or on the corner, at a meeting or in a store. Mrs. J. Roy Wilkerson said, “One of the clerks in a department store asked for help in special diet menu planning while she was waiting on me!”

Financial gains are evidence of their success. Over \$7,500 was saved by the families entering an improved garden contest. The club members encouraged use of a planning calendar specifically adopted to Wilson County. From the planned garden and food conservation plan, the homemakers were able to preserve food for good eating all winter. Mrs. Julian Boykin has been an active leader in gardening and food conservation. Some of the extra vegetables from her garden, plus the necessary canning instructions, were distributed to friends and neighbors. One neighbor claimed the vegetables were the best she had ever eaten.

Mrs. Stephen Watson and Mrs. Thomas Daniel are outstanding examples of reaching other women. Their club, the Lois Rainwater Club, has encouraged the members to select for the whole year one or more homemakers who need the information and have not had previous access to it. Mrs. Watson has been a good neighbor and a source of inspiration and information to many young homemakers with small children.

An Evansdale Club member, Mrs. David Beaman, reaches the tenant families in her community. Mrs. Boyce Williams, president of the “best club of the year”, Towncreek, helped a non-club member with her sewing. Result: new member!

Mrs. Silas Lucas, Lucama, keeps busy on a community clean-up project, while Mrs. Turner Thomas, Gardener Club, gives dried flower arranging and corsage making demonstrations to civic groups in and out of the county. (Mrs. Thomas was selected “woman of the year”.)

These eight H. D. Club members will lead the 1959 campaign for better homemaking in Wilson County.

The *Wilson Daily Times* will sponsor the award for the club that reaches the most non-club members this year.

Congratulations to you H. D. members in Wilson! Let's all get busy in our own county. They have given us a challenge!

EACH ONE TEACH ONE!

I will. Will you?

Green 'n' Growing

Home Demonstration News Magazine



CHARACTER

CITIZENSHIP

COURAGE

CULTURE

Vol. 5

March, 1959

No. 3

Green 'n' Growing

A magazine for women who believe that "Today's Home Builds Tomorrow's World."

To inform, inspire, develop, strengthen and correlate the work of home demonstration clubs and the Agricultural Extension Service in their efforts to assist women in promoting higher standards of living, in understanding themselves, their families and their neighbors and in promoting creative leadership.

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Advertising rates on request. Advertising copy must be received by the 10th of the preceding month.

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CHANGE OF ADDRESS: Please give old and new address and notify us four weeks in advance.

지난달에는 눈싸라기가 두번이나 내렸어요. 벌써 이곳도 겨울철로 점점 깊어 들어갑니다. 그리고 이곳도 즐거운 성탄절을 맞이 하여 지난 주일날은 교회당에 목사님에게서 예수님에 이야기를 참 재미나게 들었어요. 그리고 저는 교회당 성가대에 뽑히며 노래도 불렀어요. 이곳도 즐거운 성탄절을 맞아 거리에는 화려하게 장식되어 여러사람들을 한층더 즐겁게 합니다. 그리고 지난번에 저의 학교에서는 지금도 공산당들을 추운 일선 고지에서 경계하고 계신 국군아저씨들에게 위문품과 편지를 보내어 여러 사람에게 칭찬도 받았어요. 그리고 겨울방학은 12월30일날입니다. 끝으로 여러 양친님들에게 몸건강하심과 행복을 빌겠어요.

1958. 12. 1.

번호 2057. 번 이름 이군자. 여자 13세

Affectionately Yours

Lee Koon Ja is a bright little Korean girl of eleven. Her birthday is April 9, 1947. She will soon be twelve years old and in the sixth grade.

Koon Ja's family lived in Seoul, when the North Korean Communist troops came into the area and before her family could escape, Seoul was occupied by the communists. Her father was killed, her oldest brother kidnapped by the Reds and never heard of again, and a younger child died because there was no medical aid available. The mother, Koon Ja and a brother, five years older, somehow survived the dark days on the brink of starvation.

The family lives in a barrack which is more like a barn for animals than a shelter for human beings. For a while the mother worked as a laborer doing washings or any other labor she could find and her son shined shoes in the streets, but the few cents a day they could earn did not go far. For over a year the mother has not been able to work because of a heart ailment.

