

AGRICULTURAL EXTENSION SERVICE

STATE OF NORTH CAROLINA

1941

Name of Project: ANNUAL REPORT, HOME DEMONSTRATION WORK

Covering Work Done By: State Home Demonstration Agent and Staff

Percentage of Time Devoted to Project: Full time

State Home Demonstration Agent

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1941

ANNUAL NARRATIVE REPORT OF HOME DEMONSTRATION WORK IN NORTH CAROLINA

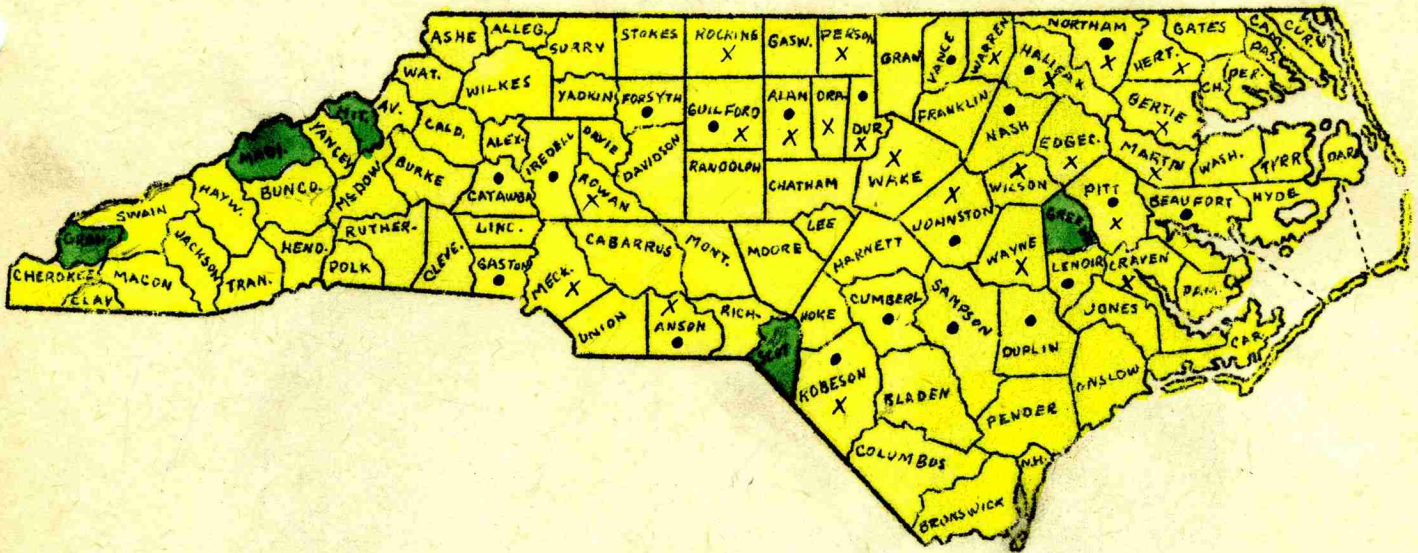
Ruth Current  
State Home Demonstration Agent

INTRODUCTION

One can hardly realize what home demonstration work is doing for farm people until the end of each year when the home demonstration agents' annual reports come in filled full of facts, figures, and results; readable stories on improved family health, how old clothes have been restored; furniture refinished; family income budgeted; kitchen and living rooms, walls and floors improved at little cost; better balanced and better prepared meals served; more home gardens, cows, orchards reported: all these making for happier and more satisfied rural family living.

More than ever we can see unified family effort from these reports and this is an objective we, as a State and field staff, have worked toward for a long, long time. More joint meetings of men and women, boys and girls have been held such as joint Achievement Day programs and Federation Meetings, when not only results of women's work but results of the whole Extension program were reported. Programs for 4-H Short Course have been designed for joint classes and the same is true of our annual Farm and Home Week.

Progress is natural when programs are designed for the whole family rather than for individuals because it fosters a fine type of cooperation and correlation of programs between farm and home agents, farm and home specialists, farm and home district agents, state leaders, and farm men and women.



ORGANIZATION

- 95 Counties organized with white home agent
- 20 Counties having white assistant home agent
- X 23 Counties having a Negro home agent
- 5 Counties having no home demonstration agent

Aim of Home Demonstration Work

"The fundamental aim of Home Demonstration Club Work is the development of rural family life in attaining a higher plane of profit, comfort, culture, influence, and power through a continuing program of education. It contributes towards self realization, economic efficiency, assumption of civic responsibility, and desirable human relationships."

Objective

We have tried to keep before us the following national objectives of Home Demonstration Club Work:

1. To develop desirable standards for home and community living.
2. To understand and appreciate the function and the relationship of the home in the social order.
3. To obtain and manage an income, both money and non-money, which will contribute to better living.
4. To plan and manage both productive and leisure time to the end that energies and resources may best be conserved and utilized and the maximum of satisfaction be gained.
5. To promote and maintain health.
6. To discover, develop, and utilize leadership, especially among rural women and girls.
7. To make such personal and family adjustments as are essential for individual and family security.
8. To develop civic consciousness and willingness to assume responsibility in contributing to the public welfare.
9. To utilize the results of scientific research in relation to rural home and family life.
10. To discover and utilize the opportunities and satisfaction which may be derived from rural family life.

No requested material is mailed from the State Agent's office without an enclosure sheet on which are written the Aims and Objectives of Home Demonstration Club Work.

Clubs and Membership

Ninety-five of the 100 counties in North Carolina employed a home demonstration agent in 1941 and 20 of these counties also employed an assistant home agent whose time is mainly spent in directing the 4-H program in the county.

In addition to these agents, there were 23 Negro home agents in as many counties.

Through monthly club meetings, 76,819 rural women and girls were reached by 138 home agents and there were 16,012 other than farm homes in which changes in practices have definitely resulted from the home demonstration program in North Carolina.

Number of home demonstration clubs - white.....	1,370
Membership in these clubs.....	35,133
Number 4-H Clubs - white.....	1,169
Membership in these clubs:	
Girls.....	24,135
Boys.....	15,270
Total.....	39,405
Number of Service Clubs - white.....	61
Membership in these clubs:	
Girls.....	1,137
Boys.....	855
Total.....	1,992
Number home demonstration clubs - Negro.....	290
Membership in these clubs.....	7,409
Number 4-H Clubs - Negro.....	417
Membership in these clubs:	
Girls.....	8,530
Boys.....	6,172
Total.....	14,702
Number of Service Clubs - Negro.....	42
Membership in these clubs:	
Girls.....	475
Boys.....	409
Total.....	884
<b><u>GRAND TOTALS:</u></b>	
Number women served by home agents.....	42,542
Number girls served by home agents.....	34,277
Number women and girls served by home agents...	76,819

Territory Covered

Only 6 counties (Columbus County withdrew the appropriation late in the year) remain "blacked out" so far as home demonstration club work in North Carolina is concerned. The map on page 2 shows the stretch of organized counties from the Atlantic Ocean to the Great Smoky Mountains, a distance of 609 miles. They embrace the Tidewater, Coastal Plain, Central, Piedmont, and Mountain sections of the State which means a wide variation in soil and climate. But our problems pertaining to farm, home, family, and community are much the same the State over.

We are looking forward to the day when all of the 100 counties will be organized in home demonstration club work and the number of assistant agents and Negro home agents is doubled. Three counties this year have paid the entire salary of the assistant home agent which is proof that home demonstration work is recognized as valuable and important. I believe, in some counties in the near future, there will be more than two home agents to serve the county.

The Home Demonstration Agent

People who know the heavy schedule and many calls upon a home demonstration agent sympathize with her and admire her. Of course, the work is hard but worthwhile jobs are not easy and after all it is inspiring work.

Her Plan of Work for Women:

(1) Clubs are organized in every township in the county, if possible. Sometimes in large townships two or more clubs are organized. Home agents have from 14 to 23 women's clubs.



(2) The home agent meets organized clubs once each month and gives demonstration in major or minor project, following the month by month plan of work as approved by the Home Demonstration County Council. Home demonstration club women have a copy of the plan of work in the Year Book.

(3) The County Council of Home Demonstration Clubs is composed of officers of local clubs. The members with the aid of the home agent plan the county's program of work based on individual home and community needs.

(4) The home agent cooperates with the farm agent in joint projects such as community projects, farm-home demonstrations, and 4-H Club Work.

(5) The home agent reports in person each month to the County Board of Commissioners, composed of from three to five men who manage all county affairs. This Board appropriates funds for home demonstration work. The State Extension Service supplements the county's appropriation to maintain the office in the county.

(6) The home agent cooperates at all times and when her work permits, with county offices of Welfare, Health, Vocational Education, Rural Resettlement, Farm Security, Education, and any emergency organization working in the county.

#### Her Plan of Work for Girls:

Four-H Clubs are organized in the schools and in the communities. Home agents have an average of 10 to 14 clubs of girls meeting monthly. These girls also meet monthly in joint clubs with 4-H boys when demonstrations are given that will be of interest to both boys and girls.

Every girl carries one or more projects supervised by the home agent and local leader.

For example: In Halifax County the month by month plan of work for 1941 included a meeting for the girls' project work and one for joint project work with the boys. The major project for girls is Clothing.

- |                        |  |
|------------------------|--|
| <u>January</u>         | Joint - Home Beautification<br>Girls - Quilt Square or Pot Holder                                      |
| <u>February</u>        | Joint - Health<br>Girls - Health Elimination Contests  |
| <u>March</u>           | Joint - Camp Life<br>Girls - Cup Towel   |
| <u>April</u>           | Joint - Short Course<br>Girls - Use of Sewing Machine  |
| <u>May</u>             | Joint - Everyday Courtesies<br>Girls - Peasant Apron   |
| <u>June</u>            | Individual project work; canning; contests;<br>preparation for short courses.                          |
| <u>July</u>            | Individual project work; canning; checking<br>girls' records; preparation for camp.                    |
| <u>August</u>          | Camp activities; check girls' canning accomplish-<br>ments, and visit individual projects.             |
| <u>September</u>       | Reorganization<br>Girls - Work with individual contestants,<br>canning contests, preparation for fairs |
| <u>October</u>         | To be planned in fall of 1941 after reorganization   |
| <u>November - 1940</u> | Joint: Study Unit<br>Girls: Sewing tools   |
| <u>December - 1940</u> | Joint: Christmas Suggestions<br>Girls: Christmas program   |

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

State College Station, Raleigh, N. C.

Smithfield, N. C.  
September 22, 1941

COPY

Miss Ruth Current  
State Home Demonstration Agent  
State College Station  
Raleigh, North Carolina

My dear Miss Current:

I am enclosing the questionnaire which you sent and I thought perhaps you might be interested in the method we are using. We are putting the Red Cross Sewing Work in the hands of our clothing leaders. They have also assisted in the mattress project, but now that it is working systematically under a schedule, we have asked them to collect Red Cross garments that have been made and bring them to our office or the Red Cross Sewing Room.

At each club meeting last spring I carried enough garments to be made so that each person present could have one. These were given out at the meeting and any left over were given to the clothing leader. Everyone who took garments promised to return them to her. If she was not present I took them to her. The first report that came out from the Red Cross headquarters here showed that about three-fourths of all the sewing done had been done by our club women. However, I have not seen the report lately. We have distributed in this way one hundred and sixty (160) garments to be made and most of them have been returned, with the exception of those from Archer Lodge and they were late in getting them.

While most of the basic material was furnished by the Red Cross, trimmings, buttons, etc., have been furnished by the club women themselves. We have no report on the donations nor membership of the Red Cross in our organization other than this. Although, there are many who habitually do join.

We have no school lunch work started yet. The schools have just opened this week and they have not yet decided what is to be done about this. I have given the Red Cross chairman a list of my clothing leaders, and as soon as they get through the rush of grading tobacco and picking cotton, they will be ready for new assignments through our whole county.

In regard to the collection of old aluminum, which was not mentioned in the questionnaire, we collected this through some of the clubs. However, as most of them were having picnics that month we wrote on the cards for them to take their old aluminum. The home agent collected quite a lot for the county drive in this way. Especially was this true where there were no Boy Scouts to collect it. At Blackman's Grove, for instance, there are no Boy Scouts. So one of my club women who lives right at the corner of the community at the cross roads, volunteered to collect for us and send it in. I do not believe there would have been much work outside of town, either Red Cross or aluminum collecting, if it had not been for our Home Demonstration Clubs. Our women appear to be willing and anxious to do their part, but of course now is a very busy time.

As soon as a permanent Red Cross chairman for this county was appointed I asked her to be present at our next County Council meeting. She went and gave a report of the Red Cross work and told us what they wanted us to do in this Red Cross drive.

There is another agency, too, in this town for which we have been working. This is the Salvation Army. We have never had a Salvation Army Home here before and they have rented a nice little house in town. We asked their representative to come to our County Council meeting and tell us about their needs, etc. They secured cotton and ticking and our club women made a couple of mattresses for them. We also got donations of supplies, canned goods, vegetables, clothing, etc., but we do not know just how much as it was taken directly to the home. I had a note of thanks from Mrs. Brewer who is in charge of the Salvation Army Home here. As a local organization the women have been quite interested in this. This, together with our 4-H Scholarship Fund, is the main part of our voluntary charity work. We always respond when asked for help.

Very sincerely yours,

Rachel Everett  
Home Demonstration Agent

RE:mcn

enc.

Copies to:  
Mr. John W. Goodman  
Mrs. Estelle T. Smith

UNITED STATES DEPARTMENT OF AGRICULTURE  
AGRICULTURAL ADJUSTMENT ADMINISTRATION

Wadesboro, North Carolina  
September 12, 1941

How War Maneuvers Will Effect Anson County Farmers

War Maneuvers will begin in this area October 3. Soldiers are already beginning to move into Anson County and during October and November, we will have many thousands of soldiers scattered through this territory.

While we regret that it is necessary to have war maneuvers, the world conflict that is going on at this time makes it very essential that maneuvers be held as a part of the National Defense Program, in order that our boys be well trained for the protection of our nation.

We are sure that every Anson County farm family will continue to cooperate whole-heartedly with the program. The soldiers are our boys, maybe our sons or friends, boys from some of the best homes in America. They will appreciate every kindness and courtesy we may be able to show them.

Many mothers, fathers, and friends of the boys will very likely come to the area while the maneuvers are in progress. They will also appreciate courtesies extended to them.

From time to time rooms and meals at reasonable prices not only in towns but in rural sections may be needed. Rural people who are in a position to furnish these should list same at once.

There will be a big demand for eggs, poultry, meats and other food products by the local merchants and eating places. The rural stores will likely have a big demand for eats and refreshments as the boys come through. Farmers who can supply these will find a good market for same.

There may be many inconveniences to endure during the maneuvers. Let's do our part to make the maneuvers a success and the army's visit as pleasant as possible. This will help to advertise Anson County as a hospitable and a good county in which to live. Who knows but what our cooperation may result in many benefits to our county in the years to come. Farmers can be assured if any damages are done to crops or other property, they will be repaid.

It is advisable for all farmers to push the harvesting of crops and the sowing of fall grains as rapidly as possible. Every American Farmer has an important part to play in the National Defense Program by producing plenty of food and feed for themselves and the nation. If our office can assist in any way, don't hesitate to call on us.

Very truly yours,

J. W. Cameron  
County Agent

Mrs. R. A. Redfearn  
Home Demonstration Agent

NARRATIVE REPORT - ANSON COUNTY

WAR MANEUVERS

Since Anson County is in the midst of the Army Maneuvers Area, we have had to do a lot of work in this connection. The Extension Office is a source of real information for land to be used for camps, for contacts with farmers, for rooming facilities, for recreation centers for telephone calls, and a thousand other major and minor details.

The advance units moved in by September 10-15 and proved to be very fine young men. The people of the county have received them with many friendly courtesies and from all reports they have been wonderfully improved by this "Southern hospitality."

We have recreation centers established in many sections of the county, and the boys are really enjoying them. We have met with them at several of the centers for special recreation features and find them appreciative of everything. We don't have any trouble getting them to sing. They really love music and we sing a lot of our 4-H club songs and other Southern songs with them and they make the air ring with melody.

At Bethel one of our club women is the hostess and she has had no trouble with disorderly conduct so far.

The Polkton Club held a "Chicken Fry" in honor of the local school faculty and asked the Home Agents to invite a group of soldiers as special guests. The officer in command sent some very nice boys and they entertained the group with stories, slight of hand magic and music. At the churches in Wadesboro now, the boys are singing in the choir and sometimes give special musical entertainment in the churches. On Sundays a register is kept, and places provided for writing and mailing letters.

The main movement of troupes is taking place now and we are told we will have around 90,000 in this area. The Military Police are making it possible to keep our schools open, and traffic, although heavy, has been very orderly so far.

It is hard to keep the people on the farms at work picking cotton, etc. when a convoy passes for everyone stops to look, and the huge "Blimps" caused a lot of excitement at first.

AGRICULTURAL COUNCIL

The Agricultural Council met with full attendance on September 22. Mr. Flake Shaw was present to discuss the Farm Bureau organization and a Bureau was organized with a fine representative group of members. The Triple A program was discussed and also the Food Program.

A round table census was taken of the estimated amount of increase in food crops that could be made in Anson County. It was the general impression of the groups that several thousand acres, as well as numbers of fowls, eggs, and gallons of milk could be increased in food products another year.

Problems concerning the farmers and farm homes in connection with Army Maneuvers were brought up, and each member agreed to try to keep informed on all these things so as to keep up the morale of the people, and to urge all our citizens to be patient under trying conditions; to push fall farm work as fast as possible and to render service in any way called upon.

We hope the Army personnel will go away saying that Anson County people are cordial, sympathetic and that this spot of our country is a good place in which to live.

County Federation Meeting

Two hundred Halifax County home demonstration club members and friends attended the county summer Federation meeting of Home Demonstration clubs at Eden Church in the Hardrawee Community.

The subject for the day was "The Rural Church and the Cooperative Extension Program" ably presented by the Reverend Albert E. Simms, Pastor of the Willcox Memorial Field of Baptist Churches in Halifax County.

Three minute discussions were given by representatives from thirty-one rural churches in the county. As these representatives discussed the "Past, Present and Future Improvements of My Church" pictures of the church and cemetery were shown on a screen, and this created more interest in the discussions.

Visitors to this meeting were many, and it was interesting to note that among this group there were fourteen who had never attended a Home Demonstration Federation meeting; also that there were twenty-five who seldom attend.

Three ministers of rural churches in the county took part on the program-- the Reverend C. E. Crawford, the Reverend W. F. Elliott, and the Reverend Albert E. Simms, The Reverend Mr. Simms being the principal speaker.

The audience entered into the singing of the old familiar hymns, "The Church's One Foundation," "I Love Thy Kingdom, Lord," "Rock of Ages," and "Blest Be the Tie That Binds."

Others on the program were Mrs. N. B. Whitley, president of the Hardrawee Club, hosts to the Federation, and Miss Minnie Burt of Eden Church, extending hearty welcomes to the Federation from the community and the church. Mrs. A. M. Shearin responded for the Federation to these welcomes. Mrs. Richard Lewis gave the report of the courtesy committee.

The Federation accepted Mrs. R. C. Bachelor's invitation to meet with her club in the Roseneath Community for the November Federation meeting.

Lunch was served buffet style in the "hut" on the church grounds by the hostess club.



Organization

Awards for Adults

Awards of Merit are presented to club women at the completion of major projects and after meeting the specialist's requirements. This is a little recognition for good work well done in Foods and Nutrition, Clothing, Home Management, House Furnishings, Home Improvement, Home Beautification, and the Library project.

This year 784 awards were presented: 150 of these were in Foods and Nutrition; 26 were in House Furnishings; 23 were for Home Improvement; 3 were in Home Management; 89 were in Clothing; 25 were in Home Beautification; and 468 were the Book Review Certificates in the Library Project.

Members of the staff feel that this is an incentive to the women to do better work, more complete and a higher standard of work. The presentation of the award is made usually on Achievement Day.

County Federation of Home Demonstration Clubs

The County Federation, composed of all home demonstration clubs in a county, meets twice a year - in the Spring and in the Fall. In 1941, there were 91 County Federations of Home Demonstration Clubs in North Carolina for white and 20 for Negroes.

District Federations of Home Demonstration Clubs

The State is divided into 16 Federation districts. One meeting is held every year in every district, usually in the early spring. From three to seven counties compose a district and officers are elected from these counties by the rotation system.

NORTH CAROLINA STATE COLLEGE AGRICULTURE AND ENGINEERING

AGRICULTURAL EXTENSION SERVICE  
HOME DEMONSTRATION WORK

**AWARD OF MERIT**

*This is to Certify that*

Name..... of ..... Club

in..... County

*has satisfactorily completed the required work*

*in*.....

.....  
*Specialist.*

.....  
*County Home Demonstration Agent.*

.....  
*State Home Demonstration Agent.*

Date.....

Sample Copy

# BOOK REVIEW CERTIFICATE

This Certifies that ..... Mrs. P. H. Guerrant ..... has read, and reviewed before her Home Demonstration Club three books from a suggested list compiled by the North Carolina Library Commission.

.....  
*County Home Demonstration Agent.*

*Marjorie Beal*  
.....  
*Secretary and Director of the  
North Carolina Library Commission.*

Date .....

*Peter Current*  
.....  
*State Home Demonstration Agent.*

**NORTH CAROLINA  
FOOD AND FEED  
FOR  
FAMILY LIVING**

This is to certify that

\_\_\_\_\_ of \_\_\_\_\_ County, N. C.,  
have in the year 1941 distinguished themselves in furthering the cause of Better Farm Living in North Carolina  
by producing on the farm and conserving for home use at least seventy-five per cent of their food and feed requirements.

In testimony hereof:



Governor of North Carolina.

Organization

The annual meeting of the district is held in one of the counties within the district by invitation and every county looks forward to acting as hostess at some time.

A gavel is usually presented to the county bringing the largest number of women to the meeting. It is not unusual for women to travel from 75 to 100 miles to this meeting. A picnic lunch is spread, the hostess county often providing a salad, drink, and dessert.

The county and city officials have a part on the program. Reports of accomplishments and achievements are given by each county and usually there is a guest speaker. Sometimes recreation is planned for the afternoon program.

I consider district meetings about the best and most worth while meetings held during the year. They give strength to an organization, create goodwill, and develop a greater appreciation for the work.

It is not an uncommon thing to have anywhere from 300 to 2,000 in attendance. When progress reports are read from each county they are listened to and frequently questions arise and are discussed on some project accomplishment.

The N. C. (State) Federation of Home Demonstration Clubs

County Federations come together in the State Federation of Home Demonstration Clubs which holds its annual meeting on Thursday of Farm and Home Week, at the State College of Agriculture and Engineering, Raleigh. This meeting is open to all home demonstration club women and visitors who wish to attend, but each county sends a voting delegate - as many voting delegates as it has home demonstration clubs. The voting delegates are tagged in some distinguishing way.

Organization

Reports By District Are Given: Reports are made by the 16 District Chairmen, each telling what has been accomplished during the year in all counties of her district. Sometimes these reports are read with a quivering voice, sometimes in a strong clear voice; sometimes in the form of a skit or poem. The club women spend time and thought in preparing their reports so as to be a credit to their counties.

New business of the Federation is taken up at this annual meeting; recommendations are made to the State Office of Home Demonstration Work.

Always an outstanding speaker is secured for the morning program; a lovely luncheon follows for guests of Farm and Home Week, delegates, and Federation officers. Late in the afternoon a garden party on the lawn is given/for all in attendance at Farm and Home Week.

Affiliations: The North Carolina Federation of Home Demonstration Clubs is affiliated with the State Federation of Women's Clubs and sends 16 delegates to the annual meeting of that organization.

It also is affiliated with The National Council of Home Demonstration Clubs and the Associated Country Women of the World. Five delegates attended the annual meeting of the Liason Committee of the U. S. Associated Country Women of the World in Nashville, Tennessee, which was followed by the annual meeting of the National Home Demonstration Council with 529 women in attendance from 23 states.

The Jane S. McKimmon Loan Fund: The outstanding work of The North Carolina Federation of Home Demonstration Clubs is the Jane

S. McKimmon Loan Fund, now valued at \$14,981.76. Forty-eight girls have been assisted since the fund was established in December 1927. Seventeen girls have repaid their loans; fifteen girls are now in college; eight girls finished college in 1941 and six new loans were granted for the fall of 1941.

The Loan Fund was the inspiration for the establishing of the I. O. Schaub Loan Fund in 1938 by the Farm Agents Association and the Blair-McAllister Loan Fund in 1940 by the N. C. Association of Superintendents of Public Welfare. Miss Mary Robinson, president of the last named association, says: "Since you people have your loan fund working so successfully I do not think we could do better than to follow your methods as far as possible."

Staff Conferences

Monthly Home Demonstration Staff: Monthly conferences of the State Home Demonstration Staff were held in the office of the State Home Demonstration Agent.

At these monthly conferences reports on field work were given by specialists and district agents, reports that were of mutual interest and concern of all. District Agents and Specialists talked over together many of their problems. State-wide programs for home demonstration work were planned and discussed.

Also, the Staff members learn and keep in touch with the work of the organization in its entirety through these conferences.

Monthly Joint Conference of Extension Staff; Joint meetings of the agricultural and home demonstration Extension Staff were held every month with the Assistant Director of Extension presiding. These joint meetings did much to cement the goodwill of our workers.

The Director of Extension attended these meetings when he found it possible to do so.

From time to time outside speakers were invited to discuss subjects of concern to both men and women.

Plans for developing the program of work for the year were made at joint conference.



PERSONNEL

The home demonstration office staff for North Carolina consists of the following:

White

- Assistant Director of Extension.....Dr. Jane S. McKimmon
- State Home Demonstration Agent.....Ruth Current
- Assistant to the State Home Agent.....Mrs. Estelle T. Smith
- Assistant State 4-H Club Leader.....Frances MacGregor
- Northeastern District Agent.....Pauline Smith
- Southeastern District Agent.....Verna K. Stanton
- Northwestern District Agent.....Anamerle Arant
- Southwestern District Agent.....Mrs. Esther G. Willis
- Western District Agent.....Anna C. Rowe
- Extension Economist in Food Conservation and Marketing.....Mrs. Cornelia C. Morris
- Asst. Extension Economist in Food Conservation and Marketing.....Ruby T. Scholz
- Extension Nutritionist.....Mary E. Thomas
- Asst. Extension Nutritionist;.....Sallie Brooks
- Extension Specialist in Clothing.....Willie N. Hunter
- Asst. Extension Specialist in Clothing..Julia McIver
- Extension Specialist in Home Management and House Furnishings.....Pauline E. Gordon
- Asst. Extension Specialist in Home Management and House Furnishings.....Mamie N. Whisnant
- Home Demonstration Agent at Large.....Rose Ellwood Bryan

Negro

- Negro District Home Agent.....Mrs. Dazelle F. Lowe
- Negro Subject Matter Specialist.....Wilhelmina R. Laws

PERSONNEL

Changes in Personnel

More than ever before there were transfers and resignations and changes in personnel among the home agents. Desire to change position, appropriations by new counties for home agents and assistant home agents, and marriage would answer the question, "Why were there so many changes this year?" Following is an explanation of each change by county:

**State Office Staff:** On December 1, the Southeastern District Home Agent,

Mrs. Estelle T. Smith, was made assistant to the State Agent.

Effective the same date was the transfer of Verna K. Stanton from the position of home agent in Durham County to Southeastern District Home Agent to succeed Mrs. Smith.

On July 1, Ruby T. Scholz was appointed Assistant Extension Economist in Food Conservation and Marketing, a newly created position on the State staff.

**Alamance County:** The assistant home agent was transferred from Alamance to serve as home agent in Person County on November 17. Mildred Marshbanks succeeded her as assistant in Alamance.

The Negro home agent, Mrs. Carrie S. Wilson, was granted a year's leave of absence for study and Ruby W. Thomas was appointed to substitute for her during that time.

**Alleghany County:** On November 1, Margaret Lawhorne was appointed home agent.

**Anson County:** Doloris Hunsucker succeeded Mrs. Frances Wimberly Rayburn as assistant home agent on May 16.

**Ashe County:** On October 1, Mrs. Gorda C. Boney was appointed home agent.

Personnel

**Bertie County:** On May 1, Mrs. Eloise B. Perry resigned. Irene James served as Acting Agent from June 3 to August 15, on which date Clara Robertson assumed duties as home agent.

**Brunswick County:** On July 1, Genevieve Eakes succeeded Mrs. Marion S. Dasher as home agent in Brunswick.

**Buncombe County:** On June 1, Mrs. Mamie Sue Evans was transferred from Jackson County to serve as Buncombe home agent.

**Carteret County:** Evelyn Horne was transferred to Carteret County on December 1 to replace Margaret E. Clark who was elected home agent by the Sampson County Board.

**Caswell County:** Maude Searcy was transferred to Harnett County on the insistent request of that county and Margaret Montgomery was appointed to replace her as agent in Caswell County on the same date.

**Catawba County:** Wylie Knox became Catawba's first assistant home agent on July 1, 1941.

**Clay County:** On November 17, Velma Bean was transferred from Person as home agent to serve as T. V. A. assistant home agent in Clary County.

**Columbus County:** Hattie Pearl Mallard served Columbus County as home agent from July 15 through October 10.

**Cumberland County:** On March 10, Mrs. Rubye Gossett was appointed assistant home agent and served until July 1. Evelyn Horne was appointed to succeed her on July 14 and served until her transfer to Carteret County on December 1, on which date Mrs. Gossett was reappointed assistant home agent in Cumberland.

**Duplin County:** Marie Dawson was transferred to Duplin County as home agent on July 15 to succeed Hattie Pearl Mallard. Norma Lee

Tyndall was appointed July 1 as Duplin's first assistant home agent.

Durham County: December 1, Verna K. Stanton was brought into the State Office as district agent and was succeeded as home agent in Durham County by Lorna Langley.

Forsyth: Alice Falls was appointed assistant home agent in Forsyth County on July 21, the first agent to serve in this capacity in the county.

Gaston County: Elizabeth Randle became Gaston's first assistant home agent on June 16.

Guilford County: February 1, Mrs. Rachel Stone Harris went into Guilford to substitute as home agent for Miss Addie Houston who was out because of sickness. On June 1, Mrs. Harris resigned and was succeeded by Louise Homewood who served as Acting Assistant Home Agent until September 1. Miss Houston returned to her duties on August 1.

The assistant home agent, Lorraine Bowden, was transferred to Rowan County as home agent on October 1, on which date Nell Kennett became assistant home agent in Guilford County.

Harnett County: On January 9, Maude Searcy was transferred to Harnett to serve as home agent upon request of the Board of County Commissioners there.

Henderson County: On August 4, Ruth H. Dicks was appointed home agent.

Halifax County: On October 10, Ruth V. Whitworth was appointed Negro home agent.

Hyde County: On September 1, Iberia Roach was transferred to Hyde to assume duties as home agent. She had been serving as assistant in Nash County.

Personnel

Iredell County: Elizabeth Francis became Iredell County's first assistant home agent on July 1.

Jackson County: On August 1, Margaret Martin assumed duties as home agent. Mrs. Camille Kiser served temporarily from June 16 through July 31.

Lenoir County: On July 15, Marguerite Vause was appointed assistant home agent in Lenoir to succeed Marie Dawson who was transferred to Duplin as home agent.

Nash County: Katie Niblock assumed duties as assistant home agent on September 1 to succeed Iberia Roach who was transferred to Hyde County as home agent.

Northampton County: On August 15, Annie E. Harris succeeded Clara Robertson as assistant home agent.

Pamlico County: Bette Cooper Davis resigned as home agent in Pamlico County on May 31 and was succeeded on June 1 by Doris Shuler.

Orange County: On July 1, Ruby Crews was appointed Negro home agent.

Person County: Grace Lee Allen accepted the position of home agent in Person County on November 17 when Velma Beam was transferred to the T. V. A. position in Clay County.

Pitt County: Ethel Nice resigned on January 31 to accept work nearer her home. Verona Lee Joyner succeeded her on March 24 and on September 1, Edna Kirby was appointed Pitt's first assistant home agent.

On November 1, Amelia Stanford assumed the duties of Negro home agent - the first to serve Pitt County.

Robeson County: On July 1, Margaret Cromartie became Robeson County's first assistant home agent.

Personnel

Rowan County: Lorraine Bowden assumed duties as home agent in Rowan on October 1 when Nell Kennett was transferred to replace her in Guilford County as assistant home agent in order to be nearer her invalid mother.

Sampson County: On July 1, Dorothy Banks became Sampson County's first assistant home agent. On December 1, Margaret E. Clark was transferred from Carteret to Sampson to succeed Lorna Langley as home agent.

*new*

Stokes County: June 30 Mrs. Lila Pierce resigned and was succeeded by Pauline Craft as home agent.

Transylvania County: On July 8, Annabel Teague assumed duties as home agent.

*new ev.*

Wayne County: On September 16, Mrs. Lillian A. Woodhouse returned to Extension Work to serve as Negro home agent in Wayne County.

Yancey County: On October 20, Dorothy Turner assumed duties as home agent.

*The* **FARM** *and* **HOME**  
**IN NATIONAL**  
**DEFENSE**



THE **38<sup>th</sup>** ANNUAL

**FARM** *and* **HOME WEEK**

**NORTH CAROLINA STATE COLLEGE**

**RALEIGH**

**AUGUST 4-8, 1941**

# EXHIBITS

## Tompkins Hall

Be sure to see the following interesting exhibits. Exhibit rooms will be open on Monday from 2:00 to 5:00 P.M. and on Tuesday, Wednesday, Thursday and Friday from 12:00 to 5:00 P.M.

Canned Products.

Canning Equipment and Supplies.

Handicrafts.

Clothing—wardrobes for different income levels.

Home Management and House Furnishings—units for different income levels.



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Exhibits (inside back cover)	
Special Programs:	
Annual Convention of North Carolina Ginners' Association, Inc., Thursday and Friday, August 7 and 8. Headquarters, Carolina Hotel, Raleigh. Everyone attending the Ginners' Convention is cordially invited to attend as many sessions of Farm and Home Week as possible.	
Annual Meeting of Federation of Home Demonstration Clubs .....	30
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### DAILY SCHEDULE

6:15	Rising Whistle
6:45	Breakfast—College Cafeteria
7:30- 8:00	Pictures in Y. M. C. A.
*8:00- 9:30	Program for Men and Women—Pullen Hall
9:30-10:00	Intermission
x10:00-12:00	Separate Meetings of Men and Women
12:00- 2:00	Dinner—College Cafeteria.
2:00- 5:00	Tours and Special Meetings
5:30	Supper—College Cafeteria
6:30-10:00	Evening Program — Riddick Stadium (Pullen Hall in case of rain)

\*Every day except Thursday.

See Thursday Program—Men, page 25; Women, page 30.

xMeeting places listed in daily program.

## INFORMATION

**Registration**—Those who wish to register in advance may do so by sending \$1.00 per person for room rent to Mrs. Nelle M. Meacham or Dan M. Paul, State College Station, Raleigh. Those who do not register in advance may register any time after 9 A. M. Monday, Aug. 4, 1941, as follows:

All single women and women who attend without their husbands will register and secure a program in the Y. M. C. A. lobby. Mrs. Nelle M. Meacham will be in charge.

Men, and couples, will register and secure a program at Pullen Hall. Mrs. Kingham Scott will be in charge.

**Rooms**—Those desiring to room in the dormitories at State College or at Meredith College will pay \$1.00 per person when registering.

**Meals**—The College Cafeteria will be open at 6:45 A. M., 12:00 noon, and 5:30 P. M. for the convenience of those attending the convention.

**Information Desk**—Visitors may inquire at the information desk in the lobby of the Y. M. C. A. for mail and general information regarding the program. Lost and found articles should be reported there.

**Infirmary**—The College Infirmary will be open the entire week. Two nurses will be on duty and will be glad to serve you. Please do not stay in your room if you are sick.

**Swimming Pool**—The Swimming Pool, in the Gymnasium, will be open each afternoon from 2 to 6 P. M. A life guard will be there while the pool is open. You are invited to avail yourself of the pool.

**Evening Program**—In case of rain, the evening programs will be held in Pullen Hall instead of Riddick Stadium.

**FARM AND HOME WEEK  
PERSONALITIES**



**MRS. GODWIN**  
President, N. C. Federation  
of Home Demonstration  
Clubs



**MR. LYERLY**  
President, State  
Farmers' Convention



**MISS CURRENT**  
State Home Agent



**DR. SCHAUB**  
Director of Extension



**MR. GOODMAN**  
Assistant Director of  
Extension



**MR. PAUL**  
Secretary-Treasurer,  
Farm and Home Week



**MR. JETER**  
Publicity Director,  
Farm and Home Week

**MONDAY, AUGUST 4, 1941**  
**Program for Men and Women**

9:00 A. M. Registration.

Those not registering in advance may register any time after 9:00 A. M. Monday, August 4, 1941, as follows:  
Single women and women who attend without their husbands—Y. M. C. A.  
Men and couples—Pullen Hall.

10:00 A. M. to 5:00 P. M. North Carolina Record of Performance Association Meeting.  
Room 210, Ricks Hall.

P. M.

2:00- 5:00 Demonstrations in Weaving — Mrs. Anna Lea Harris, home demonstration agent, Richmond County, N. C. Mrs. Irma P. Wallace, Handicraft Specialist, Farm Security Administration.  
Exhibit Room, Tompkins Hall.

2:00- 5:00 Exhibits.  
Tompkins Hall.

**Monday Evening Program**

**RIDDICK STADIUM**

(Pullen Hall in case of rain)

P. M.

6:30 Music. Don Ellington's Orchestra.

7:00 Group Singing. Jack F. Criswell, Leader.

7:30 Opening Exercises. Dr. I. O. Schaub, Dean, School of Agriculture, Presiding.

Invocation—Rev. D. D. Traynham, Pastor, Garner Methodist Church.

Greetings—Dr. John W. Harrelson, Dean of Administration, State College.

Greetings—Hon. W. Kerr Scott, Commissioner of Agriculture.

Greetings—Mrs. Annie Godwin, President, North Carolina Federation of Home Demonstration Clubs.

Greetings—W. L. Lylerly, President, State Farmers' Convention.

Greetings—Dr. Jane S. McKimmon, Assistant Director of Extension, State College.

Greetings—Miss Ruth Current, State Home Demonstration Agent.

8:30 Recreation, Riddick Field.

9:30 Adjourn.

*"To live our democracy from day to day is one of the best ways to defend it."*—Readers Digest.

*"If religion fades, freedom and democracy wither."*  
—Anonymous.

*"The defense of liberty does not lie in negatives, but in positives."*—Professor Charles E. Merriam.

*"Liberty and union, now and forever, one and inseparable."*—Daniel Webster.

**TUESDAY, AUGUST 5, 1941**  
**Program for Men and Women**

**Y. M. C. A.**

**A. M.**

7:30- 8:00 Pictures of Homes and Fields in Natural Colors—R. W. Shoffner, Extension Economist, Farm Management.

**PULLEN HALL**

W. L. Lyerly and Mrs. Annie Godwin, Presiding

8:00- 9:00 Address—The Place of the Federal Bureau of Investigations In National Defense — Edward Scheidt, Special Agent in Charge, Charlotte, North Carolina.

9:30-10:00 Intermission.

**Poultry—Pullen Hall**

C. F. Parrish, Presiding

10:00-11:00 Discussion of Our Poultry Problems of Today—H. A. Bittenbender, Directing Nutritional Service, The Borden Company, New York City.

11:00-12:00 General discussion of:  
(1) Broiler Raising.  
(2) Turkey Production.  
(3) Poultry Housing.

**Forestry—Armory**

R. W. Graeber, Presiding

10:00-11:30 Open Forum or Round Table Discussion (this is to be a spontaneous discussion with no set speeches.)  
Subjects of vital interest to farmers and timber owners:  
1. Forest regulation—What is it? Is it needed? Could it be applied in North Carolina?  
2. Should Federal cooperation in forest fire protection be tied up with a program of regulation?

3. How can timber owners be brought to a fuller realization of both their opportunity and responsibility in protecting and perpetuating our forest resources?
4. What cutting practices should we follow in developing and maintaining a growing forest?
5. Should we have a forest taxation policy? If so, what should this policy be?

Invitations to join this discussion have been accepted by lumbermen, pulpwood operators, farmers, foresters, and county agents.

11:30-12:00 Address—Forests in Relation to Water Behavior—E. N. Munns, Chief, Division of Forest Influences, U. S. Forest Service.

P. M.

12:00- 2:00 Lunch.

2:00- 4:00 Open Forum or Round Table Discussion. (A continuation of the morning program.)

Adjourn.

## Program for Women

Home Demonstration Staff in Charge

### Clothing

10:00-11:00

Quick Method of Making a Dress—Misses Willie N. Hunter and Julia McIver, Extension Specialists in Clothing, State College, Raleigh. Auditorium, Withers Hall.

Selecting Comfortable Shoes—  
Elmer Cole, Raleigh.  
Room 105, Withers Hall.

11:15-12:15

Foot Health—Dr. W. B. Dowell.  
Room 105, Withers Hall.

Making a Dress Form—Miss Dorothy Newcombe.  
Room 101, Withers Hall.

## **Foods and Nutrition—Health**

10:00-11:00

All Out Effort for North Carolina Tables—  
Miss Sallie Hill, Editor, Home Department,  
Progressive Farmer, Birmingham, Alabama.

Room 3-5, Peele Hall.

11:15-12:15

\*Building Good Health—Dr. Earnest A. Branch,  
Director of Oral Hygiene, State Board of  
Health, Raleigh.

Room 3-5, Peele Hall.

## **Food Conservation and Marketing**

10:00-11:00

Panel Discussion: "How Farm Women Supple-  
ment Income Through Marketing. Led by Mrs.  
Cornelia C. Morris, Extension Economist in  
Food Conservation and Marketing.

Room 9-11, Peele.

Canning Equipment and How to Use it—  
D. E. Hall.

Room 113, Tompkins Hall.

11:15-12:15

Panel Discussion: How Farm Women Supple-  
ment Income Through Marketing. Led by Mrs.  
Cornelia C. Morris, Extension Economist in  
Food Conservation and Marketing.

Room 9-11, Peele.

Canning Equipment and How to Use it—  
D. E. Hall.

Room 113, Tompkins Hall.

## **Home Management and House Furnishings**

10:00-11:00

Your Old Glass and How to Know It—  
Mrs. George W. Little, Lilesville, N. C.

Room 108, Pullen Hall.

\*For Men and Women.



How to Live Within Your Means—Miss Mary Rokahr, Extension Economist, Home Management, U. S. Department of Agriculture, Washington, D. C.

Room 109, Pullen Hall.

11:15-12:15

Construction of Braided Rugs—Miss Edith Barrier, Home Demonstration Agent, Clay County, N. C.; Mrs. Ernest Penland, Home Demonstration Club Member, Clay County, N. C.

Room 108, Pullen Hall.

Can We Get Ahead Financially?—Miss Mary Rokahr, Extension Economist, Home Management, U. S. Department of Agriculture, Washington, D. C.

Room 109, Pullen Hall.

**\*Home Beautification**

10:00-11:00

Planning the Home Grounds—John H. Harris, Extension Landscape Specialist, State College, Raleigh.

Room 102, Withers Hall.

11:15-12:15

Planning the Home Grounds—John H. Harris, Extension Landscape Specialist, State College, Raleigh.

Room 102, Withers Hall.

**\*Horticulture**

10:00-11:00

Propogating House Plants—James G. Weaver, Horticultural Department, State College.

Greenhouse.

11:15-12:15

Small Fruits for Home Use and for Market—H. R. Niswonger, Extension Horticulturist, State College, Raleigh.

Greenhouse.

\*For Men and Women.

## Hospitality

10:00-11:00

Family Service—Mrs. Mary L. McAllister,  
Home Demonstration Agent, Cabarrus County,  
N. C.

Room 207, Daniels Hall.

11:15-12:15

Tables for Different Occasions—Mrs. Mary L.  
McAllister, Home Demonstration Agent,  
Cabarrus County, N. C.

Room 207, Daniels Hall.

Everyday Hospitality—Mrs. Jacques Busbee,  
Steeds, N. C.

Room 109-111, Peele Hall.

## Gourds

10:00-11:00

Growing Gourds for Fun and Profit—Mrs. R. S.  
Dunham, Cary, N. C.

Room 4, Peele Hall.

11:15-12:15

Decorative Effects with Gourds—Mrs. R. S.  
Dunham, Cary, N. C.

Room 4, Peele Hall.

## \*Radio

10:00-11:00

We're on the Air—Miss Margaret Early,  
Raleigh, N. C.

