

# CLOVER LEAVES

1974

North Carolina 4-H Congress - N. C. State University

## EASTERN 4-H'ERS CROWNED KING & QUEEN OF HEALTH

Two eastern North Carolina teenagers, Grady Fenner, Tyrrell, and Ann Williamson, Wilson, were crowned Tuesday night as the 4-H king and queen of health in a highlight of State 4-H Congress.

Fenner and Miss Williamson have worked for a total of 13 years on personal, family and community health activities. They will represent North Carolina at the National 4-H Congress in Chicago in November where they will compete for national honors and educational scholarships.

The annual health pageant climaxed the first full day of the 49th North Carolina State 4-H Congress, which is being attended by some 1,000 4-H members and their leaders from 96 counties.

Ann Williamson lives in Wilson where she is a member of the Lamms 4-H Club. The Williamson family is involved with 4-H and 4-H activities year-round, since Ann is an active Jr. Leader and her mother Mrs. Tommie Williamson is the Lamms 4-H Club adult volunteer leader. At age 17, Ann has an outstanding 4-H record spanning 8 years and numerous awards. Health has been one of Ann's winning projects for all 8 years. She has worked for the local Cancer Drive, been a hospital volunteer worker, done a county-wide health survey, conducted a seminar on drug abuse, and has done many radio shows

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Dr. Black, Miss Williamson, Fenner

## TOP DEMONSTRATION WINNERS NAMED

Top achievers in the 4-H educational demonstration program were announced Tuesday night at State 4-H Club Congress at the Scott Pavilion.

The state finalists were judged on the demonstrations of their knowledge in selected program areas, ranging from petroleum power to sewing.

Winners are: Automotive--Carma Bodenheimer, High Point, and Kenneth McCaskill, West End; cotton--Marian Dail, Edenton; dairy foods--Angela Burnette, Mebane, and Mary Lillian Landen, Lilesville; dairy judging team--Kay Johnson, Siler City, Johnny Stroup, Charlotte, Greg Casey, Winston-Salem, and Cindy Hughes, Apex; entomology--Butch Kirkman and William Simpson, both of Columbia. (Continued on page 7)

Wednesday, July 24, 1974

"LEARN, LIVE, SERVE, THROUGH 4-H"

## FASHIONS WITH DR. DOOLITTLE

Tonight the 1974 State 4-H Fashion Revue will feature an array of the latest styles for teen girls against a background based on Dr. Doolittle stories. Contestants will parade their creations in Puddleby-on-the-Marsh, and the jungles of Africa.

The Tyrrell County Agricultural Extension Staff and the Washington County Staff will be in charge of the event. They include--from Tyrrell--Mrs. Frances Voliva, Ms. Sandy Wiggins, Mr. Fred J. Rivers, and Mr. Bobby Armstrong; from Washington--Mrs. Sandra Brown, Mrs. Carrie Thompson, Mr. Guy Whitford, and Mr. Robert Marsh.

The Fashion Revue Committee was co-chaired by Ellen McDonald of Guilford County and Jane Stuart of Rockingham County. Members included Sandy Wiggins, Pam Cordell of Rowan County, Richard Freeman of Guilford County, and Bobby Armstrong.

Judges are Mrs. J. M. Booker, Sewing Instructor at Guilford Community College; Mrs. Geraldine Ray, Assoc. Home Economics Agent, Ms. Elynor Williams, Extension Communications Specialist, and Ms. Janice Christensen, Home Economics Editor.

Narrators are Mrs. Jennie Brickhouse of Tyrrell and Mr. Ben Cherry of Washington. Other Characters are Allison Smith, Denise Swain, Dawn Swain, Cindy Oliver, Toby Clough, Beth Simpson, Teresa Bryant, Hope Owens, Boyce Marsh, Anita Marsh, Grady Fenner, LeRoy Smith, Butch Kirkman, Robin McClees, William Simpson and Fran Smith. Each person will perform the role of one of the famous Doolittle talking animals.

To help set the mood for the adventure Mrs. Frances Ward from Chowan County worked with costumes, and Mrs. Cynthia Bunch designed the set. WPNC Radio Station in (Continued on page 3)



Dr. Chester Black, State 4-H Leader, Governor Holshouser, and North Carolina State Chancellor Dr. John T. Caldwell at the opening session Monday night.