Lee Koon Ja was adopted by Home Demonstration Clubs of North Carolina last year, thru the Foster Parents

Plan. This plan provides \$9.00 monthly cash grant, food, clothing and the necessary medical care (\$180 total for a year—paid by you). Of equal importance to Koon Ja and her sick mother is the heartwarming knowledge that someone cares and wants to help.

Mrs. Frank W. Phillips, Rt. 2, Spruce Pine, State International Relations Committee, receives a neatly written letter from her each month. Mrs. Phillips will be glad to give more information to any club that would like to have a project such as this.

Just in case you couldn't read Koon Ja's letter to you, we've included the translation.

TRANSLATION

Dear Foster Parents in Clubs:

We have had little snow fall twice last month. Winter is with us. Christmas season is closing to us near. Last Sunday our pastor told us about Jesus Christ in church, and I enjoyed listening to him. I belong to choir.

Beautiful decorations in the downtown make us cheerful in these days.

Continued on page 7

Hat's Off, Mrs. Spake

A worthy tribute to a hardworking Cleveland County Health Leader was recently paid to Mrs. Alvin Spake, Casar. We have in our files a clipping which Mrs. Reed Wilson of Lawnsdale, N. C., our State Health Chairman, sent in from her county newspaper.

Mrs. Spake dates her interest in home health from the time she helped to care for her grandfather during a lengthy illness when she was seventeen. She has taken the American Red Cross course, trained as a nurse's aide in a hospital, and worked there for 14 months. Volunteer work in teaching others home nursing, and untold hours of assistance in health problems of all kinds have endeared her to the whole community.

Leadership such as hers has simulated interest all over our state. We are justly proud!

Wanted

News, ideas, recipes, program plans, short—short stories, dates of important meetings, etc., comments, suggestions and questions are always welcome as well as any other items of interest to women.

Contributions should be typewritten. They cannot be acknowledged or returned.

Letters to the Editor

* * * My second copy of *Green 'n' Growing* came in today's mail and, though I had mountains of work to do and had resolved to let nothing stop me until it was done, I sat right down with a cup of tea and read *every word* without stopping! IT SELLS ITSELF! I am delighted with the February issue.

Mrs. R. W. Utley, Liberty
Twelfth District Chairman

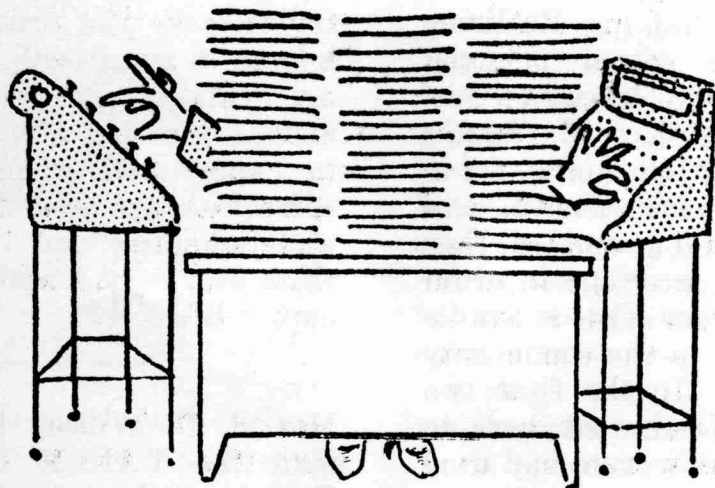
* * * A very appreciated Christmas gift was a subscription to *Green 'n' Growing*. I have read it from cover to cover three times. I am proud of the magazine and think it is a good way to learn new things and keep in touch with old friends.

Janie M. Ramsy, Former Agent
Madison County

* * * Just recently I saw the first copy of *Green 'n' Growing*. It is very attractive and interesting and will be a pleasure to receive.

This is a big step forward in H. D. Club work. All the members in North Carolina are to be commended for this achievement. Although it is now in its infancy, I am sure it will prove successful and progress with the general economy.

Miss Mamie Whisnant, Extension
Specialist in Home Management.



Franklinville Club (RAN-DOLPH) has 100% club membership subscribing to *Green 'n' Growing*.

A recent craft workshop in West Jefferson was attended by 12 women from WILKES County. They learned new crafts to use in making products for sale at the trading post.

Airy Grove H. D. Club (LENOIR) voted to give a set of Encyclopedias to the Contentnea School. Proceeds from one banquet were used for this effort to improve the local school facilities.