Room 1, Peele Hall.

11:15-12:15

What Makes Radio Interesting—Miss Mar-  
garet Early, Raleigh, N. C.

Room 1, Peele Hall.

\*For Men and Women.

#### **4-H Leadership Training**

10:00-11:00

The Adult Local Leader Prepares for the Job—  
Miss Gertrude L. Warren, Organization 4-H  
Club Work, Extension Service, U. S. Depart-  
ment of Agriculture, Washington, D. C.  
Room 113, Daniels Hall.

11:15-12:15

The Adult Local Leader Tackles the Job—  
Miss Gertrude L. Warren, Organization 4-H  
Club Work, Extension Service, U. S. Depart-  
ment of Agriculture, Washington, D. C.  
Room 113, Daniels Hall.

#### **\*Library**

10:00-11:00

Books for Today—Miss Marjorie Beal, State  
Library Commission, Raleigh, N. C.  
Seminar Room, D. H. Hill Library.

11:15-12:15

Books for Today—Miss Marjorie Beal, State  
Library Commission, Raleigh, N. C.  
Seminar Room, D. H. Hill Library.

#### **\*Music Appreciation**

10:00-11:00

Music Appreciation — Dr. Frederick Stanley  
Smith, Director of Music, Raleigh Public  
Schools, Raleigh, N. C.  
Pullen Church.

11:15-12:15

Music Appreciation — Dr. Frederick Stanley  
Smith, Director of Music, Raleigh Public  
Schools, Raleigh, N. C.  
Pullen Church.

#### **Parliamentary Procedure**

10:00-11:00

Making Club Business a Pleasure—Mrs. Estelle  
T. Smith, District Agent, State College,  
Raleigh, and Mrs. May Swann Stroud, Home  
Demonstration Agent, Lenoir County.  
Room 211, Peele Hall.

\*For Men and Women.

11:15-12:15

Program Making, and Reports of Committees—  
Mrs. Estelle T. Smith, District Agent, State  
College, Raleigh, and Mrs. May Swann Stroud,  
Home Demonstration Agent, Lenoir County.  
Room 211, Peele Hall.

**\*Thrift**

10:00-11:00

What Can the Modern Saver Do—George P.  
Geohegan, Jr., Wachovia Bank & Trust Com-  
pany, Raleigh.  
Room 201, Peele Hall.

11:15-12:15

What Can the Modern Saver Do—George P.  
Geohegan, Jr., Wachovia Bank & Trust Com-  
pany, Raleigh.  
Room 201, Peele Hall.

**\*Poultry**

10:00-11:00

Our Poultry Problems of Today—H. A. Bit-  
tenbender, Poultry Specialist, New York City.  
Pullen Hall Auditorium.

11:15-12:15

General Discussion of Poultry Problems—a con-  
tinuation of above class—H. A. Bittenbender,  
Poultry Specialist, New York City.  
Pullen Hall Auditorium.

**\*Recreation**

10:00-11:00

Instructions for Recreation Leaders—Oka T.  
Hester, Raleigh Recreation Commission.  
College Gymnasium.

11:15-12:15

Instructions for Recreation Leaders—Oka T.  
Hester, Raleigh Recreation Commission.  
College Gymnasium.

\*For Men and Women.

## Tuesday Afternoon Program

For Men and Women

- 12:00- 5:00 Exhibits, Tompkins Hall.
- 1:00- 5:00 North Carolina State Mutual Hatchery Association Meeting.  
Room 207 Daniels Hall.
- 2:00- 4:00 Keeping Young Electrically — Miss Consuello Kelly, Home Economist, Bridgeport, Conn.  
Auditorium Y. M. C. A.
- 2:30- 4:00 Planning Ahead for Financial Security—Henry Johnson, Miss Mary Rokahr, and farm families.  
Pullen Hall Auditorium.
- (This is a Special Class for credit toward a Certificate of Honor. Must be attended if one additional credit is needed.)
- \*2:00- 5:00 Tour to places of interest in Raleigh.  
H. B. James in charge.

\*All persons going on tour will assemble at 2 o'clock in front of Pullen Hall.

## Tuesday Evening Program

RIDDICK STADIUM

(Pullen Hall in case of rain)

W. L. Lylerly and Mrs. Annie Godwin, Presiding

P. M.

- 6:30 Music. Don Ellington's Orchestra.
- 7:00 Group Singing, Jack F. Criswell, Leader.
- 7:30 Presentation of Master Teacher, Vocational Agriculture, Roy H. Thomas.
- 8:00 Address. Colonel Charles M. Busbee, Fort Bragg.
- 9:00 Band Concert—41st Engineers Regiment, Fort Bragg.
- 9:30 Recreation, Riddick Field.

WEDNESDAY, AUGUST 6, 1941

Program for Men and Women

Y. M. C. A.

A. M.

7:30- 8:00 Pictures of Homes and Fields in Natural Colors—R. W. Shoffner, Extension Economist, Farm Management.

PULLEN HALL

W. L. Lyerly and Mrs. Annie Godwin, Presiding

8:00- 9:00 Address — The Place of Spiritual Values In the Present World Crisis —Dr. Sankey L. Blanton, Pastor, First Baptist Church, Wilmington, N. C.

9:30-10:00 Intermission.

Program for Men

Animal Husbandry—Pullen Hall

Prof. R. H. Ruffner, Presiding

10:00-10:30 Pasture Management for Uniform Feed Production—R. L. Lush, National Fertilizer Association, Washington, D. C.

10:30-11:00 The Role of Forest Grazing in Beef Cattle Production—Dr. R. E. McArdle, U. S. Dept. of Agriculture, Forest Service.

11:00-11:30 Minerals and Their Relation to Nutrition in Cattle—Dr. R. B. Becker, University of Florida, Gainesville, Fla.

11:30-12:00 Horses and Mules for Farm Power—Wayne Dinomore, Secretary Horse and Mule Association of America, Chicago, Ill.

## Marketing—Armory

D. S. Coltrane, Presiding

- 10:00-10:20 Consumer Demand in a State Marketing Program—C. B. Denman, Agricultural Counsel, National Association of Food Chains.
- 10:20-10:30 Discussion—Dr. Jane S. McKimmon, Assistant Director, North Carolina Extension Service.
- 10:30-10:45 State Marketing Authority Act—George R. Ross, Marketing Specialist, N. C. Department of Agriculture.
- 10:45-10:50 Discussion—T. R. Thigpen, President, Bank of Mount Olive, Mount Olive, N. C.
- 10:50-11:05 Selling Perishable Commodities to Army Camps—D. S. Matheson, Supervising Inspector, U. S. and N. C. Departments of Agriculture.
- 11:05-11:15 Discussion—L. P. Watson, Extension Horticulturist, N. C. Extension Service.
- 11:15-11:35 Essentials in Building a Reputation for North Carolina Farm Products—T. J. Pearsall, Rocky Mount, N. C.

Discussion—

Chas. F. Cates—Processed Products.

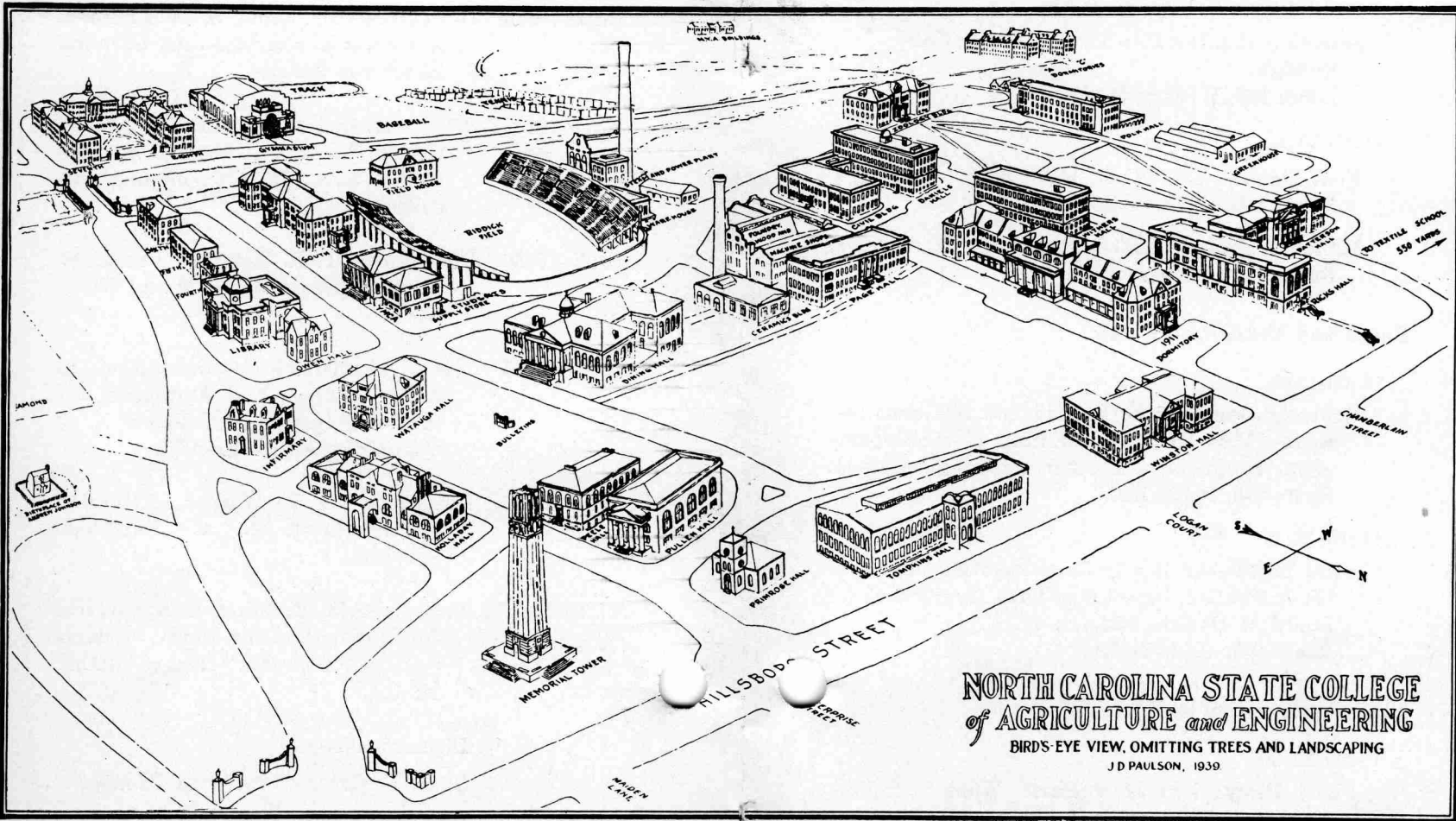
Dr. G. A. Earp—Turkeys.

Heide Trask—Vegetables.

H. D. Kennett—Eggs.

A. J. Hanes—Seeds.

C. S. Bunn—Sweet Potatoes.



**NORTH CAROLINA STATE COLLEGE**  
*of AGRICULTURE and ENGINEERING*  
 BIRD'S-EYE VIEW, OMITTING TREES AND LANDSCAPING  
 J. D. PAULSON, 1939



## Program for Women

### Clothing

10:00-11:00

Quick Method of Making a Dress—Misses Willie N. Hunter and Julia McIver, Extension Specialists in Clothing, State College, Raleigh. Auditorium, Withers Hall.

Selecting Comfortable Shoes—Elmer Cole, Raleigh. Room 105, Withers Hall.

11:15-12:15

Foot Health—Dr. W. B. Dowell. Room 105, Withers Hall.

Making a Dress Form—Miss Dorothy Newcombe. Room 101, Withers Hall.

### Foods and Nutrition—Health

10:00-11:00

Growing Our Way to Family and National Defense—Miss Sallie Hill, Editor, Home Department, Progressive Farmer, Birmingham, Ala. Room 3-5, Peele Hall.

11:15-12:15

\*Good Teeth—An Aid to Good Health—Dr. Earnest A. Branch, Director of Oral Hygiene, State Board of Health, Raleigh, N. C. Room 3-5, Peele Hall.

### Food Conservation and Marketing

10:00-11:00

Panel Discussion: How Farm Women Supplement Income Through Marketing. Led by Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing. Room 9-11, Peele Hall.

Canning Equipment, and How to Use It—D. E. Hall. Room 113, Tompkins Hall.

\*For Men and Women.

11:15-12:15

Panel Discussion: How Farm Women Supplement Income Through Marketing. Led by Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing.  
Room 9-11, Peele Hall.

Canning Equipment, and How to Use It—  
D. E. Hall.  
Room 113, Tompkins Hall.

### Home Management and House Furnishings

10:00-11:00

Your Old China and How to Know It—Mrs. George W. Little, Lilesville, N. C.  
Room 108, Pullen Hall.

Stretching Dollars by Good Management—Miss Mary Rokahr, Extension Economist, Home Management, U. S. Department of Agriculture, Washington, D. C.  
Room 109, Pullen Hall.

11:15-12:15

Tour to see the home of Dean and Mrs. I. O. Schaub. Meet in Room 108, Pullen Hall, for registration and directions. Pauline E. Gordon and Mamie N. Whisnant, in charge.

The Efficient Kitchen—G. E. Drollinger, Engineer Household Appliances, Bridgeport, Conn.  
Y. M. C. A. Auditorium.

### \*Home Beautification

10:00-11:00

Planting the Home Grounds—John H. Harris, Extension Landscape Specialist, State College, Raleigh.  
Room 102, Withers Hall.

11:15-12:15

Planting the Home Grounds—John H. Harris, Extension Landscape Specialist, State College, Raleigh.  
Room 102, Withers Hall.

\*For Men and Women.

## \*Horticulture

10:00-11:00

Growing and Arranging Flowers—James G. Weaver, Horticultural Department, State College. Greenhouse.

11:15-12:15

L. P. Watson, Extension Horticulturist, State College, Raleigh. Greenhouse.

## Hospitality

10:00-11:00

Family Service—Mrs. Mary L. McAllister, Home Demonstration Agent, Cabarrus County, N. C. Room 207, Daniels Hall.

Everyday Hospitality—Mrs. Jacques Busbee, Steeds, N. C. Room 109-111, Peele Hall.

11:15-12:15

Tables for Different Occasions—Mrs. Mary L. McAllister, home demonstration agent, Cabarrus County, N. C. Room 207, Daniels Hall.

Everyday Hospitality—Mrs. Jacques Busbee, Steeds, N. C. Room 109-111, Peele Hall.

## Gourds

10:00-11:00

Growing Gourds for Fun and Profit—Mrs. R. S. Dunham, Cary, N. C. Room 4, Peele Hall.

11:15-12:15

Decorative Effects with Gourds—Mrs. R. S. Dunham, Cary, N. C. Room 4, Peele Hall.

\*For Men and Women.

**\*Radio**

10:00-11:00

We're On the Air—Miss Margaret Early, Raleigh, N. C.  
Room 1, Peele Hall.

11:15-12:15

What Makes Radio Interesting—Miss Margaret Early, Raleigh, N. C.  
Room 1, Peele Hall.

**4-H Leadership Training**

10:00-11:00

The Adult Local Leader Prepares for the Job—Miss Gertrude L. Warren, Organization, 4-H Club Work, Extension Service, U. S. Department of Agriculture, Washington, D. C.  
Room 113, Daniels Hall.

11:15-12:15

The Adult Local Leader Tackles the Job—Miss Gertrude L. Warren, Organization, 4-H Club Work, Extension Service, U. S. Department of Agriculture, Washington, D. C.  
Room 113, Daniels Hall.

**\*Library**

10:00-11:00

\*Library Service for Everybody—Miss Marjorie Beal, State Library Commission, Raleigh, N. C.  
Seminar Room, D. H. Hill Library.

11:15-12:15

\*Library Service for Everybody—Miss Marjorie Beal, State Library Commission, Raleigh, N. C.  
Seminar Room, D. H. Hill Library.

**\*Music Appreciation**

10:00-11:00

\*Music Appreciation—Dr. Fredrick Stanley Smith, Director of Music, Raleigh Public Schools, Raleigh, N. C.  
Pullen Church.

\*For Men and Women.

11:15-12:15

\*Music Appreciation—Dr. Fredrick Stanley Smith,  
Director of Music, Raleigh Public Schools,  
Raleigh, N. C.  
Pullen Church.

### Parliamentary Procedure

10:00-11:00

Making Club Business a Pleasure—Mrs. Estelle  
T. Smith, District Agent, State College,  
Raleigh, and Mrs. May Swann Stroud, Home  
Demonstration Agent, Lenoir County.  
Room 211, Peele Hall.

11:15-12:15

Program Making, and Reports of Committees—  
Mrs. Estelle T. Smith, District Agent, State  
College, Raleigh, and Mrs. May Swann Stroud,  
Home Demonstration Agent, Lenoir County.  
Room 211, Peele Hall.

### \*Thrift

10:00-11:00

What Can the Modern Saver Do—George P.  
Geohegan, Jr., Wachovia Bank & Trust Com-  
pany, Raleigh.  
Room 201, Peele Hall.

11:15-12:15

What Can the Modern Saver Do—George P.  
Geohegan, Jr., Wachovia Bank & Trust Com-  
pany, Raleigh.  
Room 201, Peele Hall.

### \*Poultry

10:00-11:00

Poultry Nutrition and Poultry Profits—Dr. R. S.  
Dearstyne, Poultry Specialist, State College,  
Raleigh.  
Pullen Hall Auditorium.

11:15-12:15

Farm Poultry Production—C. F. Parrish, Exten-  
sion Poultryman, State College, Raleigh.  
Pullen Hall Auditorium.

\*For Men and Women.

**\*Recreation**

10:00-11:00

Instructions for Recreation Leaders—Oka T. Hester, Raleigh Recreation Commission. College Gymnasium.

11:15-12:15

Instructions for Recreation Leaders—Oka T. Hester, Raleigh Recreation Commission. College Gymnasium.

**Wednesday Afternoon Program**

For Men and Women

12:00- 5:00 Exhibits, Tompkins Hall.

1:00- 5:00 Meeting of the North Carolina State Poultry Council. Room 207, Ricks Hall.

2:00- 4:00 Magic in the Kitchen—Miss Conseulo Kelly, Home Economist, Bridgeport, Conn. Auditorium, Y. M. C. A.

\*2:00- 4:00 Tour of College Farm—H. B. James in charge.

4:00- 6:00 Reception by Wake County Pomona Grange—On lawn in front of Holladay Hall. **Everyone attending Farm and Home Week is invited to attend this reception.**

\*All persons going on tour will assemble at 2 o'clock in front of Pullen Hall.

**Wednesday Evening Program**

**RIDDICK STADIUM**

(Pullen Hall in case of rain)

Mrs. Annie Godwin and W. L. Lyerly, Presiding

P. M.

6:30 Music. Don Ellington's Orchestra.

7:00 Group Singing. Jack F. Criswell, Leader.

\*For Men and Women.

- 7:30 Presentation, Prize Winning Essay; Contest sponsored by North Carolina Cotton Growers' Association and FCX—M. G. Mann.
- 7:50 Presentation Certificates of Meritorious Service in Agriculture.
- 8:10 Address. Dr. Helen Mitchell, Director of Nutrition, Federal Security Agency, Washington, D. C.
- 9:00 Contests for Men and Women—F. H. Jeter, in charge.
- 9:30 Recreation, Riddick Field.

*"Democracy is on trial in the world, on a more colossal scale than ever before."*—Charles Fletcher Dole.

*"America—A star for every State and a State for every star."*—Robert C. Winthrop.

*"In a democracy the government exists for the benefit of the people, and not the people for the benefit of the government."*—James A. Moss.

*"America is a tune. It must be sung together."*—Anonymous.

# THURSDAY, AUGUST 7, 1941

## Program for Men and Women

Y. M. C. A.

A. M.

7:30- 8:00 Pictures of Homes and Fields in Natural Colors—R. W. Shoffner, Extension Economist Farm Management.

### \*Program for Men

Horticulture—Meet in front of Y. M. C. A.

Prof. M. E. Gardner, Presiding

(Program to be conducted at the Carolina Freezer Lockers, Inc., 412 Glenwood Avenue. Assemble at Y.M.C.A. building for transportation to the Freezer Lockers.)

10:00- 12:00 Demonstration in Quick Freezing of Fruits and Vegetables.

1. Inspection of Freezer Lockers.
2. Preparation of Fruits and Vegetables Prior to Freezing.
3. Exhibits of Frozen Products.
4. Sampling of Frozen Fruits.

Agronomy—Armory

E. C. Blair, Presiding

Agronomy—Armory

E. C. Blair, Presiding

8:00- 8:20 Better Pastures for North Carolina—R. L. Lovvorn, Agronomy Department, N. C. Agricultural Experiment Station.

8:20- 8:40 How to Grow Pastures—W. W. Fitzpatrick, Quail Roost Farm, Rougemont, N. C.

8:40- 8:50 Discussion.

8:50- 9:10 Liming North Carolina Soils—J. F. Lutz, Agronomy Department, N. C. Agricultural Experiment Station.

\*For Thursday Women's Program See Page 29.



- 9:10- 9:20 Discussion.
- 9:20- 9:35 Corn Hybrids for North Carolina—  
P. H. Harvey, Agronomy Department,  
N. C. Agricultural Experiment Station.
- 9:35- 9:50 Regional Test Program for Field  
Crops—G. K. Middleton, Agronomy  
Department, N. C. Agricultural Experiment  
Station.
- 9:50-10:00 Discussion.
- 10:00-10:10 Recess.
- 10:10-10:30 A Grain Program for Eastern North  
Carolina—F. F. Hendricks, County  
Agent, Jones County, Trenton, N. C.
- 10:30-10:40 Discussion.
- 10:40-11:10 Small Grains and Sod Crops for Live-  
stock and Soil Improvement—L. D.  
Baver, Head Department of Ag-  
ronomy and Associate Director,  
North Carolina Agricultural Ex-  
periment Station.
- 11:10-11:20 Discussion.
- 11:20-11:50 Land Use Capabilities—E. A. Norton,  
Soil Conservation Service, Wash-  
ington, D. C.
- 11:50-12:00 Discussion.

## Thursday Afternoon Program

For Men and Women

- 12:00- 5:00 Demonstration in Weaving — Mrs.  
Anna Lea Harris, home demonstra-  
tion agent, Richmond County, N. C.  
Mrs. Irma P. Wallace, handicraft  
Specialist, Farm Security Adminis-  
tration.  
Exhibit room, Tompkins Hall.
- 12:00- 5:00 Exhibits, Tompkins Hall.

\*2:00- 5:00 Choice of following tours:

- (1) Tobacco Disease Experiment Station and the Soil Conservation Experiment Station.
- (2) Wakefield Farm — P e r c h e r o n Horses, Guernsey Cattle, Hogs, etc.

H. B. James, In Charge

\*All persons going on tour will assemble at 2 o'clock in front of Pullen Hall.

## Thursday Evening Program

### RIDDICK STADIUM

(Pullen Hall in case of rain)

W. L. Lyerly and Mrs. Annie Godwin, Presiding

P. M.

6:30 Music. Don Ellington's Orchestra.

7:00 Group Singing. Jack F. Criswell, Leader.  
Farm and Home Week Chorus, Directed by  
Frederick Stanley Smith, Director of Music,  
Raleigh Public Schools.

7:45 Address. His Excellency, Governor J. Melville  
Broughton.

8:15 Election of Officers and the Resolutions.

8:30 Amateur Contest, Jack Criswell in Charge.

9:30 Square Dance, Frank Thompson Gymnasium.

*"The security of a democracy depends upon the stability of its citizens."*—Anonymous.

FRIDAY, AUGUST 8, 1941

Program for Men and Women

Y. M. C. A.

A. M.

7:30- 8:00 Pictures of Homes and Fields in Natural Colors—R. W. Shoffner, Extension Economist Farm Management.

PULLEN HALL

W. L. Lyerly and Mrs. Annie Godwin, Presiding

\*9:00-10:00 Housing Forum—Led by D. S. Weaver, Miss Pauline Gordon, and Miss Mamie N. Whisnant.

Pullen Hall Auditorium.

Participating: Farm and Home Agents, and family from Durham County.

10:00-10:30 Intermission.

\*Women who desire credit for Certificate of Honor must attend and register at this class.

*"The world is weary of statesmen whom democracy has degraded into politicians."—Benjamin Disraeli.*

*"Government of the people, by the people, for the people."—Lincoln.*

**HONOR DAY**  
**PRESENTATION OF CERTIFICATES**  
**Pullen Hall**

**FRIDAY, AUGUST 8, 1941**

Mrs. D. T. Harmon, Bertie County, Presiding  
A. M.

10:30 Song: "Lead on O King Eternal."

Prayer.

Greetings: Mrs. D. T. Harmon, President.

Welcome to Honor Day: Col. J. W.  
Harrelson, Dean of Administration, State  
College.

Miss Ruth Current, State Home Demon-  
stration Agent.

Song: Dr. Frederick Stanley Smith's Music  
Appreciation Class under the direction of  
Dr. Frederick Stanley Smith.

Our Part in the National Defense Program:  
Dr. Jane S. McKimmon, Assistant Direc-  
tor of Extension.

Dr. I. O. Schaub, Director of Extension.

Song: America the Beautiful.

Introduction of Speaker—

Miss Ruth Current, Home Demonstration  
Agent.

Address: Miss Margaret Edwards, Head,  
Home Economics Department, Woman's  
College, of the University of North Caro-  
lina, Greensboro, N. C.

Presentation of Honor Certificates:

Miss Ruth Current.

Dr. Jane S. McKimmon.

Col. J. W. Harrelson.

Candle Lighting Service.

Song: Follow the Gleam. Led by Dr. Fred-  
rick Stanley Smith's Music Appreciation  
Class.

**Friday Afternoon Program**

12:00- 5:00 Demonstration in Weaving.

Mrs. Anna Lea Harris, Home Demon-  
stration Agent, Richmond County,  
N. C. Mrs. Irma P. Wallace, Handi-  
craft Specialist, Farm Security Ad-  
ministration.

Exhibit Room, Tompkins Hall.

12:00- 5:00 Exhibits, Tompkins Hall.

# PROGRAM

THE TWENTIETH ANNUAL MEETING  
of the  
NORTH CAROLINA FEDERATION OF HOME  
DEMONSTRATION CLUBS

Pullen Hall, State College, Raleigh

THURSDAY, AUGUST 7, 1941

Mrs. Annie Godwin, Presiding

## MOTTO:

*Character, Courage, Culture, Citizenship*

## THEME

*"Make America Strong by Making Americans  
Stronger"*

A. M.

8:30 Registration.

9:00 Meeting of State Council.

11:00 Song—"The Star Spangled Banner."

The American's Creed.

Pledge to the Flag.

Welcome to State College—Col. J. W. Harrelson, Dean of Administration.

Miss Ruth Current, State Home Demonstration Agent.

Response—Mrs. J. H. L. Miller, 3rd Vice-President, McDowell County.

Greetings—Mrs. P. R. Rankin, President, North Carolina Federation of Women's Clubs.

Song—"Hail, Club Women, Crowned Thru Service."

Presentation of Speaker—Dr. I. O. Schaub, Director, Agricultural Extension Service, State College, Raleigh.

Address—Hon. I. Bayard Clark, Representative Seventh Congressional District.

Chorus—Wilson County—Mrs. Georgia Frost Barnes, Director.

Presentation of Loan Fund Girl—Dr. Jane S. McKimmon, Assistant Director, Agricultural Extension Service, State College, Raleigh.

What the Jane S. McKimmon Loan Fund Means to a Girl—Evelyn Horne, New Hanover County.

Song—"God Bless America."

Collect of Club Women of America.

P. M.

1:00 Federation Luncheon — Carolina Hotel, Raleigh, N. C.—Mrs. Porter Paisley, First Vice-President, presiding.

2:00 Reassemble—Pullen Hall—Mrs. W. P. Dorsey, 2nd Vice-President, presiding.

Song.

Reports of District Chairmen.

District No. 1—Mrs. Lewis Cannon,  
Jackson County.

District 2—Mrs. George Buckner,  
Buncombe County.

District 3—Mrs. Perry Lowe,  
Wilkes County.

District 4—Mrs. G. P. Smith,  
Catawba County.

District 5—Mrs. T. P. Nisbet,  
Union County.

District 6—Mrs. John F. Hunter,  
Forsyth County.

District 7—Mrs. W. H. Williamson,  
Rockingham County.

District 8—Mrs. Winston Strayhorn,  
Orange County.

- District 9—Mrs. K. M. Wicker,  
Lee County.
- District 10—Mrs. E. E. Seay,  
Sampson County.
- District 11—Mrs. S. D. Collins,  
New Hanover County.
- District 12—Mrs. H. M. Johnson,  
Lenoir County.
- District 13—Mrs. W. F. Woodruff,  
Nash County.
- District 14—Mrs. W. M. Person,  
Franklin County.
- District 15—Mrs. B. L. Tyson,  
Pitt County.
- District 16—Mrs. P. P. Gregory,  
Currituck County.

Report of Committees.

Election of Officers.

Song: "Blest Be the Tie That Binds."

5:00 Garden Party—Main Campus.

*"The very essence of democracy is the spirit of fair play."*—F. Wenderoth Saunders.

## OFFICERS OF FARM AND HOME WEEK

President—W. L. Lyerly, Woodleaf.

First Vice-President—T. B. Upchurch, Jr., Raeford.

Second Vice-President—Jacob M. Pickler, New London.

Secretary-Treasurer—Dan M. Paul, State College Station, Raleigh.

Publicity Director—F. H. Jeter, State College Station, Raleigh.

## OFFICERS OF THE NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS

President—Mrs. Annie Godwin, Godwin.

First Vice-President—Mrs. Porter Paisley, Sedalia.

Second Vice-President — Mrs. W. P. Dorsey, Rutherfordton.

Third Vice-President—Mrs. J. H. L. Miller, Marion.

Recording Secretary — Mrs. Edison Davenport, Mackeys.

Corresponding Secretary — Mrs. Everett Freeman, Star.

Treasurer—Mrs. A. W. Pierce, Route 2, Pikeville.

Chairman Jane S. McKimmon Loan Fund Committee  
—Mrs. O. L. Ray, Route 1, Raleigh.



**COOPERATING AGENCIES**

**North Carolina State College**  
Col. J. W. Harrelson, Dean of Administration

**North Carolina Department of Agriculture**  
Hon. W. Kerr Scott, Commissioner

FARM AND HOME WEEK

Farm men and women thronged with eagerness and enthusiasm to N. C. State College, Raleigh, for the 38th Annual Farm and Home Week, August 1-4. The theme for the week was, "The Farm and Home in National Defense;" its leaders were Mrs. Annie Godwin, president of The North Carolina Federation of Home Demonstration Clubs, and W. L. Lyerly, president of the men's organization.

The program was inspiring and educational. It was reflected into the lives of thousands of North Carolina farm men and women, a stimulant to strive for better homes and farms, better health for the family, happier family living, the wise use of resources and improved social conditions.

From the four corners of the State came 182 men and 962 women to take part in the entire week's program. Many of the women came as delegates from local home demonstration clubs and in some instances that club defrayed a part of her expenses. Others came for the joy of coming, meeting old friends and making new ones, for the knowledge they sought in improved practices in homemaking.

Teaching Staff

Classes were held from 10:00 to 11:00 and from 11:15 to 12:15 on Tuesday and Wednesday, and on Friday a Housing Forum was conducted from 9:00 to 10:00 a. m.

All members of the Extension Service wholeheartedly served - instructing, demonstrating, and entertaining the group. In addition we had the following to assist with class instruction:

- Elmer Cole, Raleigh
- Dr. W. B. Dowell, Raleigh
- Miss Dorothy Newcombe, Raleigh
- Miss Sallie Hill, Editor of the Home Department, Progressive Farmer
- Miss Mary Rokahr, Home Management Specialist, U. S. D. A., Washington, D. C.

- Dr. Ernest A. Branch, State Board of Health, Raleigh
- D. E. Hall, Muncie, Indiana
- Mrs. George W. Little, Wadesboro, N. C.
- Miss Edith Barrier, Clay County Home Agent, Hayesville
- Mrs. Ernest Penland, Clay County
- James G. Weaver, N. C. State College, Raleigh
- Mrs. Mary Lee McAllister, Cabarrus County Home Agent, Concord
- Mrs. Jacques Busbee, "Jugtown," Steeds, N. C.
- Miss Marjorie Beal, State Library Commission, Raleigh
- Mrs. R. S. Dunham, Cary, N. C.
- Mrs. Margaret Early, W R A L Broadcasting Station, Raleigh
- Dr. Frederick Stanley Smith, Director of Music, Raleigh Public Schools
- Mrs. May Swann Stroud, Lenoir County Home Agent, Kinston
- George P. Geohegan, Jr., Wachovia Bank & Trust Company, Raleigh
- H. A. Bittenbender, Poultry Specialist, New York City
- Oka T. Hester, Raleigh Recreation Commission, Raleigh
- Miss Consuelo Kelly, Bridgeport, Connecticut
- G. E. Drollinger, Bridgeport, Connecticut
- Henry Johnson, Farm Credit Administration, Columbia, S. C.
- Mrs. Anna Lea Harris, Richmond County Home Agent, Rockingham
- Mrs. Irma P. Wallace, Farm Security Administration

Joint Meetings:

The afternoon demonstrations, exhibits, tours, and forums and the evening meetings were joint for men and women. At the evening sessions the presidents, Mrs. Annie Godwin and W. L. Lyerly, alternated in presiding.

Speakers at the evening meetings included the Honorable J. Melville Broughton, Governor of North Carolina; Dr. Helen Mitchell, Director of Nutrition, Federal Security Agency, Washington, D. C.; and Colonel Chas. M. Busbee, Fort Bragg, N. C.

Classes Offered:

CLOTHING Misses Willie Hunter and Julia McIver, Extension Specialists in clothing, demonstrated a quick way to make a cotton dress, giving helpful suggestions on how better to spend the Cotton Stamp money. Emphasis was placed on comfortable shoes and foot health; on exhibit was an all-of-cotton wardrobe made at a total cost of \$5.00; and making a plastic dress form, molded on the model, was demonstrated.

FOODS, NUTRITION  
and HEALTH

Featured in this department was Dr. Ernest H. Branch, of the State Board of Health, who discussed "Building Good Teeth, An Aid to Good Health," and "Growing our way to Family and National Defense," which was discussed by Miss Sallie Hill, of the Progressive Farmer. "Keeping Young Electrically" and "Magic in the Kitchen" were a part of the program, too.

FOOD CONSER-  
VATION and  
MARKETING

A choice program here - "How Farm Women Supplement Income Through Marketing" was a panel discussion led by Mrs. Cornelia C. Morris and her assistant, Ruby T. Scholz, and participated in by market sellers themselves. Emphasis was placed, too, on canning equipment and how to use it.

HOUSE FURN-  
ISHINGS and  
HOME MANAGE-  
MENT

Included in Misses Gordon and Whisnant's department, House Furnishings and Home Management, was a tour to the home of Director and Mrs. I. O. Schaub; "Your Old China and Glass and How to Know It;" "How to Live Within Your Means;" and again the Housing Forum on Friday morning in which they were assisted by Mr. David Weaver, of the Agricultural Engineering Department.

HOSPITALITY

Again, Mrs. Jacques Busbee was a part of our program, a choice part, as she most informally talks with the women about how to entertain in their homes so simply and easily and attractively with what they have at hand.

Good Manners in entertaining had a part on this program and was taught by Mrs. Mary Lee McAllister, whose subjects were: "Family Service" and "Tables for Different Occasions."

RADIO

New to our program was the gracious Margaret Early of W R A L, whose classes, "We're On the Air" and "What Makes Radio Interesting" held many helpful suggestions to those who are called upon

from time to time to appear upon radio programs.

LIBRARY It would not be a complete Farm and Home Week program if we did not have Miss Marjorie Beal, Director of the State Library Commission. She discussed "Books for Today" and "Library Service for Everybody."

MUSIC  
APPRECIATION

We felt most fortunate in having the talented Dr. Frederick Stanley Smith direct a class in Music Appreciation and to have the result of his work demonstrated by the choral group on the Honor Day program the last day of Farm and Home Week.

THRIFT

Something new on our program and though a small class to begin with, a steady step forward we believe. George P. Geohegan, Junior, a leading banker in Raleigh, conducted this class for us.

OTHERS

Horticulture, Parliamentary Procedure, Home Beautification, Poultry, Gourds, 4-H Leadership, and Recreation all had a place on the program and were well attended classes by interested farm men and women.

Honor Day

The long looked for day when "graduating" is in order. Those eligible are the women who have attended classes at Farm and Home Week for four years and have been active home demonstration club members in their local clubs.

A formal procession of honor guests and "graduates" march to the platform and with ceremony are presented their certificates by Col.

Farm and Home Week

J. W. Harrelson, Dean of Administration at N. C. State College, Dr. Jane S. McKimmon, Assistant Director of Extension, and Miss Ruth Current, State Home Demonstration Agent.

This year the president, Mrs. D. T. Harmon, presided. Mrs. Harmon is a club member from Bertie County. Dean Schaub and Dr. McKimmon discussed in brief "Our Part in the National Defense Program," and the address of the day was made by Dr. Margaret Edwards, Head of Home Economics of The Woman's College of The University of North Carolina, Greensboro.

An impressive Candle Lighting Ceremony concluded the morning program which was followed by a luncheon for the Honor Class and their invited guests.

Federation Day

Custom has established Thursday of Farm and Home Week as Federation Day and this has come to be the highlight day of the week. It is the women's day when their organization holds its annual business session, officers for the coming year are elected, members and guests enjoy the morning meeting, Federation Luncheon held usually at a downtown hotel, and the garden party on the lawn in the late afternoon.

The guest speaker for this occasion was the Honorable H. E. Stacy, State Senator, Lumberton, who discussed The Constitutional Amendment.

At the afternoon business meeting reports are given of the year's work - by districts. There is an air of excitement as delegates proudly tell of the growth of home demonstration club work and what their clubs are doing to enrich rural home life. At this meeting pledges are made to the Jane S. McKimmon Loan Fund and a report of the status of the fund is made - how it has grown, how many girls it has assisted, what the

Farm and Home Week

present value is, how loan fund girls have graduated and gone out as home economics teachers, home demonstration agents, and homemakers. The report was pleasing and gratifying. It showed the fund valued at \$14,981.76. Eighty-six counties contributed \$1,245.25, repaid loans amounted to \$1,099.91; and total receipts, gifts, pledges, and loans repaid amounted to \$2,465.86. Loans made for the year amounted to \$2,994.75. Seventeen girls have repaid their loans in full; fifteen girls are in college; eight girls finished in 1941 and 6 new loans were granted for the fall of 1941.

Affiliations: The North Carolina Federation of Home Demonstration Clubs was affiliated with The North Carolina Federation of Women's Clubs in 1923, with the Associated Country Women of the World in 1932, and was a charter member of the National Home Demonstration Council, 1936.

The following information was reported at the annual meeting: home demonstration club women contributed \$140.26 in 1941 to the Penny Friendship Campaign, and \$267.94 for seeds, pressure cookers, and beds for Britain. Five delegates attended the annual meeting of the Liason Committee of the U. S. of the Associated Country Women of the World, Nashville, Tennessee, which was followed by the annual meeting of the National Home Demonstration Council with 529 women in attendance from 23 states.

Major Projects

FOODS AND NUTRITION

This project is under the supervision of Mary E. Thomas, Extension Nutritionist, and her assistant, Sallie Brooks, Assistant Extension Nutritionist.

There is no definite division of work insofar as subject matter is concerned. The whole program is planned and executed by both specialists.

The foods and nutrition program is closely tied up with all programs relating to the production of adequate food on the farm. Excellent cooperation is had with all the specialists in food production field.

Ninety counties reported some work in foods and nutrition; 29 carried it as a major project in 1941 (white 22 - negro 7).

1941 Statistics

Number families budgeting food expenditures for a year.....	4,735
Number families following food-buying recommendations.....	10,615
Number families serving better balanced meals.....	22,240
Number families improving home-packed lunches according to recommendations.....	12,017
Number schools following recommendations for a hot dish or school lunch.....	750
Number children involved.....	286,311
Number families following recommended methods of child feeding.....	6,588
Number individuals adopting recommendations for corrective feeding (such as weight control, anemia, pellagra, and constipation).....	6,360
Number families producing and preserving home food supply according to annual food-supply budget.....	16,521
Number families following recommendations for the storage of home food supply.....	10,508
Number foods and nutrition leaders in counties reporting foods and nutrition as a major project.....	1,028
Number schools for leaders held by specialists.....	62
Number method demonstrations given by agents and specialists	6,648
Number communities reached in counties reporting foods and nutrition as a major project.....	514



Major Projects

Foods and Nutrition

No program is more important to farm people than foods and nutrition. Not only are Extension workers, men and women, encouraging the growing of adequate food, but AAA, Soil Conservation, Farm Security Administration, Land Use Planning are cooperating and correlating their programs for continued work.

The condition of undernourishment among farm people, particularly farm children, poor condition of teeth and the continued existence of other nutritional diseases such as underweight, indigestion, constipation, pellagra emphasized the need of more information regarding the relation of food to health, the need for adequate food supply in a greater number of farm homes, more careful food selection and preparation and more skillful planning of meals, good buying practices, and keeping of records of food cost.

A county selecting foods and nutrition as a major project must have the majority of the clubs desiring it. The choice of a project is determined in each local club and reported at the fall meeting of the County Council. At this meeting the major and minor projects for the county are decided on, problems discussed, goals for the coming year set, and the county chairman for the major project selected.

Programs for the year are made out to meet the needs of the county. Six to eight meetings are given to the major project and the remaining meetings are given over to programs along other lines of interest. Definite home assignments are given for each month. Carrying them out enables the club members to attain goals set at the beginning of the year. Those club members completing the work assigned in foods and nutrition over a period of two years are presented an Award of Merit in Foods and Nutrition.

Major Projects

Foods and Nutrition

Subject matter is taught in leader training schools, local club meetings, home visits, camps, county and state short courses, by the specialists, home demonstration agents, and local leaders. Instruction is given by lecture demonstrations, printed and mimeographed material, exhibits, photographs, posters, and charts. Contests are used to stimulate interest.

Foods and Nutrition Program Coordinated with Farm Production Program for National Defense

Throughout the year every effort has been made to encourage farm people to produce adequate food in sufficient quantity and variety to meet the nutritional needs of the farm family.

When the call came for increased food and feed production for National Defense, Agricultural Workers' Councils, composed of the leaders from all agricultural agencies, were organized on State and county levels. The foods and nutrition and food production programs correlated into one workable program.

The Food and Feed Campaign, endorsed by the Governor, the AAA payment for home gardens and the Food for Freedom program have greatly stimulated the production of food for home use.

The constant reminders that America needs strong healthy able bodied people as well as tanks, guns, and planes if America defends herself has increased interest in nutrition and a demand for information.

Phases of the Foods and Nutrition Program

Foods for Health: A series of 6 to 8 demonstrations in which fundamental facts of nutrition were presented.

1. Surveys of food produced in the home of each club member were made and at the same time a check was made on

Major Projects

Foods and Nutrition

- 2. Health of the family
- 3. The relation of food to health, information being given on
- 4. Food selection
- 5. Food values and food preparation.

Demonstrations were given in:

- a. Preparation of milk dishes
- b. Preparation of vegetable "
- c. Preparation of egg "
- d. Preparation of fruit "
- e. Preparation of cereals

Four counties with white agents and 1 with negroes carried this phase of the foods and nutrition program adapted to local conditions.

Meals for the Family: A series of 6 to 8 demonstrations in which assistance was given in:

- 1. Planning, preparing, and serving simple meals
- 2. Study of food values and the use of the food selection score card in checking the food habits of the members of the family.

Six counties with white agents and 4 with negroes carried this phase of the foods and nutrition program.

The Farm Food Supply: A series of six programs emphasizing the planned food supply to meet the needs of the family. It includes:

- 1. Making planned food supply budget to meet individual family needs.
- 2. Making garden planting schedules.
- 3. Making canning budgets.
- 4. A study of storage space and organization of pantry
- 5. Making menu and recipe files to aid in serving better balanced and better prepared meals.
- 6. Tour of demonstration homes in the fall.

Five counties with white home agents and 2 with negro completed this series of demonstrations.

Raising Standards: A series of 6 programs emphasizing higher standards in planning, preparation, and serving of food for home and community meals; checking meals for adequacy, variety, palatability, and attractiveness; the use of standard recipes and scoring breads and cakes.

Three counties with white agents carried this series of demonstrations.