## MANCHEK BAND REVIEW

The Manchek Band played for 4-H'ers Monday night. The band members and their instruments are Ricky Preist-drums, Quentin Leggett-drums, Doug Evans-bass, Mitchell Evans-Lead guitar, Thad Williams-organist, Gregory Kornegay-rhythm guitar, Francis Daniels-lead singer. The band has been playing together for small audiences for the last 10 months. Their experience and long hours of practice have paid off. Many 4-H'ers thought they were very good.

Zane Parnell  
Davidson County

## 1950'S FUN

One of the highlights of 4-H State Club Congress this week will be the entertainment of a 1950's dance at Scott Pavillion on Wednesday night. Skinny ties, greasy hair, bobby socks, and long skirts will set the stage for this event. Most 4-H'ers seem to be looking forward to the dance and we hope everyone will come with the spirit and dress of the '50's and help make the dance a big success on Wednesday night.

Diane Harmon  
Chatham County

Plymouth is furnishing the music. Ms. Abby Harrell and Mrs. Ann McLaughlin also worked very hard to set the mood for tonight's participants.

Fashion Revue participants listed alphabetically by county are:

Ginger Thomas, Alamance; Barbara Nance, Anson; Shirley Fink, Buncombe; Kay Clegg, Chatham; Bonnie Galloway, Columbus; Nancy Parker, Craven; Evelyn Smith, Cumberland; Ruth Morris, Currituck; Jamie Spurgeon, Davidson; Debra Sulger, Davidson; Lillie Ann Pearsall, Duplin; Elizabeth Spicer, Duplin; Sharron Dean Brown, Edgecombe; Karen McNamara, Forsyth; David Weavil, Forsyth; Ann

Wheless, Franklin

Dwenda Massey, Iredell; Cindy Rimmer, Iredell; Debora Humphrey, Lenoir; Lesli Jordan, Lenoir; Chris Heavner, Lincoln; Cathy Alston, Nash; Freddie Mac Copland, Northampton; Margaret Clark, Pamlico; Randy Eubanks, Pitt.

Kathy Kearns, Randolph; Shirley Goodnight, Rowan; Janie Overcash, Rowan; Joan Elizabeth Jackson, Sampson; Gail Martin, Surry; Constance Armstrong, Tyrrell; Glenda Hinson, Union; Sebastian Cheston, Warren; Sherri Greenfield, Wayne; Margie Sanderson, Wayne



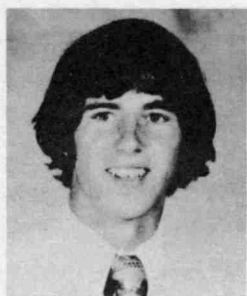
4-H WINNERS -- These two 4-H members won top honors Friday (July 19) in the State 4-H Horse project public speaking contest at North Carolina State University. Sharon Painter, (left) 17-year-old daughter of Rev. and Mrs. William Painter, Columbus, was named runner-up for her talk on "Horse Racing." Martha Motsinger, 18-year-old daughter of Mr. and Mrs. Robert Motsinger, Rt. 6, Winston-Salem, won the contest with her talk on "The 4-H Horse Opportunity." The two winners will represent the state at the Southeastern Regional 4-H Championship Horse Show in Baton Rouge, La., August 15-17.



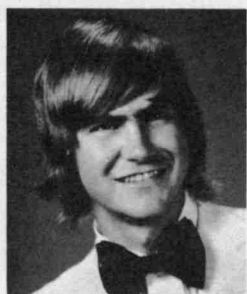
HORSE BOWL WINNERS--These Forsyth County 4-H members won the State 4-H Horse Bowl Friday (July 19) at North Carolina State University. The Horse Bowl is a quiz session designed to test the member's knowledge about horses. The team members are (second from left toward right) Larry Smith, Clemmons; Sherry Beck, Clemmons; Karen Miller, and Julia Snyder, Winston-Salem. They are receiving a plaque from Dr. I. D. Porterfield, head of Animal Science at N. C. State University. Mrs. Janet Brown, Winston Salem, (left) Coached the 4-H'ers to victory over seven other county teams.

## YOUR CANDIDATES FOR OFFICERS

### FOR PRESIDENT



NEIL CARTER--Buncombe County; age 18; 10 years in 4-H. Qualifications: National winner Entomology, National Key Award Winner, National Leadership Alternate Winner, Out of State Delegate '74 Western Dist. President '73, 4-H Honor Club, Danforth Award, Exchange delegate to Pennsylvania, various conferences and camps. 1973 and '74 Edition of Who's Who in American High Schools. Freshman at Mars Hill College.