COLUMBUS County's winner in the A and P Leadership Contest last year was Mrs. Gordon Walters, County Arts and Crafts leader. Mrs. Walters has held 18 workshops, with an attendance of 367, on Swedish darning, drawn work, rake knitting, decorating plates, splint baskets, and copper embossing. Mrs. Walters says, "I thoroughly enjoy teaching or demonstrating to my club members and especially the 4-H girls and boys. I love to watch their young hands create things and to know I've helped them to do it."

Mrs. T. S. Dean, County Clothing Leader, and the local clothing leaders of FRANKLIN County, believe in doing rather than just talking. Realizing the need of more actual personal help, they conducted a workshop just for clothing leaders. Kits of finishes such as bound button holes, set-in pockets, zippers, hems, sleeves, and others were made and assembled, then taken to local club meetings in order to let the women know what is available for any woman in the community to borrow and use. In the first two weeks after Mrs. Dean took hers to the club meeting, six women had used it.

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Bits 'n' Pieces

To further encourage home sewing and to give actual help with it Mrs. Dean is holding a three-day tailoring workshop in the recreation room of a local store, to which the public has been invited.

Both of these activities were suggested, planned and carried out by the leaders. Mrs. Kelly White of Bunn Club, in commenting about the clothing leaders workshop said, "You just couldn't buy from me what I've learned today."

BURKE and COLUMBUS Counties have 100% club presidents subscribing to *Green 'n' Growing*.

"*Currituck Calls*" is here! It is a monthly newsletter edited by Mrs. John Yon (State Publicity Committee) for the clubs of CURRITUCK County. The first "Call" was in February. On the front page the infant says, "I hope you will take me to your hearts and give me all the care and attention which all proud parents lavish upon their children. Give me the products of your minds, thoughts and ideas and I will try to make you proud that you had a hand in my growth. Be patient with my mistakes and give me the guidance a growing child has the right to expect and when the necessary corrections are needed, give them with understanding and love." We send them every good wish for a full and happy life.

Mrs. J. D. Wilson, Publicity Chairman for VANCE County, held a Training School for 18 clubs in Feb-

ruary. Objectives of the publicity committee were discussed, as well as report books and *Green 'n' Growing*. Mrs. Vera Savage, Woman's Editor with the *Henderson Daily Dispatch*, answered questions and told how to do effective reporting.

A delightful Valentine tea was the order of the day for YANCY County women when Mrs. Ralph Proffitt, immediate past state president, honored the new County Officers for 1959. The receiving line included the hostess, the agents, Miss June Street and Miss Virginia Cox, and the new officers. New officers are: Mrs. Kenneth Johnson, president; Mrs. J. B. Stamey, secretary; and Mrs. Harry Bowen, treasurer.

Assisting the hostess were: Mrs. W. P. Honeycutt, Fourth District Chairman; Mrs. Wayne Byrd and Mrs. Jack Hensley, Ramseytown; Mrs. Ransom Silver, Mrs. Kenneth Hensley, Mrs. Dawson Briggs, Micaville; Mrs. Craig Woody and Mrs. W. O. Briggs, Jacks Creek; Mrs. Homer Price, Newdale; Mrs. Fleet Proffitt, Mrs. Max Proffitt and Mrs. J. F. Robinson, Bald Creek.

Mrs. Jacob Pickler, Ninth District Chairman, presided at a meeting of club members and agents held in the Courthouse Annex Auditorium, Al-bemarle. Plans were made for the District Meeting to be held in Stanly County, April 7th. The Golden Anniversary of 4-H club work will be starred in county reports and illustrated by slides. After lunch in the New Senior High School lunch room, the members will enjoy a fashion

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show put on by the Avondale Mills of Alabama, under the direction of Mrs. Ann W. Carothers, Fashion editor. Counties participating in the program will be: UNION, STANLY, and MECKLENBURG.

Scripture Cake Puzzle

Puzzles are always fun. This one was sent in by Janie Ramsey, a former agent of MADISON County. She says, "It is nice for church affairs where you want a Biblical connection with refreshments. It is a butter cake and has very little leavening. I usually bake it in a loaf pan at 325 degrees about 45 minutes, cool on a rack and slice cold."