Building and Maintaining Health by Common Sense Means: A series of eight programs reviewing vitamins, minerals and other essential foods necessary for health. Food and health habits emphasized. Malnutrition, its cause and effect, building up resistance to disease, blood building foods, elimination of body wastes, diet in relation to a healthy mouth, pellagra preventive foods, building resistance to colds.

Five counties carried this phase.

Program Tied In Closely with Food Production

The foods and nutrition program is tied up closely with all projects relating to the production of an adequate diet on the farm. Excellent cooperation was had with all food production, food conservation and marketing specialists. Special emphasis was given to food production and conservation for the family in sufficient variety and quality to provide an adequate diet; to marketing of surplus fruits and vegetables as a source of income; to the selection and preparation of meals for the family to maintain good health; to budgeting the food supply; to buying practices and to record keeping on home grown and bought foods.

Gardens Are Growing: A year-round garden containing a good variety of vegetables at all seasons is the goal set for all farm homes in the State. For years, home gardens have been emphasized and extension workers continue to encourage more and better gardens.

In 1941, there were 218,788 home gardens reported in 98 counties; of these 62,747 were year-round gardens.

Every farm and home organization has talked gardens. Triple A reports 184,804 payments of \$1.50 each made in 1941 for home gardens.

Home Garden in National Defense Program: Knowing how important the home garden is in the nutrition program and in National Defense and having so many facts and figures on health from State and national standpoint, all extension workers have encouraged the production of year-round gardens for every farm home. Garden planting schedules, monthly garden notes and record sheets prepared by the Extension Horticulturist were widely distributed and intelligently used by the farm people.

Agents and Local Leaders Emphasized Gardens:

Mr. and Mrs. J. L. Westmoreland, demonstration farmers in Haywood County, gave 13 families in their township a garden on their farm and had the land plowed for them. He also furnished part of the seed and plants. In the interest of the nutrition program TVA phosphate could be used on demonstration farms.

Mrs. Tom Silver of the Glenwood Club, McDowell County, and the home agent spent a day calling on 33 families (5 of them Negro families) discussing their gardens, chickens, cows and planning with them for the food supply for the family. Mrs. John Gregg of the Sugar Hill Club and Mrs. Will Porter of the Ebenezer Club gave a half day each to the same work in their communities and Mrs. Tom Poteat and Mrs. Fate Led-

better of the White Pine Club worked an entire day in the same way. Four women in the Cherry Springs Club took all the seed they could spare and went from house to house, distributing the seed where needed and talking bigger and better food supplies. One hundred and sixteen homes were visited in this way."

Mrs. R. W. Harris of Granville County in telling of her garden says: "No farm home is complete without a fenced garden near the farm house so it will be accessible and within easy reach of the housewife at all times. For the past few years we have been improving our garden and last winter we had onions, collards, Savoy cabbage, salsify, turnips and turnip greens. Later for early spring use we had rape, tendergreens and lettuce. These vegetables helped to vary the diet for the family and provided the much needed leafy vegetables. All summer we made successive plantings. This year-round garden supplied our table with plenty of fresh vegetables and a surplus to conserve. Enough vegetables were sold to pay for all seeds and fertilizer used in the garden. There was an ample supply to divide with neighbors who had not been very successful with their gardens. In spite of the exceedingly dry weather during the past months we had growing in our garden during the month of October fourteen different vegetables. This means good health for my family."

Cooperation of County Extension Workers in Foods and Nutrition Program

Farm Agents Talk Gardens...Cows, poultry, and the orchard more than ever.

The county farm demonstration agents have been on the alert and never miss a chance when discussing the Federal Loan and Contracts with farmers to encourage the farmer to make plans for adequate food for his

family.

Farm Agents Have Given Health Information, Too:

Throughout the year farm agents have also shown an increasing interest in the relation of food to health and have asked for information on the nutritional status of farm people in our State.

The Home Agents have carried the planned program for their respective counties. They have held leaders' schools, club meetings, made home visits, and at the request of physicians have visited pellagra patients and aided such persons in securing a corrective diet. They have assisted in food production and food conservation programs, school lunch projects, and have given the farm family a clearer appreciation of the relation of food to health.

The Negro Home Demonstration Agents: Excellent work has been done by the negro home agents in food production, better selection and preparation of food.

Home Poultry: The poultry specialists have covered the State, spreading information to hundreds of club women and encouraging them to enlarge and improve their poultry flocks in order to provide poultry products in the diet and a surplus to supplement the farm income.

There were 14 poultry short courses held in the State last year by the poultry specialists with an attendance of 2,516 women and men. At these short courses poultry leaders secured timely information such as improved methods of housing, feeding, and breeding of chickens, to carry back to their club members and communities. In 98 counties there are 115,055 families with a year-round poultry and egg supply for home use.

Major ProjectsFoods and Nutrition

Agricultural Engineering: The assistant extension nutritionist, Sallie Brooks, and the assistant extension economist in food conservation and marketing, Ruby Scholz, with the cooperation of The Agricultural Engineering Department have started a series of demonstrations on home milling. Two kinds of mills, small hand and power mills, are used to show the grinding of wheat for cereal and flour and grinding corn for grits and meal.

A baking demonstration is given along with the milling demonstration to show the use of whole grain products. The power and hand mills plus the information on whole grain cereals has met with most gratifying interest not only from farm people but also the towns people.

These demonstrations will be given at \_\_\_\_\_ curb markets throughout the State and at the Northeastern District Feed Show before 3,000 people.

The Specialist in Clothing, in Home Management, and in Food Conservation and Marketing have cooperated with the nutritionists in planning a program for counties where special interest groups requested something of each phase of the work.

Animal Husbandry Division: Because of the good cooperation from this department, we are finding better methods of killing and curing meats on many farms. Meat cutting and curing schools have been held and demonstrations have been given in cooking and canning meat. The quality of meat is much superior to what it once was.

Horticulturists Cooperate: Excellent cooperation has been had from the horticulturists. Demonstrations have been given in grading



Major Projects

Foods and Nutrition

and preparing fruits for market and garden notes prepared and sent monthly to every home agent in the State. These monthly garden notes often were used by garden leaders in their local clubs.

Improved standards of garden truck were evident on our curb markets as a result of this assistance. The constant talking of high standards has borne results.

Local Leaders Aid in Carrying Foods and Nutrition Program

In the 29 counties (white) and 7 (Negro) majoring in foods and nutrition, there was an enrollment of 12,484 women being reached monthly through the demonstrations. Of this number 1,028 were trained leaders and assisted in carrying the work into 514 communities. Sixty-two leaders' schools were held by the specialists in foods and nutrition.

Every organized county had some foods and nutrition work during the year, being conducted when requests came for them.

Mary E. Thomas, Extension Nutritionist, in her annual report, said: "While the development of leadership at times seems slow, there is a gradual increase each year in the number of women who are willing to accept the responsibility of local leadership. This responsibility is being shifted from the shoulders of the older women who have served long and well, to the younger women. Many of them were 4-H club members or teachers, and they are capable and enthusiastic leaders. They have made surveys of the food supply in their respective communities, have given advice and assistance in producing the home food supply, in food preparation and in food conservation. They have helped on relief programs, organized and assisted with tonsil and dental clinics, visited

homes where there was pellagra and other nutritional diseases and aided in securing food for a better balanced diet.

"One thousand, seven hundred and thirty-three local leaders in 80 counties assisted with some phase of the food and nutrition work. In 50 counties leaders held 750 method demonstrations. Twenty-one counties report 149 result demonstrations."

Mrs. William Poyner, the nutrition leader of Barco Club in Currituck County, was in charge of one of her club meetings. She said:

"I am improving some of my habits. I am determined to drink a quart of milk a day and I'm doing all I can to get my family to eat more vegetables and more whole grain cereals. I only wish I could have learned all these nutritional facts when my children were younger. Malnutrition is often caused by poverty, and there has been poverty in my family. It is most often caused by ignorance, and I, too, have been ignorant of nutritional needs. But I am doing all I can now to correct these mistakes. This lesson is a bit late for some of us older members, but you young ones must listen and follow the advice."

Turning to one of the young mothers present, Mrs. Poyner advised: "Ellen, you have young children. We are told in this lesson what causes rickets. It is a diet deficiency disease. The doctor recommended all these foods so easy to produce in Currituck County and told you that rickets is your child's trouble. All over our country there are children and grown-ups either sick or on the borderline of illness which might have been prevented by proper food. Let's try to have year-round gardens and to serve better balanced meals."

The following statements are from reports of Rutherford

County women:

Mrs. L. W. McKinney, Ellenboro Club: "We are drinking more milk in my family. I see that the children are getting each day the quart they need and I see a lot of improvement."

Mrs. Leonard Bostic, Concord Club: "The meals at my house contain fewer sweets but I have added more fruits, more raw salads, more egg and milk dishes, and I notice a great difference."

Mr. Gilmer Philbrick, Sunshine Club: "My children are still overweight but not as much as they were as I have decreased the sweets and increased the fruits and vegetables in their diets."

Mrs. J. T. Harris, West End: "From each leaflet I get help that I can use. The information helps me to put to better use the things I have."

Mrs. Hoyle Carroll, Tanner Grove: "The help I have received at club meetings aids in keeping my family in good health. I have helped non-club members by giving them recipes and helping them can."

For more accounts of how the foods and nutrition program has benefited club members, see the 1941 annual report of Mary E. Thomas and Sallie Brooks, pages 30 - 33.

1942 Goals in Foods and Nutrition

Eight thousand farm homes planning for, and where economically sound, producing on the farm those foods in sufficient quantity and variety needed to supply an adequate diet for the family. This includes a year-round garden, a succession of fruits, adequate dairy, poultry, and meat supply.

Ten thousand homes in which good food selection and improved food preparation is practiced and in which well balanced meals are served attractively.

Three thousand homes adopting recommendations for corrective feeding.

Five thousand homes adopting suggestions for better buying practices of food products.

Four thousand women keeping records of food costs.

Eighteen hundred homes improving facilities for food storage.

Ultimate Objectives:

1. Food produced on every farm adequate in variety, quality and quantity to meet the needs of the family.
2. Every member of a family practicing good food selection habits and free from ailments indicating faulty diet.
3. Every family having meals well planned to meet body needs - well planned, prepared, and served.
4. Every family make a key food budget and cost of foods.
5. To see a desire among more farm people for good health, improved sanitation, making for a more satisfying rural life.

Cooperation with Other Agencies:

The foods and nutrition specialists have worked closely with other organizations employing home economics workers, vocational agricultural and home economics teachers, Farm Security home supervisors, W. P. A., N. Y. A. and T. V. A. workers. Subject matter has been supplied when requested and many conferences have been held.

Farm Security Administration: Simplified subject matter material has been prepared for Farm Security clients. In some of the counties the home agents have given instruction regularly to Farm Security clients and have helped the women employed by W. P. A. in gardening, food conservation, food selection and preparation, meal planning and school lunches.

National Youth Administration: This has been a very cooperative agency. The N. Y. A. girls and boys have assisted in home agents' offices and sometimes helped in the field.

The State Health Department: The health department always has been generous in assisting us with our program and we in turn do all we can to be of assistance to them. Usually some person from the State Board of Health appears on our annual Farm and Home Week program. Sometimes during the year the Extension Nutritionist is called upon to appear on one of the Health Department's programs.

The County Health Departments: The very finest type of cooperation and interest in our 4-H health programs has been given by the local health departments and not only through 4-H Club health programs but with Service Clubs and Home Demonstration Clubs. Here programs have been prepared for home demonstration club members on the control of cancer, infant and maternity clinics, preschool clinics, dental clinics, tonsil and adenoid clinics, orthopedic clinics, and all work that makes for better health in the home and in the community.

Health Officers in several counties have prepared short articles on colds, pneumonia, contagious diseases, and protection against them.

The specialists and agents in counties where military and Marine Camps are adjacent have cooperated with a representative of the U. S. Public Health Service in giving information making for improved health conditions.

Commercial Home Economists Cooperate: Commercial home economists conducted cooking schools for home demonstration club members and have appeared on our Farm and Home Week and 4-H Short

Course programs. Generously have they supplied their excellent printed subject matter materials, food supplies and equipment for demonstrations and money for prizes for canning and demonstration contests.

The Nutrition Workers' Council, formed in 1940 by representatives of the several State and Federal Agencies located in Raleigh, has been absorbed by the State Nutrition Committee.

The State Nutrition Committee includes representatives from more of the different agencies and will aid in organizing Nutrition Committees in every county as a part of the State Defense program.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

State College Station  
Raleigh, N. C.  
July 10, 1941

To All Home Demonstration Agents:

The National Nutrition Conference for Defense recommended to President Roosevelt the "enrichment" of flour and bread as an "economical way to improve American diets almost universally, without interfering with deeply ingrained food habits."

Please send us not later than July 21 a summary of the contribution made and the results obtained by Extension Workers and leaders and cooperators in your county in the Educational Campaign for the wider production and use of enriched flour and enriched bread.

We are interested in educational methods used- the extent to which an effective consumer demand has been stimulated; and insofar as it is feasible to get this information, the extent to which enriched flours, whole grain flours, and enriched bread are available on local markets.

Please state how regular Extension Channels such as press releases and radio broadcasts have supplemented discussions and meetings. Also give a report of any training meetings held, visits to local food merchants, meetings with chain store employees, or any methods used in your county to feature enriched products. Tell any plans under way in the next few weeks.

Please check the questionnaire we enclose and return it with a narrative story, together with copies of newspaper publicity and photographs of exhibits and posters used.

Sincerely yours,

Ruth Current,  
State Home Demonstration Agent

1941-1942

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

STATE OF NORTH CAROLINA

State NORTH CAROLINA  
County \_\_\_\_\_  
Name RUTH CURRENT  
Title STATE HOME DEM. AGENT  
Date \_\_\_\_\_

SUGGESTIVE QUESTIONNAIRE TO EXTENSION WORKERS  
RE: PARTICIPATION IN EDUCATIONAL CAMPAIGN TO POPULARIZE  
ENRICHED FLOUR AND ENRICHED BREAD

Please check below the methods you have used to educate consumers to the health benefits of using "enriched" and whole grain flours and breads in preference to the highly milled, monenriched flour and cereals now on the market; and to help local stores see the importance of offering whole-grain and enriched products to the public and properly advertising them.

- 1. News releases 26
- 2. Radio broadcasts: approximate number 8
- 3. Talks and discussions at -
  - a. Home demonstration meetings 367
  - b. Local leader training meetings 24
  - c. General meetings 60
- 4. Inquiries at food stores, made by -
  - a. Extension worker 129
  - b. Local people 161
- 5. Conferences with owners, managers or clerks of local food stores 81

6. Other methods used (specify). Distributed leaflets and made talks at mattress centers; gave demonstrations; explained to store owners and asked them to exhibit some in windows; gave report at County Home Ec. Club; visited flour mills; discussed with individuals; sent letters.

7. How generally, throughout food stores in your county, are the following products available?

- a. Enriched flour. In what size packages?  
Varies in counties - all sizes throughout State.
- b. Whole-wheat flour.  
Varies in counties - all sizes throughout State.

Please Describe Briefly One Way In Which You have Contributed To The Educational Program For The Use of Enriched Flour. Discussed value at club meetings and stressed using it; visited merchants; sent circular letters; food and nutrition leaders reporting at club meetings; used in demonstration and discussed with milk; lecture demonstrations given; asked club women to tell neighbors; newspaper articles written.



FOOD CONSERVATION AND MARKETING

The Food Conservation and Marketing programs are under the supervision of Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing, and her assistant, Ruby Scholz. Miss Scholz was appointed to this position on July 1, 1941.

Every county organized in home demonstration club work takes food conservation as a regular part of the home demonstration program.

Statistics

Number families assisted with canning program in 1940.....	68,162
Number counties reporting.....	87
Estimated value of food canned for home use and for market	\$1,427,151.39
Number families making a canning budget.....	20,386
Number families filling a canning budget.....	14,946
Number counties reporting.....	97
Number containers filled in 1940 - (white).....	5,955,514
Number containers filled in 1940 - (negro).....	1,269,445
Total number containers filled in 1940.....	7,224,959

Integration of Subject Matter

Perhaps all home demonstration programs and those agricultural subjects such as Horticulture, Poultry, Dairy, Animal Husbandry, and Agricultural Engineering have been more closely integrated, one with another, in the past year than in former years.

1. The Farm Food Supply program, as outlined by the Nutrition Department, provides for an adequate amount of food to be canned, cured, dried, and stored with a surplus for marketing.

2. The Canned Foods Budget - made jointly by the nutritionists and extension economists in food conservation and marketing. Material on Storage is a collaboration of work by specialists in Home Management, Agricultural Engineering, Nutrition and Conservation.

3. Swine Specialist. Meat cutting demonstrations are arranged to fit in with the specialists' program in meat canning, demonstrations in dressing poultry, grading eggs, care of milk, butter making, grading fruits and vegetables, and baking for market are given throughout the year by the different specialists to farm women who sell these products on the organized curb markets.

4. Horticulture Specialist. Garden notes are a great benefit to marketers and gardeners - also bulletins and circulars.

5. Other Agencies. Supervisors for W. P. A., N. Y. A., F. S. A., and Vocational Education are trained in canning schools arranged by the Extension Economist in Food Conservation and Marketing to insure safe methods and uniform standards of canned products.

6. Agricultural Engineering Specialist. Blue prints and plans for storage pantries, canneries, and curb market buildings are furnished by the Agricultural Engineering Department to counties or committees interested in building for these purposes.

7. Dairy Specialists. Our dairy specialists are called on constantly by home demonstration club women for assistance in home dairy projects. They are called on for demonstrations in butter making, butter making equipment, care of butter and care of milk in the home. They have met with curb market women and scored their dairy products. Each year the dairy specialists have assisted and been responsible for an increased number of cows being placed on North Carolina farms.

Because of the fine cooperation from the dairy specialists, the home demonstration agents have been able to do a much better piece of nutritional work and also they have made available more and better dairy products in many farm homes.

8. Commercial Home Economists. Home economists in commercial fields render valuable aid in extending the county programs by giving demonstrations in canning fruits, vegetables, and meats; care of equipment; and baking for market.

Drying and Curing:

There were 491,994 pounds of fruits and vegetables dried in 87 counties.

In 85 counties, 21,500,368 pounds of meat were cured by farm families.

Pressure Canners:

There were 9,798 pressure canners in use in 90 counties; 1,704 of this number were bought in 1941.

Local Club Leaders:

Home agents were assisted by 1,767 leaders in the food preservation program.

Curb Markets:

There were 50 farm women's curb markets in North Carolina in 1941 where 2,334 produced and sold \$458,101.92 worth of products. Other sales to merchants, hotels, institutions and individuals (reported from 60 counties) totaled \$419,373.87 - a gross total of \$877,475.79. From handicraft (74 counties reporting) sales amounting to \$47,281.79 worth of handicraft articles.

State-wide Canning Contest:

A. Adult

1. Preliminary county contests with 1,222 women competing.
2. Thirty-seven counties entered Canning Contest for Women.

B. 4-H Club Girls

1. Fifty-nine counties sent entries of a canned fruit and a canned vegetables to the 4-H Contest at the State

Fair. (This was an increase of 22 counties over 1940).  
Lee County Women Provide Storage for Canned Food

An interesting story on canning and storage of canned foods comes from the agent in Lee County. She writes:

"More people are reached through canning instructions than through any other service. As products mature the various foods are demonstrated from early spring fruits through summer vegetables and on to meats in winter. Leaders give the demonstrations in methods of canning. In 1941 leaders and other club members taught 155 non-member families to can around 3,905 quarts of food. The canning done by 610 families totaled 87,031 quarts of fruit, vegetables, and meats and 9,670 containers of jams, jellies, and pickles. As families can more foods, the storage of filled containers becomes acute. An Extension lesson sheet on storage was used at clubs and 41 homes now have shelving suitable for products. More will be built later due to the effort of the agent and a group of club women in showing storage of foods and arrangement of foods in the storage pantry for easy meal planning.

"In addition to canned products, club members report 147,371 pounds of pork cured, 1,735 pounds of dried fruits and vegetables; two clubs reported 1,850 pounds of lard. Surplus fats made 4,704 pounds of soap for 49 families."

State-Wide Projects

Food Conservation and Marketing

Other interesting accounts of results of the food conservation project in Wilson, Buncombe, Cumberland, and Durham counties will be found in the annual report of Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing, and her assistant, Ruby Scholz, pages 9 - 12.

Curb Market Buildings:

1. 34 markets are housed in brick buildings.
2. Two markets are in galvanized iron buildings.
3. Fourteen market buildings are frame buildings.
4. Thirteen of the 50 markets were built especially for market buildings.
5. Nineteen of the 50 markets are county-owned and 5 are city-owned.
6. Plans and blue prints of market buildings are furnished by the Agricultural Extension Service.
7. Two or more market buildings will be built in 1942.

Activities and Accomplishments:

Methods used in furthering food conservation in North Carolina in 1941 were:

1. Planning definite programs with all agents in the fall of 1940.
2. Lecture demonstrations by specialists, agents, and leaders using canned goods and score cards to teach better standards.
3. Demonstrations in canning fruits, vegetables, and meats by specialists, agents, and leaders.
4. Demonstrations in preserving, pickling, and jelly making by specialists and agents.
5. Tours to freezer-lockers and demonstrations in methods of preparing foods for freezing.
6. Two state-wide canning contests; one for women and one for 4-H girls.
7. Exhibits, radio broadcasts, news articles, circular letters, short courses, meetings, home visits, lantern slides, and panel discussions.
8. Demonstrations and exhibits at fairs and short courses.

Statistical Results:

Number of curb markets in State.....	50
Number producers.....	2,334
Total value of products sold in 1941.....	\$ 458,101.92 ✓
Other sales to merchants, institutions, hotels, etc.....	\$ 419,373.87
Total curb market and other sales.....	\$ 877,475.79

Types of Markets:

Type I. The first type is the organized home demonstration curb market which is established in cities and towns that are large enough to insure a good volume of trade.

The home demonstration curb market serves as a retail agency and provides the farm women with a direct outlet to near-by consumers for such products as meat, fresh and cured; poultry, live and dressed; eggs; butter and milk products; vegetables; cakes; breads; canned goods; flowers; et cetera. Each woman is responsible for the sale of her own products. The markets are managed and controlled by the sellers with the advice and guidance of the home demonstration agents. They are not incorporated as cooperative associations.

The market furnishes a social meeting place for farm and city women and fosters the goodwill of town and country. It is also educational in its function and teaches grading, packaging, arrangement, and other market standards.

Type II. The second type is composed of individuals and groups of farm women who deliver in person or ship produce to merchants, hotels, individuals, and institutions.

The following table shows the progress of the organized markets over an eight year period.

State-Wide Projects

Food Conservation and Marketing

Year	No. Markets	No. Producers Selling	Total Sales
1934	28	1,316	\$ 176,237.96
1935	34	1,265	237,933.51
1936	36	1,433	262,841.99
1937	40	1,562	337,681.03
1938	42	1,697	309,149.99
1939	44	1,506	377,947.53
1940	48	2,045	401,108.19
1941	50	2,334	458,101.92

Rules and Regulations:

While each market makes its own rules and regulations, they vary only slightly. The following regulations are general:

Each producer must pay a fee of \_\_\_\_\_ (fees range from 2% to 10% for the privilege of selling; some markets charge a flat sum for space, five to ten cents for three feet).

Marketers must wear clean, washable outfits that completely cover street clothing.

Members are not permitted to buy and resell.

Members are not allowed to solicit business from customers who are not within the bounds of their selling space.

All prepared food must be covered to protect it from dust.

Display tables must be clean, attractive, and uniform.

Prices must be posted in a public place so they may be read from all parts of the market. Prices must not be changed by marketers.

All products must be standard at all times.



State-Wide Projects

Food Conservation and Marketing

Marketers must leave report of sales at the desk before leaving.

The market must be clean, sanitary, well lighted and ventilated.

Health certificates for each producer must be posted in a conspicuous place.

Any violation of the above rules forfeits the right of the producer to sell on the market.

Classification of Markets According to Sales

<u>Sales Range</u>	<u>Name of County</u>	<u>Amount of Sales</u>	
\$40,000 - \$50,000	Nash	\$40,218.34	
	Durham	39,606.33	
30,000 - 40,000	Wayne	30,724.43	
	Henderson	30,000.00	
20,000 - 30,000	Guilford	28,553.40	
	Anson	19,850.00	
10,000 - 20,000	Lenoir	18,777.91	
	Wilson	17,128.77	
	Wake	17,358.62	
	Halifax	15,602.63	
	Mecklenburg	15,451.58	
	Cumberland	14,891.57	
	Orange	13,903.86	
	Caldwell	13,496.30	
	Robeson	13,474.03	
	Alamance	13,217.45	
	Beaufort	10,084.00	
	5,000 - 10,000	Vance	9,349.75
		Person	8,203.98
		Carteret	8,017.06
		Burke	7,149.12
		Edgecombe	7,119.03
Catawba		6,995.30	
Iredell		6,706.09	
Moore		6,368.58	
Pitt	5,522.00		

Twenty-four other markets sold less than \$5,000 worth of products during 1941.

State-Wide Projects

Food Conservation and Marketing

On the 50 organized markets poultry and eggs were the best sellers with sales amounting to \$176,304.68.

Prepared foods and baked foods were second with sales of \$99,759.65 reported.

Fruits and vegetables brough \$82,394.97 and dairy products, \$52,049.21.

Miscellaneous items brought \$40,736.29 and Crafts, \$6,857.12, making a total of \$458,101.92.

Market Money Clothes the Children

The Beaufort County home agent reports: "A non-member from Long Acre Township whose children have to attend the city schools said that the market meant everything to them - 'It pays for all our expenses, except for the big bills like fertilizer and machinery. It clothes the children and provides them with lunch so that they feel like going to school with the town children.'

"There are several families who keep current expenses paid up with curb market cash."

"Now I Go to the Curb Market Regularly"

The following story describes what the Wilson County market means to Mrs. Frank Owens of Toisnot Club:

"I have a very good cow. I bought her as a young heifer for family use. After she freshened the first time I began making butter. I sold some to neighbors at a small amount per pound. They and my family could not consume all of it, so I decided I would try the curb market since I was a club member. I knew my home agent very well. I spoke to her about a table at the market and she assigned me

State-Wide Projects

Food Conservation and Marketing

one and I went to work with only my butter the first time. Well, at the close of market I had sold one and one-half pounds. I was very much discouraged, but I decided I would not give up so easily so I tried it again and the next week with my pounds gaining some and at a slightly higher price until now I have very good customers to consume most of my butter. Now I go to the curb market regularly with butter, eggs, poultry, vegetables, and other things.

"There are three of us in the family and we rent land. We are hoping against hope that we will some day own our land and especially more cows and poultry."

The Rocky Mount Curb Market, the largest in the State, is now nearly nineteen years old, having been organized in April 1923. The agent reports:

"Mrs. G. W. Swanson picked and sold peas that were planted between rows on three acres of corn, for \$133.79. Mrs. J. W. Breedlove reports selling \$257.00 worth of butter; \$270.00, fruits and vegetables; \$1,301.00, poultry and eggs; \$258.00, meats; and \$28.00 worth of periwinkle or vinca-minor from an old cemetery on the farm. This is a total of \$2,116.00. She also sold \$75.00 worth of products at home. Mrs. Breedlove, when asked what was done with her money, gave the following uses:

- Bought paint to paint home both inside and outside.
- Purchased bedroom suite for guest room.
- Improved kitchen.
- Dressed the family.
- Purchased food not raised at home.
- Paid wage hands.
- Paid insurance and hospital bills.
- Gave each child a trip to 4-H camp or an out-of-state trip."

HANDICRAFTS

There is a background of good craftsmanship and high standards in the State in weaving, wood carving, rug making and other useful and saleable crafts, but we see many substandard articles being offered for sale in gift shops and in markets. A serious effort is being made to help the women and girls raise the workmanship standards, color, and design, who wish to market their crafts.

There are 26 handicraft centers in the State where many club women and 4-H club girls and boys are receiving training in handicrafts. These centers are sponsored by W. P. A., N. Y. A., and F. S. A.

Special Handicraft Programs:

1. Handicraft Demonstration at Farm and Home Week.

During Farm and Home Week handicrafts were exhibited and weaving demonstrations were given by Mrs. W. J. Steagall, home demonstration club woman from Richmond County, and by Mrs. Irma Wallace, Handicraft Specialist for the F. S. A. Two large looms were in use whenever the exhibit rooms were open and farm women were permitted to sit at the looms and really learn to weave.

2. Handicraft Demonstrations at 4-H Short Course.

Block printing demonstrations were given to 4-H girls and boys at the summer short course by Mrs. Frances Barbour Williams of the W.P.A. Art Center, Raleigh. The specialists in Food Conservation and Marketing gave three lessons on "Crafts - A Supplement to the Family Budget." These lessons included a display of craft products of an accepted quality suitable for market. Some articles of pine needles, honeysuckle, shucks and hand weaving were scored for their color, design, and proportion. The cost of producing and market prices were considered, also.

### 3. National Art Week.

National Art Week, sponsored by the Works Project Administration, was observed in North Carolina and Extension Agents were given an opportunity to exhibit rural crafts for the purpose of selling them at centers located in Wilmington, Winston-Salem, Kinston, Greenville, Raleigh, Concord, Chapel Hill, and Greensboro.

#### Value of Handicraft Articles

The Value of handicrafts was stressed at the planning conferences in October and November and definite plans are underway for a number of 4-H members to carry projects in handicrafts.

#### Handicraft Requirements for North Carolina:

The specialist prepared a leaflet, "Handicraft Requirements for North Carolina 4-H Club Members," which sets forth handicraft requirements in four units of work preceded by a list of text materials and goals for home work. On completion of these requirements, club members will be eligible to market crafts, provided that samples submitted meet the high standards required by gift shops and other sales agencies.

(See copy of requirements attached).

## HANDICRAFT REQUIREMENTS for NORTH CAROLINA 4-H CLUB MEMBERS

By RUBY SCHOLZ

*Extension Economist in Food Conservation and Marketing*

The handicraft requirements for 4-H Club members in North Carolina are presented in 4 units of work, which if time permits, can be completed in 3 years.

### TEXT MATERIALS USED

North Carolina Agricultural Extension Service—*Directions for Preparing Material for Basket Making.*

U. S. D. A., Farmers' Bulletin No. 1631—*Broom Corn Growing and Handling.*

North Carolina Agricultural Extension Service—*Braided Shuck Mats.*

North Carolina Agricultural Extension Service—*Pine Needle Basketry.*

Goldstein and Goldstein—*Art in Everyday Life.*

North Carolina Agricultural Extension Service—*Art Principles Applied to Handicrafts.*

### GOALS FOR HOME WORK

- To gather, prepare, and store a supply of homegrown craft materials;
- To develop some skill when working with craft materials;
- To gain some knowledge of good design as it applies to artistic, useful articles;
- To produce a product which meets an accepted standard based on design, material, and workmanship;
- To improve handicrafts made for home use and for sale to supplement the family income.

Exhibit on Achievement Day according to various units.

Keep a complete record of all craft materials collected and prepared, and articles made.

### REQUIREMENTS FOR HOME WORK

#### Unit I

Prepare home-grown craft material according to directions in North Carolina Agricultural Extension Service leaflet.

Make simple honeysuckle, pine needle, and shuck hot dish mats—showing carefully prepared material and excellent workmanship.

Minimum of 3 mats each of 2 materials. (6 mats.)

#### Unit II

Make mats and baskets of honeysuckle, pine needles, or shucks, placing special emphasis on size, proportion, and color combinations and other factors which will give a finished product of good design.

Visit craft shops.

Minimum of 6 baskets using 2 materials.

6 mats using 2 materials. (12 articles.)

#### Unit III

Make willow baskets and brooms.

Make a handicraft work plan for one year.

Improve the quality of products produced during previous years.

Minimum of 2 willow baskets and 2 brooms.

4 mats using 2 materials.

4 baskets using 2 materials other than willow.

(12 articles.)

**Unit IV**

Improve the design and quality of willow baskets and brooms.

Demonstrate the use of the loom and name its parts.

Weave towels, purses, aprons, and rugs.

Discuss the points considered in judging a standard woven towel.

Minimum of 2 towels and 2 other woven articles from above list.

2 large willow basket.

1 broom. (6 articles.)

On completion of the above requirements club members will be eligible to market crafts provided that the samples submitted meet the high standards required by gift shops and other sales agencies.

**MINOR PROJECT PLAN—HANDICRAFTS**

Materials Collected	Amount	Articles Completed	Number	Name of Shops Visited

Major Projects

CLOTHING

In North Carolina two full-time clothing specialists (Willie N. Hunter and her assistant, Julia McIver) are employed to work with white women and girls and one Negro specialist (Wilhelmina R. Laws), who divides her time among clothing and other home economics subjects for Negro women and girls.

In 1941, the clothing program for each county was planned in cooperation with the clothing leaders, the County Council, the home agent, district agent, and clothing specialists. It was designed to meet the needs of both women and girls, keeping in mind the needs of the majority and emphasizing the phases of work on which members needed the most guidance.

Clothing work was presented through leaders' schools, club meetings, short courses, demonstrations, dress clinics, dress revues, contests, exhibits, articles for the papers, radio talks, plays and skits. Demonstration kits, lesson sheets and outlines, bulletins, charts, posters, circular letters, and other illustrative materials were used.

Visual aid played an important part in presenting many of the subjects. A pitcograph was added to the clothing department equipment during the year and it has been of much help in leaders' schools and meeting other small groups. Illustrations and pictures cut from magazines can be thrown upon the screen with this machine and this has been helpful in teaching construction, line, design, hair arrangement, changes in style, and so on.

Demonstration kits proved helpful in presenting clothing work. Miss Hunter says, "There is nothing like good illustrative material to aid in building standards."



The following counties were major clothing counties:  
Alexander, Caldwell, Catawba, Chatham, Craven, Harnett, Haywood,  
Hoke, Johnston, Jones, Lenoir, Mecklenburg, New Hanover, Stanly,  
Surry, Tyrrell, Wake, and Wayne.

Planning to Meet the NeedsA. Clothing Goals for the year:

1. To assist women in making better garments at home, giving more attention to fit, construction, and design.
2. Assist women in making better use of what they have, remodeling and making over.
3. Better use of the sewing machine - machine clinics and use of attachments.
4. Better buyers - what to know about fabrics, ready-made garments, shoes, hose, accessories they buy.
5. Help women and girls realize their contribution to the family in terms of dollars and cents when they are doing most of the sewing at home.
6. Show them that high standards of workmanship pay in satisfaction and general appearance.
7. Assist women with ways and means by which they can earn money.
8. Get women to make clothing plans and keep records of clothing needs.
9. Realize that better care of clothing extends money.
10. Better use of patterns - understand a pattern and the help one can get from using it correctly.
11. Two good clothing leaders in every club in clothing major county; one clothing leader in each club in non-clothing counties.
12. Children better clothed for school.
13. Specialists visit one or two clubs in every county.
14. Help women keep informed about:

Major Projects

Clothing

- a. Fashion trends
- b. New fabrics and processes for finishing
- c. Changes in consumption - supply and demand
- d. Changes in ways of living - how affects clothing
- e. Clothing standards of living in community

15. Suggest good reading, radio programs, and things a woman can do in her community.

B. Activities and Results

Outlook- The January meetings in all counties were given over to

Outlook and the women were urged at that time to study their clothing needs and plan accordingly for themselves and their families. Since Home Sewing, Good Buying Practices, Care and Repair of Clothing, and remodeling are all important in helping a woman meet her clothing needs, these phases received emphasis in 1941.

Get Ready To Sew - Fourteen counties, 236 clubs with an enrollment of 6,368

women were first year clothing counties, so Get Ready To Sew was included in their programs. The purpose of this lesson was to help a woman make her clothing work easier and save time by arranging a convenient sewing place.

Economic Conditions Economic conditions make it necessary to include consumer

information in all major clothing programs. Included in the program were:

Fabric Identification In 13 counties, 199 clubs with an enrollment of 6,793 women learned about fibers, weaves, and finishes and how to make simple home tests for identification as well as receiving instruction about care of various new fabrics and finishes, labels and shopping ethics. All of these counties were furnished textile kits by the specialists.

## Major Projects

## Clothing

Buying Readymades: Five counties - 80 clubs with an enrollment of 2,143 women - made studies of what to look for when buying ready mades. Dresses, suits, coats, and slips were the garments in which the women were most interested. Fabric, style, cut, finish and trim were points stressed along with labels and cost. Eighty-four counties reported 6,961 coats made by women (white) and 35 counties reported 416 coats made by 4-H club girls (white).

Selecting Foundation Garments: Women in 5 counties made studies of foundation garments for their club projects in 1941 - 82 clubs with an enrollment of 2,112 women. The garments were studied from a standpoint of health, appearance, and comfort. In some of the clubs fitting of these garments was demonstrated by a trained commercial representative and local stores were generous in lending garments of many types for the demonstrations. Maternity corsets and support garments were shown, making and fitting brassieres given in a number of the clubs, and some of the women were especially interested in garments that could be made at home because of figure problems and cost. Care and repair of foundation garments was included. The specialists report:

"These demonstrations have done much to help women in improving their personal appearance. We find numbers of our club women are paying more attention to selection of their foundation garments which not only improve appearance but health as well."

Buying Hosiery: Ninety clubs in six counties with an enrollment of 2,330 women know more about the stockings they buy because of the study of hosiery in their home demonstration clubs. It was easy

Major Projects

Clothing

to get excellent illustrative material because of the large number of hosiery mills in the State. A NUMBER OF CLUB WOMEN IN EACH OF THESE SIX COUNTIES KEPT HOSIERY ACCOUNTS AND JUDGING FROM THE HOSIERY BUDGETS SUBMITTED THIS IS NOT AS MUCH OF A PROBLEM FOR RURAL WOMEN AS IT IS FOR URBAN. AS SHOWN FROM THE SUBMITTED BUDGETS, THE COST AVERAGED AROUND \$5.00 PER YEAR FOR EACH WOMAN: THE LOWEST NUMBER BOUGHT BY A WOMAN WAS 2 PAIRS, THE HIGHEST, 21 PAIRS.

Shoes and Feet: This subject was studied in 6 counties, 90 clubs with an enrollment of 2,330 women. The demonstration was presented with the use of charts, pictures, and bulletins; various types were shown and discussed and the main points in fitting stressed. A check on the fitting of shoes of women present revealed the fact that over half of THE WOMEN WERE WEARING SHOES TOO SHORT. Posture and walking were brought out in the discussion as well as care of shoes.

Construction 1. Patterns and How to Use Them was included in the lessons of all of the 14 first year counties and any woman desiring to make a guide pattern was assisted in doing so. The first year work in patterns is preliminary to concentrated effort on fitting given in the second year work. Four counties, 52 clubs, 1,260 women were taking second year work in 1941.

2. The Selection and Making of Underwear has received emphasis during the year. Costume slips and sleeping garments were the main garments studied, taking into consideration health, comfort, appearance, and cost.

3. Comparative Tests: The Haywood County home agent gives a report on the comparative tests in wearing qualities of slips started in

## Major Projects

## Clothing

1940 and finished this year.

"Mrs. Tom Higgs of Beaverdam Club made a wearing test on slips, material and patterns the same but seams different - French felled and flat. She began her test in May 1940 making slips at a total cost of 65¢ for the two slips. They were both worn for 15 months, laundered the same number of times, and Mrs. Higgs said: 'I just can't tell any difference in the wear of the two slips.' The slips were made by Mrs. Higgs from a fitted pattern worked out for herself after attending a leaders' school on underwear.

"Mrs. Henry Francis of Allen's Creek Club made a wearing test on one slip cut bias, the other cut straight, both made of the same material and worn interchangeably. 'I bought the slips in May,' she said. 'The cost \$2.25 each, have been worn alternately and washed 12 times. They have no rips, worn spots, and I have not mended the straps. The bias cut slip has split across the back and I have mended it. The straight cut slip has worn slightly under the arms and I plan to mend it. I found the straight cut slip much more comfortable to wear than the bias cut one.'

"Mrs. Paul Robinson of Beaverdam Club made wearing tests on bias and straight cut slips. 'I bought the slips in August 1939. I have worn them everyday and Sunday, too, for 18 months. I have washed these slips twice a week for 18 months. I have had to mend the straps on the bias cut slip and finally replace them. The straight cut slip has been mended under the arms. I bought one new slip that I keep for dress up occasions but I expect the first two slips to wear for 6 months longer for every day.' Mrs. Robinson reported, too, that the straight cut slip

Major Projects

Clothing

was more comfortable to wear.\*

Fitting

The home agent from Tyrrell County, Mary Emma Strickland

is enthusiastic over results in her county from the lesson in fitting. In her report she expresses what this phase of clothing has meant to her club women which is typical the State over.

"The interest in fitting patterns grew to the extent that this was continued in the April meetings. There has been a complete right-about face in the attitude toward sewing at home as a result of what a fitted foundation pattern is able to do for any woman. The work done with foundation patterns thus far has meant that 66 club members have been fitted with patterns that make it possible for them to cut and sew for themselves even when they had never had any experience in dress making. Mrs. J. H. Tweedy, of Scuppernong Club, says: 'With the pattern I have at last succeeded in having my first well fitted dress. Before I bought my dresses ready made, had to pay a lot more for them and then they never felt comfortable or looked nice because they were always too large or too small. Now I can take my pattern, buy material cheaper, and cut a dress from it that will fit me perfectly. I have found my pattern to be very helpful and it saves time, money, and much worry.'"

Statistics

on Home

Sewing

86 counties report	114,397 dresses made by women
79 counties report	16,540 dresses made by 4-H girls
85 counties report	7,159 coats made by club women
36 counties report	536 coats made by 4-H girls

Often a woman is afraid to tackle a job like making a coat. If she starts on a child's coat or light weight, unlined coat she begins to gain confidence in herself. Cutting down a larger coat and making over

Major Projects

Clothing

is another means by which we help her to gain confidence. Helps are given in tailoring and finishes, and more and more women are reporting making coats with success.

Remodeling and Making Over

This work is given in connection with the seasonal lessons and practically every county in the State called for assistance along this line in 1941. (See page 18 of the clothing specialists' report for story from Mrs. Jack Barrow, club woman in Jones County).

Clothing Costs

The average cost of clothing per woman from clothing accounts kept by women in 1941 was \$42.38 against \$57.24 in 1940 and for 4-H girls in 1941 it was \$35.33, in 1940, \$38.52. The average cost per family in 1941 was \$113.07 and in 1940 it was \$151.58.

Miss Hunter says:

"THE DECREASE IN CLOTHING COSTS IN 1941 MAY BE DUE TO SEVERAL THINGS - BETTER PLANNING AND BUYING, MORE SEWING AT HOME, AND THE COTTON STAMP PROGRAM WHICH ASSISTED HUNDREDS OF FAMILIES IN SUPPLEMENTING THEIR WARDROBES." (See page 18-b of Miss Hunter's report for actual report from a club woman).

Leaders

Since the home demonstration club is the rural woman's educational, social, and recreational get-together, much effort is put into planning programs for each club meeting. Many leaders take the responsibility for planning the program in addition to the major project. They endeavor to have educational, recreational, and social activities at each meeting. In 1941, there were 1,477 clothing leaders.

Each club in a major clothing county elected two clothing leaders who were trained in four schools held by the specialists at

Major Projects

Clothing

regular intervals. Special demonstrations were given at Achievement Days or Federations by the specialists to take the place of schools. Misses Hunter and McIver say: "Leaders played an important part in putting over the 1941 clothing program. They either assisted in giving the demonstration at club meetings by giving some specific practice, or were responsible for the ENTIRE DEMONSTRATION AT CERTAIN MEETINGS. In many counties the leaders assumed the responsibility for exhibits at county fairs, assisted in collecting and making illustrative material, and rendered effective service by giving their friends and neighbors help with their clothing problems. The leaders have rendered a real service to the needy in the community; they have been of inestimable service with the mattress, comforter, and cotton stamp programs."

"AS A RESULT OF LEADER TRAINING SCHOOLS IN CLUB WORK,"

Continues Miss Hunter, "NUMBERS OF HOME DEMONSTRATION WOMEN ARE RECEIVING REGULAR EMPLOYMENT AS SUPERVISORS OF W. P. A. SEWING ROOMS, N.Y.A. CRAFT OR SEWING ROOMS, MATTRESS AND COMFORTER CENTERS IN A COUNTY."

Publicity

An effort is made by the clothing specialists to find a scribe in every club who will write a report of club

meetings for the local papers, giving special emphasis to the demonstration of the month. The home agent announces through the local papers each meeting followed by a write-up of what the next month's demonstration will be. Often reporters from the papers will attend leaders' schools and write their own accounts.