DOUG LEE--Lenoir County; age 18; 10 years in 4-H. Qualifications: National winner Health, National Landscaping Demonstration Winner, National NJHA Environmental Control Winner, '74 State Achievement Winner, '74 Development Fund Scholarship, 4-H Honor Club, Out of State Delegate, 4-H Key Award Winner, Southeastern Dist. President '72-73. State Health King '72, State Soil & Water Conservation Winner, State Ornamental Plants & Landscaping Winner.



CHRIS HEAVNER --Lincoln County; age 17; 9 years in 4-H. Qualifications: State Demonstration Winner in Fruit & Vegetable Production, in Fruit & Vegetable Marketing; Dist Commercial Horticulture Champion 2x; Southwestern Dist. Vice-president; State Environmental Horticulture Champion (NJHA); various conferences and conventions.

### FOR VICE PRESIDENT



SHARON RUNION--Mitchell County; age 19; 10 years in 4-H. Qualifications: National 4-H Conference Delegate, National 4-H Congress Delegate, State Consumer Education-Home Economics Longtime Record Winner '71, State Leadership Record '74, Regional Resource Dev. Conference Delegate, Southern Regional Leaders' Forum Youth Delegate, State Alternate Fruit & Vegetable Production Dem. Counselor-Schaub 4-H Camp.



CATHY HILL--Polk County; age 16; 6 years in 4-H. Qualifications: National Winner Horse Demonstration, State winner Horse Public Speaking, Out of State Delegate, Delegate to International Livestock Exposition, Sec.-Treas. Southwestern Dist. High scoring sr. individual State Horse Judging, Showman of Grand Champion (WNC Jr. Show) 2x, Dist. winner Horse Project and Demonstration 3x, runner-up State Horse Dem. 3x.

## CANDIDATES FOR SECRETARY--TREASURER



CAROL MEYERS--Forsyth County; age 18; 9 years in 4-H. Qualifications: National winner Clothing, Delegate National 4-H Congress, Danforth Camp, Citizenship Short Course, Out of State Delegate. State winner Achievement, 4-H Honor Club, NJHA Delegate, 2nd Horticulture Judging 2x, 1st runnerup Sewing and Sr. Dairy Foods Demonstrations, County Council President, Vice-President, Secretary 2 yrs. Delegate to N. C. State 4-H Club Congress 4 yrs.

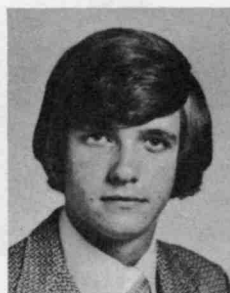


ROBIN KINTON--Harnett County; age 19; 10 years in 4-H. Qualifications: National Foods & Nutrition winner, I Dare You Award, Key Award, Citizenship Short Course, 4-H Honor Club, ECU Collegiate 4-H Club, County Advisory Board, County Development Fund, County Senior Teen Board of Directors, and Washington, D. C. study Seminar. ECU music major.

## CANDIDATE FOR REPORTER



ADRIAN GASKINS--Craven County; age 19; 8 years in 4-H. Qualifications: National Health winner '73, State Citizenship winner '74, State Horticultural Judging winner '73, 4-H Development Scholarship winner '73, Dist. Reporter, N. C. 4-H Health King, Junior Leader 5 yrs. Citizenship Short Course, Key Award, I Dare You Award, NJHA member, county winner 55x, various conventions and congresses.



JAY BROOKS--Union County; age 17; 9 years in 4-H. Qualifications: Regional winner Veterinary Science, State winner Veterinary Science, District Demonstration 11x, State Winner: Horse-Livestock Production and Conservation Demonstration, Entomology, Poultry, Poultry Essay. District president '72, State Leadership Project winner '74.



DAVID McAULEY--Iredell County; age 18; 9 years in 4-H. Qualifications: Danforth Camp Delegate, Southwestern District Secretary-Treasurer, Pennsylvania Leadership Conference, American Institute of Cooperatives Delegate, National Citizenship Short Course, County Council President, State Dairy Judging team, 4-H Honor Club, State winner Petroleum Power.