1. 4½ c. 1 Kings 4:22
2. 1 c. Judges 5:25, last clause
3. 2 c. Jeremiah 6:20
4. 2 c. 1 Samuel 30:12
5. 2 c. Naham 3:12
6. 2 c. Numbers 17:8
7. 2 tbs. 1 Samuel 14:25
8. A pinch of Leviticus 2:13
9. 6 Jeremiah 17:11
10. ½ c. Judges 4:19

Season to taste with

11. 2 Chronicles 9:9
Cream butter, add sugar, then the eggs one at a time, beating after each addition. Mix dry ingredients and add alternately with milk and honey. If you couldn't figure this one, look on page 10 for the answers.

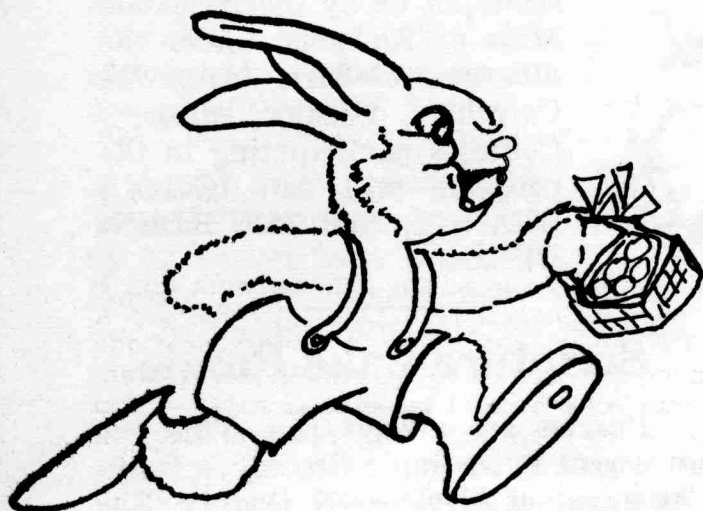
Continued from page 4

Our soldiers in the front line watch communists for us in this cold season. A few days ago we wrote a letter to them respectively. Many people praised us.

We will get off from school for winter season from the end of this month.

I pray God for your good health and happiness.

Yours affectionately,
Lee Koon Ja, K-2057



We Found EGGS!

The neatest little package you ever saw—an EGG! Each one in its own wrapping! Each one packed with proteins, amino acids, fats, vitamins and minerals!

The Poultry and Egg National Board announced that March is EGG MONTH throughout America. And what month could be more fitting for eggs than March?

Almost any way you look at it an egg is indispensable to meals or to meal preparation. The Romans, Greeks, and Persians also used eggs and they were the symbol of new life then just as they are today.

We have found many, many ways of using eggs and you have some pet ways of your own, but do try others. The egg is very versatile, a natural protective food and easy to include in all meals. The flavor combines well with other foods.

EAT EGGS FOR GOODNESS SAKE!

EUREKA!

We Found Master MIXES for Meals in MINUTES

Meals in a matter of minutes—especially dinner, is a problem with most busy homemakers. Miss Virginia Wilson, Extension Nutritionist, has prepared some helps—ways and means of simplifying meals—and we thought they were so good that we are giving you some of them now to use in this Easter Season.

SPEEDY BREADS, DESSERTS AND SAUCES

Use mixes for breads, desserts and sauces to save about seventy-five percent of the mixing time.

MASTER MIX

8 cups sifted flour 1½ cups shortening
1 tablespoon salt that needs no refrigeration
¼ cup (4 tablespoons) baking powder

Sift together the flour, salt and baking powder. Chop in the shortening with an electric mixer at low speed, or with two knives or pastry blender until it looks like coarse meal. Store in tightly covered container on cabinet shelf.

NOTE: To save time in measuring and sifting use a 2 pound bag (8 cups) of self-rising flour and omit the salt and baking powder.

PASTRY MIX

6 cups sifted flour
1 tablespoon salt
2 cups shortening

Sift together the flour and salt. Chop in the fat until the mixture is of consistency of coarse meal. Store in a tightly covered jar in the refrigerator.