Dress revues are a good source of publicity for club work.

In 1941, there were 209 dress revues for women in 28 counties with 2,740



Major Projects

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women modeling; 136 dress revues were held for girls in 66 counties with 1,700 girls modeling. Most of these revuue were given publicity in the county papers.

And the specialists from time to time write articles for magazines and papers which are released through the Extension Editor's office.

The radio schedule, too, includes talks by the clothing specialists, agents, leaders, and club women and girls on timely clothing topics.

Major Projects

Clothing

Cotton Stamp Program

How the Cotton Stamp Program was conducted in North Carolina is given in detail on pages 34 and 35 of the clothing specialists' report. The county reports from home demonstration agents gave many interesting reports of how the cotton stamps were used. Cabarrus Home Agent says: "All of the women have used their stamps for clothing or household articles needed by the family and the home agent does not feel that any woman has used her stamps unwisely. In Cabarrus County 1,425 families received cotton stamps valued at \$23,115.00."

Gaston County reports two county-wide meetings on the cotton stamp program representing six townships and 18 home demonstration clubs; 14 Four-H meetings representing 13 communities. Bulletins and circulars were displayed at mattress centers; 19 cotton goods exhibits were used; and 36 families used stamps valued at \$602.40.

Mrs. Will Oates of Linwood Club, Gaston County, said that she never enjoyed any shopping in her life as much as she did the spending of her cotton stamps for much wanted household goods and clothes for the family. She said the whole idea was grand because you felt so "conscious free" in buying these things as regulations had to be observed. "This really seems to be the concensus among club members," says Miss Tatum, the home agent in Gaston County.

Gaston County worked up an exhibit for the county fair on the use of stamps. This booth was arranged with the various articles of cotton which are daily necessities - a baby's layette, school dresses, bed linen, bridge sets, towels, luncheon cloths, rugs, overalls, pajamas,

Major Projects

Clothing

ties, aprons, etc. On a form there was a lovely cotton evening dress. A poster in the booth said: "Cotton Stamps Have Been Spent Wisely for Home and Family."

The stamps were a real help. Women repleted their wardrobes, their household cottons and many things that they had done without for a long time. A large part of the stamps went for yard goods as women realized they could get more this way than buying readymades. Many sheets, towels, pillow cases, curtains, table linens were replenished. Most of the home agents feel that the stamps were wisely used.

Pauline E. Gordon, specialist in home management and house furnishings, and Julia McIver, assistant specialist in clothing, prepared the attached bulletin entitled, When You Spend Your Cotton Stamps. These were given out at meetings and copies were left at local stores for distribution.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

State College Station  
Raleigh, N. C.  
June 20, 1941

To All Home Demonstration Agents in 76 Counties  
Participating in Cotton Stamp Program.

Dear Co-Worker:

I feel sure you will be pleased to have the enclosed question and answer information regarding Cotton Stamp Program, "How to Use Cotton Order Stamps". Perhaps you will wish to send copies to the members on the Defense Council, Merchants, County Council Presidents, and others.

Should you need additional copies please write for them.

With kind regards,

Ruth Current  
State Home Demonstration Agent

HOW TO USE COTTON ORDER STAMPS

Q. After the cotton farmer has been given cotton stamps for voluntarily reducing cotton acreage under the Supplementary Cotton Program, what can he do with them?

A. He can use them in any cooperating retail store or mail order house, in exchange for new products made entirely in the United States and entirely from cotton fiber produced in the United States. Bindings, buttons, and other fasteners and trimmings shall not be considered in determining whether such commodity is made entirely of cotton.

Q. How will he know whether a store is cooperating in the program?

A. By asking within the store. However, experience of the Department of Agriculture with a similar program, the Cotton Stamp Plan, shows that nearly every retail store which sells cotton goods does cooperate. Most cooperating stores will display signs announcing their acceptance of cotton order stamps.

Q. Can purchase be made by mail?

A. Stores which qualify under special Surplus Marketing Administration mail order regulations will be authorized to accept cotton stamps on orders sent by mail, in addition to their authority to receive cotton order stamps on over-the-counter transactions.

Q. What are some of the cotton products that can be bought with cotton stamps?

A. Cotton piece goods, dresses, shirts, sheets, pants, overalls, children's and infants' clothes, underwear, mattresses, blankets, work gloves, plowlines, stockings, and any other cotton products.

Q. May cotton stamps be used to buy second-hand clothes or renovated mattresses?

A. No. Cotton stamps may be used to buy only new products which are made entirely of cotton.

Q. Will persons using cotton stamps get the same cotton products as persons who pay cash?

A. Yes, and at the same price.

Q. May retail merchants give change to customers using cotton stamps?

A. No.

Q. Can cotton stamps be used to repay advances made against the crop, the landlord's share of the crop, or other indebtedness?

A. No.

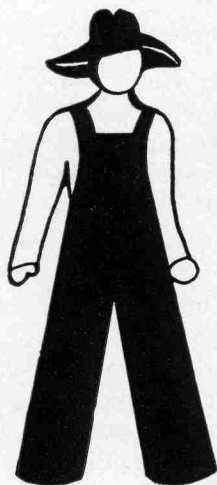
Q. Must the entire amount of stamps be used at any one time?

A. No. One stamp or all stamps may be used at any one time, or over a period of time, until the total amount of stamps has been exchanged for cotton goods.

- Q. How can retail stores be designated to receive cotton stamps from farmers in exchange for cotton goods?
- A. Retailers handling cotton goods who wish to share in this new business should file with the nearest Surplus Marketing Administration office a statement of intention to take part in the program and to observe the regulations under which it operates. (Experience under the Food and Cotton Stamp Plans shows that practically all retailers cooperate willingly in surplus removal programs of the Department of Agriculture.)
- Q. What is meant by this "new business"?
- A. The 25 million dollars worth of cotton stamps which farmers can earn under the Supplementary Cotton Program will be placed as an "order" in regular channels of trade. From 75,000 to 100,000 bales of cotton will be required in making the cotton goods to fill this order. The larger share of each dollar spent for cotton goods, however, goes to employ labor and to pay other costs in the manufacture, transportation, handling, and selling of cotton products. The program, therefore, will benefit not only farmers, but labor and industry as well.
- Q. How does the retailer receive payment for the face value of the stamps he accepts in exchange for merchandise?
- A. Retailers may file proper claims for payment, supported by cards on each of which are pasted \$10 worth of cotton order stamps, direct with offices of the Surplus Marketing Administration (names and places of which will be made public). Wholesalers with whom retailers are accustomed to do business, or banks cooperating in the program, may also act as agents for retailers in presenting such claims to the Surplus Marketing Administration. (Experience under the Food and Cotton Stamp Plan shows that payments normally are made within two to five days after claims are presented. Bankers throughout the country, where the food and cotton stamp plans are in operation, have agreed unanimously to act as agents in presenting the stamps for payment. Their full cooperation has meant much to the success of the program.)

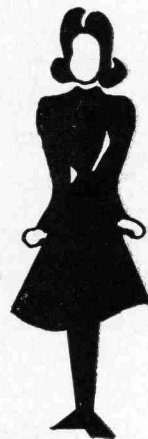
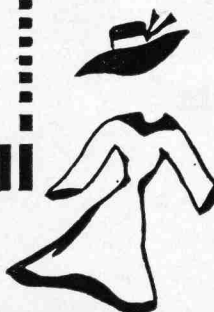
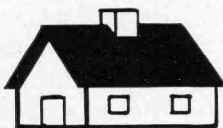
# WHEN YOU SPEND YOUR COTTON STAMPS

..... *Buy Wisely*



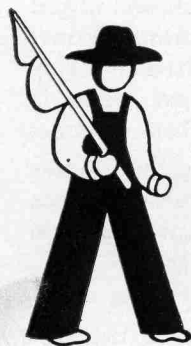
WHAT SHALL WE BUY WITH  
OUR COTTON STAMPS?

HOUSEHOLD GOODS



CLOTHING

FISHING LINES



NORTH CAROLINA STATE COLLEGE OF AGRICULTURE AND ENGINEERING

OF THE

UNIVERSITY OF NORTH CAROLINA

AND

U. S. DEPARTMENT OF AGRICULTURE, CO-OPERATING

N. C. AGRICULTURAL EXTENSION SERVICE

I. O. SCHAUB, DIRECTOR

STATE COLLEGE STATION

RALEIGH

# WHEN YOU SPEND YOUR COTTON STAMPS..... *Buy Wisely*

JULIA McIVER

*Assistant Extension Clothing Specialist*

PAULINE E. GORDON

*Extension Specialist in Home Management and House Furnishings*

The cotton order stamp is redeemable at retail merchandise stores for materials or articles made from American grown and American manufactured cotton. To get the most for cotton stamps, learn about the kinds and qualities of materials and articles that can be purchased. Also consider the needs of the family. Buy those things that will contribute the most to family living—in health, satisfaction and comfort.

Cotton order stamps will go much further if yardage goods are purchased, and clothing and household articles are made by the members of the family. You lose money when the article purchased does not return maximum satisfaction for the amount expended. *Know and demand quality goods.* Price is not always an indication of quality.



## GUIDES FOR GETTING FULL VALUE FROM COTTON ORDER STAMPS

*Read all labels and ends of bolt boards carefully.* If they fail to give the desired information about fabric quality, ask the clerk.

*Buy by brand name.* Buy cotton yardage goods that have a brand name. A brand name identifies it with some manufacturer. Do not buy an "orphan." Often inferior quality, even with a good thread count, is sold on the market without a brand name.

If anything goes wrong during the process of making the cloth, the manufacturer does not put his brand name on it, but sells it to dealers as a "job-lot."

*Examine the yarn* to see if it is well-twisted, smooth, strong, and even. Untwist the yarn, if yardage goods, separate the yarn strands and break them. Notice if the fibers are of regular length and if the yarn threads are even and well twisted.

Hold any fabric against a strong light and notice the evenness of the yarn and of the weave. This will indicate the yarn and fabric quality to the consumer.







*Ask about thread count*—that is, the number of threads per square inch. Low or very uneven thread count is often the cause of poor wearing quality.

*Ask about color fastness.* Many cotton fabrics carry labels guaranteeing color fastness. The term “color fast” is not sufficient. *Ask if the fabric is fast to washing, sun and perspiration.*

Vat dyes are the best dyes for cotton fabrics and indicate complete color fastness.

*Observe if there is sizing present.* Sizing is starch or other material used to give the fabric a smooth finish and firm appearance and feel.

A very small amount of dressing used on fabrics add to their appearance. Large amounts may conceal a poorly woven fabric making it appear firm and closely woven.

Rub the fabric between the hands and see if the sizing comes out. Also, when a fabric is being torn, notice if a cloud of dust can be seen and if a dusty substance is left on the counter.



*Procure information about shrinkage.* Fabrics and garments which are fully shrunk can be obtained on the market. They will be labeled to that effect if they are fully shrunk. Do not let the terms “Pre-shrunk,” “Super-shrunk,” “Mill-shrunk,” or “Natural shrunk” deceive you. *Look for definite statements such as “fully shrunk,” “completely shrunk” or “will not shrink more than such-and-such per cent.”*

**DRESSES . . .** When buying a ready-made cotton dress, see if the style and fabric are suited to the purpose for which the dress is needed. Yarns should be smooth and closely woven, not fuzzy. Get definite information about shrinkage, sizing and colorfastness. All pieces should be cut on the right way of material—full cut with plenty of room. Examine seams to check on irregular or loose stitching. Good seams are deep enough not to pull out and deep enough to let out if necessary. Good seams have about 15 stitches to the inch and thread ends are not left dangling. Look for neat, appropriate serviceable trimming and construction.





**SHIRTS . . .** A good-quality work shirt has: Firmly woven, strong, smooth fabric with no sizing; high yarn count.

All parts preshrunk.

Permanent color.

Close, even stitching, about 16 stitches to the inch.

Triple-stitched seams.

Pearl or composition buttons.

Firm buttonholes.

Neat collar and front pleat.

Interlined collar.



**OVERALLS . . .** The durability of work clothes is determined by the selection of fabrics that are tough, durable and firmly woven and that can stand strain and wear. *Denim* is cheap and is good for all around serviceability. *Twills* are made of harder twisted and finer yarns, are more resistant to friction and rubbing strain and resist dust, oil, and grease. Ask for colorfast guarantee against light and water. Look for labels guaranteeing against shrinkage beyond a stated percentage, usually one or two per cent. Stitching should be double with not less than 10 to 12 stitches per inch. On better garments three rows of stitching are used on seams which receive extra pressure, such as at the seat, the crotch, and the joining of pockets and straps.

Buckles, buttons, slides, and hooks should be of brass or aluminum. Buttons should not be sewed, but riveted on with rustproof metal.

**CHILDREN'S CLOTHES . . .** In ready-made children's clothing look for: comfort and durability, full cut with plenty of room, wide seams and deep hems for alterations. "Skimpy" or short cuts are frequently found in so-called bargain garments. Examine construction features. Inquire about color permanence and shrinkage, brand name and reputation of manufacturer.



**UNDERWEAR . . .** Material may be woven or knit—woven likely to be cooler and more durable; knit more comfortable and elastic. Look for guarantees against shrinkage. Flat



seams which are smooth and nonraveling, or ridged seams, so long as they are soft and elastic, are serviceable if stitched firmly and closely. On knitted fabrics look for cloth stay sewed on underneath button to hold it.

**SLEEPING GARMENTS . . .** It is necessary that sleeping garments be roomy and comfortable and of fabrics that launder well to give added health and enjoyment to the wearer.

**HOSIERY . . .** Buy the correct size to lessen strain on instep and help prevent toe holes—at least one-half inch more than the length of the wearer's foot. Select the right weight hosiery for everyday wear. Reinforcements should come well up along the side of the foot and cover the toes and toe joints. The yarns should be tightly twisted and the fabrics closely knitted so that the hose will be resistant to snagging.



**SHEETS . . .** Health and comfort demand two sheets on each bed, each one long enough to tuck in. (The length of the bed, plus twice the thickness of the mattress, plus twelve inches.) The average sheet should be 108 inches long. Buy sheets of bleached or unbleached muslin by the yard or make sheets. Be sure that the material is a good firm weave and with very little starch in it.



**PILLOW CASES . . .** Two to four cases for each pillow, made  $1\frac{1}{2}$  inches wider and 6 inches longer than the pillow. Use unbleached material, but let it be a firm weave with very little starch in it.

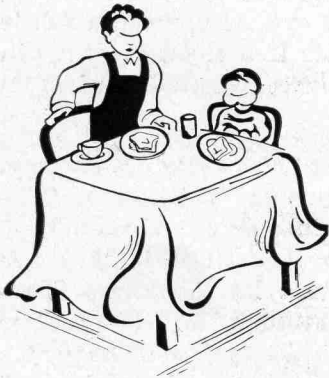
**BEDSPREADS . . .** If you buy colored bedspreads, select those colors which will not fade. Mattress covers and pads, pillow and comfort protectors for the clean bed. Comfort covers, material for quilts and blankets for the comfortable bed.



**TOWELS . . .** Bath towels, hand towels; wash cloths; dish towels, dish cloths. Add some to your supply. Buy a weave that will drink up water.

**CURTAINS . . .** Curtains soften the glare and add beauty to a room. Choose a material that will let in light, will not fade, and will not go to shreds when exposed to sun's glare and winds. Unbleached muslin, marquisette, voile, dimity, and percale are good materials that cost little. Remember to allow for shrinkage.

**TABLE CLOTHS . . .** An attractively set table is an aid for good manners. Bright colored, tub-fast, tablecloths or luncheon sets with napkins to match may be from gingham, percale, unbleached muslin, and other inexpensive cotton materials. Do you need snowy white table cloths and napkins to match?



Slip covers and upholstery materials that have been tested for fastness to light will brighten up the old chairs and sofa.

Cotton rugs or the material to make rugs. Cheese cloth for dust cloths—ironing board pads and covers—shower curtains—sterile gauze for the medicine chest. Don't overlook these materials to be used in the home.

Major Projects

HOME MANAGEMENT AND HOUSE FURNISHINGS

There are two specialists in Home Management and House Furnishings, Pauline E. Gordon who is in charge and her assistant, Mamie N. Whisnant.

For years the women would not accept this program but now it is just about as popular as foods and nutrition. Miss Gordon has done an excellent piece of work and created interest by offering practical help and making lessons simple and applicable.

Twenty-five (25) counties carried either home management or house furnishings as a major project in 1941.

Cooperation With Other Specialists

1. Architect Specialist: In the department of Agricultural Engineering, Miss Gordon and the architect made plans and set up desirable standards for rural homes. House plans were made for 4, 5, and 6 room homes. The floor plans were drawn by the architect, Mr. James Walsh and then studied and checked by both Miss Gordon and Miss Whisnant in regard to -

- a. Size of room
- b. Location of wall space
- c. Path of travel
- d. Ventilation and heating

No house plan goes out from the Agricultural Engineering Department without having the approval of the House Furnishings and Home Management Department.

In addition to the above cooperation, which could not be finer, Mr. Walsh made blue prints of suggested plans for bathrooms which Miss Gordon uses in her demonstrations.

Major Projects

Home Management & House Furnishings

Blue prints for detail structure of kitchen cabinets and food storage have been prepared especially for Miss Gordon's Work.

There were 1,119 dwellings constructed according to plans furnished in 59 counties during 1941. There were 3,211 houses re-modeled according to plans furnished in 51 counties.

2. Head of Agricultural Engineering Cooperates: Mr. David S. Weaver, Chief of the Department of Agricultural Engineering, assisted Misses Gordon and Whisnant in conducting the Housing Forum during Farm and Home Week. No better program was ever given at a Farm and Home Week than this one. (See page 28 of Pauline Gordon's report for further information and the story is very interesting and readable).

3. Cooperation from Rural Electrification Specialist: The specialist in this department, D. E. Jones, was most cooperative. Joint work as done on programs for adults and 4-H club members and leaders' schools were held by Mr. Jones on the care and repair of electrical appliances.

4. Clothing Specialists Cooperate: "Wise Use of Cotton Stamps," was a printed leaflet written by the assistant clothing specialist, Julia McIver, and the home management and house furnishings specialist, Pauline E. Gordon.

Also joint programs in cooperation with the clothing specialists were had in the Farm and Home Week exhibits.(See pages 72-75 of the 1941 annual narrative report of Misses Gordon and Whisnant).

5. Farm Management Department Cooperates: "In order to co-ordinate the home management and the farm management programs," says Miss Gordon, "The specialists in these two fields have worked jointly on farm and home demonstrations and on farm and home tours."

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Outlook information for 1942 was prepared by these two specialists in cooperation with the foods and nutrition, clothing, food conservation, and other specialists in agricultural work. (See page 15 of the 1941 home management and house furnishings, Pauline E. Gordon and Mamie N. Whisnant).

Copy of skit used in getting the outlook information to the rural people is attached. This was widely used by home demonstration club women and most effective in producing results.

Cooperation with Other Agencies

1. Farm Security Administration - See page 82 of Pauline Gordon's report.
2. Rural Electrification - page 84 of the same report; also page 31 for an example of a major project in rural electrification in Richmond County; figures and State program, page 31; stories from home agents' reports, pages 32-34.
3. Farm Credit Administration - page 82 of Miss Gordon's report.
4. Vocational Education - page 82 of the same report.
5. W. P. A. - page 83 of the same report.
6. N. Y. A. - page 83 of the same report.
7. T. V. A. - page 83 of the same report.
8. A. A. A. - page 84 of the same report.

Cooperation With Negroes

Program of Work: In 1941 the house furnishings and home management specialists worked jointly with Wilhelmina Laws, Negro Subject Matter Specialist, in assembling subject matter material for the adult and 4-H work with Negroes.

Major Projects

Home Management & House Furnishings

The assistant specialist in home management and house furnishings gave special help to Negro home demonstration agents in chair seating and slip covering.

In the fall of 1941 the specialists met with the Negro subject matter specialist and the Negro home agents and worked out goals, methods, illustrative material, and plans of work.

Training schools for Negro home agents were held; assistance was given on home tours; the specialists served as speakers at county-wide meetings; and they assisted with the Farm and Home Week program. (Pages 57-62 are excerpts and stories in home management specialists' report for 1941 that will show the type of work and cooperation given Negroes).

The Cotton Mattress Program (Started in March 1940)

Number counties participating in program in 1941.....	99
Number mattresses made to date.....	221,377

The state-wide program was conducted by Pauline E. Gordon, home management and house furnishings specialist. Eugene M. Starnes was employed to assist her with this program from its beginning until March 15, 1941, in cooperation with AAA and SMA.

Stories from Home Agents' Reports: Mrs. D. J. Blue, home demonstration club member of Moore County, tells of her church's assistance in the mattress program:

"In February of this year Eureka congregation found the three Mr. Deatons sick and badly in need of mattresses. One of our deacons, Mr. Martin McLeod, went to the proper authorities in Carthage and secured



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Home Management & House Furnishings

from them ticking provided by the government for two mattresses. This was made into covers by one of our church members.

"At our circle meeting we called for volunteers to go to Cameron to help make the mattresses. Mr. and Mrs. Martin McLeod, Mr. and Mrs. J. M. Blue, Mrs. Ida Blue, Mr. and Mrs. Boger, and a colored woman, furnished by Mr. and Mrs. D. J. Blue, went the following day. On reaching Cameron they found the woman in charge ready to give instructions, cotton, etc. necessary for work. The two mattresses were quickly made and delivered to the Deatons that afternoon."

Atha Culberston, home agent in Caldwell County, says: "The project did require a lot of the agents' time and meant many hours of work at night, miles of extra driving not covered by our expense accounts, and also some worry. In spite of all the inconvenience, I believe it was one of the most worth while projects the Extension Service has assisted with. Not only are mattresses more comfortable, but all bedding is improved. The beds are cleaner, the members of the family sleep better and are more rested and general health has improved and the people are happier."

From Chowan County: "The mattress and comforter programs have meant more to the people of Chowan County than any project they have had. It has not only contributed to the comfort and happiness of the people who received mattresses, it gave those who helped their neighbors an opportunity to add their bit toward helping those less fortunate. Those who received mattresses and comforters and those who helped make them, looked forward to coming to the mattress center to meet their friends. The mattress supervisor said the colored people

Major Projects

Home Management & House Furnishings

couldn't start working until they had gone around to all the tables to shake hands and ask their friends and families about themselves."

From Nash County: "The Nash County home demonstration department could never have accomplished what it did in the mattress project - and it has been a gigantic accomplishment - without cooperation. The task of teaching thousands how to make a good mattress has been a big one. The supervisors have held high the standard of workmanship and have done a big job. The AAA Office approved the applications; county commissioners financed the project until it was able to finance itself. All that they invested has been paid back, but they helped with it never expecting to be reimbursed. The County Board of Education helped by furnishing space in the county garage for storage of cotton, ticking, and percale. The county school truck hauled the major part of the cotton to the centers as needed. Local people near each center have helped with hauling supplies. Many mattresses have been made for Farm Security families, but it is impossible to say how many."

Follow-Up Work on the Mattress Program It is an accepted fact that the mattress program is one of the most valuable programs ever taken to the farm families of North Carolina. The rural doctors say they are seeing higher standards in housekeeping and the beds are more sanitary which certainly makes for better health.

Educational Material on Display at Centers:

1. Posters emphasizing good springs
2. Correct size of sheets
3. Poster - Posture in Sleep
4. Mattress protectors
5. Blanket protectors
6. Material on extermination of bedbugs
- 7/ Home made bedsteads
8. Storage for bedding

The Cotton Comforter Program

The surplus cotton comforter program, a supplement to the mattress program, got underway late in the fall. Because so many centers were in the open and in buildings without heating facilities and because orders for cotton and percale were so very late in being filled, the comforter program did not make a good beginning. The centers had to be closed until warmer weather. To date:

Number of comforters made.....	54,335
Number of training schools held.....	18

Miss Elizabeth Bridge, home demonstration agent of Watauga County, writes of the comforter project in her county:

"This has been a very interesting project due to the lovely material sent us for the comforts and the colored thread which we used to make them. The good workmanship that has been put in the making of them also was important.

"At our county fair in September we had an exhibit showing some of the work with mattresses and comforts. Since all of your home demonstration club meetings this year were based on this project, the Watauga Club selected this subject for the fair booth. The back of the wall was hung with comforts showing the various kinds of material. There was a homemade dressing table made of scrap materials. It had a skirt of glazed chintz. At the window we had dotted swiss curtains made and hung correctly. On the floor a homemade rug was placed by the bed. A bed made by one of the boys of the community was exhibited, and on this were used a homemade mattress, mattress and springs protectors, sheets and pillow cases, all made from sacks. The bedspread also was made

Major Projects

Home Management & House Furnishings

at home. A chair with a hooked mat like the rug completed the furnishings."

The Northampton County home demonstration agent, Mrs. Gertrude O. Finch, writes of the comfort project in her county:

"The comfort project got underway July 1 in this county. The centers that were formerly used for the construction of mattresses in Rich Square and Jackson have been re-equipped to construct these comforters. The same supervisors are employed also.

"Families have applied for 2,319 comforters and 1,094 of this number have been completed already. They are made of good quality cotton percale and padded with four pounds of cotton. The project has had to be self supporting as no NYA assistance was available."

Household Accounts:

The once-upon-a-time unpopular program, household accounts, a phase of home management work, is presenting a new picture today. In 1941, 961 home demonstration club women kept accounts and an increasing number of men are realizing for the first time the value of keeping Farm and Home records, says Miss Pauline Gordon.

Mr. W. A. Maddry of Durham County said: "I had always thought my income came from tobacco until my wife and daughter persuaded me to keep records. Then I was surprised to see how much I had from a sale of a calf or pig, a cord of wood, etc. Keep<sup>ing</sup> records<sup>has</sup> taught me to plan my spending and it is surprising how many conveniences we have already added."

Mrs. George Keener, of Walnut Creek, Macon County, in speaking of her first year of record keeping, said: "That book has settled more family arguments than anything ever has. It certainly makes for peace at home."

Major Projects

Home Demonstration & House Furnishings

Mrs. Jim Gray of Macon County recommends record keeping because: "I don't have to wonder where the income has gone. I used to ask myself, 'What did I do with that \$2.00 I had?' Every Saturday night is the time that I set aside for record keeping. I do that after I have studied my Sunday School lesson. If we have company I never fail to go ahead with my books after they leave."

Mrs. C. W. Kipka of Iredell County has the following to say about account keeping: "I kept a farm home account book and learned many valuable lessons throughout the year. First, I learned that I had over a thousand quarts of wares canned this year. Second, I learned that we were about self-or farm-supporting (thanks to the home agent's continued urging). Third, I learned we weren't paying the parson. That came under Gifts, Church, Welfare. Also the personal, recreation and travel columns were neglected. By all means ask all housewives to keep a budget account. This record gives good managerial training."

Mrs. Jasper Jackson, a member of the Mingo Home Demonstration Club in Sampson County, has this to say about her accounts:

"I have learned a great deal from keeping my home accounts this year. First, I learned just how much in dollars and cents our milk, butter, eggs, vegetables, and fruits meant in our home. We consumed \$1,160.00 worth of food in our home this year, all of which we produced ourselves. In actual cash we only spent \$180.84 for food. We found that most of the money spent for food was for things we could not produce ourselves. The biggest item in our expense was for housing.

Major ProjectsHome Management and House Furnishings

We had some work done on our house that amounted to \$381.77. For clothing for the family of eight we spent \$179.50, for recreation and education \$30.45, and for transportation our total expenses were \$1,522.40. We found that we consumed 2,810 quarts of milk, 128 pounds of butter, 165 dozen eggs, 261 pounds of poultry, 1,345 pounds of pork, and 420 pounds of lard.

"We hope that next year money spent on remodeling this year may be turned into some other needy channel. My husband and I both were interested in seeing just how much we spent and how we spent it. I consider this project one of the most profitable I have ever undertaken."

Mrs. Sam Swindell, member of the Oriental Home Demonstration Club in Pamlico County, says: "From my account for 1940-41 I have learned that we need to raise more of our own food and not spend as much as we did last year for food. Also from my account I can tell wherein I have spent money unnecessarily - and in the future I can profit by mistakes."

Major Projects

Home Management & House Furnishings

Kitchen Improvement

Number of kitchens improved.....	6,024
Number counties reporting kitchen improvement.....	83
Number families following recommendations in obtaining labor-saving equipment.....	6,701
Number counties reporting.....	77
Number families assisted in making home made equipment or conveniences.....	49,239
Number counties reporting.....	84

Carpenters and Husbands Attend Schools for Kitchen Storage

Training schools were held for home agents, leaders, husbands of club women, and carpenters in the construction of kitchen storage, in kitchen arrangement, wall finishes, floor finishes, curtains, and lights. Demonstration kits on home-built kitchen equipment, wall and floor finishes, curtains and lights were available to the home demonstration agents from the State Office.

During these 6 years, 41 counties have carried the program. Home visits by specialists to score kitchens and follow-up visits by agent and specialists have proven invaluable to the program.

Kitchen Improvement Stories from the Counties: The work done by Mrs. Jim Mercer of Camden County shows what can be done where there is a willing mind. For \$62.50 she converted a drab, inconvenient old kitchen into an attractive and convenient place to cook and eat. She had no water in the kitchen, very little storage and an old kerosene lamp carried to and from the kitchen. For \$11.00 she added a nice flat rim sink and a pitcher pump. She built her own cabinets that have curtain fronts because she couldn't make the doors. To get drawer space she painted and used the lower part of an old bureau; above it she put the top of an old safe that she painted to match the cabinets. To improve

her lighting she has two wall lamps with excellent reflectors that give good light for work.

Mrs. W. W. Whitehead, of Wilson County, tells in her own words show she improved her kitchen:

"A long time ago I wanted running water in my kitchen. For several years I have felt running water would save time and labor every day of the year. In August we began to remodel our kitchen. We bought an electric pump, changed a low window to a short one so we could have a sink beneath, built cabinets which are very convenient, painted the walls a light cream, have moved my refrigerator from the dining room into my kitchen, and I got rid of my old wood range and now have a modern oil stove. My long, low table has been raised and made smaller. I put this over by the other long window which we did not change. I am so happy over my improved kitchen and my husband is equally as happy as I am.

"We also painted the pantry and had rat-proof flour and meal bins built for my pantry. By the sink on the back porch I had a cabinet built for flower vases, wash basins, and curb market materials. I have always dreamed of having running water and a convenient kitchen and now my dreams have come true. This improvement was done for only \$345.53 including pump, sink, pipes, cabinets, paint, labor, linoleum, stove, curtains, window and light fixture."

Mrs. Herman Matthews of Moore County tells how she remodeled her kitchen:

"Before I began remodeling my kitchen it only had one window, the walls and ceiling had wide cracks in them and my stove was in the middle of the room. The size of my kitchen was 14 x 18 feet. I kept



my dishes, knives, forks, etc. in a cupboard in one end of my kitchen and washed them in the other corner, walking back and forth to put them away. My pots and pans hung behind the stove on the wall.

"The first thing I did was to divide the kitchen. The stove was turned facing the work cabinets, which are made all the way to the ceiling and large enough for all the kitchen supplies. A door was changed into a very small one so that I can enter from the kitchen into the pantry where large supplies are kept.

"A partition 5 x 6 feet high was made to divide the kitchen from the dining room. This was placed behind the stove with an asbestos covering. This made an eating nook in the other side of the kitchen. I had three windows 28 x 36 inches put up 36 inches from the floor, two in the eating nook, and one in the kitchen.

"I covered the walls with wall oil cloth, the tops of the tables and cabinets with dark red linoleum. I painted all the cabinets and woodwork with ivory washable enamel. The floor was covered with a good linoleum. The color scheme is ivory with red and black decorations. Red and white gingham curtains are used at the windows.

"A built-in china cabinet holds all of my dishes. This was built in the wall in the dining room. A pitcher pump and sink are in my kitchen with another sink for dishwashing. I plan to have water installed across the room for more convenience. I have bought a refrigerator.

"The cost of my kitchen was approximately \$98.00. This money was spent for carpenter work and materials. I did the wallpapering and painting myself."

Major Projects

Home Management & House Furnishings

Farm-Home Demonstrations

This is a joint program with farm and home agents and specialists. I consider it one of our best and one that is going to strengthen farm and home demonstration work all over the State. The program began in 1938 with the purpose of coordinating farm and home activities, with the whole family participating and has continued to develop in 1941. The home management and house furnishings specialist, Pauline Gordon, says:

"By the end of 1940 more than 160 demonstrations had been started and by the end of this year there will be more than 265 demonstrations well underway."

The following were kept in mind when the program was under construction, based on better farming and home management:

1. Farm and Home Planning
2. Farm and Home Records
3. Farm and Home Increased Income
4. Proper Use of Land

All taken together make for improved rural family living, a goal all Extension people are working for.

Major Projects

Home Management & House Furnishings

Durham County Farm and Home Improvement Program - 1940-41

Home Score Card

1. Adequate family food supply produced to reduce cash expenditure..	150
a. Year round garden	
b. Canning budget filled	
c. Tree and small fruits	
e. Poultry	
f. Dairy products	
g. Staples	
2. Sanitary and convenient water systems.....	110
a. Sanitary sewage disposal	
3. Convenient Kitchen.....	100
a. Farm wood supply conveniently arranged	
4. Storage.....	90
a. Bedding	
b. Bed linen	
c. Clothing	
d. Books	
e. Back porch	
f. Food	
5. Keeping Home Record Book to Completion.....	90
6. An equal natural and artificial lighting.....	80
7. Farm income supplemented by home income.....	70
a. Curb market	
b. Handicrafts	
c. Boarders	
d. Sewing for family	
e. Sewing for others	
f. Other	
8. Planned and planted home grounds.....	70
9. Farm and Home Business Center.....	50
10. Participation in Community Activities.....	50
a. by farmer	
by wife	
by children in 4-Clubs	
11. Screening.....	40
12. Proper use of House.....	40
a. Reading	
b. Studying	
c. Eating	
d. Sleeping	
13. Convenient Laundry.....	30
14. Adequate heating system.....	30
 Total Score.....	 <u>1000</u>

## Durham County's 1940-41 Farm &amp; Home Improvement Program

Farm Score Card

1. Soil Conservation Practices.....	200
a. Crop rotation	
b. Legumes (summer or winter)	
c. Terraces	
d. Contour tillage	
e. Drainage	
f. Stripcropping	
2. Producing Feed for Livestock and Poultry.....	100
a. Adequate amount for farm needs	
b. Grain feed for poultry	
c. Sufficient pasture for livestock	
3. Increase Cash and Non-cash Farm Income.....	100
4. The Use and Production of Purebred Livestock and Poultry...	75
a. Do you keep an adequate supply of stock on farm?	
(1) Milk cow   (2) Brood sow   (3) Poultry	
b. Keep any purebred sires?	
c. Raise any workstock?	
5. Farm Seed.....	75
a. Adapted varieties	
b. Certified or improved seed	
c. Saving grass and legume seed for farm needs	
d. Saving field seed for farm needs	
e. Selling certified seed	
6. Buildings, Fences, and Sanitary Conditions on Farm.....	75
a. Building kept repaired	
b. Buildings painted with either commercial paint, used motor oil with added coloring, whitewash, or other preservative	
c. Sanitary conditions of farmstead, water drained from stables and other buildings, etc.	
d. Grounds free from trash and junk	
7. Forestry Management, such as:.....	75
a. Fire control	
b. Timber stand improvement	
c. Selective cutting for market and home use	
d. Setting seedlings when needed	
8. Additional sources of Farm Income that are adapted to Farm and Community.....	75
9. Keeping a Complete Farm Record Book.....	75
10. Fertilizer Practices.....	50
a. Adapted fertilizers to soil and crops	
b. Conservation and proper use of manure	
c. Growing nitrogen by use of legumes	
d. High analysis mixed fertilizers	
e. Use of lime and phosphate	
11. Proper Land Use of the Farm.....	50
12. The Use and Care of Adapted Farm Machinery and Equipment..	50
a. Painting and oiling when stored	
b. Keep in good repair	
c. Machinery adapted to type of farming.	
Total.....	1000

4-H House Furnishings and Home Management

33 Counties in 4-H Room Improvement program  
69 Counties reported 2,386 girls completing room improvement project  
2,030 rooms were improved and  
7,938 bedroom articles were made.

Interest in room improvement is growing rapidly. Muriel Whitehurst, 4-H club member in Camden County, writes of how the study of room improvement has helped her.

"For the past five years I have been a 4-H club member but I have found room improvement the most enjoyable project I have ever had. I like to rearrange furniture and this year I have learned to arrange the furniture in my room to the best advantage.

"Up until this year I hated to stay in my room and spent very little time there. But now I have an entirely different feeling. I like to keep it clean and tidy and somehow or other my room has an inviting atmosphere so I spend a great deal of time there. The biggest thrill of all comes when I have the chance to show off the things I made for my room. My project this year has taught me to be economical and I was surprised at the many things I could make out of the useless articles I had on hand.

"For \$5.50 I have a new bedspread from feed bags, buying 50¢ worth of thread for tufting. Curtains were \$1.58, shades \$1.48, dressing table skirt 90¢, oiled floor \$1.00; mattress cover, stool cover and pillow cases were all made from feed bags.

"I think a 4-H club is the most helpful organization we have ever had for girls in our county, and I can truly say I have enjoyed being a member this year."

Mother's Interest Makes A Difference

Mrs. Mary T. Knight, home demonstration agent of Camden County, says: "Our best project work was carried out by the girls who had the interest and help of their mothers. Where the mothers were interested, the club girls had accomplished much more. In cases where the mother was unconcerned, the daughter had less to work with and no encouragement. If she completed her project, she deserved a great deal of credit. In practically every club two or three girls did nothing and in every case it referred to the home and lack of cooperation there."

Brother and Sister Carry Joint Home Improvement Project

In Surry County Eva and Claude Kidd carried a joint home improvement project. Eva gave the following report on it:

"Since Claude had taken chickens for his project we decided to sell eggs and paint four rooms of our home as our house was so dark inside. Claude had 45 Barred Rock hens and in six weeks we saved up 98½ dozen eggs which we sold for 30¢ per dozen. We paid \$20.00 for the paint including brushes, linseed oil and turpentine. We paid \$7.95 for the chicken feed. After adding it all up we found that our eggs paid for all of our paint besides all the feed we fed the hens with a 20¢ profit. The paint cost \$2.60 per gallon and we mixed our own by adding the needed ingredients to the semi-white paste paint. We colored with raw Italian seenna to make it cream colored. We chose cream color because it would suit all the rooms we were going to paint, which included the living room, dining room, kitchen, and one bedroom. While everybody else was enjoying their Christmas vacation we were at home trying to improve our home.

"In the spring and summer I refinished three beds and four chairs and reupholstered one chair. I sandpapered the beds and chairs, varnished them, then waxed them. I had to repad the chair and tie the springs before upholstering the chair. The cost of the padding and upholstery material was \$1.88.

"We now have 105 pullets which are just beginning to lay. We plan to paint the hall and another bedroom and refinish the floors as soon as our hens lay enough to pay for their feed and we have a surplus. My brother is now in college so I am looking forward to his helping me paint the other rooms during our Christmas vacations."

#### An Achievement Story

Mary Ann Johnson, Davie County 4-H club member, tells her achievement story.

"My mother had woven a carpet in a 'hit or miss' pattern which she gave me to use in my room. I based the color scheme for my room on this rug, since it was the only thing in there with color. I chose a quaint wallpaper pattern in pink and blue, and painted the woodwork ivory. For my dressing table I used an old washstand which had the rods on each end for towels. To decorate the dressing table I bought blue dotted lamp shades for the two old-fashioned lamps. I refinished an antique table with drawer for my desk. My brother made me a bookshelf which hangs over my desk. To complete this unit I bought a blue waste-paper basket.

"An old walnut chest of drawers holds my clothing and an old candle stand was brought up from the living room for my bedside table on which

Major Projects

Home Management and House Furnishings

I have a blue glass lamp. A Currier and Ives picture of Maggie Dresses in Blue hangs over the mantel. These articles mentioned with the addition of a few pictures make up the color scheme of my room."

There are many more good stories on 4-H room improvement in Pauline Gordon's report, pages 53-57



Major Projects

Home Management & House Furnishings

1941 Statistics

Days devoted to line of work by:	White and Negro : No. Counties	
	Negro	: Reporting
Home demonstration agents.....	4,237.5	88
Agricultural agents.....	670.2	33
Specialists.....	110.3	43
No. communities in which work was conducted.....	1,882	90
No. voluntary local leaders or committeemen assisting.....	2,112	75
Days of assistance rendered by voluntary leaders or committeemen.....	7,237	75
No. adult result demonstrations conducted.....	542	37
No. meetings at result demonstrations.....	165	28
No. method-demonstration meetings held:		
By agents or specialists.....	3,008	69
By leaders.....	1,270	33
No. other meetings held:		
By agents or specialists.....	427	48
By leaders.....	87	17
No. news stories published.....	696	82
No. different circular letters issued.....	921	80
No. farm or home visits made.....	6,936	89
No. office calls received.....	106,206	89
No. 4-H club members enrolled - Boys.....	30	1
Girls.....	1,472	16
No. 4-H club members completing - Boys.....	30	1
Girls.....	658	15
No. units in projects conducted by 4-H club members completing.....	631	15
No. families having increased time for rest and leisure activities as a result of the home management program.....	7,115	77
Total estimated savings due to home management program.....	\$ 319,696.68	70

Major Projects

HOME BEAUTIFICATION

John Harris, extension landscape specialist, says: "I am trying to show farm people how to live a fuller and more abundant life by placing the proper values on living along with making a living." Teaching farm people to appreciate the natural beauty surrounding them, how to become better acquainted with plants, their culture, propagation, methods of pruning, tree planting, etc. will help to bring this about. Mr. Harris is working toward a more organized way of taking his program to the people and he is emphasizing making definite plans as a guide to improving home grounds. With this information, willingness to follow a plan, and a lot of good hard work plus a little money, results do happen.

Last year 16 counties carried Home Beautification as a Major

Last year there were 3,109 4-H club members enrolled in home beautification and 1,501 reported completing project

Every county did some minor work through county-wide meetings and special meetings.

Mr. Harris says in spite of the emergency programs created by the war he has reached more people and his program is better organized than in any previous year. Farm people seem eager to continue making their home grounds improvements and this they can do at little expense and nothing can help to build and hold morale more than this program can.

Each of us needs a panacea to relieve the depressing effects of war and we will need to be reminded that beauty still exists in the world if we will look for it - "Beauty feeds our souls."

Accomplishments

I quote from Mr. Harris's 1941 annual report: "In listing the concrete accomplishments in home beautification work, only the tangible

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results can be given. Looking deeper, and perhaps of greater value, one can see marked changes in individuals as gratifying and as striking as the changes that have been made in and around the home. There may be some argument as to the dividends paid in cash for work accomplished, but there can never be any argument as to the dividends<sup>d</sup> paid in contentment, happiness, and satisfaction. The desire for beauty is a part of the human personality just as love and fear; it needs to be cultivated in order to grow in the right direction.

With this information and the figures given, one can see the depth of the project, tangible and intangible, and the great good that comes from it.

Visual Aid: One of the most outstanding accomplishments of the year was the development of a loan library of 35 mm. Kodachrome slides. Mr. Harris says it is impossible to over estimate the value of these pictures in conducting meetings and improving demonstrations. These pictures were made available to the public in October 1941, and since that time they have been shown by 9 individuals before a total of 3,492 people.

In addition to the slides, a movie film on home beautification has been shown before a total of 920 persons during the past year.

#### Methods of Procedure - Organization

1. Eighteen (18) counties selected from the 5 districts.
2. These 18 counties will carry program for two years.
3. Five full days given to county by specialist (3½ days to leaders' schools and the remainder to demonstration home projects).
4. Ten demonstration projects selected in various communities in a county.

5. Work divided into two parts:

- a. Leadership schools (3 given by specialist). Any person interested in home beautification work is invited, but one home beautification leader from each organized club is expected to attend this school in order to carry this work to all the clubs.
- b. Demonstration projects (written agreement follows):

Application for Project

We mutually request the help of our local Extension Agents and also the help of John H. Harris, Extension Landscape Specialist, in planning for the improvement of our home grounds.

In return for this service we promise to cooperate to the best of our ability in carrying out these plans. We are anxious to see this work spread throughout the community and we are willing for our grounds to serve as a public demonstration.

We (man and wife) are expecting to attend Mr. Harris's first leaders' school and the wife is expecting to attend the remaining leaders' schools unless there are very urgent reasons for being absent. (The husband will also be welcomed to the remaining leaders' schools).

We understand that we will not be called on, necessarily, to spend any money and the program is voluntary and in no way compulsory.