CONGRATULATIONS TO 1974 STATE WINNERS

Long-Time Records

Achievement (boy)	Douglas Lee	Lenoir
Achievement (girl)	Carol Myers	Forsyth
Agricultural	David Blalock	Wilson
Automotive	Bruce Miner	Forsyth
Beef	Bobby Allen Barnes	Wilson
Bicycle	Joey Long	Union
Bread	Ruth Denning	Duplin
Citizenship (boy)	Adrian Gaskins	Craven
Citizenship (girl)	Mary Landen	Anson
Clothing	Lora Richards	Wilson
Commercial Horticulture	James Myers	Forsyth
Communications	Mary Beth Thrower	Richmond
Conservation of Natural Resources	Richard J. Holtzmann, Jr.	Warren
Consumer Education	Luanna Parker	Union
Corn	Robert Edwin Hilton	Union
Dairy	Leslie Crouse	Davidson
Dairy Calf	Vickie Smith	Davidson
Dairy Foods	Linda Clark	Union
Dairy Industry	Marilyn Kaye Johnson	Chatham
Dog Care and Training	Janie Paulette Shoaf	Davidson
Electric	Debra Sulger	Davidson
Entomology	Ricky Buffaloe	Wake
Environmental Beautification	Debbie Holbrook	Davidson
Experimental Horticulture	No winner	
Food-Nutrition	Julia Ann Sharp	Wilson
Food Preservation	Glenda Edwards	Union
Forage Crops	Charles Southard	Guilford
Forestry	Pamela Crouch	Davidson
Garden Horticulture	Jill Rennee Kinton	Harnett
Home Environment	Melody Holshouser	Rowan
Home Management	Cynthia Rose	Tyrrell
Horse	Martha Motsinger	Davidson
Leadership (boy)	Jay Louis Brooks, Jr.	Union
Leadership (girl)	Sharon Lynn Runion	Mitchell
Peanuts	No Winner	
Personal Appearance (boy)	David Weavil	Forsyth
Personal Appearance (girl)	Janet Forte	Warren
Petroleum Power	Kenneth Neil McCaskill	Moore
Photography	Mike Dixon	Henderson
Plant Science	Selma Carter	Buncombe
Poultry	Dwayne Cox	Randolph
Public Speaking (boy)	Alan Griffin	Union
Public Speaking (girl)	Helen Hill	Lenoir
Recreation	Susan Simpson	Union
Safety	Linda Peterson	Sampson
Sheep	No Winner	
Soybeans	No Winner	
Swine	Chuck Owens	Tyrrell
Tobacco	Larry Roper	Macon
Tobacconist, Junior	Gwendolyn Gore	Columbus
Veterinary Science	Susan Waldroop	Macon
Wildlife	Bryan Smith	Wake

### Health King & Queen (con't.)

concerning timely health topics. Ann has received the Danforth Award for her efforts, under the direction of Becky Beets, 4-H Agent in Wilson County.

Grady Fenner hails from Columbus, N. C. where he has been president and Jr. Leader of the Travis 4-H Club. Sixteen year old Grady has been active in 4-H for 5 years and has been recognized for his achievements in Entomology, leadership, and Electric as well as Health. In his health work, Grady has been especially honored for his efforts with the local Day Care Center. He has served as Superintendent of Day Camp, conducted a county youth health survey, and organized the cystic fibrosis campaign. Bobby Armstrong, Assoc. Extension Agent in Tyrrell, has reasons to feel proud of Grady's winning record on the county, district, and state level.

We wish Ann and Grady the very best when they represent us at National 4-H Congress.

### Top Demonstration Winners (con't.)

Home environment--Patsy Mosely, Garysburg; poultry--Connie Armstrong, Columbia; poultry youth essay--Linda Gail Peterson, Roseboro; public speaking--Phillippa Smith, Dana and Phillip Craine, Marion; safety--Larry Revelle, Ahoskie;

Archery--Kay Freeman, Charlotte and David Barbee, Locust; electric--Kent Stephenson, Mt. Olive; egg cookery--Lisa Smith, Raleigh, and Ann Sharp, Sims; Forestry--Dale Safrit, Salisbury; wildlife--Wanda Marshall, Stokesdale;

Soil and water conservation--Glenda Hinson, Monroe and Gena Poovey and James Reinhardt, both of Newton; sewing--Heidi Ralph, Tuxedo; electric--Sandra Ritter, Robbins;