USE MASTER MIX TO MAKE:

BREADS

- Biscuits:** To 1 cup of master mix add $\frac{1}{3}$ of cup of milk for cut biscuits. Add 1 or 2 tablespoons more milk to make **drop biscuits**. Makes 9 to 12 biscuits.
- Griddle Cakes or Waffles:** Into 3 cups of master mix add $1\frac{1}{2}$ cups of milk and 1 egg that have been beaten together. Make on hot griddle or waffle iron.
- Muffins:** To 2 cups of master mix, add 2 tablespoons sugar, 1 cup of milk, and 1 well beaten egg. Stir just enough to dampen all of the flour. Bake in greased muffin rings.
- Coffee Cake:** Combine 3 cups of master mix with $\frac{1}{2}$ cup sugar, $\frac{2}{3}$ cup milk and 1 egg. Turn into a greased 9 inch layer cake pan. Sprinkle over the top a mixture of $\frac{1}{4}$ cup brown sugar, $1\frac{1}{2}$ tablespoons butter, 1 tablespoon flour and $\frac{1}{2}$ teaspoon of cinnamon blended together. Bake in 400 degree F. oven.
- Cornbread:** To 1 cup of master mix add 1 cup corn meal, 1 tablespoon sugar, 1 cup of milk blended with 1 well beaten egg. Stir just until blended. Bake in greased muffin rings in a hot (400 degree F.) oven.
- Nut Bread:** 3 cups of master mix, $\frac{1}{2}$ cup sugar, $\frac{1}{2}$ cup chopped nuts and 1 cup of milk mixed until well blended. Bake in moderate oven (350 degree F.) in a greased 5" x 8" loaf pan for 1 hour.

COOKIES:

- Drop Cookies:** To 3 cups master mix add 1 cup sugar, $\frac{1}{3}$ cup milk, 1 slightly beaten egg and 1 teaspoon vanilla. Drop by teaspoonsful onto a greased cookie sheet. Bake in 375 degree oven 10 to 12 minutes.
- Chocolate Drop Cookies:** Add 2 squares (ounces) melted chocolate to above drop cookies.
- Banana Peanut Cookies:** Mix together $1\frac{1}{2}$ cups master mix, $1\frac{1}{4}$ cups quick rolled oats (uncooked), 1 cup sugar, $\frac{1}{2}$ teaspoon soda, $\frac{1}{2}$ teaspoon cinnamon, $\frac{1}{2}$ cup chopped salted peanuts, 1 slightly beaten egg, 1 cup (about 2 large) mashed bananas and $\frac{1}{2}$ cup melted or liquid shortening. Drop by teaspoonsfuls onto a greased cooky sheet. Bake in 400 degree F. oven about 10 or 12 minutes. Makes about 3 dozen.
- Fruit Bar Quickies** Add to $1\frac{1}{2}$ cups master mix, 1 cup sugar, 1 cup chopped nuts, $\frac{1}{2}$ cup chopped dates, 1 teaspoon grated orange rind, 3 slightly beaten eggs, 1 cup mincemeat. Turn into a greased shallow 8" x 11" pan and bake in a 350 degree F. oven 20 to 25 minutes or until browned. Cut in bars.

USES PASTRY MIX TO MAKE THESE:

- Pie Crust:** For one 9 inch crust: to $1\frac{1}{4}$ cups of pastry mix add 2 to 3 tablespoons of cold water gradually. Press into a ball then roll out. For a **two crust pie** use 2 cups of mix and 3 to 4 tablespoons of water.
- Cheese Straws:** With your fingers blend together 2 cups of pastry mix, one jar of sharp cheese spread and 2 drops of tobasco sauce. Put in cookie press and shape into strips about 1 inch wide and 2 inches long, or other shapes. Bake in 400 degree F. oven until a very light brown or 10 to 12 minutes.
- Brownies:** To $1\frac{1}{2}$ cups pastry mix add $1\frac{1}{2}$ cups sugar, $\frac{1}{2}$ teaspoon baking powder, $\frac{1}{2}$ cup chopped nuts, 3 beaten eggs, 2 squares melted chocolate or $\frac{1}{2}$ cup cocoa, and 1 teaspoon vanilla. Bake in a well greased 10" square pan in a 375 degree F. oven. Cut into squares while hot.



L to R: front row—Mrs. Mooney, Mrs. James Rummage. Second row, Mrs. Max Moose, Mrs. R. C. Morgan and Mrs. Charles Brooks.



Easter

Bonnets

A "Hat Workshop" designed to offer instruction on hat making for H. D. Club members of lower SAMPSON County was conducted at the Community Building of Harrells by agents Mrs. Evins and Miss Mary Doyle of Clinton. About 20 bonnets were made ready for the Easter parade.

The workshop was the first of its kind ever conducted at Harrells. Shortly after 10 o'clock the 25 women had selected becoming hat forms and suitable materials, and were engrossed in the construction of an original. A breath taking moment came late that afternoon when the trimming went on "like icing on a cake" and club members were at last able to put on their creations.