(4-H club members and persons without wife or husband should substitute I in the place of we).

Husband's signature \_\_\_\_\_

Wife's signature \_\_\_\_\_

Club \_\_\_\_\_

Address \_\_\_\_\_

Cooperation with Other Agencies

Meetings have been held with:

- 1. Vocational agricultural and home economics teachers.
- 2. Classes conducted during Farm and Home Week, 4-H Short Course, and Older Youth Conference.
- 3. Talks made before Garden Clubs, County Councils, Achievement Days, Workers' Councils, and many Civic Clubs.

Extracts from Home Agents' Reports

Durham County:

Number of home demonstration clubs.....	26
Number women enrolled.....	748
Number women completing.....	500
Number women leaders.....	25
Number leaders' schools held by:	
Specialist.....	3
Attendance.....	82
Number method demonstrations.....	167
Number " " held by agents.....	92
Attendance.....	920
Number method demonstrations held by leaders	75
Attendance.....	750

Goals

Results

1. 10 result demonstrations	1. 8 result demonstrations
2. 50 foundation plantings	2. 50 foundation plantings begun
3. 50 screen plantings	3. 45 screen plantings started
4. 100 women rooting shrubs	4. 75 women rooted shrubs
5. 100 women improving lawns	5. 75 women improved lawns
6. 100 women keeping notebooks	6. 50 women kept notebooks
7. 25 service house built	7. 8 service houses built
9. 200 backyards cleaned	8. 150 backyards were cleaned

Three leaders' schools were held by Mr. Harris, Extension Landscape Specialist. Twenty-eight leaders and officers attended the first school and were so interested that they drove over town to see new homes and find out if the yards were properly planted.

"In 1940, Mr. Harris visited three farm homes and sketched the grounds. This created so much interest in the project that the members of the Federation wished to take Home Beautification as their major project. The girls adopted this project for their 4-H club work and since a county-wide farm and home improvement program<sup>w</sup>as in progress, the whole program ties in very closely together.

"When the Extension Specialist in Home Beautification made his schedule for leaders' schools he planned either one-half or a whole day for home visits. Through these visits eight sketches of farm home grounds

Major Projects

Home Beautification

were made. These are being carried out as result demonstrations and were made of the following home gardens:

- Mrs. J. K. Riggs, Holt Club
- Mrs. E. W. Lambeth, Bragtown Club
- Mrs. Leroy Clark, Sherron Acres Club
- Mrs. A. B. Wilder, Chandler Club
- Mrs. C. Z. Sandling, Chandler Club
- Mrs. J. C. Thomas, Nelson Club
- Mrs. J. R. Penny, Oak Grove Club
- Mrs. Boyd Browning, Rose of Sharon Club
- Mrs. J. R. Baucom, Maybrook Club
- Mrs. H. C. Harton, Glenman Club

"These plans were sketched for a long-time plan of work and involve more expenditure of effort in preparation of the soil than expenditure of money. For instance, the Wilder family of the Chandler Club community will work on their lawn for two years before trying to have a stand of grass. Top soil has been brought in, the whole ground plowed up, even though there are several large trees in the yard with long roots, and peas planted to enrich the soil. Again next summer peas will be planted and a real lawn of grass will then be sowed in the fall of 1942.

"Mr. and Mrs. E. W. Lambeth and the children of Bragtown were delighted over the sketch of their yard. The children were so pleased with the idea of a fence enclosing the back yard that they wanted to begin building it the very next day after the yard was sketched.

"Mrs. H. C. Harton of the Glenman Club said, 'I started to call the home agent and tell her not to bring the specialist out to sketch our yard because I knew we didn't have money to buy shrubs.' After the visit of the home agent and specialist, she said, 'I'm so pleased that you came because what I need to do is work in re-arranging what I have instead of buying something new.'"

Gaston County:

"Home beautification was chosen by the County Federation as a major project for 1941-42. Mr. John Harris, Landscape Specialist, planned to carry this work over the county by having ten result demonstrations each in a different section of the county. In 1942, ten new demonstrations will be added to these. This method was discussed at County Council and an application blank given each home beautification leader to have filled out by the persons in her community interested in becoming demonstrators. These applications were then studied by the home beautification leaders, the council officers, and the home agent. Ten were selected in different communities. These ranged from a very inexpensive, simple house to a pretentious home, new homes, old homes, remodeled homes, tree filled yards to bare, swept yards, the idea being to make the teachings inclusive.

"The work was introduced by a leaders' school on Fundamental Principles of Home Beautification. This school was open to leaders, demonstrators, and others particularly interested. Ninety-five persons attended this meeting which was an illustrated lecture. The demonstrator, Mrs. Earl Clark, from the Mt. Beulah section, took her son (a high school boy) to this meeting. Mrs. Clark was expecting her son to assist with the demonstration. He came home, sat down and planned the Clark's yard. He said, 'we are going to make the lawn bigger, cut down that china berry tree, fill in the yard, and move all that mess,' (his mother's cherished flowers) and make a turning around place there.' Mrs. Clark said, 'You may be right but since our yard is to be the one in this section people are to learn from, let's wait until Mr. Harris comes for we don't want to teach the wrong things.' \_\_\_\_\_ said,

Major Projects

Home Beautification

'That is what Mr. Harris said in his pictures and talks.' Sometime later Mrs. Clark repeated her son's plan. It was interesting to know that Mr. Harris' plan for this home called for everything \_\_\_\_\_ had mapped out plus other improvements. When Mr. Harris was, afterward, told of the boy's plan he said the boy had done a good job of applying his lecture to his own yard. By the close of the year the Clark family had carried out all of Mr. Harris' suggestions and had gotten so interested that they painted the house for good measure.

"Although the season has just not been ideal, much improvement has been noted through the county. Lawns have been planned and started by building up the land, drainage, underpinning and painting of out-buildings.

"In addition to the ten demonstrations conducted this year the Zaney Carpenter family is carrying on a long time plan for a county demonstration for home beautification. This family has worked for two whole years and is entering a third. The State Extension Specialist, Mr. John Harris, is very much pleased at the progress made. The family moved into a house built of secondhand material with an impossible looking washed out yard. First they stopped the washing, hauled in dirt, cut down diseased and deformed trees and hauled away rocks. Peas have been planted and turned under twice. When the family moved, the only place in the hard (cement-like) soil that could be dug was in the drain where water dripped off the house. In desperation the family planted shrubbery there! All of this has been removed and rest, walks have been built, screen plantings done, a 'turn-around' built and grass planted. All of this showed the house up too bad so it has been painted



## Major Projects

## Home Beautification

white. The 'fever' spread across the road to the home of the sister-in-law! She has joined the home demonstration club and begun to work on her yard with the help that Mrs. Zaney Carpenter relays to her after Mr. Harris' visits. The local leader is also helping her. This yard was so forlorn and dilapidated looking that Mr. Harris made the remark two years ago that if no good came from the Zaney Carpenter demonstration except an inspiration to the sister-in-law to go to work on the yard that the project would be worthwhile. Hence, his delight in this result.

"Many mistakes in yard planning have been corrected as home beautification has been studied. Mrs. G. R. Dickson, Dallas, had a lilly pool in the exact middle of her small front yard. She has filled in the pool and planted grass over her entire lawn and is delighted with the effect. Mrs. Hope Forbes, New Hope Club member remarked, when her home beautification leader was reporting the first leaders' school, 'I just planted a huge bed of tulips in the middle of my lawn. What should I do?' Her leader told her to wait until the proper time to move tulips and to move them to her border. The leaders' schools have been applied. At the close of the year all demonstrators were called in to make a report to the county home beautification leader. Problems and their solutions are compared and this helps to broaden each person present in beautification knowledge and its application.

"When the word got around that Mr. Harris was coming to the county, 22 club women made requests through the home agent for Mr. Harris to visit them and help them with their particular problems. As there was only one-half day that could be devoted to visiting, this was impossible. The home agent and the county and local home beautification leaders did

Major Projects

Home Beautification

their best to help these and all others who requested help. Visiting these homes on the pretext of home beautification helped to put over many nutritional, home management, and child development points that would never have been brought up by the club women in their meetings.

"The home beautification leaders and the home agent took the year's home beautification lessons and worked out a contest including the years all members scoring 90 at the close of the year were to be put on the home beautification honor roll, and given a prize furnished by voluntary collections on Achievement Day (the prize to be a rooted shrub, flower seed, bulbs or cuttings). Eighty-three (83) members have qualified for this honor roll. Achievement Day will be held December 18, 1941."

Major Projects

Home Beautification

<u>1941 Statistics</u>	<u>Home Beauti- fication</u>	<u>No. counties Reporting</u>
Days devoted to line of work by:		
(1) Home demonstration agents.....	2,412.5	87
(2) 4-H Club agents.....		
(3) Agricultural agents.....	594.6	87
(4) Specialists.....	117.0	52
Number of communities in which work was conducted...	1,743.0	96
Number of method-demonstration meetings held.....	2,911.0	73
Number of other meetings held.....	432.0	62
Number of farms or homes where fertilizer recom- mendations were followed.....	4,097.0	65
Number of farms or homes where insect-control recom- mendations were followed.....	3,593.0	59
Number of farms or homes where disease-control recom- mendations were followed.....	2,442	53
Number of homes where recommendations were followed as to establishment or care of lawn.....	7,075.0	91
Number of homes where recommendations were followed regarding planting shrubbery and trees.....	7,602	93
Number of homes where recommendations were followed as to treatment of walks, drives, or fences..	4,791.0	88
Number of homes where recommendations were followed as to improving appearance of exterior of house and outbuildings.....	8,395	91
Number of public grounds improved.....	1,058	78
Number home beautification contests.....	441	36
Number miles roadside improved by club women.....	537	29

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N. C. AGRICULTURAL EXTENSION SERVICE

N. C. State College of Agri.  
& Engineering & U.S. Dept.  
of Agri. Cooperating

Prepared by  
John H. Harris, Extension  
Landscape Specialist

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REQUIREMENTS FOR AWARD OF MERIT IN HOME

BEAUTIFICATION

1. A clear drawing showing conditions at beginning of project.
2. Before and after pictures.
3. An attractive summer lawn.
4. Lawn free from flower beds and small shrubs.
5. Shade trees to give shade and enframing for the house.
6. House under pined with brick, rocks, lattice, vines, or other suitable material.
7. Definite drive and automobile turn in keeping with good arrangements and convenience.
8. Walks where needed and so constructed to encourage their use.
9. Flower beds, pools, out-door oven, and other decorative objects if present must be located in back or side yard.
10. Yard must extend to at least the back corners of house.
11. Shrubs.-
  - a. Foundation planting in scale with the house and not over-planted.
  - b. Plants must be kept pruned according to Extension recommendations.
  - c. Undesirable views and objects screened with suitable material.
  - d. Plants in a healthy growing condition.
12. Drawing showing improvements that have and will be made.
13. Attendance at six home beautification club meetings a year for two years, and a well kept home beautification notebook.

Community Club Houses

Home demonstration club work had its beginning in the homes of club members and the majority of the 1,660 organized clubs continue to hold their regular monthly meetings in the home. There is much to be said of the advantages of meeting in the home; the home agent gets into more homes, she can better understand the problems of the homemaker, and she can check standards, results and accomplishments of the various programs and demonstrations she has given.

A big problem has been the growing club membership and this has been partly solved by community club houses. Too, it has helped to solve the problem of a meeting place for 4-H club members, Granges, and other groups of people in a community.

Many Cooperate in Meeting the Needs

The CWA, ERA, WPA, and NYA groups all have furnished wonderful cooperation in building many of the community club houses the last few years in North Carolina in communities where people were willing to give the land and the building materials.

Many of the club houses have been built by club members, their husbands, and their families with no outside assistance. Four-H Club organizations also have taken the lead and have built club houses which have been used by the entire community.

Home demonstration agents all over the State send interesting reports of the community activities that have centered around the building of club houses as well as reports of how community pride has developed, how community cooperation has been secured through the interest that has

State-Wide Projects

Community Club Houses

come out of building and using a community center.

From the Northampton County Home Agent's Report:

"The Milwaukee Club in the fall of 1940 secured the discontinued school house for their community building. This year the club has equipped two rooms, one for club meetings and the other as a kitchen. The walls in the club room have been papered and attractive draperies now hang at the windows. Three dozen comfortable chairs have been purchased and a piano secured. With all the personal touches given by the members, the place is very inviting.

"This project was financed by the sponsoring of radio programs, serving community suppers, and the selling of lunch on the County Spring Federation tour. In addition to the rooms mentioned above, the building contains two other rooms and a spacious auditorium."

More reports on community club houses can be found in the 1941 annual reports of:

Mrs. Estelle T. Smith  
Southeastern District Home Agent  
pp. 42-45

Anamerle Arant  
Northwestern District Home Agent  
pp. 48-50

## State-Wide Projects

### LIBRARIES

Again through the cooperation of the State Library Commission and its Secretary and Director, Miss Marjorie Beal, we had an up-to-date recommended reading list for home demonstration club women and offered the Book Review certificate to encourage more reading and an appreciation of good books and magazines for the farm home. A copy of the list was sent to every home demonstration agent, public librarian, and to those individuals requesting it. To be eligible for a certificate, a woman must read three of the recommended books and give a review of them at club meeting.

In 1938, the first year the award was offered, 61 women received the certificate and in 1941, certificates were presented to 468 club women. In some counties they were given to many, 70 to 80 women meeting the requirement.

### Finding Time for Book Reviews

The questions of how book reviews were worked into meetings came up and so from several agents we secured this information.

Edcecombe "A reading leader in each club makes only a report of what  
County is being done at club meetings and refers to the Bookmobile schedule, new books, and sets dates for book reviews. Most of the reviews were given at special meetings in the homes of club members. Many times the Reading Leader has all the review meetings at her home and serves a cup of tea or hot chocolate or glass of fruit juice. The women thoroughly enjoy this social hour. Occasionally a review is given during the recreational period of regular club meeting.

"The women in Edgecombe feel that this is really the only successful way to handle the reports in numbers. I am sure that the little neighborhood group idea would work splendidly for counties where women walk to meetings or live far apart. The women enjoy the extra meetings."

Gaston  
County

"I do not think we use too much of our club time for book reviews for we have many other meetings where book reviews are given. Our time is used to keep the projects before the club and only enough reports are heard there to accomplish this. Our women have enjoyed all-day quilting parties using reviews for the social side of this meeting. Call meetings of clubs <sup>to</sup> work on club houses have given us another opportunity to hear book reviews. An extra fifteen minutes or one-half hour after club is used also. In this way, the people/<sup>who</sup> have to leave are excused and the ones who want to linger and enjoy each other have something definite to talk about. Occasionally we have an important book review in County Council meeting."

Bookmobiles Are Used

In Edgecombe County they have a county-owned bookmobile which runs on a regular schedule, making every stop twice a month. The home agent says this has been a great source of help to the women in getting books to read.

The Camden County agent says, "The county has been most fortunate this past year to have the services of a bookmobile every month of the year. The book truck was made available by the State Library Commission, the W. P. A., and the County Board of Education. Our library service has been the best we have ever had; books have been carried to



every farm family in the county. The books are here for every man, woman, and child if they will only take advantage of this golden opportunity."

Clubs Are Building Their Own Libraries

Interest in libraries and reading has grown and developed until in some counties the home demonstration clubs are making a definite effort to establish their own local libraries. Mrs. Mary T. Knight, home agent in Camden County, writes: "The Shiloh Home Demonstration Club has been building a library of their own in the new community house. They now have a total of 425 books in the shelves for anyone in the community to use. The Home Demonstration Club provides a librarian that has charge of the loaning of the books. The Pearceville Home Demonstration Club has a library located in a private home. They have approximately 200 books for their small community and the bookmobile has provided a big supplement of books in this community."

How A County Library Serves

There is a County Library in Northampton County and the librarian, Mrs. Paul Calvert, employed through the W. P. A., works beautifully with the home demonstration groups. For the first 9 months of the year the following system was followed:

The library books were divided into 21 sets. One set was left at library headquarters in Jackson, the county seat, for the use of the local people. The other 20 sets Mrs. Calvert delivered to the various communities in the county. These sets rotate each six weeks. In most communities one of the home demonstration club members serves as the local librarian. She keeps the books in her home or in a club room or club house if one is available in her community.

Keen Interest Shown By Club Women

"The reading interest is growing more keen among our rural people," says Mrs. Gertrude O. Finch, home agent in Northampton County. "This year Northampton County has 79 members eligible for the Book Review certificate. Almost every club member in the county has read at least one book and many have averaged one per month. Miss Estelle Daniels, our 1940 star reader, has exceeded her own record this year. She has averaged a book per week, a total of 52 books. She loves her books but is equally as interested in all phases of farm life and community activities. In addition to these things she earns her livelihood by managing a big cotton and peanut farm and raising turkeys. An extra duty for her this year has been caring for an aged invalid aunt."

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

State College Station  
Raleigh, N. C.  
January 8, 1940

My dear Coworker:

We were so pleased with the results of the Reading Project this year. To date 989 certificates have been awarded,

After looking over your Plans of Work, I notice that many of you are planning to do much more reading in 1941 than in 1940 which pleases me very much.

Enclosed is the new reading list as prepared by Miss Marjorie Beal, Secretary and Director of the State Library Commission. This adds a variety of new books to our reading lists which I feel sure will meet the needs of the club women.

Sincerely yours,

Ruth Current  
State Home Demonstration Agent

GOOD READING FOR HOME DEMONSTRATION CLUBS

1941

Prepared by Miss Marjorie Beal, Secretary and Director, State Library Commission

PEOPLE TO ENJOY

Arliss, George	My ten years in the studios
Bartlett, Robert Merrill	They did something about it
Black, Ruby	Eleanor Roosevelt
Bretz, Mrs. Alice	I begin again
Danforth, William Henry	I dare you
Derleth, August	Still small voice (Zona Gale)
Forbes, Mrs. Rosita	These men I knew
Gag, Wanda	Growing pains
Hogben, Lancelot Thomas	Author in transit
Morell, Parker	Lillian Russell
Poole, Ernest	The Bridge
Rice, Alice Hegan	The Inky way
Spence, Hartzell	One foot in heaven
Williams, Rebecca	Vanishing Virginian
Winkler, John Kennedy	Five and ten

EUROPE TO-DAY

Booth, Clare	Europe in the spring
Chambrun, Rene	I saw France fall
Hambro, Carl J.	I saw it happen in Norway
Tolischus, Otto David	They wanted war
Van Paassen, Pierre	Days of our years
Ziemer, Patricia Erika	2010 days of Hitler

FOR BETTER LIVING

Adams, Mildred	Getting and spending
Allen, Betty	Behave yourself
Babson, Roger W.	Twenty ways to save money
Bennett, Rodney	What can we do now?
Clarke, James	Picture of health
Clendenning, Dr. Logan	Commonsense health chats
De Campi, Wilella	Do it yourself
Eaton, Anne T.	Reading with children
Ellenwood, James Lee	There's no place like home
Evans, William Arthur	Safety your problem and mine
Fedder, Ruth	A girl grows up
Keller, Helen	Let us have faith
Hertzler, Arthur E.	Doctor and his patients
Lee, Charles	How to enjoy reading
Linbergh, Anne Morrow	The wave of the future
Lord, Fred Townley	Great women of the Bible
Phelps, William Lyon	The mother's anthology
Post, Emily	Children are people
Rose, Mary Davies	Feeding the family
Ryan, Mildred	Your clothes and personality
Sherman, Henry C. & Lanford	Essentials of nutrition
Sherwood, Robert E.	There shall be no night
Wilson, Margery	Make up your mind

FOR BETTER LIVING - (Cont'd)

Young, Florence Elizabeth

Clothing the child

MANY LANDS

Adamic, Louis  
Allen, Frederick Lewis  
Hagar, Alice Rogers  
Johnson, Osa  
Keith, Agnes Newton  
Skariatina, Irina  
Ybarra, T. R.

From many lands  
Since yesterday  
Wings over the America's  
I married adventure  
Land below the wind  
First to go back  
America faces south

GOOD STORIES

Atherton, Gertrude  
Baldwin, Faith  
Banning, Margaret  
Bottome, Phyllis  
Bristow, Gwen  
Burt, Katharine Newlin  
Carr, Lorraine  
Coatsworth, Elizabeth  
Corbett, Elizabeth  
Cottrell, Dorothy  
Douglas, Floyd C.  
Edmonds, Walter D.  
**Fedorova, Nina**  
Flether, Inglis  
Franken, Rose  
Frost, Frances  
Frost, Frances  
Fuller, Iola  
Goudge, Elizabeth  
Griswald, Francis  
Hare, Martin  
Hobert, Alice Tisdale  
Hough, Frank O.  
Keyes, F. P.  
Llewellyn, Richard  
Lin, Yutang  
McBride, Mary Margaret  
Martin, George V.  
Masfield, John  
Nathan, Robert  
**Nordoff, Charles & Hall, J. N.**  
Pargeter, Edith  
Rinehart, Mary Roberts  
Roberts, Kenneth  
Salten, Felix  
Smith, Warren Hunting  
Southwold, Stephen  
Street, James Howell  
Stevenson, Dorothy E.  
Struther, Jan  
Train, Arthur  
Wamsley, Leo  
Warren, Lella  
White, Stewart Edward  
Wolfe, Thomas

The House of Lee  
Medical center  
Out in society  
Heart of a child  
This side of glory  
No surrender  
Mother of the Smiths  
A toast to the king  
Mr. and Mrs. Meigs  
Wilderness orphan  
Invitation to live  
Chad Hanna  
The family  
Raleigh's Eden  
Claudia and David  
Kate Trimmingham  
Uncle Snowball  
The loon feather  
The bird in the tree  
A sea island lady  
Polonaise  
Their own country  
If not victory  
Fieldings folly  
How green was my valley  
Moment in Pekin  
How dear to my heart  
For our vines have tender grapes  
Live and kicking Ned  
Portrait of Jenny  
No more gas  
The city lies foursquare  
The great mistake  
Oliver Wiswall  
Bambi's children  
The Misses Elliott of Geneva  
So perish the roses  
Oh, Promised land  
The English air  
Mrs. Miniver  
Tassels on her boots  
Love in the sun  
Foundation stone  
Wild geese calling  
You can't go home again

N. C. State College of Agri.  
& Engineering & U. S. Dept.  
of Agri. Cooperating

COOPERATIVE EXTENSION WORK IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

Ruth Current  
State Home  
Demonstration Agent

REQUIREMENTS FOR A BOOK REVIEW CERTIFICATE

Date \_\_\_\_\_

Name \_\_\_\_\_ P. O. Address \_\_\_\_\_

County \_\_\_\_\_ Club \_\_\_\_\_

Name of Books Read and Reviewed

Author

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

To receive a Book Review Certificate, a home demonstration club member must have read three books from a suggested list compiled by the North Carolina Library Commission and reviewed these three books before her club.

BETTER ENGLISH

It has taken time to establish roots for the Better English project. By degrees those counties pioneering in the project have found interest and enthusiasm for it which has spread to other counties. Reports of definite steps taken have been received in 1941.

The Edgecombe County Council of Home Demonstration Clubs featured Better English at their Council meetings throughout the year. Mrs. Forest Sledge, a long time teacher of English in the Tarboro High School, agreed to give an hour quarterly to "Better Spoken English, using the material recommended by the State Better Speech Committee appointed in 1940. The first lesson was a generalized introduction to the meetings to follow when pronunciation and enunciation were emphasized. The home agent, Mrs. Eugenia Van Landingham, says: "The women were just delighted with the opportunity of 'catching up and brushing up' on spoken English. We hope now to use our experience in taking this information out into the local clubs. The Council felt that it would be better to try it out with leaders before attempting it in our local clubs."

In Lenoir County at the January Council meeting, the County Education Leader, Mrs. Owen Stokes, worked out suggestions with the local leaders following the plan suggested by the State Better Speech Committee. The leaders felt that pronunciation would be a good starting point. Most of the clubs in the county had three or four words presented at each meeting and the interest exhibited in 8 clubs was most satisfactory. Regarding the progress made in the project, Mrs. Stokes said: "We've learned to pronounce and use a few new words, not as many as we should have but even a little improvement within ourselves helps."

State-Wide Projects

Better English

Attached is a copy of a letter received from the home agent in Currituck County. Club women there have found fun, information, and inspiration in this project.



COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

EXTENSION SERVICE

Currituck, N. C.  
February 4, 1941

Miss Ruth Current  
State Home Demonstration Agent  
State College Station  
Raleigh, N. C.

Dear Miss Current:

I think you will be interested in knowing how enthusiastic our club members were about their first English lesson in January. They were delighted with the information gained, and were very interested in the enunciation and pronunciation drills. We hardly need a game after the English course. We've had fun, information, inspiration and good practice in it. I am enclosing January and February lesson sheet. Education leaders in six clubs teach the course; the home agent teaches it in three.

Very sincerely yours,

Virginia E. Brunsey  
Home Demonstration Agent

Encl.

THIS IS TOO GOOD NOT TO PASS ON TO EVERY HOME AGENT IN THE STATE, AND MAY I SAY TO YOU, VIRGINIA, THAT WE ARE VERY GRATEFUL TO YOU FOR THE INTEREST YOU HAVE TAKEN IN THIS PROJECT. I AM SURE THE OTHER HOME AGENTS WILL JOIN ME IN THANKING YOU FOR THE INFORMATION YOU ARE PROVIDING US.

Ruth Current  
State Home Demonstration Agent

OUR ENGLISH

"I recognize but one mental acquisition as an essential part of the education of a lady or a gentleman- namely, an accurate and refined use of the mother tongue." - President Eliot of Harvard University.

"Your speech consists of a multitude of habits."

Do not expect to improve your expression merely by listening to these discussions at club meetings; you must repeat the things you want to learn until they become habits. No one can give you a habit. You must acquire your own.

A. Enunciation- The proper formation of sounds. Do you enunciate clearly or do you mangle your speech in the following manner:

- Jim: H'lo, George. Kumeara minut.
- George: Awright, in jussa secun.
- Jim: Wajudo lasnight?
- George: Muh wifen I went tashow.
- Jim: Sodeye. Java goodtime?
- George: Yeah! Jew?
- Jim: Uh huh. goodanuf.

Enunciation Exercise I

Y-o-u = You (not Jew)

- |               |                |
|---------------|----------------|
| 1. don't you. | 5. told you.   |
| 2. did you.   | 6. heard you.  |
| 3. won't you. | 7. missed you. |
| 4. could you. | 8. wrote you.  |

Relaxation is necessary for clear enunciation.

B. Pronunciation- Speaking with the proper sound and accent.

- |                |                 |
|----------------|-----------------|
| 1. Surprise    | 11. Vaudeville  |
| 2. Postively   | 12. Strictly    |
| 3. Caramel     | 13. Mischievous |
| 4. Forehead    | 14. Err         |
| 5. Abdomen     | 15. Parochial   |
| 6. Penalize    | 16. Height      |
| 7. Bouquet     | 17. Chic        |
| 8. Partner     | 18. Prestige    |
| 9. Theater     | 19. Genuine     |
| 10. Experiment | 20. Coupon      |

OUR ENGLISH

Elimination of Speech Faults

I. Review:

1. She denied positively that she had been to the theater.
2. The rules were not strictly enforced.
3. She is a chic person; she enjoys great prestige.
4. She asked for a pound of caramels.
5. She erred in thinking that the coupon had been paid.
6. If you pronounce horrid, you can pronounce forehead.

II. Speech Faults:

Don't Say:

Say Instead:

- |                                      |  |
|--------------------------------------|--|
| 1. Ain't I? Ain't You? Ain't he?     | Am I not? Aren't you? Isn't he?                    |
| 2. Aren't I?                         | Am I not?  |
| 3. He is the party I meant.          | He is the person I meant.                          |
| 4. I'll walk a little ways with you. | I'll walk a little way with you.                   |
| 5. I'd like for you to go.           | I'd like to have you go, or<br>I'd like you to go. |
| 6. I hate snakes worse than toads.   | I dislike snakes more than toads.                  |
| 7. I'm going on thirty.              | I'm approaching thirty, or, I<br>am about thirty.  |
| 8. I am ravenously hungry.           | I am ravenous.                                     |

III. Correct Errors In This Exercise:

I'd like for you to go with me if you ain't busy. It's only a little ways from here. I know that it's going on six o'clock and that you are ravenously hungry. I have to see a party about delivering my coat tonight. I hate my other coat worse than any I've got.

General Recommendations For Better Speech

1. The study of Better Speech be made a minor cultural project in home demonstration clubs who desire such a program.
2. The Better Speech project should be presented first to the County Council by a Leader, followed by the home agent's discussion, in such a manner that it may be approved. Each club may decide whether it will be included in their program or not.
3. The project should be started in the most progressive group, then others will ask for it.
4. The education chairman or a well-selected leader in each local club should have charge of the Better Speech program for six or eight meetings during the year.
5. From 5-15 minutes be allotted this subject at each monthly meeting.
6. Each club carrying this project purchase a set of Better Speech books and a dictionary.  
Encourage as many members to purchase these as possible.
7. Leaders school for Education Leaders may be held quarterly. This group should work out a lesson to be used as a foundation for remarks at club meetings.  
This material can be mimeographed and sent to local leaders.
8. That the Better Speech program be included in the Reading Project. In counties where this project is underway, the committee recommends that the home agent continue her program as planned. This committee would like to have a copy of any plan being used now so as to develop a program that will meet the needs of the entire State.

Verna Stanton, Chairman  
 Katherine Millsaps  
 Marie C. Matheson  
 Eugenia Van Lanningham  
 May Swann

Suggestions For A Better Speech Program

Month By Month Program

At Council meeting or when planning for a year's program of work, outline the Better Speech Program, giving reasons for having it and set up definite goals.

LESSON I- 10 Minutes

"Why Better Speech is Included In This Year's Program", by Education Leader. Comments by home agent. Five simple definitions of the word "Enunciation". Dialogue on Page 6 in Lesson I may be given incorrectly and correctly by two club members. Suggest correct posture and breathing.

LESSON II- 15 Minutes

Explain fully the meaning of telescoping words. Provide each person with a copy of Enunciation Exercise on Page 7 in Lesson I. Enunciation Leader give correct Enunciation then leads group in the exercise.

LESSON III- 10 Minutes

Leaders present to members six words often mispronounced. (These may be printed on individual sheets of paper.) Define each word briefly, use it in a sentence, pronounce correctly. Suggest that one word, about which there is doubt, be brought to next meeting. Better Speech question box- questions answered at next meeting.

LESSON IV- 10 Minutes

Give simple definition of pronunciation. List six words for pronunciation. Review words studied previously. Include one new word with definition and use.

Lesson V- 15 Minutes

Education Leader reports briefly on some book from reading list. Include six words from book for pronunciation. Review words studied previously. Include the use of one or two new words.

LESSON VI- 10 Minutes

Present six "Speech Faults" used locally that are important; Example: "Taken". Refer to page 16 Lesson I. Give correct form and use - Review rapidly words studied previously.

LESSON VII- 5 Minutes.

Present six words for pronunciation and use. Review words studied previously.

LESSON VIII- 10 Minutes

Present six words for pronunciation  
Review all words studied  
Ask for reports of what has been done in each club

At Achievement Day, a blue ribbon award will be presented those learning correctly the pronunciation and use of a minimum of twelve words.

Reference: A new Self Teaching Course in Practical English and Effective Speech; A good dictionary; radio programs; magazine articles.

State-Wide Projects

COMMUNITY RECREATION

Number of communities developing recreation according to recommendations.....	875
Number counties reporting above figure.....	56
Number families following recommendations as to home recreation.....	6,731
Number of community or county-wide pageants or plays presented.....	218

Recreation is a State-wide project. It is carried on in every organized county through home demonstration club meetings, community meetings, Achievement Day programs, etc. Home demonstration club women join hands with 4-H boys and girls in promoting it. Men, too, are interested and look forward to recreation leaders' schools, annual Husbands' Nights or Family Frolics from one meeting to another.

One never need worry about having too few people to play at a recreation meeting; planning a program for 300 to 400 people is the real problem.

Many calls for directed recreation for adults come to the State Home Demonstration Office but only a few can be answered. There is a great need for a recreation specialist.

What Recreation Means to Rural People

Mrs. Eugenia Van Landingham, home demonstration agent in Edgecombe County, says: "The benefits derived from our club recreational programs are many. They carry with them some valuable information as well as furnish inspiration. It is our best means of bringing families and communities closer together and our easiest way of getting people to know and enjoy each other. It helps the older people to put aside their responsibilities for a little while and really enjoy some fun;

State-wide ProjectsCommunity Recreation

it helps to keep them young in mind and spirit. Some real lasting friendships are developed through our recreational programs. Not only that but it is developing individuals and making leaders of them. In one sense it is helping some of our rural men and women to find themselves.

"The program this year has tended to lift the morale and spirits of our people during the present world crisis when they are living under a tension."

Edgecombe is an eastern county, but East or West the agents feel the same about the good derived from recreation. Mrs. Agnes Watts, home agent in Alexander County, says; "Recreation does help to create a more friendly spirit among the club members and families in a community, and it helps to create a state of mind that is necessary for cooperative accomplishments in the community and in the homes."

Recreation at All Club Meetings

The Camden County home agent, Mrs. Mary T. Knight, reports that some form of recreation was enjoyed at every club meeting during the year and this is true of 99% of the home demonstration and 4-H club meetings. "Our leaders sent everyone home with a smile and feeling much happier for having attended the meeting," says Mrs. Knight.

The <sup>Camden</sup> recreation leaders were given this month by month outline to follow:

- January: Indoor games of interest to the family (Plan one).
- February: A game pertaining to St. Valentine, Washington's or Lincoln's birthday.
- March: A home made game.

State-wide ProjectsCommunity Recreation

April: A peppy song.  
 May: Guessing riddles.  
 June: Potato contest.  
 July: A game for little tots played by adults.  
 August: County picnic.  
 September: Relay.  
 October: Stunt.  
 November: Contest.  
 December: Christmas game.

Schools Held for Recreation Leaders

We were fortunate this year in having two out-of-state nationally known recreation specialists with us, Ella Gardner of the U. S. Department of Agriculture, Washington, and Madeline Stevens, of the National Recreation Association, New York City. The Northampton County home agent, Mrs. Gertrude Orr Finch, reports on one of the schools held by Miss Stevens.

"In March we had our second three-day county-wide Recreational School ever held in the county. Miss Madeline Stevens of the National Recreation Association, was the instructor. The school was attended by the club recreational leaders and their husbands. All type games were played and this training was most beneficial to our organization.

"As an outgrowth of this school, Conway Club conducted an excellent community project this summer. They provided supervised recreation each Thursday night in the local school gymnasium for the young people."



State-wide Projects

Community Recreation

The Husbands Entertain

In Chowan County when the Community House was being built the husbands of the Chowan Home Demonstration Club women told them that they would give them a dinner when the final payment on the house was made. The final payment was made in September of 1941 and the men made good their promise.

The men planned, cooked, and served a barbecue dinner to about fifty. Mr. E. N. Elliott gave an impromptu speech and after the dinner the home agent, Miss Rebecca Colwell, had charge of the recreation program.

The women thoroughly enjoyed being "company" after serving so many suppers in the past two years to help pay for the club house.

PUBLICITY

Broadcasting Weekly

Over WRAL, Raleigh, the Home Demonstration Department has broadcast weekly on a 15 to 30 minutes program. This has afforded an excellent opportunity to reach the public with information on what home demonstration work is and what it is doing for the farm family.

Home Demonstration Club women, home demonstration specialists and district agents have taken part in these broadcasts. Scripts were written in narrative, dialogue, and question and answer form.

Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing, Anamerle Arant, Northwestern District Home Agent, and Sallie Brooks, Assistant Extension Nutritionist, served as a committee to plan the year's broadcast schedule and assign staff members and counties for certain dates. By distributing this schedule well in advance, everyone had the opportunity of knowing what subjects were to be discussed each Thursday.

4-H Members Broadcast

In the Northwestern District, the farm and home agents met four times during the year to plan for radio programs presented over WAIR, Winston-Salem.

L. R. Harrill, State Club Leader, says: "The radio stations have been most cooperative in offering free time for 4-H club program. Practically every station in the State gives some time to 4-H club programs and would give time for a regular program if the agents in the various counties could find time to prepare them. Stations carrying regular weekly programs are: Durham, Raleigh, Winston-Salem, Kinston, and Elizabeth City."

Publicity

Radio

Schedule for Home Demonstration Broadcasts

<u>Date</u> 1941	<u>Program by:</u>	<u>Speaker:</u>	<u>News Items:</u>
Jan. 2	Home Management	Miss Gordon	Mrs. McKimmon
" 9	Chatham County		" "
" 16	Foods	Miss Thomas	" "
" 23	State Program	Miss Current	" "
" 30	Food Conservation and Marketing	Mrs. Morris	" "
Feb. 6	Pitt County		" "
" 13	Clothing	Miss Hunter	" "
" 20	Hoke County		" "
" 27	Home Management	Miss Whisnant	" "
Mar. 6	Granville County		" "
" 13	Food Conservation and Marketing	Mrs. Morris	" "
" 20	Wilson County		" "
" 27	Foods	Miss Brooks	" "
Apr. 3	Lee County		" "
" 10	Clothing	Miss McIver	" "
" 17	State Program	Miss Current	" "
" 24	Home Management	Miss Gordon	" "
May 1	Orange County Women Live at Home		" "
" 8	Foods	Miss Thomas	" "
" 15	Halifax County		" "
" 22	Food Conservation and Marketing	Mrs. Morris	" "
" 29	Randolph County		" "
June 5	Clothing	Miss Hunter	" "
" 12	Nash County		" "
" 19	Home Management	Miss Whisnant	" "
" 26	Johnston County		" "
July 3	Foods	Miss Brooks	" "
" 10	Food Conservation and Marketing	Mrs. Morris	" "
" 17	State Program	Miss Current	" "
" 24	Robeson County		" "
" 31	Clothing	Miss McIver	" "
Aug. 7	Harnett County		" "
" 14	Home Management	Miss Gordon	" "
" 21	Franklin County		" "
" 28	Foods	Miss Thomas	" "
Sept. 4	Cumberland County		" "
" 11	Food Conservation and Marketing	Mrs. Morris	" "
" 18	Sampson County		" "
" 25	Clothing	Miss Hunter	" "

Publicity

Radio

<u>Date</u> 1941	<u>Program by:</u>	<u>Speaker:</u>	<u>News Item:</u>
Oct. 2	State Program	Miss Current	Mrs. McKimmon
" 9	Home Management	Miss Whisnant	" "
" 16	Person County		" "
" 23	Foods	Miss Brooks	" "
" 30	Duplin County		" "
Nov. 6	State Program	Miss Current	" "
" 13	Wayne County		" "
" 20	Clothing	Miss McIver	" "
" 27			
Dec. 4	Home Management	Miss Gordon	" "
" 11	Lenoir County		" "
" 18	Foods		" "
" 25			

PublicityNewspapers and MagazinesCooperation Given Office of Publications

In cooperation with the Office of Publications, the home demonstration specialists, district agent, and state agent, each wrote a definite number of articles telling of the results of the home demonstration program. These articles were published in the daily and weekly newspapers of the State. (A schedule similar to that made out for radio broadcasts was sent staff members at the beginning of the year, giving a specific date on which article was due).

A monthly column on home demonstration work in North Carolina continued in one of the leading farm magazines of the South. This was written by the State Home Demonstration Agent about the work of the club women and 4-H girls, staff members and home agents, notices of interest to farm people, synopsis of programs, new and timely recipes, and often an inspirational paragraph or poem.

Other farm magazines from time to time asked for and received articles from various staff members telling of home demonstration work in North Carolina.

The Extension Editor and members of his staff have spoken to groups of home agents and club women, giving them instructions in pertinent news reporting. Also, during Farm and Home Week a course to train local leaders to do a better job of reporting was given.

COOPERATION WITH THE STATE FAIR

"Making America Strong by Making Americans Stronger" was the theme of the home demonstration exhibits at the North Carolina State Fair in 1941. Home demonstration club women from six counties were asked to place the following exhibits and we feel that a creditable showing was made by them.

It was the desire of those in charge of the exhibits to present information, emphasizing the value of food in its relation to health, the economic value of home produced food and good buying practices of food that must be bought. Emphasis was placed on the growing, conserving and storing of food for home consumption.

Preparation and attractive service for the table was shown, too.

Foods for Strength and Steady Nerves was the title of the booth

prepared by the home demonstration club women of Northampton County under the direction of the home agent and the extension nutritionists.

Home Produced Foods for Economic Security was the exhibit shown

by the women of Burke County under the direction of the home agent and extension nutritionists.

Conserved Foods - A Defense Weapon was demonstrated by the home

demonstration club women of Durham County with the assistance of the home agents and extension economists in food conservation and marketing.

A Well-Filled Pantry Assures A Balanced Diet was shown in a very

telling exhibit by the home demonstration club women of Lee County, their home agent, and the extension economists in food conservation and marketing.

The Food Collar Well Spent was the contribution of the Home Management and House Furnishings Department, worked out by the women of Duplin County under the direction of the specialists and assisted by the home agents.

Well Prepared and Attractively Served Meals Make Strong, Straight Bodies was well displayed by the home demonstration club women of Chatham County, their home agent, and the extension specialists in clothing.

The Women's Department

The State Home Demonstration Agent serves as General Director of this department and it is open to any woman who wishes to exhibit canned goods, jelly, jams, cakes, pies, breads, candies, dresses, aprons, smocks, underwear, rugs, bedspreads, bed linen, crocheted articles, quilts of all kinds, household linens, needlework such as embroidery, needlepoint, knitting and crocheting. We hope through this department to teach higher standards.

Standard score cards are used by the judges in checking workmanship, design, color combinations, etc. We were pleased with the improvement shown in the standards of the articles entered for exhibit in 1941.

SUMMARY OF 4-H CLUB WORK

The 4-H report is based on the data submitted by white farm and home agents, local leaders, and State leaders, L. R. Harrill and Frances MacGregor. The results of Negro 4-H Club Work will be found in the report of our Negro 4-H Club Specialist, R. E. Jones.

Every member of the Extension staff is expected to assume a definite amount of responsibility in the 4-H club program.

Personnel Directing 4-H Club Work

County Extension Workers -

- County Agents and County Assistant Agents
- Home Demonstration Agents and Assistant Home Demonstration Agents

Others -

- County Council of 4-H Clubs (composed of officers of local clubs - see page 16 of Mr. Harrill's report)
- 4-H club boys and girls (Enrollment and results accomplished - pages 5-6 of Mr. Harrill's report)
- County volunteer local leaders (See Local Leaders Assist with 4-H Club Work in Mr. Harrill's report, pages 19-20)

State Office -

- State Leader, L. R. Harrill
- Assistant State Leader, Frances MacGregor
- Negro 4-H Club Specialist (headquarters at A. & T. College, Greensboro, N. C.)
- Specialists -
  - a. Agricultural
  - b. Home Demonstration



NEGRO HOME DEMONSTRATION WORK IN NORTH CAROLINA

Negro home demonstration club work continues to grow in North Carolina. Each year the work is stronger, in number of people reached and new counties organized. But perhaps the greatest thing has been the gratitude and appreciation shown for what has been done for them. We are trying to lead in the right direction as they build slowly.

Negro Personnel:

- 1 District Home Demonstration Agent
- 1 Subject Matter Specialist (responsible for all subjects)
- 23 County home demonstration agents

Special help and training is given the Negro Subject Matter Specialist by the staff of white home demonstration specialists.

The Negro workers attend the regular monthly joint staff conferences and the home demonstration staff conference that follows.

Negro Work Grows:

Number counties organized.....	23
Number women's clubs.....	288
Enrollment in women's clubs.....	7,349
Number 4-H clubs.....	226
Enrollment in 4-H clubs.....	6,331
Number County Councils (adult).....	20
Membership in County Councils.....	1,432
Number Achievement Days held for women.....	29
Attendance at Achievement Day programs.....	9,580
Number Achievement Days held for 4-H girls.....	11
Attendance at 4-H Achievement Day programs.....	1,612
Tours (adult).....	77
Attendance at tours.....	3,634
Tours (4-H).....	26
Attendance at 4-H tours.....	1,612
Number counties with delegates at Short Course.....	20
Attendance (girls).....	266
Number leaders' schools:	
Women.....	82
Attendance.....	2,097
4-H.....	57
Attendance.....	410

Negro Work

The map on the following page shows the organized counties and those counties with a large Negro population that should have a Negro home agent. Three new counties were organized in 1941.