American business system--Jill Fisher and Jeannie Jenkins, both of Pendleton; beef Char-grill--Clarice Clark, Monroe; fruit and vegetable use--Ann Williamson, Wilson; horse--Wendi Weaver, Charlotte; horticultural--Mary Brown, Mt. Ulla; landscaping--Fran Smith, and Jeannie Brickhouse, both of Columbia; meat animal--Jodi Lynn McDonnal, Monroe; open class--Angela Campbell, Clarkton;

Horticultural judging--Lisa Griffin and Dasha Efird, both of Marshville, and Terry Davis and Rachel Parker, both of Monroe; photography--Ken George, Raleigh; pork cookery--Pat Perry, Edenton; poultry barbeque--Sara Buff, Monroe; small engines--Steve Parker, Four Oaks; and tractor operator--Kenneth McCaskill, West End.

### COUNTRY HICKS AND 4-H SPIRIT

Out-of-State delegates had several observations of their first day at North Carolina 4-H Club Congress. They were all impressed with our great 4-H spirit. They say we are very friendly and have quite a bit of enthusiasm. And they say, "Some of y'all sure do seem like country hicks, anyway."

Those of you who live in the city and urban areas, find our out-of-state guests and talk with them. Let them know that N. C. 4-H'ers "ain't all cows and cooking". Tell everyone what a well-rounded, fully balanced 4-H program we have here in North Carolina.

In the 4-H spirit, we aren't "hicks". Without our farmers and "country folk", and 4-H, North Carolina would not be as industrious as it is today.

Carol Simpson  
Durham County

## DO IT YOURSELF FOOD

Since the cafeteria and food service is not in operation for us this year, 4-H'ers and agents have been responsible for finding their own meals. If you ride down the road about five o'clock you can notice that the parking lots of restaurants and hamburger conveniences are swamped with cars, and dotted with buses from Haywood, Tyrrell, and Forsyth counties, just to mention a few.

But Rowan County's two adult leaders who are attending Club Congress this week, Mrs. Rose Holshoulser, and Mrs. Neil Brown are doing something for the Rowan County delegates which is good and very delicious. These two ladies fix and set up a picnic meal three times daily. Have you ever been to a picnic breakfast?

The two ladies realized how expensive eating out every day would be. So the two put their heads together and planned everything out. The "chefs" asked the parents of the kids for garden donations, such as tomatoes, cucumbers, cantalopes, and every 4-H'er to pay five dollars to cover food expenses.

Mrs. Holshoulser and Mrs. Brown "rise and shine" early every morning and start preparing breakfast. With the help of a gas camper stove the ladies can prepare anything from bacon and eggs for breakfast to corn on the cob for supper.

The Rowan County group set up their picnic area right outside the Bragaw Dorm under the trees, being sure to keep it clean.

On behalf of the Rowan County 4-H'ers they would like to commend these two wonderful ladies on their hard and dedicated work.

Millicent Kerr  
Rowan County

## Thoughts from the 1973-74 Officers (con't.)

Dee McNamara, Reporter--I believe in you the 4-H'ers of North Carolina. You'll never know the great influence you have played in my year as State Reporter.

This 1974 4-H State Congress will make my most remembered 4-H experience.

Last year as one of my campaign promises, I promised to instigate a State 4-H Newsletter. This has become a reality in "Reach Out", the State 4-H Newsletter. With the help of your other state officers, Mary, David, and Marvin, I have seen this unity-builder really reach out to all 4-H'ers in it's first four issues.

4-H has meant the world to me this year and so have all the 4-H'ers in North Carolina. "Reach-Out" this week and share some of the 4-H love in your heart with others as I would like to do with each of you this year.

Marvin Watts, Secretary-Treasurer--I would like to take this space to thank you all for supporting me as a state officer this year. The chance to serve you is the greatest honor ever given me.

In turn, I hope that you will support the incoming state officers. Thank you.

## IT SURE SMELLED GOOD

A new demonstration has been added this year to the ever growing list. It is Beef Char-Grill. Any 4-H member is eligible to participate in this demonstration. Any cut of beef can be used, cooked using any outdoor recipe. For example, in yesterdays demonstration there were shish kabobs, hamburger patties, and steak served with delicious sauces. It must be cooked within a two hour time limit.

Mary Rhyne  
Stokes County