As Mrs. Billie H. Hall, Franklin Club President, swept up the many colored bits of cloth, braid and hundreds of threads, needles and pins left from the busy, happy day she thought, "Our clubs need more workshops such as we had today!"

Easter bonnets are only the topping for a well dressed woman or girl. Most people do not know that the number doing home sewing has increased four times faster than our population in the last few years.

Guided by our Extension Clothing Specialist, Miss Julia McIver,

Five Workshops

Five two-day workshops for constructing Spring Bonnets were held in STANLY County. These workshops were conducted by Mrs. Rebecca Mooney, assistant agent, with the other agents assisting. Over 70 hats were successfully completed. The club members pictured with Mrs. Mooney were chosen by their group to represent them.

Ask your agent about the Extension Pamphlets that are available.

Answer to Scripture Cake

Answer to Scripture Cake puzzle. 1. flour; 2. butter; 3. sugar; 4. raisins; 5. figs; 6. almonds; 7. honey; 8. salt; 9. eggs; 10. milk; 11. spices.

and our county agents, the Home Demonstration clubs and workshops are keeping our members up-to-date on the newest methods and materials available.

An informed woman is better able to tell quality material, to choose the right material for the job in hand, to do good construction, and to care for it properly when the project is completed. The net result is a better clothed family and a more nearly balanced budget.

Dimples Does It

Craftmanship is found in many places, but when it is found with sparkling eyes and dimpled smile in the person of 14 year old Shirley Graybeal it is "special".

Shirley attended a local craft workshop given by Mrs. Jane Davidson, Home Economics Agent of Ashe County, last February. She was fascinated and started tooling metal. By the time she had completed her third planter, she had developed her skill and the orders poured in.

Her greatest thrill came when she impressed Mrs. Davidson with an "antiquing" process and the smooth background work she had developed. One of the most important parts of the finish is to know when to stop polishing.

For tools Shirley uses an empty ball point pen, and three molding tools, with a total cost of 55 cents. She has since added a small kiln to her equipment so that she can do copper enameling.

Financially she is very much in the "black". Planters, bookends, pictures and assorted jewelry have earned over \$150 profit for her and she has orders for many more. Shirley bought a radio with the first money she made,



Shirley Graybeal tools a 6-foot copper planter, a special order for a modern mantle. The few tools she uses are displayed in the foreground

and the rest has gone into savings for a college education.

She is generous with her knowledge. She has instructed adult classes, Girl Scouts, and individuals in metal tooling and copper enameling. She has received county-wide recognition for her craft work, and was named 4-H crafts project winner and junior 4-H achievement winner last year.

How can she do all this? Her parents, Mr. and Mrs. Herbert Graybeal and her sister Pat, are wholeheartedly behind her. Mr. Graybeal makes the wooden frames; her mother cuts lengths and helps tack the copper in place while Pat does an "extra" share of the housework. It is a wonderful family project.

GREEN 'n' GROWING

Home Demonstration News

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A lady rang the door bell. After a moment a little girl, aged 5, answered. Lady: "Where is your Mother, little girl"?

Little girl: "She is in the back undressing a chicken."

Ruby W. Thompson
Faison, N. C.

Having only one serving of orange juice, I gave it to my smallest. She promptly knocked it over in the bread basket. Meeting my frowns with a bright smile, she chirped, "Now we can all have vitamin enriched bread!"

Mrs. J. P. Smith, Jr.
Durham, N. C.

We all know children can come out with the most unexpected and frequently shocking remarks and never mean them quite as they sound. We hope you will read the following in the spirit with which it was said, remembering it is just another example of life through a child's eyes. It seems that a certain mother had become extremely germ-conscious since she had taken a nurse's aide course, and she was forever cautioning her young son to "wash your hands, because of the germs". She carried on to such an extent that the little feller evidently got fed up and one day he exploded, "Germs, germs, germs, Jesus Christ and Santy Claus!

That's all I ever hear, and I ain't never seen a one of 'em!"

Mrs. Gerry Koontz
Weaversville, N. C.

After a Home Demonstration meeting, I very proudly announced to my family that I was worth \$10,000 a year as a homemaker. My little daughter looked especially impressed. Imagine my surprise when she blurted out, "Daddy, if Mommie is worth \$10,000, why don't you cash her in?"

Mrs. W. R. Haynes
Durham, N. C.