"As we again come to the close of another year of home demonstration work," says Dazelle F. Lowe, Negro District Home Agent, "I am reminded of an expression used by President Roosevelt two years ago. He was speaking of war then, 'If you have to lick two enemies on different sides you have to be shifty' - but our activities in home demonstration work have been shifty. Many things have taken place to upset plans made in the beginning of the year. Yet, many followed all of the programs with interest and the results were far reaching. Defense activities have been put in front of everything else."

Cotton Stamps

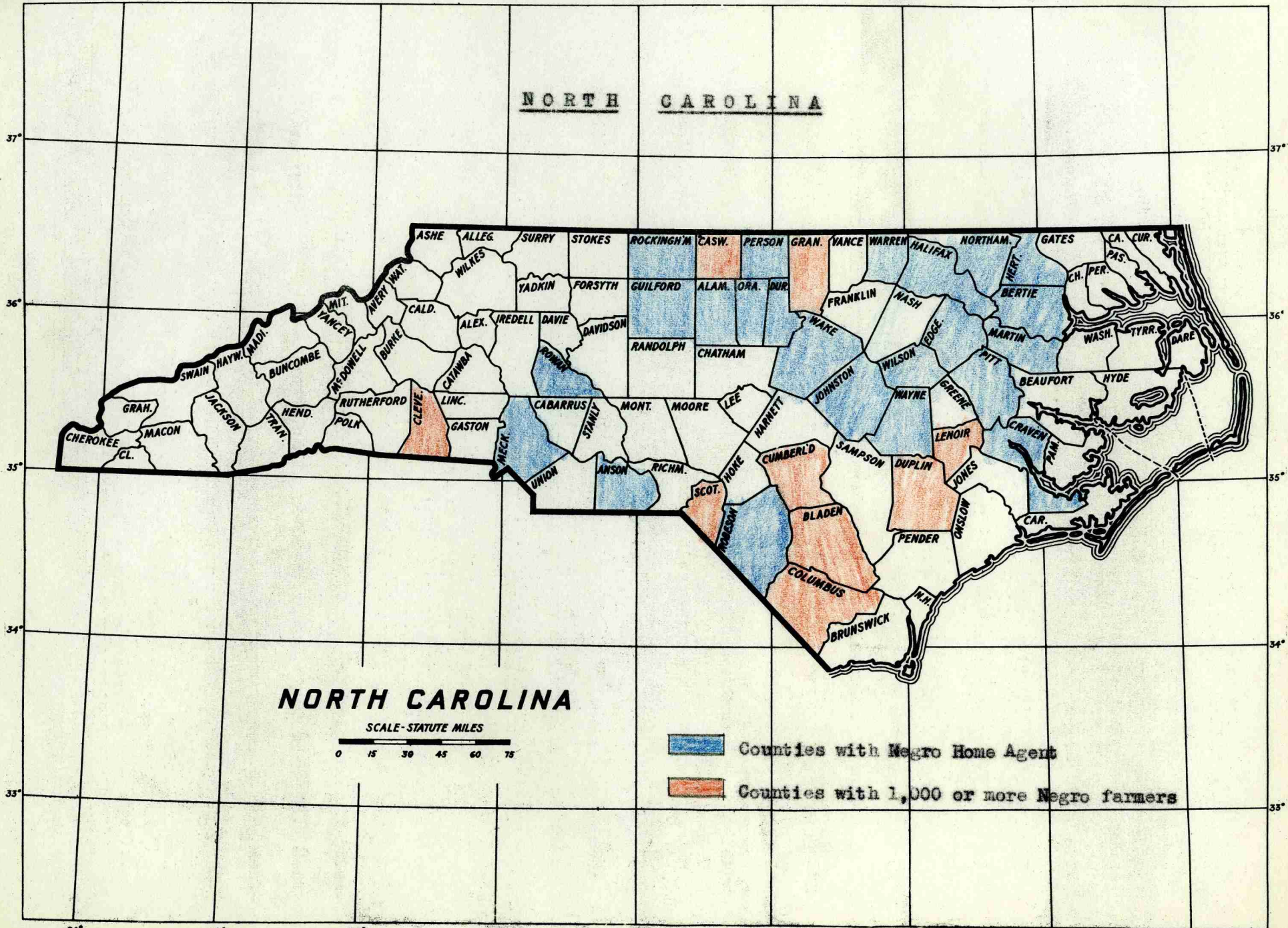
The Cotton Stamp educational program went over in a big way. Not only did Negro farm people want to sign up for cotton reduction but they also wanted to qualify for the garden AAA payments. The issuing of Cotton Stamps has resulted in underwear and household linens in larger quantities for our rural families.

Cooperated in Aluminum Drive

The rural women have cooperated wholeheartedly in the Aluminum Drive. A Hertford County woman, Estelle Cooper of Como, expressed the sentiment of the women in general when she said, "We will do anything we can to stop and win the war. If the pots and pans will help, you certainly can have them."

The Ambulance for Britain Drive included small amounts of money from the Negroes but in truth they were big gifts as some were giving the widow's mite.



NORTH CAROLINA



**NORTH CAROLINA**

SCALE-STATUTE MILES



-  Counties with Negro Home Agent
-  Counties with 1,000 or more Negro farmers

Negro WorkTime Out To Help Neighbors

In the midst of all the defense preparations Negro home demonstration club women in their regular program have taken time out to comfort the sick.

Sarah Boston, a member of the Hills Neck Home Demonstration Club in Craven County, had an invalid whose room permitted all of the winds from the North and South to pass through. With the help of the Negro home agent, boxes were secured from the local department store and on regular club meeting day all club members on their way to the meeting stopped in and helped do the room. Only a small portion was left unfinished which Sarah was able to finish later. The club members seemed to feel better after having done a "good deed" the home agent reports.

Canning

When a woman's program can convince the men, as John Dickerson of Galatia Club, it must be worth while. He said, "Never before the Home Agent came along could I or any other men walk in his house and eat a whole meal out of jars. Canning is the best thing my wife has ever learned to do.

More Pride in Homes

Mary Willingham of Granit Quarry in Rowan County said: "The club has improved my home in many ways. First, it has caused me to have pride in the home. It has taught me how to can food that was heretofore difficult to keep and it has taught me different ways to prepare food that I raise in my garden. The club teaches us to work together, exchange ideas, and by doing so we have better churches and schools,

Negro Work"Constructions" Received In Club Work

Saphronia McKay of Thompson Chapel in Robeson County had this to say when her husband wanted to move to another county and prevailed upon him not to do so. She pointed out to him that she was a home demonstration club member and the "constructions" received at club meetings helped them in so many ways. "Just look at our kitchen," she said, "I have arranged convenient work units so I don't have to spend most of my time walking when I am cooking a meal. I have raised my work table to the proper height. You put my wood box on legs and painted that and it does keep me from having pains in my back as a result of so much bending. Now look at these walls, you know that they were filthy with dirt before I went to the branch, got clay, and got the boys to help me put it on. I feel certain these things would not have been done had it not been for our demonstrator lady, Mrs. Watts, and it hasn't cost us much of anything." After much talk and thinking the matter over, McKay decided to remain at the same place. He told the agent he didn't move because he didn't want his wife to whip or leave him.

Organization of Negro Work

Negro work is organized and executed in a manner similar to that of the white people. They have County Councils, training schools for developing programs, the same projects as the white people only simplified, leader training schools, short courses, camps, Achievement Days, tours, etc. Last year the Negro women organized a Negro State Federation of Home Demonstration Clubs (the same as the white's).

Results Accomplished by Negroes

Number families producing and preserving home food supply according to annual food supply budget.....	4,086
Number families assisted in the canning program, or otherwise preserving fruits, vegetables, and meats....	31,752
Number quarts canned by these families.....	1,030,239
Number other containers of jam, jelly, or other products made by families reported above.....	147,758
Total estimated value of all products canned or otherwise preserved.....	\$ 248,348.30
Number of families following recommendations for the storage of home food supply.....	2,817
Number of families making canning budget.....	5,379
Number of families filling canning budget.....	3,100
Number of pressure canners in counties.....	936
Number pressure canners purchased this year.....	338
Number families having cows.....	9,867
Number families making butter.....	6,721
Number families making cheese.....	398
Number pounds of cheese made.....	3,469
Number families having gardens.....	18,840
Number families having year-round gardens.....	16,507
Number individuals adopting recommended positive preventive measures to improve health (immunization for typhoid, diphtheria, smallpox, etc.)	5,073
Number families installing sanitary closets or outhouses	708
Number of homes screened according to recommendations....	951
Number of families following other recommended methods of controlling flies, mosquitoes, and other insects	3,159
Number of communities developing recreation according to recommendations.....	198

Results (continued)

Number families following recommendations as to home recreation.....	1,378
Number of kitchens rearranged or improved for convenience according to recommendations.....	932
Number of families assisted in making home made equipment or conveniences.....	2,659
Number of individuals following recommendations in construction of clothing:	
Adults.....	2,977
Juniors.....	1,814
Number of individuals following recommendations in improving care, renovation, and remodeling of clothing.....:	
Adults.....	2,463
Juniors.....	1,009

OUTLOOK FOR 1942

PROGRAMS SET  
FOR ALL-OUT  
WAR EFFORT

The 1942 Outlook for Extension Workers in North Carolina is set for all-out war effort. Programs have been changed in keeping with the National and State Defense Programs as they affect Extension Work and as they will affect the people with whom we work.

WILL REACH  
MORE PEOPLE

We anticipate one or more of the six unorganized counties to appropriate for home demonstration work which will mean an increased membership and plans for reaching more people. We expect to reach more people, too, through our already organized clubs.

PROGRAMS  
CORRELATED

Never have we had finer cooperation between State and Field Extension Workers. The program is more talked about and thought of as Extension Work for the whole family rather than segregated programs. We are expecting this fine relationship, cooperation, and correlation of programs to continue.

NEIGHBOR-  
HOOD  
LEADERS

The neighborhood leaders and our well trained home demonstration leaders are fast becoming powerful in our organization.



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A SUGGESTED STATE--WIDE PROGRAM FOR HOME DEMONSTRATION WORK FOR 1942

(For the Whole Farm Family)

Theme: "Thrift and Health for Better Living"

- January Family Plans for 1942  
(An Outlook meeting for Farm Family Living)
- February Living Above the Safety Line
- A. The Nutritional Situation
  - B. What We Shall Do About It - food production, meal planning, food preparation and preservation.
- March My Clothing Needs
- A. Inventory - what have, what need, how get.
  - B. Minimum essentials of wardrobe.
- April Future Security Through Conservation
- A. House Furnishings and Equipment.
  - B. Garden and farm equipment.
- May The Staff of Life - Whole Grain Products and Their Use
- A. Cereals.
  - B. Breads (a Bread Campaign)
- June Home Care of the Sick
- Demonstration: Home practices, Equipment, and Diet
- July Food Preservation
- Canning demonstration, Fruits and Vegetables (peaches, string beans, tomatoes, and soup mixture)
- August Planned Recreation
- September Wise Use of Time and Money
- Trends in income and buying habits, investments for future security; weighing of choices and values.
- October Clothing Clinic - Care; repair, cleaning, laundering, spot and stain removal, storage, Remodeling, making over. Seasonal Suggestions.
- November Building Strong Sturdy Bodies - preparation of protein dishes.
- December Housing, Repairs and Improvements for Happier Living - (roofs; steps, screens, doors, windows, porches, storage, fire hazards, painting, heating, weather stripping, foundations)

RECOMMENDATIONS FOR PROCEDURE

1. Organized training schools (one-day schools) for agents by specialists to present two monthly subjects.
2. Organized training schools (one-day schools) for leaders by agents to present two monthly subjects.  
Either the agents present the subject to the clubs, or the leaders give it. The agents decide which they will give themselves and which the leaders will give.
3. Club women will list the names of all the non-club members in their communities not being reached by any agricultural agency, and each club member will be responsible for certain non-club members.  
In this way all non-club members are taken care of and there are no duplications in invitations to club meetings and assistance given.  
At Outlook meeting in January women are asked to check with list of names to find which are being helped by various agencies.  
  
Each club member takes it upon herself as a patriotic duty to reach one or two non-club members in her community, carrying information from the club meeting, or seeing that the non-club members have an invitation to attend the club meetings. (Applies to both white and Negro)
4. Home assignments and club questionnaires for club members will be attached to lesson sheets. These will serve as a quick and easy method of checking on work done each month.
5. One or more outstanding result demonstration to be conducted in each club community. Specialists will visit these demonstrations. These demonstrations might serve as a valuable part of Achievement Day programs.
6. Recommendations to be worked out in order that the demonstration will come within one hour.
7. Leaders might hold one or two special interest meetings in addition to the regular monthly demonstration.
8. Recognition should be given on Achievement Day to women who have not missed a club meeting. Oftentimes if a club member cannot get to meeting on day it is held in her regular club, she can go to meeting of club in adjoining community.
9. Publicity should be given in local paper concerning plans for club meetings.
10. Agents should take advantage of opportunities to speak at civic club meetings.
11. Special interest meetings should be good publicity.  
(Specialists will continue to give special interest meetings.)
12. Newspaper articles telling of accomplishments of one woman or one family.
13. Leaders tell over radio what they are doing with non-club members.
14. Instead of having club reports at district meetings or county meetings, turn in with report short stories from each club of what leaders have done--some special work. Select outstanding stories and let club woman tell her own story (three from each club).
15. Agent pass on to club members preferences for reading--magazine articles.
16. County and State papers carry blanket publicity sent out from National and State offices.

SUGGESTED SCHEDULE FOR AGENTS' TRAINING SCHOOLS BY SPECIALISTS

1 9 4 2

MEETING PLACE	January	March	April	Aug.-Sept.	October
	Foods Clothing	Foods Home Mgt.	Food Pres. Crafts	Home Management Clothing	Foods Home Mgt.
Elizabeth City	Thurs. 15	Tues. 17	Wed. 8	Aug. Mon. 24	Tues. 20
Tarboro	Fri. 16	Wed. 18	Fri. 10	Tues. 25	Wed. 21
Kinston	Mon. 19	Fri. <del>20</del> <sup>27</sup>	Tues. 28	Thurs. 27	Fri. 23
Lumberton	Wed. 21	Mon. 23	Thurs. 2	Sept. Fri. 4	Tues. 27
Raleigh	Fri. 23	Wed. 25	Thurs. 30	Wed. 2	Thurs. 29
Greensboro	Thurs. 15	Tues. 17	Tues. 14	Aug. Wed. 26	Tues. 20
Albemarle	Fri. 16	Wed. 18	Wed. 15	Fri. 28	Wed. 21
Lenoir	Mon. 19	Fri. <del>25</del> <sup>27</sup>	Fri. 17	Mon. 31	Fri. 23
Asheville	Wed. 21	Mon. 23	Mon. 20	Sept. Mon. 2	Tues. 27
Franklin	Fri. 23	Wed. 25	Wed. 22	Wed. 4	Thurs. 29
(Negro Home Raleigh) Agents	Thurs. 8				

COOPERATIVE EXTENSION WORK

IN

AGRICULTURE AND HOME ECONOMICS

STATE OF NORTH CAROLINA

EXTENSION SERVICE

Office of Director

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

State College Station

November 27, 1941

Miss Ruth Current  
1911 Dormitory  
Campus

Dear Miss Current:

I have just looked over with much interest the suggested State-wide program for home demonstration work for 1942.

I am particularly well pleased with this outline. If we could get 75, or still better, 90 per cent of the home demonstration members to follow through this outline, it would undoubtedly raise the standard of living very materially. It seems to me that the subjects chosen month by month fit in particularly well with the present emergency as well as with regular living. I wish, therefore, to commend you and your associates for developing such an outline, and I shall be very much interested in the reaction of the people.

Yours truly,

/s/ I. O. Schaub  
Director

IOS:md

QUESTIONS ON FARM FAMILY LIVING IN 1941

Farm families must consider many things when making either short or long time plans. Since the war has closed most of our foreign markets, farm families who raise cotton, tobacco, wheat, and the fruits that were formerly sold abroad, will need to make major adjustments in their farm and home plans. To help farm families make economic adjustments, the following questions have been prepared for use in the discussion of the 1941 Outlook for Farm Family Living.

Questions

1. What are the main sources of income from our farm? \_\_\_\_\_  
\_\_\_\_\_
2. How have we, as a family, been affected already by the war abroad and the defense program at home? \_\_\_\_\_  
\_\_\_\_\_
3. In view of present conditions, to what extent is it advisable for us to go into debt? \_\_\_\_\_  
\_\_\_\_\_
4. What are some ways by which family members earn more money from work off the farm? Would this be wise for our family? \_\_\_\_\_  
\_\_\_\_\_
5. How can we adjust our production plans to meet the change in markets? \_\_\_\_\_  
\_\_\_\_\_
6. Have we made an inventory of our home and farm? \_\_\_\_\_ Estimated value? \_\_\_\_\_
7. What plans for family living did we make and what records did we keep in 1940? Did they help us to make decisions? What kind of records should we keep in 1941? \_\_\_\_\_  
\_\_\_\_\_
8. Should we increase or decrease the amount of food that we use from the farm? \_\_\_\_\_  
Why? \_\_\_\_\_
9. Which of the protective foods, (milk, eggs, fruits, vegetables) did we produce and use in abundance last year? \_\_\_\_\_  
\_\_\_\_\_
10. If which, if any, of the protective foods was our diet low last year? \_\_\_\_\_  
Why? \_\_\_\_\_ How can we best make up this deficiency? \_\_\_\_\_  
\_\_\_\_\_

11. What helps are available to guide us in planning and producing a suitable food supply? \_\_\_\_\_  
\_\_\_\_\_
12. How might a yearly food production and preservation plan help us keep out of debt to the food merchant? \_\_\_\_\_  
\_\_\_\_\_
13. What indications of poor growth, lack of physical vigor, uncorrected physical defects do we see in our own community? \_\_\_\_\_  
\_\_\_\_\_
14. What can we do to help prevent such conditions in the future? \_\_\_\_\_  
\_\_\_\_\_
15. What articles of clothing and what fabrics show a greater price rise? How can we, as buyers, determine quality? \_\_\_\_\_  
\_\_\_\_\_
16. In view of market conditions and expected changes in our family's income shall we make \_\_\_\_\_ more garments at home or purchase more readymade? \_\_\_\_\_  
Which shall we make at home? \_\_\_\_\_  
\_\_\_\_\_
17. Will careful planning of purchases and economy through remodeling, mending and shoe repairing be important? \_\_\_\_\_  
\_\_\_\_\_
18. Do we, the whole family, plan jointly for our farm business and family living? If not, what advantages would there be in making joint plans? \_\_\_\_\_  
\_\_\_\_\_
19. What goals for farm family living do we have for 1941? \_\_\_\_\_  
\_\_\_\_\_
20. How can we help families in our community raise their level of living? \_\_\_\_\_  
\_\_\_\_\_

Distributed through Furtherance of Acts of Congress May 8 and June 30, 1914.

I. O. Schaub, Director.

# The Farm Family Faces 1942



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**NORTH CAROLINA STATE COLLEGE OF AGRICULTURE AND ENGINEERING**  
**OF THE**  
**UNIVERSITY OF NORTH CAROLINA**  
**AND**  
**U. S. DEPARTMENT OF AGRICULTURE, CO-OPERATING**  
**N. C. AGRICULTURAL EXTENSION SERVICE**  
**I. O. SCHAUB, DIRECTOR**  
**STATE COLLEGE STATION**  
**RALEIGH**

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DISTRIBUTED IN FURTHERANCE OF THE ACTS OF CONGRESS OF MAY 8 AND JUNE 30, 1914



## THE ADAMS FAMILY PLANS FOR 1942

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*Characters:* Father (age 48)—Harry Adams  
Mother (age 40)—Ann Adams  
Daughter (age 15)—Mary Adams  
Son (age 17)—Tom Adams

*Time:* 7:30 in the evening

*Place:* Family living room

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Father: Ann, don't you think we had better talk over some of our plans tonight if we are to get any of the things that we are hoping for in 1942?

Mother: Harry, what do you mean?

Father: Today I was in town and sold our pigs and cows for a good price. The 15 pigs brought \$165.00 and two cows brought \$175.00. That sounds like a lot of money but when I went to buy the things you asked me to get, I found that prices had also gone up. That is not the only shoe that is going to pinch us, either. John told me today that he could not help us with our farm work any longer as he has to leave next week for his period of training in the army.

Tom: I am sorry that John is going to leave because I had hoped to get a job in town this summer on the new defense project and make some money for my college expenses.

Mary: Tom, you wanted to go to town to work and I wanted a complete new spring outfit and father says everything is costing more money. I know if John is leaving we will have to help with the farm work—that looks bad for us.

Mother: Let's not worry, children. Don't cross bridges before you come to them. I am sure we can work out something. Just today at our Home Demonstration Club meeting Miss Kelly talked about how a family could achieve a good living if they planned and operated their farm and home on sound business principles. She said that this is the year to pay off old debts and by no means make new ones, but that one should be laying aside, saving for the uncertain future.

Tom: That's right, but did she tell you how to pay debts and save too?

Mother: Miss Kelly said that the Home Records will help a family get ahead. The Records will help them to get more value for what they spend, and get more of the things they want. Dad, you have been keeping the Farm Record since you have been getting the AAA payments and doing the soil conservation program. What do you think about our keeping a Home Record this year?

- Mary: Edith Mason says her shoes and stockings cost more last year than anything else. She knows just what everything cost because her family keeps a record of all they make and everything they spend.
- Father: I think we should keep records and if we are going to operate our farm and home on a business basis we should begin by taking stock of what we have and seeing what we have to base our plans on.
- Mother: By the way, Miss Kelly gave me a Home Account Book today.
- Tom: That's good. Where shall we start this Adams Family Business?
- Father: We have to know what we have first. Mother, can you and Mary take an inventory of all the household equipment, clothing and foods that we have? Tom and I will take an inventory of the farm equipment, stock, and poultry.
- Mother: Not only should we take stock of what we own, but also of what we owe.
- Father: I have been keeping something from you and now I am going to tell you. There is a mortgage on the farm. All the interest has not been kept up on it and it is due in September. However, it is the only debt I owe.
- Mother: Harry, why didn't you tell us before? We could have been helping you all these years. Don't forget that refrigerator that I bought on the installment plan.
- Tom: Dad, I wonder what each one of us can do to help meet that mortgage in September and pay those monthly installments. Maybe it will be best for me to stop school and get a job on that new defense project.
- Father: No, Son, I believe that if we all work together we can pay off the debt on the farm and refrigerator and put something aside for your college expenses.
- Mary: Let's plan for what each of us can do.
- Mother: Mary, what do you think you could do to help?
- Mary: We keep reading about prices going up, and every time we go to the store to buy a pair of hose or a piece of goods, we find that this is true. I have been thinking about what I can do to help our family offset some of these increases. I am sure I could make more of our clothing at home since I have been carrying clothing as a 4-H project for five years. I will be glad, as my part in this family program, to make the larger part of our clothes and be responsible for their care. I'll even see that they are patched and darned, and the buttons all sewed on, but, Tom, don't you think you could polish all the shoes for the family?
- Mother: That's fine, Mary. Now, Tom . . .

Mary: Wait a minute, Mother, there's something else I want to say. Since I am going to do much of the home sewing, I want us to take our sewing machine to the clinic which Miss Kelly has arranged. A man from the sewing machine company will be there to help club members put their machines in order. I want a sewing nook—a place where the machine, ironing board, work basket, pattern bag, and everything to work with will be together. That will save me a lot of time.

Mother: You are right about the sewing machine and a place to work. This matter of clothing the family is an important one. It is important to health, happiness, success, and all of us need to give it much thought. I think Mary's part in our program will help us to stretch the clothing dollar.

Tom: While Mary is patching and mending the clothes, I guess I could begin mending the steps, patching the roof and repairing that chimney that you have been talking about for so long.

Father: Then on the first rainy day we can work on the storage bins in the basement and the storage shelves for canned food that your mother has been wanting for several years.

Mary: Don't forget that Tom and I need clothes closets in our rooms. Those clothes I make and patch I want well cared for.

Tom: Dad, we should build an implement shed to protect our farm tools and the tractor.

Father: That is something for us to think about, Son, because we don't know when we would be able to get another tractor, even if we had the money. And we will need it all the more now since we will be short of help and have been asked to increase production of food in order that we may help feed the world.

Mother: For my part, I should take the family food supply and see that we really have adequate food. I am sure we can reduce our grocery bill by growing almost everything we need right here on the farm. We need more of the protective foods we are hearing so much about—milk, eggs, lean meat, fruits, vegetables and whole grain products—these will help us improve our health, thereby reducing our doctor's bills. You remember we had too many colds last winter. One of my new year resolutions this year is to put into practice thrift and better food preparation practices that I have been learning all these years at Home Demonstration Club meetings.

Tom: That sounds like we are going to have food and good food at that. I suggest that we grow enough to have a surplus to sell on the curb market to help pay off that mortgage in September.

Mother: Don't forget the kitchen. I need better kitchen cabinets there because some added convenience would certainly make my work easier and give me more time for helping with the farm work—

that I will have to do especially if we start selling on the curb market. I expect to fill the canning budget—300 jars. I am glad that we bought our aluminum pressure cooker last year; it makes my work so much easier. They say the new steel pressure canners are just fine. They are lighter, stronger and easier to clean.

Father: Now that we have the home needs pretty well taken care of, I want to take as my job the lead in seeing what can be done to the farm in order to put it on a sound paying basis. We must plan carefully to improve our soil in order to increase our production. By analyzing our farm record we shall be able to locate the leaks and find which enterprises—I mean by that poultry, dairy, raw crops, grains and curb marketing—will bring us the greatest returns in increased cash incomes.

By carrying out this plan, I am sure that it will enable us to have better health and happier living. I believe it would pay every family to talk plans over together and let each member have a part in the plans and work. With the emergency that we are living in now each person has a responsibility and a definite work to do.

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## QUESTIONS TO BE USED AS A GUIDE IN PLANNING FOR 1942

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More careful planning is needed to help the farm family achieve a better and happier life. More thrift and cooperation are necessary than at any time in recent years.

To achieve this better living and happier home life, it is necessary for us to build up the health, finances and morale of every member of our family. Now that we are beginning a new year, we should take stock of our family, community, State and National situations, and make a plan so that we may use it as a guide in attaining a better family living in 1942.

In order to help the farm family do better planning for 1942, the following questions are suggested for family discussion:

1. a. What were the sources of cash income for your family in 1941?  
b. Which source of income has brought you the largest returns?
2. If you have not kept a record of your income or expenditures, and cannot answer the above questions list the reasons why.
3. a. During what months is your income higher? Why?  
b. How does this affect your plans for buying?
4. During what months is your expenditure greatest? Why?
5. Do you think your expenditures for 1942 will be more or less? Why?
6. 1942 is a year when one should not go into debt. Why?  
If you are in debt, through installment buying, mortgage, illness, etc., what are your plans to remove this indebtedness?

The health of the members of your family depends largely upon the protective foods—milk, lean meat, eggs, fruits, vegetables and whole wheat products—that should be used each day in their diets.

7. Do you produce the amount of milk, lean meat, eggs, fruits, vegetables and whole wheat products that are necessary in order to meet the requirements of the Daily Food Essentials?
8. In planning the meals for your family, do you use the Daily Food Essentials chart?
9. What are you doing to encourage the members of your family to cultivate a taste for essential foods for which they have a dislike?
10. In the past year have you bought any foods that you could have grown at home?
11. Did you fill your canning budget?
12. How may you improve your storage space to better protect home produced foods and provide greater convenience for the homemaker in preparing meals?

In 1942 many farm families may have slightly higher incomes. It may be advisable to use some of this cash to make simple repairs and improvements on the house with family labor.

13. What minor repairs around the house could be made with small expenditures?
14. Have you checked your house for fire hazards?
15. Is the household and farm equipment so cared for that it will give the best service and longest use?
16. Would it be advisable to make your clothing at home or buy it ready-made? Why?
17. How can better planning reduce your clothing cost?

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## HOME PRACTICES

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1. Take an inventory of food supply, clothing and household equipment.
2. Set up at least three goals for the betterment of your family that could be accomplished within a year.
3. Plan ten ways by which your family can improve the health, finances and morale.
4. Keep records of income and expenditures.
5. Plan and produce an adequate food supply.
6. Encourage a family council.
7. Contact families not reached by other agencies and give them assistance in food preservation methods.

**COOPERATIVE EXTENSION WORK**  
**IN**  
**AGRICULTURE AND HOME ECONOMICS**  
**STATE OF NORTH CAROLINA**

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

State College Station, Raleigh, N. C.  
August 15, 1941

Dear Coworkers:

As we finish up summer activities and approach the fall it is urgent that we plan carefully and be able to adjust quickly in order to serve the greatest number of people with maximum efficiency. May I speak of things which are pressing right now?

Winter  
Gardens

Please take the lead in getting all the various agencies to push immediate and successive plantings of the leafy vegetables which can be planted now. Work through your agricultural council, but take the lead yourself and put the people you have in your organized clubs to work now.

Mattress  
Project

You will not have NYA assistance in operating mattress centers after the September pay period. Begin now to make your arrangements for adequate supervision so that the mattress project can proceed as usual. Paid supervisors in all centers will be your answer to this problem. Be sure that efficient women are found who can turn out sufficient mattresses each day to take care of the cost of supervision.

Home  
Demonstration  
Federation

Work now to strengthen the county organization of 4-H Clubs and Home Demonstration Clubs as well as Older Youth Clubs. In these Federations you have leadership and great strength. Guide these groups and use these people to help all the people in your county as they reach out for the information they need to plan for more abundant living. Make your Federation strong. Help them to function so smoothly that they can act quickly and will be ready for any emergency. Remember officers, committee women and club members gain strength by doing things. Give them tasks worth their best efforts. Furnish complete and adequate instructions, then let them go. When the job is done, give them the recognition and appreciation they deserve. Watch the results, how they will grow and grow!

Year Books

The State Federation of Home Demonstration Clubs has a year book which contains much useful information if properly used. Please see to it that all club officers are instructed in the use of the year book and that all club members are taught to treasure and use it. See that committees are appointed at your Fall Council Meeting to make up programs for the coming year. Be sure that all clubs appoint committees to prepare year books for club members. An empty year book has very little value. Programs should be copied into the year books not later than January. Good year books, beautifully prepared

well used, do strengthen Federation Work. I can judge a club by the year books.

### Finance

Any organization should be self-supporting. The Home Demonstration Federation should decide upon the best way of financing itself and then go ahead about making up a budget. Year books, club dues, and any other expenses that are county-wide in value should be paid through the county treasury. Some county Federations send a check for all the year books needed, and then each club pays the club treasury for the number of books used. Home Demonstration Agents should not pay for nor collect money for year books, neither should year books be a personal expense to club members. Ask the clubs to make year books a club expense. The same should be true of Federation Dues, the Jane S. McKirmon Loan Fund, and all expenses of the club.

### Reports

The report forms are ready for Home Demonstration Club members now. Order all you need and make leaders responsible for getting these reports properly filled out and returned to you in plenty of time to use the information in Annual Reports, and in telling the story of results at your Achievement Day program. Save plenty of time to assemble your Annual Report and start now collecting the stories and photographs to tell of all the accomplishments in your county. Remember to report results, --what your people have done as a result of your efforts. Do not write a story of meetings you or specialists have held. We know about those. Make sure your report tells of how your people have made use of the information you took them in making improvements which have given them better homes, more income, improved meals, greater satisfaction, and a happier home life. Make these stories specific. Give at least one specific example under every subject. Remember everybody is interested in what the people in your county have done to improve their own condition and that of their neighbors. You have a story to tell this year; please start now and make it a full story.

### Program Plans and Agents' Conference

Plans are now in the making for our Annual Program Planning Conferences. Please assemble all the information furnished you by your county council and have in mind the needs of your county when you come to Raleigh to make plans for next year. This meeting will probably be early in November and will possibly be combined with our Annual Agents' Conference. Anyway, please be making plans for next year and be ready to complete your plan of work when you do meet this fall.

### Now Congratulations

To Addie Houston who is again on the job after a brave fight with a serious illness;  
To Elizabeth Tuttle and Alice Falls who are happy to be working together now that Alice is in the new assistant Home Demonstration Agent Forsyth County has seen fit to place. Congratulations are also due the Forsyth women who convinced the commissioners;  
A welcome to Alice Falls!  
To Virginia Wilson for doing such an excellent job of directing the State 4-H Club Health Pageant, and for making it so outstanding;



To Lorraine Bowden and Louise Homewood for the fine showing the Guilford County Dairy Food Demonstration Team made in winning first place in the State contest;

To Katherine Millsaps for training the Alamance County team demonstration on "What \$25 will buy for a club boy and girl," which was an outstanding part of the 4-H Club Short Course;

To Grace Lee Allen for training the Alamance County Dairy Foods Demonstration Team which won a blue ribbon place along with the Guilford and Mecklenburg County teams.

To each of you who have done such a fine job of Home Demonstration Work all during the year. This year our district went ahead with the largest number of clubs and the largest enrollment in the State Federation. For five years we have watched you grow steadily. You have all worked; this year you are out ahead, I congratulate each of you!

Let's make Pauline Craft welcome in Stokes. It is good to have her there.

Major and  
Minor Projects

Just as soon as you have decided what project the women and girls will carry as a major and a minor in 1942, please let me know. We hope to get the specialists to your county for a conference before our planning meetings in November. Therefore, it is necessary that I know very soon about these major and minor projects.

Sincerely yours,

*Anamerle Arant*

Anamerle Arant  
Northwestern District Agent

COOPERATIVE EXTENSION WORK

IN

AGRICULTURE AND HOME ECONOMICS

EXTENSION SERVICE

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

STATE OF NORTH CAROLINA

State College Station, Raleigh, N. C.

Aug. 27, 1941

TO ALL EXTENSION WORKERS:

We plan to hold our annual Extension conference November 3-8. We will begin on Monday at 9:00 A. M. and close the conference at noon Saturday.

It will be necessary to schedule the full week for this conference as we will make our county plans of work during this meeting. Therefore, please make your plans to hold these dates for the annual Extension conference.

Between now and the annual Extension conference we desire that Extension workers in the various counties meet with their planning group and develop plans for the year 1942, and prior to coming to the Extension conference we want each Extension agent to have plans made out in pencil so that when the conferences are held with the specialists only minor adjustments will be necessary to coordinate the activities of the agents and the specialists into the county programs of work.

Your respective district agent will give you the details in regard to this plan.

District Extension agents will arrange for the white Extension workers to either stay at the Sir Walter Hotel or at the Carolina Hotel and will notify you in advance of the meeting as to which hotel you have been assigned. John W. Mitchell and Dazelle Lowe will arrange for accommodations for the Negro Extension workers and will give them detailed information prior to the meeting. Likewise, information in regard to transportation will be supplied you by your respective district representative.

We hope to have one of the best conferences we have ever held and shall appreciate any suggestions any of you may have to offer. It is the plan now to have very few talks by outside people and most of the conference will be given over to conferences of agents in discussing the various problems of importance to our people at this time. Our sessions will start at 9:00 A. M. and end promptly at 4:00 P. M. each day, thus leaving sufficient time for the Epsilon Sigma Phi to have its meeting, the Association of County Agents to have theirs, and a satisfactory social program in the evening.

Yours very truly,

Ruth Current  
State Home Demonstration Agent

John W. Goodman  
Assistant Director

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

State College Station  
Raleigh, North Carolina  
October 23, 1941

My dear Home Agent:

I hope the enclosed outline will be helpful to you in writing your Annual Narrative Report. We have gone over the outline carefully and condensed it in some subjects. However, it is hard to shorten it as our work is so broad in scope and includes so many, many subjects.

In spite of the length, I think it will be helpful to you in making your narrative report comprehensive.

Sincerely yours,

Ruth Current  
State Home Demonstration Agent

## OUTLINE FOR MAKING ANNUAL NARRATIVE REPORT

1941

COVER AND TITLE PAGE - name of agent, county; give date of period report covers.

INCLUDE map showing communities or townships in which work is organized, number of women's clubs and enrollment; number of 4-H clubs and enrollment. (Colored pencils may be used to make distinctions: red dots for women's clubs and blue for 4-H; any other information you think necessary to show organization).

### TABLE OF CONTENTS:

The table of contents should be made after you have finished writing your report. Be sure to indicate number of page on which information can be found. An alphabetical form of indexing (See Mrs. McKimmon's 1936 report) makes it simple to find information in your report.

SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Break down into topic heads)

### CHANGES IN COUNTY EXTENSION ORGANIZATION:

Form: There should be an introduction, a simple statement about the county, the people, Agricultural Workers' Council and its procedure; number women's clubs and membership; new clubs organized; full explanation of The County Federation of Home Demonstration Clubs, the District Federation, annual meeting, number attending from your county; The State Federation, annual meeting and number attending from your county, part your women have taken in it; and new communities in which women's work was conducted.

General Policies: Under this heading tell how clubs are organized in each community, joint work you are carrying with your county agent, both adult and junior.

Procedure: Monthly meetings - 4-H and adult; leaders' schools - 4-H and adult; how leaders have functioned and emphasize participation in defense; number non-club members with whom you and your local leaders have worked (give in detail); number farm homes in the county, white and Negro; increase over last year; why? Number tenant families with whom you work.

### COUNTY PROGRAM OF WORK:

Factors considered and methods used in determining program of work.

Project activities and results. (Use figures from your statistical report in telling your narrative; it will make your statements more impressive). Report your Major Project first followed by the minor projects, always showing results obtained: Number of result demonstrations completed (write in full); human interest stories and contests. Make a statistical heading to each project thus

#### HOME MANAGEMENT AND HOUSE FURNISHINGS

Number home demonstration clubs \_\_\_\_\_  
Number women enrolled \_\_\_\_\_ Number women completing \_\_\_\_\_  
Number women leaders \_\_\_\_\_  
Number leaders' school held by:  
Agent \_\_\_\_\_ Specialist \_\_\_\_\_ Others \_\_\_\_\_

### SUGGESTIONS FOR NARRATIVE PROJECT REPORTS:

FOODS AND NUTRITION - Use statistics to reinforce human interest stories of methods used and results in the following:

- \* Food and Feed Campaign
- \* The Planned Food Supply  
Records of food used
- \* Gardens - year round, new vegetables, contests, Triple A program, records.
- \* Fruit Supply - methods used to increase fruit supply; new fruits added
- \* Home Dairying - Increase in number of family cows; improvement in care of dairy products in the home; increased consumption of milk, butter, and cheese; sale of dairy products.
- \* Meat, Poultry, and Poultry Products - Tell of work done to improve supply of red meat; poultry and poultry products; results.
- \* Whole Grain Products - Increased use as cereal and in bread.
- \* Enriched Flour and Bread - Use in homes in county.
- \* Canning Budgets - Budgets made, requirements for family met.
- \* Storage - Storage for foods improved - closet, cellar, refrigerator.  
Food Preparation - approved practices adopted; comments made on meals; scoring of cooked products; improvement noted.  
Meal Planning and Serving - Methods Used to improve contents of meals and service, community meals as picnics, Husbands' Night, meal served to civic group.  
Food Buying - Improved practices adopted in food buying. Records of food costs.
- \* Health - Improvement in health resulting from better planned and better prepared meals. Cooperation with Health Department in community activities for health improvement...clinics, clean-up campaigns, etc.  
School Lunch - assistance given by agent, by club members. School Lunch Canning Days - give procedure and results.
- \* Cooperation with Other Agencies - Assistance in foods and nutrition given other agencies as Farm Security, W.P.A., N.Y.A., etc.

FOOD CONSERVATION - Canning: Number of families assisted; assistance given in canning for school lunches; storage improvement for canned products; budgets made and filled; total number of containers filled.

Freezer-Locker: Visits to plants; method demonstrations given.

Drying, Brining, Curing, and Storing: Tell of work done.

\* Cooperation with Other Agencies: F.S.A., N.Y.A., W.P.A., etc.

\* Food for Defense: Write human interest stories emphasizing "Food for Defense".

HOME MARKETING: Give number of farm women's curb markets and when organized; number women marketers; number roadside markets and when organized.

Housing: Describe buildings and tell whether rented, furnished by the county, or city, or built especially for markets.

Health Requirements: Sanitation, health certificates, etc.

Training meetings - Tell of work done in grading and standardizing products for market; baking schools, etc.

Value of products sold. Value of other sales by individuals.

Tell what the market has meant to the women and to the county. Give human interest stories.

\* Handicrafts - Tell of work done to improve crafts for home use and for sale. Use of native materials, etc. Number of craft articles used in the home and value; number of craft articles sold and value.

HOUSE FURNISHINGS AND HOME MANAGEMENT:

Farm Family Outlook: number of meetings; presentation of outlook material, and human interest stories.

\* Farm Home Accounts: Number families keeping accounts; results of account keeping; Farm Business Centers.

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\* Please give special thought to this and write it in detail.

Rural Electricity: Assistance to REA projects; lighting of homes; laundries; water systems; assistance from commercial companies; how electricity has paid for itself; selection and care of electrical equipment.

\* Farm and Home Demonstrations.

Farm and Home Tours: Farm and Home; Achievement Day; Club Tours.

Result Demonstrations: kitchens, living room, floors, walls, lights, storage, backporch, slip covers, rugs, lighting, etc.

Illustrative material: Prepared by leaders; prepared by agent; loan from state office.

Consumer Education.

Housing

Use of slides and pictures as teaching means.

\* Mattress Project: Statistics, Human interest stories, follow-up work of project; comforter project; assistance received from NYA and other organizations; assistance given to Farm Security with mattress project.

Exhibits: Fairs and others.

Radio

News articles

Assistance to other agencies

Awards of Merit

CLOTHING:

1. Plans for the family's clothes: (a) Individual and family budgets,
- (b) Buying - readymade vs. homemade.
2. Care of clothing - cleaning, mending, pressing, storage.
3. Seasonal care - coats, dresses, hats, made or worked over; savings.
4. Remodeling - making over, using what you have.
- \* 5. Leaders: (a) What have they done and what contribution have they made to the program? (b) Surveys they have made, including clothing needs of school children, use of cotton stamps, etc.
- \* 6. Publicity - radio, articles for local papers, magazines.
7. Exhibits - fairs, store windows, or Achievement Days.
- \* 8. Cotton Stamp Program - stories of what they have meant to families.
9. Dress Revue: (a) Women - number held and number women entering, (b) When and where held, type of dresses modeled, costs.
10. Income earnings for clothing: (a) Women taking in sewing and amounts made, (b) Savings due to making clothing at home, (c) Special articles made for sale, (d) Fair premiums won on clothing. (Figures talk so include when possible).
11. Special club projects such as getting clothing for needy school children, sick room kits, etc.
12. Special interest groups - children's clothes, maternity, layette, consumer education, and others.
13. Kits and other illustrative material and how it was used.
14. Foundation dress patterns and garments made from it.
- \* 15. Cooperation with other agencies such as County Health Department, W.P.A., N.Y.A., F.S.A., Red Cross, etc.
16. Improved appearance - influence of clothing program upon appearance of rural children at school, families at church, and other public gatherings.

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\* Please give special thought to this and write it in detail.

COMMUNITY ACTIVITIES

\*Community Club Houses - Give total number and tell how many are built this year; how secured and cost; how equipped; materials used, and for what purposes buildings are used.

Libraries - Number established and how many volumes; where located; how financed and operated; interest rural people have shown in them; number Book Review Certificates given; cooperation with Library Commission and any other organization.

Agricultural Engineering - Rural electrification, number lines of power lines built, number miles built this year, number under construction, number authorized to be built; schools held for safe wiring, where and who attended, results.

- Water systems installed.
- Heating systems installed.
- Lighting systems installed
- Dwellings constructed and dwellings remodeled.

\*Recreation - Recreation at various meetings; leaders' schools held; Husbands' Nights; Community Picnics; women's camps held; what good is being derived from recreation program? what effect on morale? what recreation has been provided for soldiers?

Tours - Farm and Home tours, Project tours, etc.; Out-of County Tours - where to and for what purpose; Out-of-State Tours - where to. Please give human interest stories.

Short Courses - County and State.

Better English Project - Tell what has been done in your county with this project.

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\*Please give special thought to this and write it in detail.

INCLUDE A COPY OF YOUR PLAN OF WORK FOR 1941, month by month program. Follow this by goals and how they were accomplished. For example:

<u>Goals</u>	<u>1941</u>	<u>Accomplishments</u>
1. 225 families filling canning budget.		1. 195 women filled the canning budget for their families.
2.		2.
3.		3.

\*COOPERATION WITH OTHER AGENCIES: cooperation with agencies such as Vocational Department; Welfare, Health, Farm Security, W.P.A., N.Y.A., all civic clubs, The Grange, Woman's Club, State Department of Agriculture (Field Days), Library Commission, etc.

\*NATIONAL DEFENSE PROGRAM -- It has been a privilege and opportunity for home demonstration women and girls to do their part in the National Defense program, therefore, please give farm people credit for all of their participation, substantiating each statement with figures.

OUTLOOK AND RECOMMENDATIONS, including program of work for next year.

\*Have you made a survey of the needs in your county? on a county basis? on a community basis?

\*Would you recommend that a simple survey be made from which you could plan your program?

\*Are you satisfied with the way your leaders are functioning? If not, what recommendations do you make? Are our requirements too high? Lack of information? Are you reaching more families each year?

What recommendations would you make for our further cooperation with the State Library Commission; Health Department, Welfare, Vocational Educational, farm-home demonstrations, tours, Farm Security, State Department of Agriculture, etc.?

\*Please give special thought to this and write it in detail.



ANNUAL NARRATIVE REPORT OF 4-H CLUB WORK

(The 4-H narrative should be written as a complete report within itself. Insert it at the end of your regular narrative.)

I. Table of Contents:

Make an alphabetical index as in your narrative on women's work.

II. Include a map showing only 4-H clubs in the county with membership.

III. A short introduction explaining background and stating facts existing at beginning of the year.

IV. Organization

1. Number of 4-H clubs and enrollment.
2. Number of other clubs (Service, Honor, Recreation, etc.) and enrollment.
3. 4-H Federation - County and State.
4. 4-H County Council: a. Officers; (b) Membership; (c) Programs - month by month.
5. Schedule of meetings: (a) County Council; (b) Local; (c) Recreation Council; (d) Service Clubs; (e) All other meetings which were held regularly.
6. Special 4-H Activities: (a) Socials; (b) Dramatics; (c) How assisted agents in putting across work.

V. Monthly Programs as Executed.

1. Joint programs. (The programs given by boys and girls at joint meetings)
  - a. Include copies of printed programs.
  - b. Give boys and girls' reaction to programs.
  - c. What results have you observed?
2. Project Programs
  - a. How was your project instruction presented?
  - b. How many team demonstrations were given on major project topics?
  - c. Were judging contests held to improve standards?
  - d. What demonstrations did the agent give?

VI. Projects

1. Clothing. Number enrolled, number completing, results. Dress Révues held - when, where, names of winners, description of outfits, number entering. Fair exhibits - names of winners and prizes received; use made of prizes. Income earned from sewing and amount saved by influence of girl's clothing projects. Progress of 4-H club girls in selection and making over clothes. Improved appearance. Please include human interest stories, pictures, clippings, and a few expressions from the girls.
2. Foods and Nutrition. Number enrolled, number completing, results. Influence of work in the home of girls taking project. Dairy Food Preparation Contest, Biscuit Contest, and Health Contest. Please include human interest stories, pictures, clippings, and a few expressions from the girls.
3. Room Improvement. Number enrolled, number completing, results. Number projects carried and number completed. Human interest stories of accomplishments including cost, source of money, types of improvements, effect on family and club member, or any other points of interest. Amount of money earned by club member as a result of room improvement. Fair exhibits - community, county, State; names of winners and prizes received. Radio programs on room improvement. Number of active room improvement leaders (home demonstration women, older girls, or former 4-H club members). Number 4-H club girls participating in: Rural Electrification Contest, Farm Home and Crops

Accounting Contest. Room Improvement work at camp. Room improvement tours.

4. Canning. Number enrolled, number completing, results. Please include human interest stories, pictures, clippings, and a few expressions from the girls.
5. Wildlife Conservation. Number enrolled, number completing, results. Please include human interest stories, pictures, clippings, and a few expressions from the girls.
6. Home Beautification. Number enrolled, number completing, results. Please include human interest stories, pictures, clippings, and a few expressions from the girls.

VII. Leader's Schools

1. Organization: Number and attendance.
2. Subject Matter: Number and attendance.
3. Recreation: Number and attendance.

VIII. The Health Program

1. Number health programs presented.
2. Number times club members were checked.
3. Number record books kept.
4. Did you have a health pageant?
5. What improvement was noted?
6. Any human interest stories?

IX. Federation Days: Include copy of program, news articles, and pictures.

X. Contests

1. Local:  
Kind \_\_\_\_\_ Number participating \_\_\_\_\_
2. County:  
Kind \_\_\_\_\_ Number participating \_\_\_\_\_
3. State:  
Kind \_\_\_\_\_ Number participating \_\_\_\_\_

XI. Honors Won

County, State, National. (Please explain fully).

XII. Community Projects

1. Number started; kind. Number completed. Include pictures and human interest stories.
2. Show relationship to community improvement.

XIII. Recreation

1. Plan and how it was carried out.
2. Were plays, music appreciation, hobbies, etc. included? (If short plays were written in your county, be sure to include them).

XIV. Special Activities

1. Programs presented before Kiwanis, Rotary, and other civic organizations.
2. Programs sponsored for making money.

XV. Radio Programs

XVI. Older Youth Groups

1. Organization.
2. Programs.
3. Projects.
4. Special activities such as vesper services, plays, athletics.

XVII. Camp

1. Where held. 2. Attendance: Boys \_\_\_\_\_ Girls \_\_\_\_\_ Others \_\_\_\_\_
3. Type of instruction. 4. Copy of program and newspaper, if one was edited.
5. Pictures, if available.
6. Expressions from some of the girls and boys.

XVIII. State Short Course

1. Number attending from your county: Boys \_\_\_\_\_ Girls \_\_\_\_\_; number clubs represented.
2. Include some expressions from club members.

XIX. Demonstration Teams

1. Number trained and in what subjects; number times demonstrations were given and to whom.

XX. Judging Contests

1. Number held, where held (County or State Fair, Achievement Day, School, Short Course, etc)? Number participating.

XXI. Exhibits

1. Local
  - a. Type - foods, clothing, etc.
  - b. Number participating - club, community, etc.
2. County
  - a. Type - individual, club, community
  - b. Number participating - individuals, clubs
3. State
  - a. Type - county, individual, community, club
  - b. Number participating

XXII. Looking to the Future

A short outlook - survey of conditions, showing prospects of club work.

Note: When making your report, if you will make an extra copy if will serve as a county record of 4-H Club Work. When records are called for yours will be ready.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NORTH CAROLINA

NORTH CAROLINA STATE COLLEGE OF  
AGRICULTURE AND ENGINEERING  
NORTH CAROLINA COUNTIES AND  
UNITED STATES DEPARTMENT OF  
AGRICULTURE COOPERATING

EXTENSION SERVICE  
HOME DEMONSTRATION WORK

State College Station  
Raleigh, N. C.  
March 24, 1941

TO ALL HOME DEMONSTRATION AGENTS:

Your club women may wish to send additional contributions after reading the following cablegram received by Miss Grace E. Frysinger, of Washington, D. C., and forwarded to me by Mrs. Guy Roop, chairman of the U. S. Liason Committee.

NLT FRYSSINGER  
HOME EXTENSION SERVICE  
DEPT OF AGRICULTURE  
WASHN DC

MARKYATEPO  
424 PM JAN 30 1941

GRATEFUL THANKS FOR ONE THOUSAND DOLLARS BEING SENT STOP  
AFTER CONFERENCE WITH MISS WALKER FED WOMEN'S INSTITUTE TOTAL  
REQUIREMENTS ARE URGENT NEED OF ADDITIONAL SEVEN THOUSAND  
DOLLARS FOR CANNING HAND SEALING MACHINES ALREADY ORDERED  
THROUGH METAL BOX COMPANY TWO THOUSAND OIL STOVES FOR JAM  
MAKING FIVE THOUSAND JAM THERMOMETERS TWO THOUSAND FOURTEEN  
POUND ALUMINUM PRESERVING PANS ONE HUNDRED PRESSURE COOKERS  
AND ANOTHER THREE HUNDRED DIXIE HAND SEALING MACHINES STOP  
LINDSEY COMMITTEE HAVE PROMISED CERTAIN AMOUNTS OF SHIPPING  
SPACE STOP FURTHER SPACE BEING ARRANGED FOR AS AND WHEN  
REQUIRED STOP ENGLISH AND WELSH FARM WOMEN CANNOT PRESERVE  
1941 CROPS WITHOUT THIS AID FROM AMERICAN WOMEN.

MENNELL AND CARLTONSMITH

The appeal from the British women has struck a sympathetic cord in the hearts of North Carolina homemakers whose contributions already have been generous. Because of this and the great need, I feel we must give them the opportunity to do more if they desire, at this time when homes and equipment are being destroyed by the constant bombing. An adequate mobile equipment will insure the preservation of the 1941 crop to prevent stark tragedy that will come to the many homes if the food crop of 1941 is not preserved.

Donations may be sent to me, to Miss Frysinger, or to Mrs. Guy Roop whose address is Snowville, Virginia.

Sincerely yours,

Ruth Current  
State Home Demonstration Agent

### THE COTTON COMFORT

These instructions are for the cotton comforts that are to be made in community centers.

#### Preparation of Cotton

In order that the cotton may be dry, fluffy and in good condition for making bats, take it from the bale in layers, weigh into 4-pound lots (or into amount one desires to put in comfort) and expose it to the air and sun for several hours. The longer the cotton is exposed to the sun, the easier it will be to work with it, and the more easily it can be made into bats.

#### Making of Comfort Covers

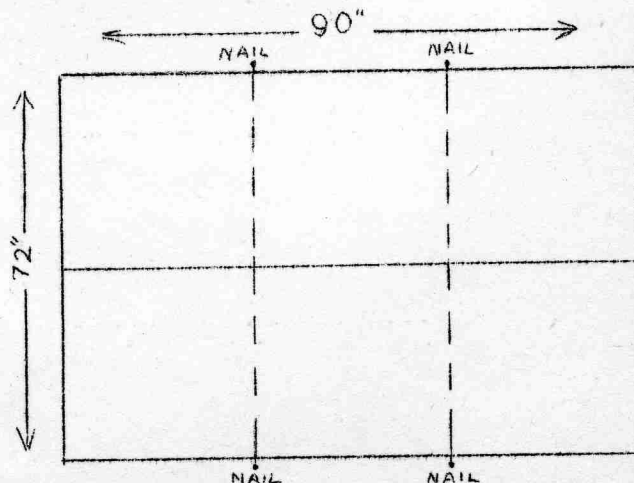
Divide the 10 yards of material into four equal parts. Check material to see if it is straight. Stretch material so that the end will be even. Stitch with No. 50 or No. 60 thread two pieces of material together lengthwise for top of comfort and two together for under part of comfort.

#### Placing Cover in Frame

Pin or baste the under cover to the canvas on the quilting frame. Fasten the end first and then the center. Fasten it in securely so that the material is smooth and tight.

#### Making the Bat

Divide the cotton into four equal parts. Divide the cover into three equal parts. This may be done by placing a thread across from opposite points on the frame. Next take 3 portions of the cotton and spread  $1/3$  of the cotton over each third of the cover. The purpose of this is to distribute the



cotton evenly.

As the cotton is being spread on in layers, fluff it by pulling the lint apart with the fingers. Place the frame with the cotton spread on it on the beating table. Spread the top cover over the cotton that has been placed on the bottom cover. Switch it lightly with limber switches until a fluffy well-knitted bat is formed. Remove top cover and fill in (with the fourth portion of cotton) all thin places in the cotton bat. Spread top on and switch lightly until a fluffy, smooth, well-knitted bat is formed. Be sure that the cotton extends to the edge. Roll up the bat and remove any trash that is on the cover. Unroll the bat on cover, beat lightly and when the bat is well knitted together place the top over the cotton.

Pin each corner to the canvas of the frame, then pin the middle of each side. Continue to pin the top cover in place until it is evenly pinned to the frame and to the bottom cover.

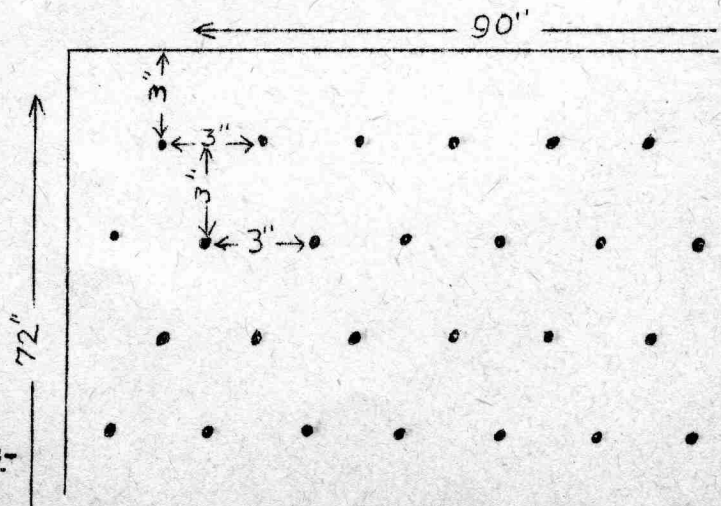
Tacking or Quilting.

The more closely the comfort is tacked, the better the cotton will stay in place. The life of the quilted comfort will be longer than that of the tacked comfort.

If the comfort is tacked, a marking stick similar to the one used in locating the place for tufts on the mattress may be used. The nails in the boards should not be less than three inches apart.

Chalk may be used for marking.

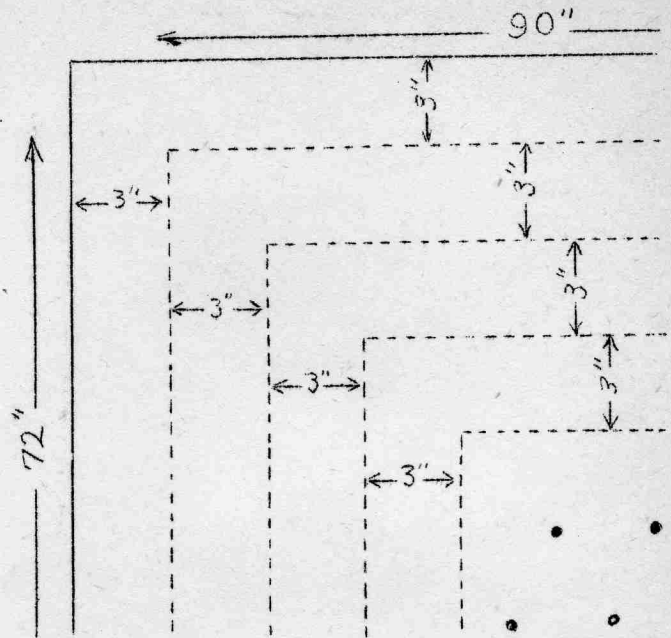
Mark top after it is used to cover the cotton during beating. A paste-board gage may be used to locate places for tufts. This method has been used successfully.



Illustrating Location of Tufts-

Quilting will produce a comfort that will keep the cotton in place better than tufting. This may be done by hand or on the machine. When the machine is used the center has to be tufted.

Illustrating Stitched Quilting



Finishing of Edge

Remove the comfort from the frame. Turn under 1/4 inch in top and bottom covers. Baste in place, then stitch or whip together. Edge may be finished with a binding if desired.

Equipment and Supplies

1. Tables (for making bats)
2. Quilting frames
3. Stands for holding quilting frames
4. Clamps or large nails for holding frames
5. Yard sticks
6. Scales
7. Smooth limber switches
8. Scissors
9. Sewing machine
10. Marking stick or pasteboard gages
11. Straight pins (buy good quality of pin in quantity)
12. Needles - No. 1 Sharps
13. Thread for stitching cover - No. 50 or No. 60
14. Thread for tufting - a 3 or 4 ply thread, bought in cone or ball.

Agricultural Extension Service  
North Carolina State College  
I. O. SCHAUB, Director

Greensboro  
(TOWN)  
Voice  
(PAPER)  
July 29  
(DATE)

F. H. JETER  
Editor

Agricultural Extension Service  
North Carolina State College  
I. O. SCHAUB, Director

Durham  
(TOWN)  
Herald  
(PAPER)  
9-22-41  
(DATE)

F. H. JETER  
Editor

Agricultural Extension Service  
North Carolina State College  
I. O. SCHAUB, Director

Whiteville  
(TOWN)  
Reporter  
(PAPER)  
8-18-40  
(DATE)

F. H. JETER  
Editor

## Farmers Invited To State Meeting

From officials of N. C. State College comes a cordial invitation to farm folks of this and other counties to attend the 38th annual Farm and Home Week, starting next Monday, August 4. Accompanying the invitation is an offer to provide a room in one of the college dormitories for the entire week for only \$1.00.

The invitation is signed, first by Col. John W. Harrelson, administrative dean of the college; and by Dr. I. O. Schaub, director, John W. Goodman, assistant director, and Miss Ruth Current, State home agent, of the State College Extension Service.

An attractive program has been arranged for the farm people. It includes talks at joint assemblies of farm men and women by Governor J. M. Broughton, Col. Charles M. Busbee of Fort Bragg, Dr. Helen Mitchell, director of nutrition for the Federal Security Agency; Edward Scheidt, special FBI agent of Charlotte; and Dr. Sankey L. Blanton, Baptist minister of Wilmington.

H. Bayard Clark, representative from the Seventh Congressional district, will address the local district, will address the 29th annual meeting of the N. C. Federation of Home Demonstration Clubs on Thursday. Miss Margaret Edwards, head of the home economics department of the Woman's College at Greensboro, will speak on the Honor Day program Friday.

Special conferences for men are scheduled Tuesday, Wednesday and Thursday, and classes in a great variety of homemaking subjects will be conducted for women Tuesday and Wednesday.

Group singing, led by Jack F. Criswell, will be held each night and quiz programs will be conducted by F.H. Jeter on Tuesday and Wednesday nights. An amateur program is planned Thursday night.

Civil Service Exams

## Farm Club Women Throughout State Enlist For Defense

### Home Agents Report Wonderful Response In Every County

Raleigh, Sept. 21.—(Special)—Home demonstration club members throughout North Carolina are throwing themselves whole-heartedly into the program of national defense, Miss Ruth Current of N. C. State College announced today.

Replies from home agents in answer to a questionnaire show what a vital part these farm women are playing in making a stronger, more united nation. Not only are they helping with this country's immediate needs, but at the same time they are rendering a humanitarian service to embattled English civilians.

Practically every county where organized home demonstration work is carried on reports sizeable contributions to the Red Cross and to organizations such as Bundles for Britain.

The recent aluminum drive received as big response from the farm women as they delved into basements, explored out-buildings, and ransacked their pantries for old pots and pans that might go toward reducing the shortage of this precious war-time metal.

A typical example of this co-operation is found in Cumberland County, where the nearness of Fort Bragg has brought home the seriousness of the present crisis. There farm women are keeping in mind the 1917 slogan, "Food will win the war."

In addition to fresh vegetables from the home garden, farm families are canning all their surplus. Miss Elizabeth Gainey, home agent of the county told Miss Current: "Shell-loading is as important as 'Shell-loading' for today the pantry is an arsenal."

Part of this canned food finds its way into school lunch-rooms, so that undernourished children may have a substantial mid-day meal.

Synopsis of life: Spending 30 years betting the next 30 that we won't reap what we sow.

## A Curb Market

It has been apparent for a long time that a curb market in Whiteville and the other towns of the county would be of mutual benefit to residents of both rural and urban areas.

In this way, the farmers would be able to dispose of their surplus produce to local consumers, thus giving them added revenue, and likewise, the people who live in the towns and hamlets would be able to buy local produce fresh from the fields.

In this connection it is interesting to note that the members of the Orange County Women's Curb Market, recently celebrated with a banquet its third birthday.

Approximately \$10,000 worth of country produce was sold during 1939 on the market, and this year's sales are already well ahead of those of last year's, we learn.

Much of the money received by these women, says the Chapel Hill Weekly, has been used to improve their homes and farms and to buy school supplies for their children. This money supplements other farm income and helps to provide better education and recreation facilities for the farm families.

Why couldn't this plan be followed out successfully in Columbus county?



Agricultural Extension Service  
North Carolina State College

I. O. SCHAUB, Director

Rocky Mount  
(TOWN)  
Evening Telegram  
(PAPER)

(DATE)

F. H. JETER  
Editor

## NC Home Agents Aid In Defense

### Agents Asked To Study Defense Saving Bonds

RALEIGH, Sept. 15 — County farm and home agents of the N. C. State College Extension Service are being asked to familiarize themselves thoroughly with the Defense Savings Stamps and Bonds program so that they may pass along this information to interested farm people, Dr. I. O. Schaub, director, said today.

Almost all banks, post offices, and savings and loan associations in the country now have these bonds and stamps for sale. In addition, an increasing number of production credit associations and farmers' cooperative buying and selling associations are making arrangements to handle the bonds and stamps for the convenience of their members.

In addition, rural mail carriers will have ~~bring~~ stamps for sale to farmers along their delivery routes, but they will not handle the bonds.

During the coming months, Dr. Schaub stated, the Treasury Department expects to designate other places where farmers and their families may conveniently get bonds and stamps.

"Extension workers, because of their close contact with farm people, can render a real service by passing along information about this form of savings," the State College extension director pointed out. "However, we are not asking agents to become salesmen of bonds and stamps. That is the job of organizations and persons associated with the Treasury Department."

The part that extension workers will play will mean no more than passing along information, such as where the bonds and stamps may be purchased and the purpose of their sale to the American public.

Agricultural Extension Service  
North Carolina State College

I. O. SCHAUB, Director

Forest City, N.C.  
(TOWN)  
Courier  
(PAPER)  
12/5/40

## State College Issues Bedding Pamphlet

Realizing that a clean, comfortable bed is a great aid to restful sleep, the State college extension service has issued a pamphlet entitled "The Clean and Comfortable Bed." It is Extension Miscellaneous Pamphlet No. 44, and the publication is available free upon request by name and number to the Agricultural Editor, N. C. State College, Raleigh.

Miss Pauline E. Gordon, extension specialist in home management and house furnishings, and Miss Mamie N. Whisnant, assistant specialist in the same field, prepared the pamphlet.

Care of mattresses, pillows, blankets, and comforts is stressed, and since these bedding materials are used for a long period of time, it is recommended that they be kept clean by protector that can be laundered easily. Another point emphasized is the size of the sheets.

"Nothing is more unpleasant than bedding that is too short or too narrow," Miss Gordon declares. "Short sheets are uncomfortable since they do not protect the blankets and mattresses. Also, they wear out more rapidly because the sleeper is always jerking them."

The publication recommends that the bottom sheet be long enough to allow for a good tuck-in at the head and foot, so that the sheet will be smooth. The top sheet should allow for a good tuck-in at the foot and there should be about 18 inches to turn back over the blankets to keep them from coming in contact with the face, neck, shoulders and arms.

The sheet should be the length of the mattress, plus twice the thickness of the mattress (a total of 10 inches), plus a six-inch tuck-in at the head and foot (a total of 12 inches), plus 5 inches for the hems and 5 inches for shrinkages. Thus a mattress 76 inches in length would require a sheet 108 inches long.

Agricultural Extension Service  
North Carolina State College

I. O. SCHAUB, Director

Lumberton  
(TOWN)  
Golden Era  
(PAPER)  
9-26-41

(DATE)

F. H. JETER  
Editor

## Women Planning Defense Exhibit

Raleigh.—North Carolina women will play a prominent role at the 1941 State Fair at Raleigh, October 14-18, with their theme being "Food in Relation to National Defense," Miss Ruth Current, State home demonstration agent and director of the women's department, announced today.

Six booths will be used to carry out the theme of the women's department: (1) "Nutrition" and "protective food" displays will be presented by home demonstration club women of Northampton county; (2) "Home Produced Foods for Health and Strength" exhibits by Burke county home demonstration club women; (3) "The food Dollar Well Spent" display by Duplin county; (4) "Conserved Foods—a defense Weapon" by Durham county club women; (5) An exhibit of a pantry with all types of stored food, including canned, dried, brined and cured products by Leo county club women and (6) A display demonstrating "Well-Prepared and Attractively Served Meals Make Stronger Straight Bodies" by club women of Chatham county.

"The women's department at the State fair is open to any woman residing in North Carolina," Miss Current emphasized. "Exhibits may include breads, cakes, cookies, candy, canned fruits and vegetables, pickles, jelly, jam and products of the needle. There should be quantities of canned products for exhibit this year, for there has been an 'all out' effort by farm women of North Carolina to fill their pantry shelves to overflowing as a defense measure for our country."

An elaborate program of entertainment will include auto and harness races, the World of Mirth Shows (22 rides and 20 shows) featuring "the nation's largest midway"; Lucky Teter and His Hell Drivers (October 15 only); Internationally-known grandstand attractions (nine acts and a revue) presented by George Hamid and fireworks each night.

Agricultural Extension Service  
North Carolina State College  
I. O. SCHAUB, Director

(TOWN)

(PAPER)

(DATE)

F. H. JETER  
Editor

## Summer Tourists Help Boost Farm Income

Scores of farm families throughout the State—especially in the mountains and along the seacoast and main highways—supplement their income in the summer by renting rooms and serving meals to tourists.

Miss Pauline Gordon, Extension economist in home management and house furnishings, says a tourist home offers an opportunity for farm people to dispose of surplus fruits and vegetables at a profit. She offers several suggestions for attracting tourists, and for keeping them, which she says is the hardest job.

"When people stop at farm homes for meals," Miss Gordon declared, "they expect plenty of simple, well-cooked food—chicken, ham, milk, cream, fresh fruits and vegetables. Also remember that 'rest' is one of the chief things a tourist home has to sell.

"Good beds, with good springs, good mattresses and clean linen should receive first consideration. Cleanliness is the first thing tourists look for. Tourists are not interested in family pictures. Eliminate all of them from the bedrooms."

The Extension specialist, who travels all over the State and is a keen observer of home management and house furnishings, says that a well-worded sign in front, or at a short distance from the house, is the first requisite for attracting the traveling public. Of course the house must look "homey" with well-kept yards and freshly painted woodwork.

For proof that keeping tourists is a profitable supplementary enterprise for farm families, Miss Gordon suggests that records be kept. No elaborate system of accounting is necessary, but bookkeeping will be just as advantageous to the innkeeper as to the merchant.

I. O. SCHAUB, Director

(TOWN)

(PAPER)

(DATE)

F. H. JETER  
Editor

## Million Dollars Worth Of Food Canned In '40

There's no danger of most farm families going hungry this winter, says Mrs. Cornelia C. Morris, Extension economist of N. C. State College in food conservation and marketing. She reports that 7,621,702 containers of fruits, vegetables, meats, and jellies were canned last year by farm families who were assisted with their food conservation problem by home demonstration agents.

These products were valued at \$1,141,513.40. A few more than 13,000 families filled a canned foods budget, and 2,000 other families made a canned food budget and succeeded in partially filling it.

Mrs. Morris says that 1940 was one of the most successful years in the history of home canning work in North Carolina. Only in 1933, at the peak of the depression when 11,570,950 containers of food were put up, and in 1917, the World War year when 8,778,262 containers were canned, were more cans of food products put in storage at the beginning of the winter.

In 1912, when canning work with organized groups of farm women began, only 33,019 containers of food were conserved. The gain has been steady with periods of world unrest and economic disturbance naturally promoting the greatest amount of food conservation.

The Extension specialist further reported that 1,105 pressure canners were bought by Home Demonstration Club women last year, to add to 6,423 already in use at the start of 1940. This makes 7,533 of these useful canning devices in the homes of club women. They are frequently loaned out to neighbors and fellow club members, and a number of the pressure canners are owned by groups of farm women.

Agricultural Extension Service  
North Carolina State College  
I. O. SCHAUB, Director

(TOWN)

(PAPER)

(DATE)

F. H. JETER  
Editor

## FARM PEOPLE ARE INVITED TO STATE COLLEGE MEETING

From officials of North Carolina State College comes a cordial invitation to farm folks of this and other counties to attend the 38th annual Farm and Home Week, starting next Monday, August 4. Accompanying the invitation is an offer to provide a room in one of the college dormitories for the entire week for only \$1.00.

The invitation is signed, first by Col. John W. Harrelson, administrative dean of the college; and by Dr. I. O. Schaub, director, John W. Goodman, assistant director, and Miss Ruth Current, State home agent, of the State College Extension Service.

An attractive program has been arranged for the farm people. It includes talks at joint assemblies of farm men and women by Governor J. M. Broughton, Col. Charles M. Busbee, of Fort Bragg, Dr. Helen Mitchell, director of nutrition for the Federal Security Agency; Edward Scheidt, special FBI agent of Charlotte; and Dr. Sankey L. Blanton, Baptist minister of Wilmington.

I. Bayard Clark, representative from the Seventh Congressional District, will address the 20th annual meeting of the N. C. Federation of Home Demonstration Clubs on Thursday. Miss Margaret Edwards, head of the home economics department of the Women's College at Greensboro, will speak on the Honor Day program Friday.

Special conferences for men are scheduled Tuesday, Wednesday and Thursday, and classes in a great variety of homemaking subjects will be conducted for women Tuesday and Wednesday.

Group singing, led by Jack F. Criswell, will be held each night, and quiz programs will be conducted by F. H. Jeter on Tuesday and Wednesday nights. An amateur program is planned Thursday night.

Agricultural Extension Service  
North Carolina State College

I. O. SCHAUB, Director

Asheville

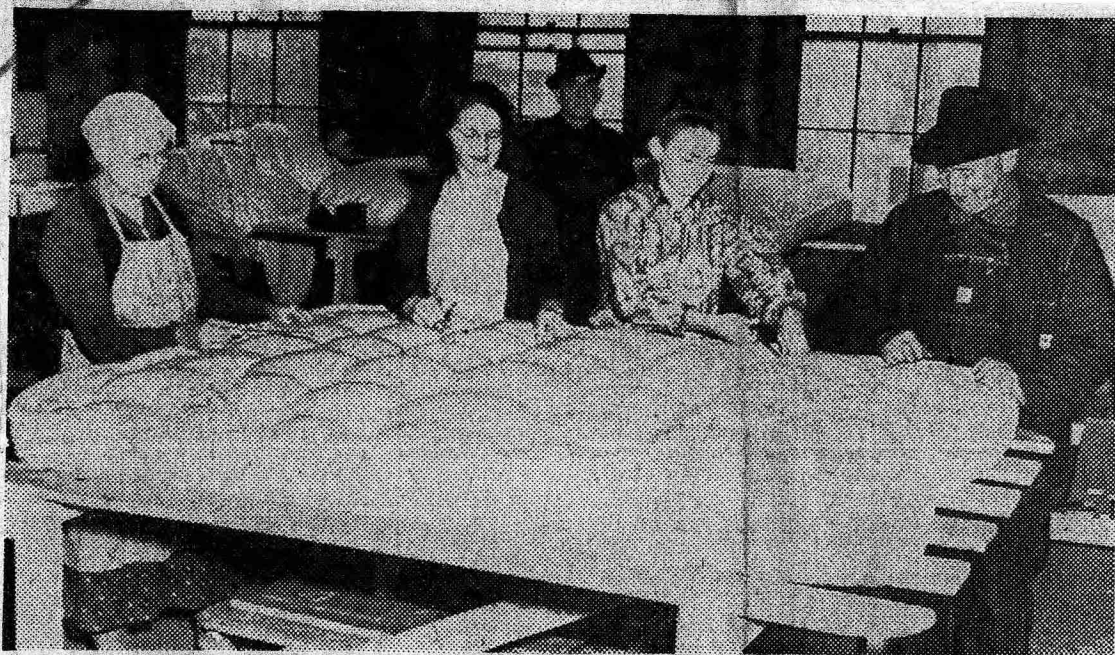
(TOWN)

(PAPER)

4-10-41

(DATE)

F. H. JETER  
Editor



**MATTRESSES FOR FARM HOMES**—Above is a scene at the mattress-making project here that is sponsored by the office of the Buncombe county farm agent. The cotton and ticking used are secured through the Surplus Commodities administration but the actual mattress is made by members of families participating in the project. Any Buncombe farm family whose total income for the 1940 calendar year was not more than \$600 is eligible to apply for the privilege of making one or more mattresses. Families of more than two members may qualify for more than one mattress but no family is allowed to make more than three mattresses. The closing date for filing applications in the farm agent's office to participate in the project is April 30.



**E PLURIBUS UNUM**—These are just part of the exhibits which were unveiled to public eye with the opening of the gigantic North Carolina State Fair here Tuesday morning, but they're fair representatives of what you'll see when you start looking around amongst the various exhibits. Easily the largest Fair in history in respect to the number of exhibits entered, the State Fair has a wealth of educational and entertaining sights to behold. On the left above is the exhibit of the "Homemaking Education Through Experience" booth, which highlights one important process—canning. At center is the Woman's Department of Clothing and Needlework. And, at the right, Hoyt Benfield of the State Farm at Statesville proudly shows his exhibit—a beautiful White Rock rooster. (Staff Photos by Sam Hood.)

**OH DEAR**—Pete, mechanical man which forms a part of an exhibit of the State Department of Labor, gets a load off his mind to Miss Olive Cruikshank, who obviously makes a good listener. Pete walks and talks—and his usual confab with onlookers is devoted to the workings of the Department of Labor. (Staff Photo.)

# WHAT HOME DEMONSTRATION WORK MEANS TO ONE WOMAN

● "When I joined the home demonstration club 5 years ago I discovered a treasure chest. Not the kind of chest you keep hidden in the attic but a real treasure chest from which gems are taken each month on club day.

● "Jewels from this chest have made our home new. Slip covers on chairs, crisp curtains at the windows, little home-made conveniences which add comfort to living.

● "Money was scarce—wardrobe expenses reduced. Visions of a family of girls in faded, out-of-date clothes trooped before me. Then the club's treasure chest opened. Dresses from last year stepped into this year's styles. Old coats became smart jackets. Large hats were made small. No family member, thus arrayed, was ashamed to venture forth, for clothes were becoming and fitted well.

● "This chest had more treasures. Food was prepared so the children didn't know they were eating minerals and vitamins. From the club I learned to can vegetables and meats. In mid-winter the family might exclaim, 'Where did fresh corn come from at this season?' only to find it came from last summer's garden.

● "To me, home demonstration work means a chance to make our homes happier, more healthful, more convenient; a chance for recreation; a chance to broaden our views and use our influence for right in things concerning State and Nation."

1941 ]

*Duplicate*



## Miss Current's Column

By Ruth Current

State Home Agent, North Carolina

THE month of January has been spent in the office reading annual narrative reports from our 88 home demonstration agents. Perhaps I should say our club women's reports, for they are responsible for what is written. We found many good readable stories of their achievements, so good that I feel every reader of this page, particularly home demonstration club women, will enjoy them.

In order for many farm families to have water in the kitchen, electric lights, a washing machine, an electric iron, painted walls, a few books and a daily paper, farm income must be supplemented by some means. Our 48 markets with 2,045 farm women sellers sold farm products valued at \$401,108.19 during 1940. Curb markets are under the supervision of Mrs. Cornelia C. Morris, extension economist in food conservation and marketing at N. C. State College.

### Persistence Wins

Mrs. C. M. Howell, of Bladen County, sold \$1,250.25 worth of home products—cakes, poultry, eggs and canned foods—the past year, the highest individual sales in the County. When a curb market was established in the adjoining county at Fayetteville, N. C., Mrs. Howell's trading center, she was invited to sell her products on this market; for there was no curb market in Bladen. She accepted and was very successful.

As the Fayetteville market grew and expanded, the Cumberland County women needed the space for sale of their own products; so it was decided that sellers from other counties could not sell on the market. This was a disappointment to Mrs. Howell but she did not give up.

She began at once to plan to keep up her marketing. At first her customers met her at a drug store but this did not prove very satisfactory, so she had to hunt another place. One of her friends offered her free space in his grocery store and she still makes one trip each week to Fayetteville to market her produce. With the expansion of Fort Bragg, Mrs. Howell's sales have shown an increase of more than \$200.00 since last year.

### An Inspiration

Mrs. L. L. Springle, of Wiregrass Home Demonstration Club, was a new seller on the Carteret County Curb market this year. Her market activities portrayed family cooperation, says her home agent, Margaret Clark, who has sent us Mrs. Springle's own story of her success in marketing.

"All through the fall and winter of last year, I was busy trying to find some way to buy a car to take our farm produce to market. I decided that if I joined the curb market I could buy a car and make monthly payments on it with my sales money. My daughter and husband approved this plan.

"Early in the spring I made indoor cold frames from small boxes, filled them with wood's mold and sand, and planted seeds such as cantaloupe, tomatoes and cucumbers. I kept planting different kinds of seeds. Only a

few of my butterbeans came up, but I picked enough from the first planting to shell a few quarts. I was the first one on the market to offer butterbeans for sale, receiving 40 cents per quart.

"My husband and little ten year old granddaughter, Dorothy, helped me with my garden. Each one had a duty to perform. My husband and I would gather the vegetables and Dorothy would help prepare them for market.

"The days we went to market seemed like going to a picnic. We'd get up early. My husband would load the car and Dorothy would gather the flowers while I prepared breakfast. After arriving at the market, my husband helped arrange the table with cakes, eggs, fresh vegetables and flowers, while Dorothy made the change and kept account of our sales.

"This was our first year selling on the curb market. We made payments regularly on our second-hand car, painted our home and bought a sanitary toilet, besides purchasing many other little things for our home. Our sales for four months amounted to \$207.36.

"We were benefited not only from the cash sales, but from the sweet association with our sellers and buyers. It helped to broaden our outlook on life."

### Can You Beat This?

Mrs. C. D. Lewis, of New Hanover County, says: "Just when I was puzzled over how I could afford a pretty Easter dress for my little girl, 5 years old, my brother from Boston paid us a visit. A friend of his had given him two pairs of light blue silk shorts,

from one of the most exclusive men's shops in Boston. They were size 44, about three sizes too large for him. You can imagine my thrill when he asked if I could salvage the material in them. I could just see a lovely dress for my five year old. Everyone laughed and did not believe I could make a dress out of them. But I did and trimmed it with lace and light pink ribbon. It was lovely. My expenses were two cents worth of lace, ten cents worth of ribbon and a sixteen cent zipper, a total of sixty cents."

### What Next?

A former 4-H Club girl in Bladen County, who is now married and has her own home, keeps up her *taxidermy* work. She is kept busy during the winter months tanning deer hides and making them into rugs for the hunters. She realized about \$300.00 from her work, according to her home agent, Mrs. Lillie L. Hester.

### Tenants Have A Chance

Mrs. Hester tells us, too, that a tenant farmer's wife, who is one of her home demonstration club members, has sold \$1,429 worth of turkeys over a period of three years.

### On the Alert

Faye Thompson, home agent for Warren County and only two months on the job in a county "young" in home demonstration work, says: "Every club is different and each club calls for special planning. Some clubs are so alert for new ideas and suggestions that I find it hard to keep them furnished with new material; others are not so interested

and I have to be constantly planning something to stimulate interest."

### Helping Our Fellowmen

The Harmony Club in Iredell County has an unusual community project. Mrs. R. H. Kenedy, president of the Club, says the members, realizing there were families in their community who did not own a cow, decided to buy a good cow. The Club now rents the cow, for a small sum each month, to a family who does not own one. The Harmony Club feels it will be repaid through milk being made available to some families who would not have a supply, through the small monthly payment and by the calves that will be raised.

NORTH CAROLINA HOME DEMONSTRATION AGENTS

April 1, 1941

Dr. Jane S. McKimmon, Assistant Director Extension, Raleigh, N. C.

Ruth Current, State Home Demonstration Agent - - - - -	Raleigh
Mrs. Estelle T. Smith, Southeastern District Agent - - - - -	"
Pauline Smith, Northeastern District Agent - - - - -	"
Anamerle Arant, Northwestern District Agent - - - - -	"
Mrs. Esther G. Willis, Southwestern District Agent - - - - -	"
Anna Rowe, Western District Agent - - - - -	"
Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing - - - - -	"
Mary E. Thomas, Extension Nutritionist - - - - -	"
Sallie Brooks, Assistant Extension Nutritionist - - - - -	"
Willie N. Hunter, Extension Specialist in Clothing - - - - -	"
Julia McIver, Assistant Extension Specialist in Clothing - - - - -	"
Pauline E. Gordon, Extension Specialist in Home Management and House Furnishings - - - - -	"
Mamie N. Whisnant, Asst. Extension Specialist in Home Management and House Furnishings - - - - -	"
Frances MacGregor, Assistant State Leader in 4-H Club Work - - - - -	"
Rose Ellwood Bryan, Home Demonstration Agent at Large - - - - -	"
Eleanor H. Mason, Chief Clerk - - - - -	"
Elizabeth Seawell, Secretary - - - - -	"
Mrs. Nelle Meacham, Secretary - - - - -	"
Douglas Hand, Secretary - - - - -	"
Frances Thompson, Secretary - - - - -	"

NORTHWESTERN DISTRICT

<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Alamance	Katherine Millsaps	Graham
Alamance	Grace Allen, Assistant	Graham
Caswell	Margaret Montgomery	Yanceyville
Chatham	Flossie Whitley	Pittsboro
Davidson	Mrs. Evangeline T. Thompson	Lexington
Durham	Verna Stanton	Durham
Durham	Helen Lanning, Assistant	Durham
Forsyth	Mrs. Elizabeth L. Tuttle	Winston-Salem
Franklin	Lillie Mae Braxton	Louisburg
Granville	Virginia Wilson	Oxford
Guilford	Addie Houston	Greensboro
Guilford	Lorraine Bowden, Assistant	Greensboro
Orange	Jenny Woodward Byars	Hillsboro
Person	Velma Beam	Roxboro
Rahdolph	Della Stroupe	Asheboro
Rockingham	Grace E. Holcombe	Reidsville
Stokes	Mrs. Lila Pearce	Danbury
Surry	Mrs. Grace Pope Brown	Mt. Airy
Vance	Mrs. Hattie F. Plummer	Henderson
Vance	Josephine Ranes, Assistant	Henderson
Wake	Mrs. Maude P. McInnes	Raleigh
Warren	Faye Thompson	Warrenton
Wilkes	Elizabeth Williams	Wilkesboro
Yadkin	Irene Brown	Yadkinville

SOUTHWESTERN DISTRICT

<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Alexander	Agnes L. Williams	Taylorsville
Anson	Mrs. Rosalind Redfearn	Wadesboro
Anson	Mrs. Frances Wimberly Ryburn, Assistant	Wadesboro
Cabarrus	Mrs. Mary Lee McAllister	Concord
Caldwell	Atha Culberson	Lenoir
Catawba	Mrs. Marie C. Matheson	Newton
Cleveland	La Una Brashears	Shelby
Dawie	Florence Mackie	Mocksville
Gaston	Lucile Tatum	Gastonia
Iredell	Anne Tucker	Statesville
Lee	Cornelia Simpson	Sanford
Lincoln	Anne Benson Priest	Lincolnton
Mecklenburg	John Wright	Charlotte
Montgomery	Martha McKinnon	Troy
Moore	Flora McDonald	Carthage
Polk	Minnie Lee Garrison	Columbus
Richmond	Mrs. Anna Lea Harris	Rockingham
Rowan	Nell Kennett	Salisbury
Rutherford	Sue Koon	Rutherfordton
Stanly	Gladys Hamerick	Albemarle
Union	Mrs. Pratt C. McSwain	Monroe

NORTHEASTERN DISTRICT

Beaufort	Violet Alexander	Washington
Beaufort	Mrs. Margaret McLeod Gilbert, Assistant.	Washington
Bertie	Mrs. Eloise Burch Perry	Windsor
Camden	Mrs. Mary Teeter Knight	Camden
Chowan	Rebecca Colwell	Edenton
Currituck	Mrs. Virginia E. Brunsey	Currituck
Dare	Sadie Hendley	Manteo
Edgecombe	Mrs. Eugenia Van Landingham	Tarboro
Gates	Ona Patterson	Gatesville
Halifax	Mrs. Hazel E. Wheeler	Halifax
Halifax	Lydia M. Deyton, Assistant	Halifax
Hertford	Florence Cox	Winton
Martin	Lora E. Sleeper	Williamston
Nash	Mrs. Effie Vines Gordon	Nashville
Nash	Iberia Roach, Assistant	Nashville
Northampton	Mrs. Gertrude Finch	Jackson
Northampton	Clara Robertson, Assistant	Jackson
Pasquotank	Callie Charlton	Elizabeth City
Perquimans	Frances Maness	Hertford
Pitt	Verona Lee Joyner	Greenville
Tyrrell	Mary Blanche Strickland	Columbia
Washington	Mrs. Mary M. Darden	Plymouth
Wilson	Lois Rainwater	Wilson



SOUTHEASTERN DISTRICT

<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Bladen	Mrs. Lillie L. Hester	Elizabethtown
Brunswick	Mrs. Marion S. Doshier	Southport
Carteret	Margaret Clark	Beaufort
Craven	Jessie Trowbridge	New Bern
Cumberland	Elizabeth Gainey	Fayetteville
Duplin	Hattie Pearl Mallard	Kenansville
Harnett	Maude Searcy	Lillington
Hoke	Josephine Hall	Raeford
Johnston	Rachel Everett	Smithfield
Johnston	Ruby Pearson, Assistant	Smithfield
Jones	Mary Anna Clifton	Trenton
Lenoir	Mrs. May Swann Stroud	Kinston
Lenoir	Marie Dawson, Assistant	Kinston
New Hanover	Ann Mason	Wilmington
Onslow	Ruth Rhyne	Jacksonville
Pamlico	Bettie Cooper Davis	Bayboro
Pender	Dorothy Howard	Burgaw
Robeson	Mary Huffines	Lumberton
Sampson	Lorna Langley	Clinton
Wayne	Gertrude Bundy	Goldsboro

WESTERN DISTRICT

Avery	Mrs. Georgia Piland Cohoon	Newland
Burke	Mrs. Laura T. Russell	Morganton
Cherokee	Mrs. Alline Richardson King	Murphy
Clay	Edith Barrier	Hayesville
Haywood	Mary Margaret Smith	Waynesville
Jackson	Mrs. Mamie Sue Evans	Sylva
McDowell	Jean Steele	Marion
Macon	Mrs. Florence Stalcup Sherrill	Franklin
Swain	Mrs. Geraldine P. Hyatt	Bryson City
Watauga	Elizabeth Bridge	Boone

NEGRO HOME DEMONSTRATION AGENTS

Mrs. Dazelle F. Lowe - - - - - Negro District Home Agent  
A. & T. College, Box 67  
Greensboro, N. C.