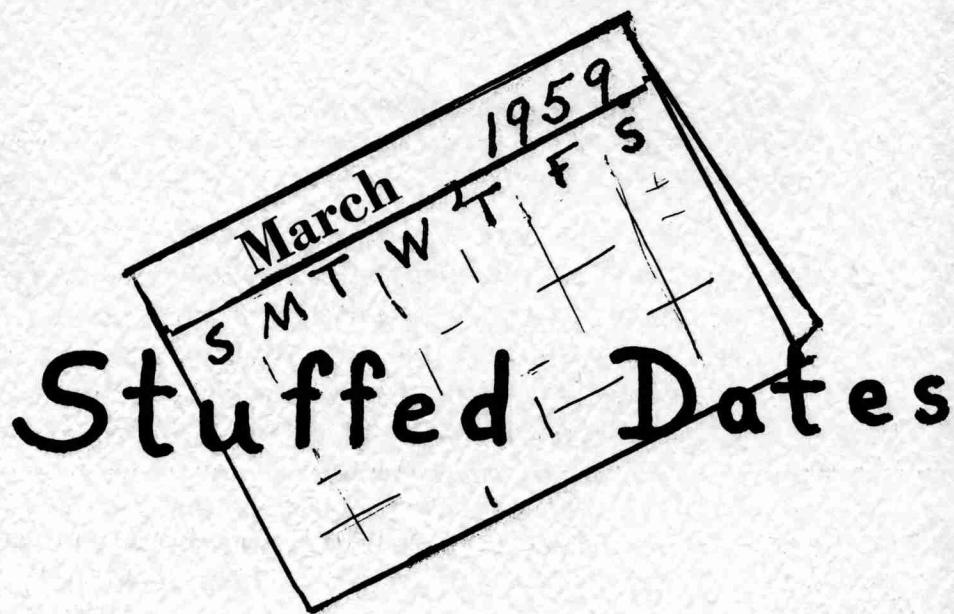


A birthday at Christmas time is not only inconvenient for Santa Claus, but it kept six year old (minus two months!) Cathy Bobbitt from entering that all-important first grade. Having been told that her vaccination was all part of getting ready to go to school, she thought that big long word was "invitation," and each morning as she dresses to go to private school she looks anxiously at her arm and asks, "Is my invitation still there, mommy?"

Mrs. F. S. Bobbitt
Henderson, N. C.

Humorous Doin's

\$1.00 will be paid for true, unpublished stories of "Humorous Doin's" in North Carolina printed in this magazine. Maximum length: 250 words. Address: *Green 'n' Growing*, Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C.



March 1 thru Apr. 6, "Easter, the Awakening", Morehead Planetarium, Chapel Hill, N. C.

March 23, 24, 25, *Pender* County Recreation School

March 26, *Nash* County Health Education Worshep, Nashville Courtroom, 2:00 p.m.

March 29, Easter Sunrise Services at Old Salem, Winston-Salem; City Auditorium, Asheville; on Wayah Bald, Franklin; Fields of the Wood, Cherokee County; Mountainside Theater, Cherokee; Daniel Boone Theater, Boone; Hatteras Lighthouse, Hatteras Island

April 1, *Fifteenth District* Meeting, Epsom Liberty Church

April 2-5, 12th Annual Azalea Festival, Wilmington

April 7, *Ninth District* Meeting in Stanly Co. (Mecklenburg, Stanly, Union)

April-May, Sarah B. Duke Gardens at Duke University, Durham, N. C.

April 6, 7, 8, *Clay* County Recreation School; Rural Life Center, Hayesville

April 8, *Twenty-third District* Meeting, Northampton County

April 9, 10, 11, *Indian Reservation* Recreation School, Craft Building, Cherokee

April 9, *Twelfth District*, Woman's College, Library Auditorium, Greensboro

April 10, Tryon Palace Restoration Public Opening, New Bern, N. C.

April 16, *Seventeenth District* Meeting, Wake County

April 15-19, Western, N. C. "Spring Comes to the Mountains", Nature Tour Sponsored by Huckleberry Mountain Workshop, Hendersonville.

April 18, Carolina Folk Festival, Chapel Hill, N. C.

April 23, *Twenty-first District* Meeting, Tarboro, N. C.

April 28, *Fourteenth District* Meeting, Carrboro Baptist Church, 9:30 a.m. (Durham, Chatham, Orange)

May 3-9, National Home Demonstration Week

June 9-12 Farm Home Week, Raleigh, N. C.