Wilhelmina R. Laws - - - - - Negro Subject Matter  
Specialist  
A. & T. College, Box 117  
Greensboro, N. C.

<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Alamance	Mrs. Carrie S. Wilson	Graham
Anson	Lucy O. N. Cauley	Wadesboro
Bertie	Pennie E. Pitt	Windsor
Craven	Mrs. Mariette Mears Carrington	New Bern
Durham	Mrs. Estelle T. Nixon	Durham, Box 1202
Edgecombe	Mrs. Hazel Scales Parker	Tarboro
Guilford	Mrs. Rosa Taylor Winchester	Greensboro
Hertford	Mrs. Onnie Smith Charlton	Winton, Box 61
Johnston	Mrs. Lucy Hicks Toole	Clayton, Box H.
Martin	Mrs. Cleopatra A. Tyner	Williamston
Mecklenburg	Mrs. Margaret Collins Rogers	Charlotte, 1205 Beattling Ford Road
Northampton	Mrs. Fannie T. Newsome	Rich Square, Box 62
Person	Annie Mae Tuck	Roxboro
Robeson	Mrs. Eula Baker Watts	Lumberton
Rockingham	Willette Townes	Reidsville
Rowan	Mrs. Annie T. Johnson	Salisbury
Wake	Mrs. Bertha M. Edwards	Raleigh, Arcade Bldg.
Warren	Annie B. Brown	Warrenton
Wilson	Mrs. Jane Amos Boyd	Wilson

NORTH CAROLINA HOME DEMONSTRATION AGENTS

October 1, 1941

Dr. Jane S. McKimmon, Assistant Director Extension, Raleigh, N.C.

Ruth Current, State Home Demonstration Agent - - - - -	Raleigh
Mrs. Estelle T. Smith, Southeastern District Agent - - - - -	"
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Mrs. Esther G. Willis, Southwestern District Agent - - - - -	"
Anna Rowe, Western District Agent - - - - -	"
Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing - - - - -	"
Ruby Scholz, Asst. Ext. Economist in Food Conservation & Marketing - - - - -	"
Mary E. Thomas, Extension Nutritionist - - - - -	"
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Julia McIver, Assistant Extension Specialist in Clothing - - - - -	"
Pauline E. Gordon, Extension Specialist in Home Management and House Furnishings - - - - -	"
Mamie N. Whisnant, Asst. Extension Specialist in Home Management and House Furnishings - - - - -	"
Frances MacGregor, Assistant State Leader in 4-H Club Work - - - - -	"
Rose Ellwood Bryan, Home Demonstration Agent at Large - - - - -	"
Eleanor H. Mason, Chief Clerk - - - - -	"
Elizabeth Seawell, Secretary - - - - -	"
Mrs. Nolle McEacham, Secretary - - - - -	"
Douglas Hand, Secretary - - - - -	"
Frances Thompson, Secretary - - - - -	"

NORTHWESTERN DISTRICT

<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Alamance	Katherine Millsaps	Graham
Alamance	Grace Allen, Assistant	Graham
Caswell	Margaret Montgomery	Yanceyville
Chatham	Flossie Whitley	Pittsboro
Davidson	Mrs. Evangeline T. Thompson	Lexington
Durham	Verna Stanton	Durham
Durham	Helen Lanning, Assistant	Durham
Forsyth	Mrs. Elizabeth L. Tuttle	Winston-Salem
Forsyth	Alice Falls, Assistant	Winston-Salem
Franklin	Lillie Mae Braxton	Louisburg
Granville	Virginia Wilson	Oxford
Guilford	Addie Houston	Greensboro
Guilford	Nell Kennett, Assistant	Greensboro
Orange	Jenny Woodward Byars	Hillsboro
Person	Velma Beam	Roxboro
Randolph	Della Stroupe	Asheboro
Rockingham	Grace E. Holcombe	Reidsville
Stokes	Pauline Craft	Danbury
Surry	Mrs. Grace Pope Brown	Mt. Airy
Vance	Mrs. Hattie F. Plummer	Henderson
Vance	Josephine Rapes, Assistant	Henderson
Wake	Mrs. Maude P. McInnes	Raleigh
Warren	Faye Thompson	Warrenton
Wilkes	Elizabeth Williams	Wilkesboro
Yadkin	Irene Brown	Yadkinville

SOUTHWESTERN DISTRICT

<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Alexander	Mrs. Agnes Watts	Taylorville
Anson	Mrs. Rosalind Redfearn	Wadesboro
Anson	Doloris Hunsucker, Assistant	Wadesboro
Cabarrus	Mrs. Mary Lee McAllister	Concord
Caldwell	Atha Culberson	Lenoir
Catawba	Mrs. Marie C. Matheson	Newton
Catawba	Wylie Knox, Assistant	Newton
Cleveland	La Una Brashears	Shelby
Davie	Florence Mackie	Mocksville
Gaston	Lucile Tatum	Gastonia
Gaston	Elizabeth Randle, Assistant	Gastonia
Iredell	Anne Tucker	Statesville
Iredell	Elizabeth Francis, Assistant	Statesville
Lee	Cornelia Simpson	Sanford
Lincoln	Anne Benson Priest	Lincolnton
Mecklenburg	John Wright	Charlotte
Montgomery	Martha McKinnon	Troy
Moore	Flora McDonald	Carthage
Polk	Minnie Lee Garrison	Columbus
Richmond	Mrs. Anna Lea Harris	Rockingham
Rowan	Lorraine Bowden	Salisbury
Rutherford	Sue Koon	Rutherfordton
Stanly	Gladys Hamerick	Albemarle
Union	Mrs. Pratt C. McSwain	Monroe

NORTHEASTERN DISTRICT

Beaufort	Violet Alexander	Washington
Beaufort	Mrs. Margaret McL. Gilbert, Asst.	Washington
Bertie	Clara Robertson	Windsor
Camden	Mrs. Mary Teeter Knight	Camden
Chowan	Rebecca Colwell	Edenton
Currituck	Mrs. Virginia E. Brumsey	Currituck
Dare	Sadie Hendley	Manteo
Edgecombe	Mrs. Eugenia Van Landingham	Tarboro
Gates	Ona Patterson	Gatesville
Halifax	Mrs. Hazel E. Wheeler	Halifax
Halifax	Lydia M. Deyton, Assistant	Halifax
Hertford	Florence Cox	Winton
Hyde	Iberia Roach	Swan Quarter
Martin	Lora E. Sleeper	Williamston
Nash	Mrs. Effie Vines Gordon	Nashville
Nash	Katie Niblock, Assistant	Nashville
Northampton	Mrs. Gertrude Finch	Jackson
Northampton	Annie E. Harris, Assistant	Jackson
Pasquotank	Callie Charlton	Elizabeth City
Perquimans	Frances Maness	Hertford
Pitt	Verona Lee Joyner	Greenville
Pitt	Edna Kirby, Assistant	Greenville
Tyrrell	Mary Blanche Strickland	Columbia
Washington	Mrs. Mary M. Darden	Plymouth
Wilson	Lois Rainwater	Wilson

SOUTHEASTERN DISTRICT

<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Bladen	Mrs. Lillie L. Hester	Elizabethtown
Brunswick	Genevieve Eakes	Southport
Carteret	Margaret Clark	Beaufort
Craven	Jessie Trowbridge	New Bern
Columbus		Whiteville
Cumberland	Elizabeth Gainey	Fayetteville
Cumberland	Evelyn Horne, Assistant	Fayetteville
Duplin	Marie Dawson	Kenansville
Duplin	Norma Lee Tyndall, Assistant	Kenansville
Harnett	Maude Searcy	Lillington
Hoke	Josephine Hall	Raeford
Johnston	Rachel Everett	Smithfield
Johnston	Ruby Pearson, Assistant	Smithfield
Jones	Mary Anna Clifton	Trenton
Lenoir	Mrs. May Stroud	Kinston
Lenoir	Marguerite Vause, Assistant	Kinston
New Hanover	Ann Mason	Wilmington
Onslow	Ruth Rhyne	Jacksonville
Pamlico	Doris Shuler	Bayboro
Pender	Dorothy Howard	Burgaw
Robeson	Mary Huffines	Lumberton
Robeson	Margaret Cromartie, Assistant	Lumberton
Sampson	Lorna Langley	Clinton
Sampson	Dorothy Banks, Assistant	Clinton
Wayne	Gertrude Bundy	Goldsboro

WESTERN DISTRICT

Alleghany		Sparta
Ashe	Mrs. Gorda C. Boney	Jefferson
Avery	Mrs. Georgia Piland Cohoon	Newland
Buncombe	Mrs. Manie Sue Evans	Asheville
Burke	Mrs. Laura T. Russell	Morganton
Cherokee	Mrs. Alline R. King	Murphy
Clay	Edith Barrier	Hayesville
Haywood	Mary Margaret Smith	Waynesville
Henderson	Ruth H. Dicks	Hendersonville
Jackson	Margaret Martin	Sylva
McDowell	Jean Steele	Marion
Macon	Mrs. Florence S. Sherrill	Franklin
Swain	Mrs. Geraldine P. Hyatt	Bryson City
Transylvania	Annabel Teague	Brevard
Watauga	Elizabeth Bridge	Boone
Yancey	Dorothy Turner	Burnsville

NEGRO HOME DEMONSTRATION AGENT

Mrs. Dazelle F. Lowe - - - - - Negro District Home Agt.  
A. & T. College, Box 67  
Greensboro, N. C.

Wilhelmina R. Laws - - - - - Negro Subject Matter  
Specialist  
A. & T. College,  
Box 117, Greensboro, N.C.

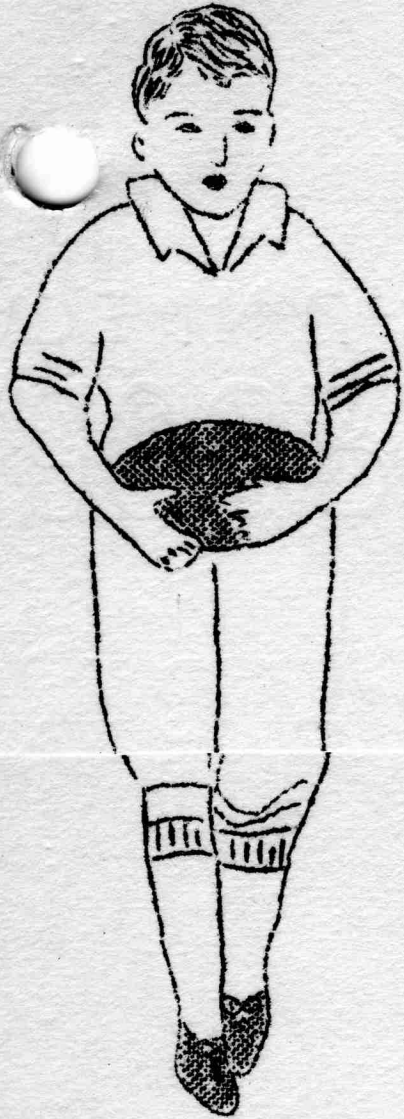
<u>County</u>	<u>Home Agent</u>	<u>Address</u>
Alamance	Ruby W. Thomas	Graham
Anson	Mrs. O'Neil Henry	Wadesboro
Bertie	Mrs. Pennie P. Battle	Windsor
Craven	Mrs. Mariette M. Carrington	New Bern
Durham	Mrs. Estelle T. Nixon	Durham, Box 1202
Edgecombe	Mrs. Hazel Scales Parker	Tarboro
Guilford	Mrs. Rosa V. Winchester	Greensboro
Halifax		Halifax
Hertford	Mrs. Onnie Smith Charlton	Winton, Box 61
Johnston	Mrs. Lucy Hicks Toole	Clayton, Box H.
Martin	Mrs. Cleopatra A. Tyner	Williamston
Mecklenburg	Mrs. Margaret Collins Rogers	Charlotte, Box 1205
		Beattling Ford Road
Northampton	Mrs. Fannie T. Newsome	Rich Square, Box 62
Orange	Ruby Crews	Hillsboro
Person	Annie Mae Tuck	Roxboro
Pitt		Greenville
Robeson	Mrs. Eula Baker Watts	Lumberton
Rockingham	Willette Townes	Reidsville
Rowan	Mrs. Annie T. Johnson	Salisbury
Wake	Mrs. Bertha M. Edwards	Raleigh, Arcade Bldg.
Warren	Mrs. Annie B. Branche	Warrenton
Wayne	Mrs. Lillian A. Woodhouse	Goldsboro
Wilson	Mrs. Jane Amos Boyd	Wilson

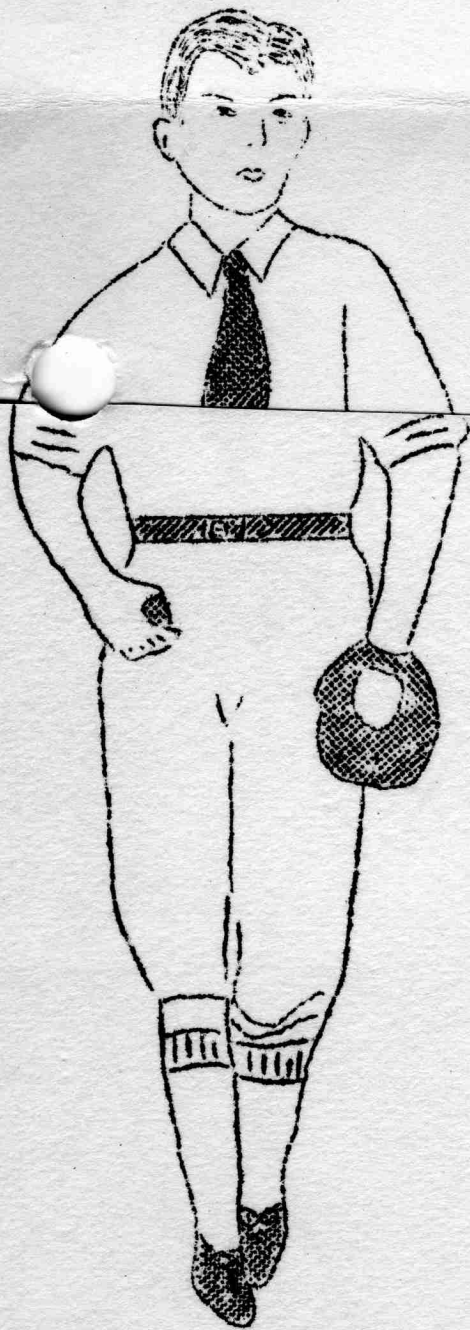
DAIRY PRODUCTS MORNING, NOON AND NIGHT

FOR

GROWTH AND HEALTH

AT ALL AGES



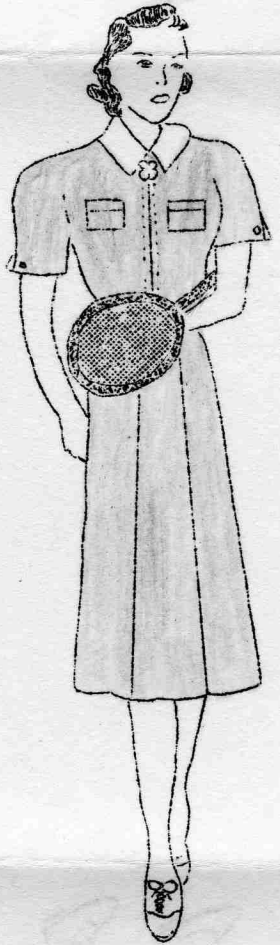
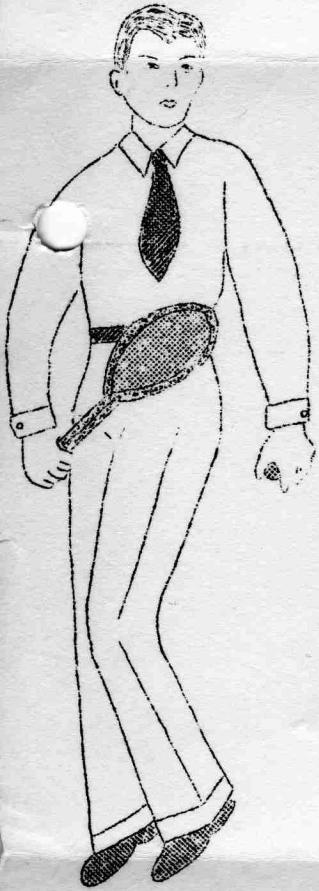




THE NEW YORK  
MAGAZINE

1938

THE NEW YORK MAGAZINE



MECKLENBURG COUNTY

DAIRY FOODS DEMONSTRATION

DAIRY PRODUCTS

MORNING, NOON, AND NIGHT.

BY

CAROLYN BYRD AND

NANCY SUMMERS.

## BREAKFAST MENU

Oatmeal            Prunes  
                    Top Milk  
Bacon Cheese Toast  
                    Hot Chocolate

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### BACON CHEESE TOAST

Beat an egg well with a rotary egg beater, add salt, pepper and grated American cheese, adding enough cheese to make the mixture smooth enough to spread on slices of bread. Place slices of bacon on top. Brown in a moderately heated oven. Serve hot.

## LUNCHEON MENU

Cream Tomato Soup  
Croutons  
Brown Bread Sandwiches  
Pear Salad  
Pineapple Milk Shake

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### CREAM TOMATO SOUP

1 T. butter	1 T. flour
1 cup milk	1 cup tomato
$\frac{1}{4}$ tsp. salt	pulp

Melt the butter in the top part of a double boiler, add flour. When this mixture bubbles, add milk. When the mixture thickens, combine with tomatoes, pouring slowly and stirring constantly.

## COOKED SALAD DRESSING

2 eggs	$\frac{1}{4}$ C. vinegar
1 cup milk	$1\frac{1}{2}$ T. butter
$\frac{1}{8}$ tsp. pepper	$\frac{1}{4}$ tsp. salt
$\frac{1}{4}$ tsp. mustard	2 T. flour
Dash paprika	1 T. sugar

Beat eggs, melt butter in double boiler. Sift dry ingredients into butter. Add vinegar, eggs and milk. Cook until mixture coats the spoon. Chill quickly.

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## PINEAPPLE MILK SHAKE

$\frac{1}{2}$ cup milk	$\frac{1}{2}$ C. Pineapple
4 T. honey	juice
Crushed ice	
Shake well in a drink mixer.	

## DINNER MENU

Salmon Loaf    Creamed Peas  
                  Surprise Potatoes  
                  Vegetable Salad  
                  Muffins            Butter  
Peaches        Custard Sauce  
                  Milk

---

### SALMON LOAF

1 C. salmon                    2 eggs  
1 C. corn meal or        2 T. butter  
  cracker crumbs        Salt and  
1 C. buttermilk            pepper

Flake the salmon, remove the bones and combine with other ingredients. Form in loaf and bake in moderate oven (375 deg. F.) 20 minutes.

## SURPRISE POTATOES

Bake the potatoes, then cut in half. Scoop out the inside, cream and season to taste. Put back into the jackets and top with grated American cheese. Brown in moderately heated oven.

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## CUSTARD SAUCE

1 egg	2 T. sugar
$\frac{1}{2}$ tsp. vanilla	1 cup milk
pinch of salt	

Beat egg with fork, add sugar and salt. Add scalded milk and cook until mixture coats spoon.

# State 4-H Short Course Program



Theme: "Our Responsibilities as 4-H Club Members In the  
Present World Crisis"

**NORTH CAROLINA STATE COLLEGE  
RALEIGH, NORTH CAROLINA**

**JULY 28-AUGUST 2, 1941**



## OFFICERS OF THE STATE 4-H COUNCIL

*President*—ROBERT WOOD, Alamance County.

*Vice-President*—WILLIE MAE DANIEL, Granville County.

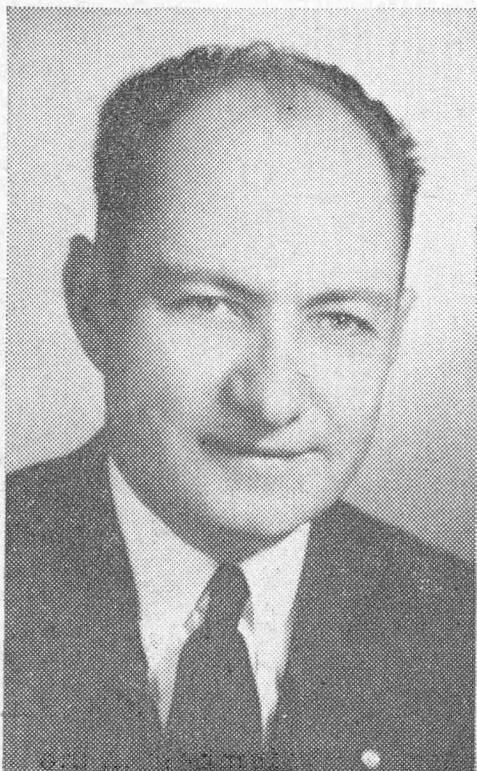
*Secretary*—MERLE LUTTERLOH, Chatham County.

*Historian*—BILLY BRITT, Johnston County.

## DIRECTORS

L. R. HARRILL, *State 4-H Club Leader.*

FRANCES MACGREGOR, *Ass't. State 4-H Club Leader.*



L. R. HARRILL  
State 4-H Club Leader



FRANCES MacGREGOR  
Assistant State 4-H Club Leader

## MONDAY, JULY 28

### Morning Program

10:00 A.M. Registration begins, College YMCA.  
Mr. Dan F. Holler, in charge.

### Afternoon Program

1:00- 2:00 Lunch-Dinner, College Cafeteria.

2:00- 4:00 Rest, get settled in room.

4:00- 5:30 Swimming, State College Pool, Gymnasium.

6:00- 7:00 Supper, College Cafeteria.

### Evening Program

7:30- 9:30 Informal Get-Acquainted Program, Riddick Stadium. Robert Wood, Alamance County, State President, presiding.

Group Singing, led by Mr. Harrill.

Introduction of County Delegations,  
Billy Britt, Johnston County.

Welcome—

To North Carolina State College.  
Colonel J. W. Harrelson, Dean of Administration.

Our 4-H Short Course—Mr. Harrill.

Introduction of Short Course Staff—  
Miss MacGregor.

Short Course Traditions—Mrs. Edmund Aycock, President State 4-H Honor Club.

Songs and Games—led by Mr. Harrill,  
with committee of Agents Assisting.

10:30

Taps.

## TUESDAY, JULY 29

### Morning Program

6:30 A.M. Reveille.

7:00- 8:00 Breakfast, College Cafeteria.

8:30-10:00 Assembly, Robert Wood, State President, Presiding.

Music, Directed by Dr. Frederick Stanly Smith.

Devotional—Reverend Boyce Brooks in charge, assisted by delegates of Rutherford County.

“Our Responsibilities in the Present Crisis in the Home and On the Farm”  
—Miss Ruth Current, State Home Demonstration Agent.

Mr. J. W. Goodman, Assistant Director of Agricultural Extension Service.

Team Demonstration: The Control of Pests—Nash County.

Announcements.

10:00 Meeting of State 4-H Council, Pullen Hall (all officers of County Councils are members of the State Council and are expected to attend this meeting).

10:30-12:00 Class Period.

12:30- 1:30 Dinner, College Cafeteria.

## JULY 29

### Afternoon Program

1:45- 2:00 Special Radio Program.

2:30- 4:00 4-H Dairy Demonstrations. (All 4-H delegates are expected to see these demonstrations.)

Food Demonstrations, YMCA.

Miss Mary E. Thomas, Miss Sallie Brooks, Foods and Nutrition Specialists, in charge.

Production Demonstrations, Polk Hall.

Mr. J. A. Arey, Extension Dairy Specialist, in charge.

(The highest scoring team in each class will represent North Carolina at the National Dairy Show.)

4:30- 5:30 Field Events and Swimming.

6:00- 7:00 Supper, College Cafeteria.

### Evening Program

7:30- 8:00 Vesper Service—Our Responsibility to Christ In Our Home. Conducted by Reverend Boyce Brooks, Pastor, First Baptist Church, Spindale, N. C. (Former President of State 4-H Council.)

8:00- 9:30 Group Singing—led by Mr. Harrill.  
Echoes from National 4-H Meetings, by delegates who attended: National 4-H Camp, Washington, D. C.; Club Congress, Chicago, Ill.; National Dairy Show, Harrisburg, Penn.

Games, led by Mr. Harrill, assisted by committee of agents.

10:00

Taps.

## WEDNESDAY, JULY 30

### Morning Program

6:30 A.M. Reveille.

7:00- 8:00 Breakfast, College Cafeteria.

8:30-10:00 Assembly—Robert Wood, Presiding.  
Music, directed by Dr. Smith.  
Devotional — Reverend Boyce Brooks,  
assisted by club members of Frank-  
lin County.

“Our Responsibilities to the Com-  
munity in the Present Crisis.”

Dr. Frank Porter Graham, Presi-  
dent of the Greater University of  
North Carolina.

Team Demonstration, “Wise Spending”  
—Alamance County.

Announcements.

10:00 Meeting of State 4-H Council, Pullen  
Hall.

10:30-12:00 Class Period.

12:30- 1:30 Dinner, College Cafeteria.

## JULY 30

### Afternoon Program

- 1:45- 2:00 Special Radio Program.
- 2:30- 4:00 Dairy Demonstrations. (All delegates are expected to attend these demonstrations.)
- Dairy Foods—YMCA.  
Production—Polk Hall.
- 2:00- 5:00 4-H Dairy Cattle Judging, New Dairy Barn, Professor F. M. Haig in charge. (Highest scoring team will represent North Carolina at the National Dairy Show.)
- 4:00- 5:30 Baseball Game, Boys—East vs. West.  
Softball Game, Girls—East vs. West.
- 6:00- 7:00 Supper, College Cafeteria.

### Evening Program

- 7:30- 8:00 Vesper Service—Our Responsibility to Christ In Our Club. Conducted by Reverend Boyce Brooks.
- 8:00- 8:30 4-H Honor Club Program—Mrs. M. E. Aycock, presiding.
- 8:30- 9:30 Games—led by Mr. Harrill, assisted by a committee of agents.
- 9:30 Taps.

## THURSDAY, JULY 31

### Morning Program

6:30 A.M. Reveille.

7:00- 8:00 Breakfast, College Cafeteria.

8:30-10:00 Assembly—Robert Wood, State President, Presiding.

Music: Directed by Dr. Stanley Smith.  
Devotional — conducted by Reverend Boyce Brooks.

Panel Discussion, "Our Responsibilities as Citizens in the Present Crisis."  
Dr. J. O. Howard, Bureau of Economics, U. S. Department of Agriculture, leader.

Panel members selected from Dr. Howard's class in "Discussion Techniques."

Citizenship Ceremonial—Mrs. Rosalind Redfearn, Home Demonstration Agent, Anson County, in charge; assisted by Mr. Clarence Early, Assistant County Agent, Anson County.

Tour Talk—Mr. H. B. James, Assistant Specialist in Farm Management.

10:00 Meeting of State 4-H Council.

10:30-12:00 Class Period.

12:30- 1:30 Dinner, College Cafeteria.

## JULY 31

### Afternoon Program

- 1:45- 2:00 Special Radio Program.
- 2:30- 4:00 Campus Tour, Mr. H. B. James, in charge. (All delegates are expected to participate unless they are taking part in Health Pageant.)
- 6:00- 7:00 Supper, College Cafeteria.

### Evening Program

- 7:30- 8:00 Vesper Service—Our Responsibility to Christ In Our Community. Conducted by the Reverend Boyce Brooks.
- 8:00 Address—Gov. J. Melville Broughton.
- 8:30 Group Singing—led by Mr. Harrill.
- 9:30 4-H Health Pageant, Honoring our State King and Queen of Health.

Pageant: Arranged by Miss Madeline Stevens, National Recreation Association. Directed by Miss Virginia Wilson, Home Demonstration Agent, Granville County.



# FRIDAY, AUGUST 1

## Morning Program

- 6:30 A.M. Reveille.
- 7:00- 8:00 Breakfast, College Cafeteria.
- 9:00-10:30 State Achievement Day.
- Meeting Called to Order—Robert Wood,  
State President.
- Club Pledge.
- Song: America the Beautiful — 4-H  
Field Song.
- Devotional—Reverend Boyce Brooks.
- Special Music, 4-H Chorus. (Group  
from Dr. Smith's Short Course in  
Song Leadership.)
- Team Demonstration: "Safety." — by  
Wake County.
- Talk, "Our Responsibilities in the De-  
velopment of a Greater State"—Dr.  
I. O. Schaub, Dean of the School of  
Agriculture and Director of Agricul-  
tural Extension Service, North Caro-  
lina State College.
- Recognition of outstanding club mem-  
bers for years 1940-1941—Mr. Har-  
rill, Miss MacGregor.
- Song: The Old North State.
- 11:00-12:00 Election of officers.
- 12:30- 1:30 Dinner, College Cafeteria.

## AUGUST 1

### Afternoon Program

2:00- 5:00 Tour of Capital City, Mr. H. B. James,  
Tourmaster.

6:00- 7:00 Supper, College Cafeteria.

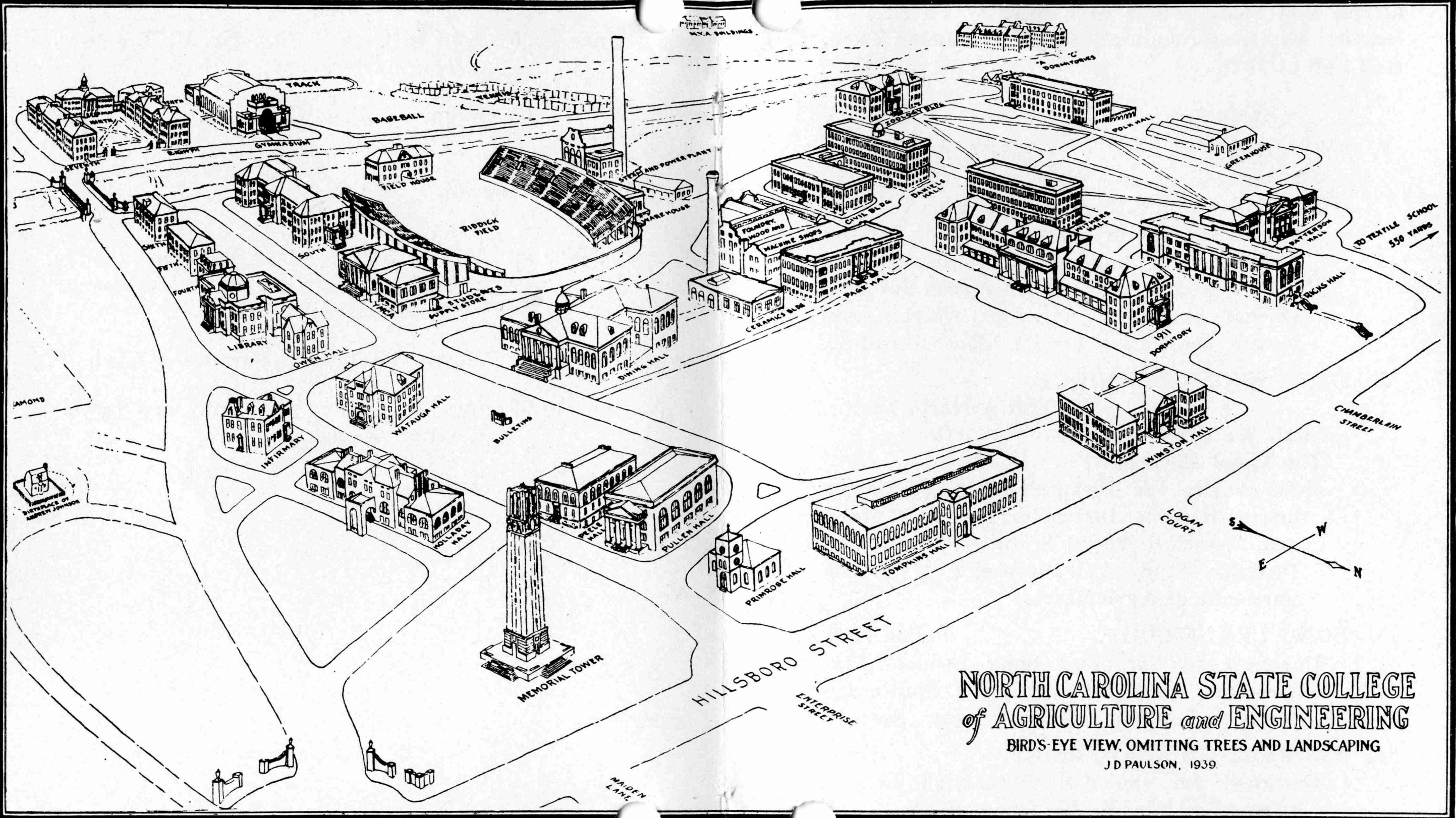
### Evening Program

7:30- 8:00 Vesper Service—Our Responsibility to  
Christ In Our Country—conducted by  
Reverend Boyce Brooks.

8:00- 9:00 North Carolina on Parade—a movie.

9:00-10:00 Candle Lighting Ceremony and Instal-  
lation of officers.

11:00 Taps.



**NORTH CAROLINA STATE COLLEGE**  
*of AGRICULTURE and ENGINEERING*  
BIRD'S-EYE VIEW, OMITTING TREES AND LANDSCAPING  
J.D. PAULSON, 1939.

## COURSES OF INSTRUCTION

Club members will enroll in only one course and attend that same course each day. ✓ Check your course. All classes begin at 10:30 A.M. Be on Time. Roll Call at 10:25.

### Subject:

1. THE 4-H MEETING.                      YMCA Auditorium.  
The importance of a well organized and conducted 4-H meeting in relation to the success of the 4-H program in general, dealing with program planning, how to preside, programs, and records, and designed for club officers. Instructor: Mr. Leon Clayton, Assistant State Club Leader, South Carolina.
2. DISCUSSION TECHNIQUE.                      YMCA North Parlor.  
Shall We Discuss.  
The Panel Method.  
How to Use the Discussion Method in the local 4-H Club. Instructor: Dr. J. O. Howard, Associate Social Scientist, Division of Program Study and Discussion, U. S. Department of Agriculture.
3. SONG LEADERSHIP.                      Pullen Hall.  
Designed for Training Song Leaders. Instructor: Dr. Frederick Stanly Smith, Director of Music, Raleigh City Schools.
4. RECREATION LEADERSHIP.                      Gym.  
Designed for the 4-H Recreation Leader. Instructor: Mr. W. N. Wood, Farm Agent Rowan County.

5. HOW TO BECOME A STRONG AMERICAN.

Good Teeth—An Aid to Good Health. Instructor, Miss Caroline Mercer, Educational Consultant, Division of Oral Hygiene, State Board of Health. Place: Withers Hall, Room 102. Sec. I, Tues.; Sec. II, Wed.; Sec. III, Thurs.

Food and Posture Aids to Good Health. Instructor, Miss Mary E. Thomas, Extension Nutritionist. Place: Withers Hall, Room 104. Sec. II, Tues.; Sec. III, Wed.; Sec. I, Thurs.

Good Manners in Every Day Living. Instructor: Miss Sallie Brooks, Assistant Extension Nutritionist. Place: Withers Hall, Room 114. Sec. III, Tues.; Sec. I, Wed.; Sec. II, Thurs.

6. GETTING ALONG WITH PEOPLE. 201 Peele.

Getting Along with the Family.

Making Friends.

Getting Along at Work. Instructor: Bess N. Rosa, Woman's College, University of North Carolina, Greensboro.

7. NEWS WRITING DESIGNED FOR CLUB REPORTERS. Room 206 Peele Hall.

This class will deal with the fundamentals of reporting club activities for the local newspapers. How and where to look for news; how to measure the news as to value and importance, and how to prepare the story, will be given. Instructor: Mr. F. H. Jeter, Extension Editor.

8. BOOKS AND YOU. Room 1, Peele Hall.  
Books and the Present Crisis. Instructor:  
Miss Marjorie Beal, Secretary and Director,  
North Carolina Library Commission.  
Books and the Career. Instructor: Mrs. Dor-  
cas Reid, Field Worker, North Carolina Li-  
brary Commission.  
Books and Hobbies. Instructor: Miss Georgia  
Cowan, Library Assistant, North Carolina  
Library Commission.
9. HOME MANAGEMENT AND RURAL ELEC-  
TRICITY. Room 6-8 Peele Hall.  
A Better Understanding of Our Electrical  
Language. Instructor: Miss Mamie Whis-  
nant, Assistant Extension Specialist in  
Home Management.  
Learn to Make Simple Electrical Repairs.  
Instructor: Mr. D. E. Jones, Extension  
Rural Electrification Specialist.  
Old Lamps Go Modern. Instructor: Miss Pau-  
line Gordon, Extension Specialist in Home  
Management.
10. CLOTHING I. Room 118 Withers Hall.  
Mind Your Figure. Instructor: Miss Ann  
Mason, Home Agent, New Hanover County.  
As Others See You. Instructor: Miss Mar-  
garet Clark, Home Agent, Carteret County.  
As Others Hear You. Instructor: Dr. Jane S.  
McKimmon, Assistant Director of Exter-  
sion.

11. CLOTHING II. Room 105 Withers Hall.

You and Your Appearance. Instructor: Mr. Joe Howard, Assistant County Agent, Orange County.

You and Your Speech. Instructor: Dr. Jane S. McKimmon, Assistant Director of Extension.

You and Your Clothes. Instructor: Mr. Joe Howard.

12. FOOD CONSERVATION AND MARKETING.

Room 9-11 Peele Hall.

Block Printing. Instructor: Miss Frances Barbour Williams, Professional and Technical Artist, WPA Art Project.

Crafts—A Supplement to the Family Budget.  
4 Peele Hall.

Instructor: Mrs. Cornelia C. Morris, Extension Economist in Food Conservation and Marketing; Miss Ruby T. Scholz, Assistant Extension Economist in Food Conservation and Marketing.

13. FARM MANAGEMENT.

Room 300 Ricks Hall.

The Agriculture of North Carolina.

The Farm and Home as an Operating Unit.

The Financial Side of the Farm.

Instructor: Mr. C. D. Thomas, Assistant Farm Management Specialist.

14. POULTRY. Room 205 Ricks Hall.  
Importance of 4-H Poultry Club Work.  
Breeding, Disease Control.  
Culling.  
Judging, Marketing.  
Instructors: Mr. C. F. Parrish, Extension Poultryman; Mr. R. S. Dearstyne, Head, Poultry Department; Mr. C. J. Maupin, Extension Poultryman; Mr. N. W. Williams, Assistant Professor; Mr. T. T. Brown, Extension Poultryman.
15. HORTICULTURE. Horticulture Greenhouse.  
Plant Propagation.  
The Home Garden.  
Beautifying the Home Grounds.  
Growing Small Fruits.  
Where to Plant Trees, Shrubs and Flowers.  
Instructors: Mr. J. G. Weaver, Assistant Professor, Horticulture Department; Mr. L. P. Watson, Extension Horticulturist; Mr. John Harris, Extension Landscape Specialist; Mr. H. S. Niswonger, Extension Horticulturist.
16. FORESTRY. Room 302 Ricks Hall.  
Growing the Timber Crop as Part of the Farm Enterprise. Instructor: Mr. R. W. Graeber, Extension Forester.  
Forest Products in Our Daily Living and in National Defense. Instructor: Professor Lenthall Wyman, Forestry Department.  
Measuring and Marketing Farm Timber (Field Trip and Demonstration). Instructor: Mr. W. J. Barker, Assistant Forester.



17. FIELD CROPS. Room 111 Withers Hall.

Fundamentals and Use of Fertilizers for Farm Crops. Instructor: Dr. E. R. Collins, Agronomist.

Better Seed for North Carolina. Instructor: Dr. G. K. Middleton, Agronomist.

Fundamentals of Crops Judging. Instructor: Mr. A. D. Stuart, Associate Professor, Field Crops.

18. DAIRYING. Room 110 Polk Hall.

Raising the Dairy Calf. Instructor: Mr. J. A. Arey, in charge, Dairy Extension.

Care of Milk in the Home. Instructor: Mr. A. C. Kimrey, Extension Dairyman.

Care of the Dairy Cow. Instructor: Prof. R. H. Ruffner, Animal Husbandry and Dairying.

Quality in Dairy Products. Instructor: Prof. W. L. Clevenger, Animal Husbandry and Dairying.

Fitting and Showing the Dairy Heifer. Instructor: Prof. F. M. Haig, Animal Husbandry and Dairying Department.

19. ANIMAL HUSBANDRY.

Judging Pavillion, Polk Hall.

Types and Breeds of Beef Cattle. Instructor: Mr. L. I. Case, Animal Husbandman.

Sheep and Swine. Instructor: Mr. E. V. Vestal, Extension Swine Specialist.

Judging Meat Animals. Instructor: Mr. Sam L. Williams, Animal Husbandry Department.

Judging, Fitting and Showing Meat Animals. Instructor: Mr. J. C. Pierce, Assistant in Animal Husbandry.

20. ENTOMOLOGY. Room 201 Zoology Building. Collection, Preservation, and Study of Insects. Garden Insects and Their Control. Household Insects and Their Control. Illustrations in color. Instructor: Mr. J. O. Rowell, Extension Entomologist.

## FARM AND HOME AGENTS' CONFERENCE

8:00-10:00 A.M., Withers Hall Auditorium

Tuesday —“Adequate Nutrition and Its Relation to Defense Morale.” Mrs. Esther Phippard, Associate Economist, Bureau of Home Economics, U.S.D.A.

Wednesday—“What Kind of World Order Do We Want Following the War?” Dr. David Cushman Coyle, Economist, Author. Address: Cosmos Club, Washington, D. C.

Thursday —“What Should Be Done to Insure a Fair Balance Between the Returns to Agriculture and Industry as a Result of the Defense Program.” Mr. Clarence Roberts, Editor, The Oklahoma Stockman Oklahoma City.

## 4-H SHORT COURSE

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When you approach the Campus of State College, you observe the monument erected in memory of the service of men to the cause of humanity. You observe this structure because it is outstanding, and just as it is a beacon guide to those who come here, so may 4-H Club week be a guide and help to each of you.

However high your ideals may be, remember that the measure of an individual is not that of age or popularity, but the ability to know what is true and to do what is right. Honor, integrity of character, resolute purpose, and quality of spirit, are the factors which determine the greatness of a person. Courage, determination, and hard work are the champions of success. Happiness is essential to your health and the success of this meeting. Your friends are valuable assets. Make more new ones during your stay here at State College. Acquaint yourself with as many faculty members and leaders as possible.

Helpfulness to others on your part will make 4-H club work mean more to you and to every other person here, and finally, the ideals, the inspiration, and the knowledge gained during this week will be lost to you if you fail to keep alive this spirit of enthusiasm. Putting into practice in your local club, community, and county, the things learned and the knowledge gained is the ultimate test of the success of this program. Apply yourself diligently to the duties assigned; each one offers an opportunity. Let our 4-H motto, "To Make the Best Better," be your guide.

